

Happenings

Bloodmobile

There will be a bloodmobile visit at New Hope United Methodist Church on Sept. 12, 3-7 p.m.

Cheer clinic

The PCHS cheer staff and squad will host the PQ Cheer Clinic on Sept. 17, 1:30 a.m.-12:30 p.m. at the PCHS gym. It is open to youth ages 5-14. Cost is \$25 due Sept. 12 or \$35 after Sept. 12. A T-shirt is included for those who register by Sept. 12. For information and entry forms, call Nicole Swafford at 426-5778 ext 243 or 333-8562.

Scout registration

Cub Scout Pack 150 and Boy Scout Troop 150 are registering boys in first—fifth grades and ages 11—17, respectively. Both groups meet at Hertford United Methodist Church on Mondays at 7 p.m. starting Sept. 12.

Health screenings

Eric M. Burns, O.D., of Albemarle Eye Center will offer free children's eye screening in the Albemarle Hospital Education Center on Sept. 20, 4-7 p.m. For appointments, call 384-4455. Doctors with Coastal Urology and Albemarle Area Urology will provide free prostate cancer screenings at Albemarle Hospital on Sept. 28, 4-6 p.m. for men over 50. For information or an appointment, call 384-4455.

4-H wreath sale

Perquimans County 4-H is selling fraser fir wreaths for the holidays. The wreaths are handmade in North Carolina and will be \$15. Call 426-7697 to place an order or for information.

ALS Walk

The annual Jim "Catfish" Hunter ALS Foundation Walk to D'Feet ALS is set for Saturday, Oct. 1 at 9 a.m. Perquimans County High School will be the point of registration, kick-off and end. For information, contact Helen Hunter at 426-7998.

Senior trip

The Senior Center offers a trip to the Outer Banks Music Showcase on Sept. 14. Cost is \$20. Sign up and pay by Sept. 7. Call the Center at 426-5404 for information.

Schools Foundation

The Perquimans County Schools Foundation, Inc. will meet on Monday, Sept. 12 at 7 p.m. in the superintendent's office. For information, contact Brenda Lassiter at 426-5741.

Festival volunteers needed

Volunteers are needed for the Indian Summer Festival. If you are willing to give a couple of hours, please call Wendy Jewett at Historic Hertford, Inc., 426-1425.

Festival vendors

A limited number of vendors spaces remain for the Indian Summer Festival on Sept. 10, 9 a.m.-5 p.m. in downtown Hertford. Call 426-1425 for or visit the Visitors Center for an application package.

Youth football registration

Registration is underway for Recreation Department youth football for ages 9-12. Fee is \$30. Call PCRD at 426-5695 for more information.

School meal menus

Sept. 12-16: Monday: Breakfast: Breakfast bagel. Lunch: Chicken nuggets, pizza, potato wedges, baked beans, winter mix, diced pears. Tuesday: Breakfast: Pecan spins. Lunch: Cheeseburger, hot dog, french fries, corn, green beans, fresh fruit. Wednesday: Breakfast: Sausage biscuit. Lunch: Spaghetti with roll, pork chop sandwich, sweet potatoes, mixed greens, okra, peach crisp. Thursday: Breakfast: French toast sticks. Lunch: Chicken filet sandwich, sloppy joe sandwich, California blend vegetables, green peas, carrots, applesauce. Friday: Breakfast: Reduced fat super donut. Lunch: chicken stir fry with rice and cornbread sticks, fish sandwich, french fries, lima beans, field peas, peaches, milk. All meals served with milk.

Nutrition Site menu

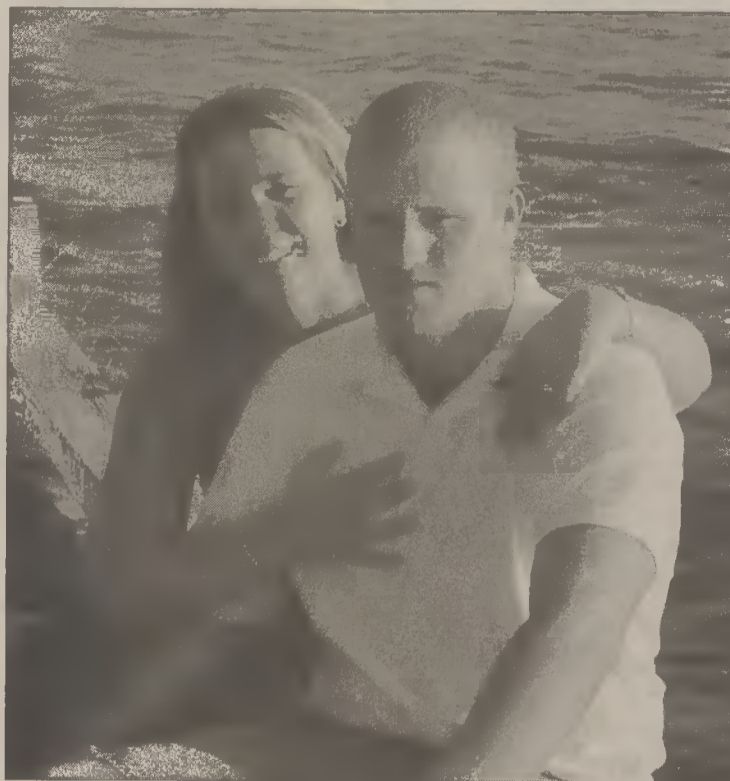
Sept. 12-16: Monday: Hamburger with bun, potato salad, melon cubes, lettuce, tomato, cookie. Tuesday: Oven fried chicken, beets, peaches, potato with parsley, roll, ice cream or yogurt. Wednesday: Pork loin with gravy, cabbage, orange juice, rice, roll, gravy, cake. Thursday: Barbecued chicken, greens, applesauce, macaroni and cheese, roll, yogurt. Friday: Open turkey sandwich, green beans, orange juice, bread, mashed potato, gravy, cookie, cranberry sauce. all emals served with milk.

