

# Perquimans takes second straight Babe Ruth district title

## 13 to 15 softball All-Stars sweep opponents

By SUSAN R. HARRIS  
Editor

Sure defense and smart base-running led to the second straight 13 to 15-year-old Babe Ruth District Softball championship for Perquimans County Sunday.

The team was the only undefeated squad in the six-team, double-elimination District 1 tournament, mowing down Camden, Currituck and Gates to get to the finals. Currituck played its way through the loser's bracket back into the championship game, only to get an 18-5 loss to Perquimans.

The champions scored 11 runs in the top of the first inning to start off Sunday's championship game. Lisa Harris recorded her third win of the tournament in relief of Ashley Rountree.

Rountree was a terror at the plate, going 4-for-5 with a double. Ashley Copeland smacked a homer and a single. Lisa Harris followed Copeland's homer with a round-trip shot. Natalie Layden was 2-for-4 with a triple. Kristen Winslow and Shatasha Leary had two hits each. Danielle Stallings tallied a single.

The championship win



The Perquimans County 13 to 15-year-old Babe Ruth Softball All-Star team claimed the county's second straight District 1 championship Sunday in Currituck. Team members are (front, left to right) Andrea Chaney, Ashley Copeland, Courtney Harris, Lisa Harris, Stefanie Harris, Natalie Layden, Shatasha Leary, Ashley Rountree, Erica Sinkovic, Danielle Stallings, Fallon Winslow, Kristen Winslow, bat girl Nicole Winslow, head coach Karen Booker, assistant coach Keith Rountree and assistant coach Elton Layden.

sends the team to the state All-Star tournament in Wilson this weekend.

Perquimans started off strong with a decisive 16-6 win over Camden on Thursday. Stefanie Harris recorded the win on the mound and also pounded a 3-run homer at the plate.

Rountree, Leary and Kristen Winslow tallied singles.

On Friday, Perquimans used winning pitcher Lisa Harris's nine Ks and tight defense to go past Currituck 10-5. Leary and Lisa Harris slapped doubles. Copeland

banged out two singles and Rountree and Winslow each had hits.

Gates went up early Saturday, but Perquimans came back strong to take a 17-4 victory. Lisa Harris got the win in relief of starter Kristen Winslow.

The team's bats came around, also. Kristen Winslow was 4-for-5 and Leary, 2-for-3. Copeland ripped two triples, and Stefanie Harris, a double.

Rountree, Layden and Courtney Harris each had singles.

Members of the All-Star

team are Andrea Chaney, Ashley Copeland, Courtney Harris, Lisa Harris, Stefanie Harris, Natalie Layden, Shatasha Leary, Ashley Rountree, Erica Sinkovic, Danielle Stallings, Fallon Winslow and Kristen Winslow. The team is coached by head coach Karen Booker and assistants Keith Rountree and Elton Layden. Nicole Winslow is bat girl.

Perquimans All-Stars face host Wilson in the opener of the 13 to 15-year old state tournament Thursday at 5 p.m. after opening ceremonies.

## Perfect cookies can be easy

The word cookie means small cake. All cookies are similar to cake, but the most obvious cake-like cookies are brownies and other sheet cookies.

Although all recipes are good, I want to show you how you can make them even better. Crispness is achieved by low moisture content. Baking them longer and making them small and thin helps evaporate the moisture. High amounts of sugar and fat also help to make them crisp.

Some people like soft cookies, which is the opposite of making a crisp cookie. If you have little amounts of sugar or fat and if you don't bake them as long you will have cookies that are soft. Also honey, molasses and corn syrup help make cookies soft.

A chewy cookie is soft, but not all soft cookies are going to be chewy. A high proportion of eggs, a flour high in gluten or a high gluten development

(kneading a lot) can be added to the list for soft cookies to make them chewy.

Spread is just as easy to control. Spread happens when the cookie dough is cooked. It kind of 1/2 melts, therefore the cookies spread. If you increase the temperature, they will not have time to spread as far. You can also change the dough to control spread. The more you add and the coarser the sugar is, the more the spread. High amounts of baking soda or baking ammonia increases spread. If you increase the creaming (increasing the air) you'll increase the spread.

Send your baking questions to: The Perquimans Weekly, c/o John Grosjean, P.O. Box 277, Hertford, N.C. 27944

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