

**HAPPENINGS**

**School menus**

Menus for Perquimans County Schools for April 30-May 4 are as follows:

Monday - Breakfast - Breakfast bagel. Lunch - Chicken nuggets or pizza, broccoli, carrots, fries, applesauce, roll, milk.

Tuesday - Breakfast - French toast sticks. Lunch - Cheeseburger of hot dog, fries, green beans, baked beans, peach cup, milk.

Wednesday - Breakfast - Sausage biscuit. Lunch - Spaghetti or ham & cheese sandwich, tossed salad, fries, peas, pears, roll, milk.

Thursday - Breakfast - Apple turnover. Lunch - Grilled cheese sandwich or porkchopette, fries, lima beans, black-eyed peas, apricot crisp, milk.

Friday - Breakfast - Coffeecake. Lunch - Chicken fillet sandwich or sausage dog, winter mix, onion rings, fries, mixed fruit, milk.

**ARHS Clinic schedule**

The Perquimans County Health Department announces its schedule for April 30-May 4 as follows:

Tuesday - Pediatrics all day.

Wednesday - Child health in the morning, pediatrics screening clinic in the afternoon.

Friday - General health all day.

The Perquimans County Health Department is located at 103 Charles St., Hertford, phone 426-2100. Hours are 8 a.m.-5 p.m., Monday-Friday. There is a fee based on income. Patients are seen by appointment except for immunizations, sexually transmitted diseases and general. Other services offered through ARHS include: Albemarle Rehabilitation Services, 338-4044; Albemarle Home Care, Albemarle Hospice, Jeff Jones HIV Care Consortium, 338-4066; Diabetes Care, 338-4370.

**Nutrition site menus**

Menus for the nutrition site at the Perquimans Senior Center for April 30-May 4 are as follows:

Monday - Chili-con- carne, garden salad, spiced apples, rice, dessert, milk.

Tuesday - Oven baked porkchopette, snap beans, juice, roll, mashed potatoes, dessert, milk.

Wednesday - Honey baked ham, steamed cabbage, orange slices, corn muffin, boiled potatoes, dessert, milk.

Thursday - Barbecue chicken, peas, applesauce, roll, buttered noodles, dessert, milk.

Friday - Beef stew, peaches, crackers, dessert, milk.

**Bovine and mad cow disease**

The Cooperative Extension Service will hold an educational meeting on Tuesday, May 1 at 7 p.m. at the new Chowan Agricultural Center at the corner of Virginia Road (Hwy. 32) and Granville Street. The meeting will address foot and mouth (FMD) and bovine spongiform encephalopathy (BSE), also known as mad cow disease. Both diseases are of the utmost importance and many people are confusing the two. This will be an opportunity to have questions answered by a panel of experts.

**Spring Fling**

Historic Hertford Busines Association will sponsor its annual Spring Fling on May 12, 9 a.m.-2 p.m. Spaces are available for crafts, food and game booths. Call 426-2021 for information.

**Reflective address signs**

Beat the deadline, order your Reflective address signs now from Bear Swamp Beech Spring Ruritans. Phone 426-7497 for information or to order.

**Rescue Squad flea market**

The Albemarle Plantation Homeowner's Association will sponsor its fourth annual flea market to benefit the Perquimans County Volunteer Rescue Squad on Saturday, May 12, 8 a.m.-2 p.m. at the Perquimans Rescue Squad Building.

**AARP meeting**

The Perquimans Chapter of the American Association of Retired Persons will meet Monday, April 30 at the Perquimans County Senior Center at 2 p.m.

**PCHS Class of '71 reunion**

The PCHS class of 1971 is planning its 30th year high school reunion. Anyone desiring more information and/or anyone with any information on the whereabouts of the following alumni please contact Patti Landing Curles at (252)426-5118 or Lillia Hinton Sessoms at (252)297-3106; Terry Lund, JoAnn Burner Suermann, and Janice Burner Smith. An official invitation is scheduled to go out about mid-May.