Regular government meetings

Elected governing bodies hold regular meetings each month. The schedule for those meetings in Perquimans County as follows:

- Perquimans County Commissioners: first Monday at 7 p.m.
- Hertford Town Council: regular meeting - second Monday at 7:30 p.m.; work session - first Monday at 7 p.m.
- Planning & Zoning Board of Adjustments - 3rd Monday at 7 p.m.
- Winfall Town Council: Second Monday at 7 p.m.
- Perquimans County Board of Education: fourth Monday at 7:30 p.m. The boards may also hold special meetings as warranted.

CELEBRATIONS



Tonya C. Taylor, Jonathan L. Parks

Taylor, Parks to wed

Mr. and Mrs. Ronald K. Taylor Sr. of Hobbsville announce the engagement of their daughter, Tonya C. Taylor of Belvidere, to Jonathan L. Parks of Belvidere, son of Mr. and Mrs. Everett O. Parks of Belvidere.

Miss Taylor is a graduate of Gates County High School and COA, where she earned an associates

degree in criminal justice. She is employed at the Twiford Law Firm, P.C. in Elizabeth City.

Mr. Parks is a graduate of John A. Holmes High School and works at Piedmont Fabrications in Chesapeake, Va.

The wedding is planned for Oct. 1 at Hobbsville Baptist Church.

Photo pick-up

Anyone who has brought photographs to The Perquimans Weekly in the past 12 months should come to pick them up. Photographs are discarded after 12 months.

Hertford United Methodist Church

Invites you to join us each Sunday at...

8:30 am for Contemporary Worship in the Sanctuary

9:45 am for Sunday School in our Educational Building

11:00 am for Traditional Worship in the Sanctuary

5:00 pm for Youth Fellowship at the Parsonage

NEW THIS FALL!

Youth Prayer Breakfast each Thursday at 7:00 am

ALL community youth are invited!

Pastor David Beck
200 Dobbs Street, Hertford 426-5467

Kitchen garden lecture set at Newbold-White

Explore the Newbold-White House Kitchen Garden Oct. 1 with Dennis and Sharon Cotner. The couple, interpreters from Colonial Williamsburg, will present "Is it a Kitchen Garden or a Medicinal Garden?" Using many of the plants in the garden, the Cotners will discuss the medicinal and culinary purposes of these crops in the 18th century.

Sharon Cotner joined the interpretive staff of the Pastuer and Galt Apothecary in Colonial Williamsburg in 1984. She has done research and lectures on various 18th century medical practices, including surgery, amputation, bloodletting, diseases of 18th century tradesmen, and various women's disorders. Most recently she has been examining 18th century domestic books to review remedies for the relief of common conditions.

In 2003 Colonial Williamsburg published "Physick: The Professional Practice of Medicine in Williamsburg 1740-1775" written by the staff of the Apothecary, and in June 1999 New Jersey Medicine published Cotner's article "Cancer in the 18th Century: A Historical Interpretation."

Cotner is also a member of the American

Association for the History of Medicine, the American Institute for the History of Pharmacy, the British Society for the History of Pharmacy, and the Medical Museums Association.

For the past 30 years Dennis Cotner has interpreted 18th century foodways for Colonial Williamsburg, where he demonstrates and prepares 18th century foodways and recipes to the touring public. His experience includes butchering, brewing, chocolate processing, ice cream making, as well as preparing meat, vegetables, and sweet items.

In addition to his interest in 18th century foodways, Dennis Cotner is currently working in the Williamsburg area to protect Civil War battlefields under danger of development.

There will be tickets for sale prior to the event for a box lunch - to be enjoyed on the lawn of the Newbold-White House at 12:30. The tickets will be approximately \$10 dollars per person; the menu has yet to be determined. At 2 p.m. the presentation will begin and is anticipated to last an hour, with questions welcome following the event.

The lecture is free and is sponsored by the North Carolina Community Foundation.

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