**Litter sweep cleanup day**

Albemarle Plantation residents and the Hertford Main Street Program are coordinating a clean-up at shopping centers on U.S. Highway 17 on Saturday, April 28. Anyone willing to give some time is asked to meet at the north end of the Food Lion parking lot at 9 a.m. Bags will be provided for trash. Participants may bring tools for picking up water or ground trash. Call Reg Criffield, 426-5727, or Belinda Washlesky, 426-1425, for details.

**Regular government meetings**

Elected governing bodies hold regular meetings each month. The schedule for those meetings in Perquimans County is as follows:

- Perquimans County Commissioners: first Monday at 3 p.m.

- Hertford Town Council: regular meeting - second Monday at 7:30 p.m.; work session - first Monday at 7 p.m. - Planning & Zoning Board of Adjustments - 3rd Monday at 7 p.m.

- Winfall Town Council: Second Wednesday at 7 p.m.

- Perquimans County Board of Education: fourth Monday at 7:30 p.m.

The boards may also hold special meetings as warranted.

**CELEBRATIONS**



Mr. and Mrs. James David Stradley

**Stradley, Winslow wed**

Sarah Elizabeth Winslow and James David Stradley of Raleigh were united in marriage at 2 p.m. Saturday, February 10 at Duke Chapel in Durham. The Rev. Jon Strother officiated. The Reader was the Rev. Neil Alan Willard.

The bride's parents are Mr. and Mrs. Robert J. Benton of Belvidere and the late Ellis Winslow.

The groom's parents are Mr. and Mrs. Ray David Stradley of Statesville. The groom is the grandson of Mrs. James Ramey Beam of Spruce Pine.

Her father gave the bride in marriage. She wore a sheath gown of white cameo satin. Delicate vines of seed and barley pearls, with bugle bead accents, adorned the scoop neck bodice, flowing below the shaped waistline onto the straight skirt. Handrolled rosettes outlined the back neckline. Vines of beading cascaded down the Chapel length Wateau train. She carried a bouquet of Calla lilies with Plumosa Fern wrapped at the throat with white ribbon.

The matron of honor was Leah Harris Rucker, sister of the bride of Hillsborough. The maid of honor was Stefanie Hope Harris, niece of the bride of Belvidere. They wore navy blue 2-piece sleeveless

floor length dresses. They carried Rubrium lilies tied with white ribbon.

The best man was the groom's father.

The groomsmen were Van Harris, brother of the bride, and Bo Harris, nephew of the bride, of Belvidere. The ushers were Charles M. Rucker of Hillsborough and Ben S. Thomas of Mooresville.

The wedding music was performed by the chapel organist, Ms. Jane Lynch of Durham; soloist, Georgia Catherine Pickett of Austin, Texas; and the Vocal Arts Ensemble of Durham under the direction of Rodney Wynkoop.

Ms. Taylor Shaw of Durham directed the wedding. Richard W. Skinner of Raleigh was the wedding planner.

A reception was held at The university Tower in Durham immediately following the ceremony.

After a wedding trip to Spain, the couple will reside in Raleigh.

The bride is a graduate of Duke Law School and Duke University and is an attorney with the law firm of Ragsdale & Liggett in Raleigh.

The groom is a graduate of Duke Law School and Wake Forest University and is a partner in the law firm White-Stradley.

**COA business seminar set**

Local professionals are invited to join the upcoming professional development seminar, "Reaching Your Highest Potential, It's All In Your Head," at the College of The Albemarle Small Business Center on Wednesday, May 8. This three-hour program, in honor of National Small Business Week, features businessman Bill Dyer who has worked with the C.I.A.,

Jefferson Pilot, and other government organizations and major corporations. The session will be held from 9 a.m.-noon in Building "E," Room 121-A at the Elizabeth City Campus.

Dyer is also a volunteer with Family and Children's Service of Greensboro, working with children.

To register, call 335-0821, ext. 2231.

**Perennial Day**  
**Saturday - May 5**  
**9:30 - 3:00**  
 Door Prizes - Refreshments & More

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**GIFT SHOP**  
 Birdhouse • Yard Stakes  
 • Fish Signs • Chimes  
 • Candles • Novelities & More.  
 ~ PLUS ~  
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 • Garden Statuary & More

**Sandra's Garden**  
 (go through Belvidere about 5 miles on HWY 37)  
 446 Glidden Rd. Hobbsville  
**221-8238**  
 Tue-Fri 9:30-7:00/ Sat-9:30-2:00

**Oratorio set for May 6**

The dramatic oratorio "Elijah" by Felix Mendelssohn will be presented by the Albemarle Chorale at the Edenton United Methodist Church on May 6 at 5 p.m.

The Albemarle Chorale is comprised of 33 members from Edenton, Hertford, Plymouth, and Columbia. This will be the second public performance of the group, which was organized in September 2000 under the sponsorship of the College of The Albemarle. The goal of the

group is to present major choral works at least twice a year.

Guest artist, singing the role of Elijah, will be John Buford of Virginia Beach.

The conductor is Rosalind MacEnulty and the accompanist is Jackie Copeland, who will be playing the Cassavant pipe organ.

The Choral meets each Monday at 7 p.m. at St. Paul's Episcopal Church Parish House, Edenton. Those interested in joining may attend.

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**Mended Hearts**  
 Tuesday, April 10, 2:00 pm, Pembroke Room, Chowan Hospital's Rehabilitation/Home Care Building  
 A deputy sheriff from the Chowan County Sheriff Department will address school safety and other issues. Call 482-2889 for more information.

**Fibromyalgia Support Group**  
 Tuesday, April 10, 7:00 pm, Washington County Hospital, Classroom Annex  
 Guest speaker Tammy Mercer will present *Using Herbs to Relieve Fibro Symptoms*, and a certified message therapist will demonstrate ortho-bionomic techniques that relieve stress and injuries with gentle, non-invasive body therapy. Call 793-3969 for more information.

**Stroke Support Net**  
 Monday, April 16, 7:00 pm, Chowan Hospital classroom B  
 Topic of discussion: *Low Fat Eating in a High Fat World*. Call 482-6429 for more information.

**Community Screening**  
 Thursday, April 19, 1:00 pm - 3:00 pm, IGA food store, Columbia  
 Free blood pressure screenings; cholesterol screenings will be available for \$2. Call 482-6242 for more information.

**Diabetes Support Group**  
 Thursday, April 19, 7:00 pm, Chowan Hospital cafeteria  
 Call 482-6227 for more information.

**2001 Biennial Pilgrimage**  
 Friday, April 20, 4:00 pm - 7:00 pm, Broad Street (in front of the Barker House), Edenton  
 Chowan Regional Health Care Foundation is sponsoring a pig pickin' to support its charitable work in the community. Cost: \$20 per person. For more information or to purchase tickets, call 482-6440.

**Free Health Screenings**  
 Saturday, April 21, 10:00 am - 1:00 pm, Pilgrimage Car Show (across from the Cotton Mill on McMullan Avenue)  
 Chowan Hospital and Chowan Healthy Carolinians will sponsor free screenings for cholesterol, blood pressure and blood sugar.

**Community Outreach Program on Substance Abuse**  
 Thursday, April 26, 6:00 pm - 8:00 pm, Edenton National Guard Armory  
 Presentations will be made by local law enforcement agencies, mental health and substance abuse programs, local coalitions, youth organizations, parent groups, schools and other organizations involved in educating the community on substance abuse. Call 482-2521 for more information.

**CHOWAN HOSPITAL**  
 University Health Systems of Eastern Carolina

Chowan Hospital is part of University Health Systems of Eastern Carolina, which includes Pitt County Memorial Hospital, other community hospitals, physician practices, home health and other health services. University Health Systems is affiliated with the Brody School of Medicine at East Carolina University.