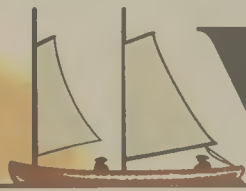


# THE PERQUIMANS WEEKLY



Lady Pirates keep rolling in Coastal 10, 7

"News from Next Door"

APRIL 1, 2015 - APRIL 7, 2015

50 cents

## Perquimans schools get lunch waiver

STAFF PHOTO BY PETER WILLIAMS  
Cafeteria worker Florence Hurdle (right) reaches for a pizza stick for a student Friday at Perquimans County High School. While the pizza contains whole wheat, it remains a fairly popular item with students.



BY PETER WILLIAMS  
News Editor

Corn muffins are back. So are cinnamon buns and biscuits.

Some food items that were effectively banned from school lunch menus in August by the USDA are back — at least for now in Perquimans schools.

The school system got a waiver of the regulations that required 100 percent use of whole grain/wheat bread products. Through the rest of this school year

and for all of 2015-2016, 51 percent of the bread products used must be whole wheat or whole grain, but the school can use enriched grains.

Turns out, kids aren't wild about whole wheat. They were either throwing the food away or not eating a cafeteria food at all.

"I've watched children take the meat off the sandwich, eat the meat and throw the bread away," said Donna Harris, the school system's nutrition director. The waste and the cost

bothered Harris, who has to feed about 1,100 kids a day.

"We diligently complied with the regulations as they were given to us, but after seeing student waste and hearing student complaints, we jumped at the chance to apply for the waiver," Harris said last week.

She hopes other school systems will send the same message.

"We hope that the federal government will make this a permanent change as more

See WAIVER, 2

## ECU star to play Plantation tourney

BY PETER WILLIAMS  
News Editor

Eric Brady hopes last year's visit to Albemarle Plantation will give him something of an edge when he returns in May for the \$200,000 Biggs Buick Cadillac GMC Classic eGolf Tour event.

Brady played the course in 2014 as an amateur during a NGA tournament held there. Now he's competing on the eGolf Tour as a professional.

Plantation golf pro Kenny Saunders expects about 100 golfers will show up for the event May 25-31.

The Cary native has had some success as a college player. He started his college career at Duke University, where he also played baseball for the Blue Devils. He transferred to East Carolina University as a sophomore and played on the golf team for three years.

Last year as a senior he competed in 13 events, and led the team with 73.34 strokes per round average and he shot par or better in 15 rounds. He was named to Conference USA Golfer-of-the-Week three times and became the third individual in ECU history to qualify for the NCAA championships.

"It's an interesting course," Brady said of the Plantation. "It's definitely a course that you benefit from playing a few times. Since I have, I figure that might give me a little edge."

See TOURNAMENT, 3

## STATIONS OF THE CROSS EVENT HELD



STAFF PHOTO BY PETER WILLIAMS

Pastor Jane Leechford of Hertford United Methodist Church, (left) reads about the final hours of Jesus on Saturday during a community event. Rich Lodge carried the cross.



STAFF PHOTO BY PETER WILLIAMS

Participants in Saturday's Stations of the Cross event in Hertford carry emblems of Christ's final hours down King Street.

## Club reaches out to women

BY PETER WILLIAMS  
News Editor

The Albemarle Plantation Women's Club is again reaching out to adult women who want to branch out into a new career or business and need a little help.

The club, which features 130 members, started the Women In Transition grant program in 2005. There were no applicants in 2013 and the program wasn't offered in 2014.

But this year, the program is back and will provide up to \$1,000 for at least one woman looking to make a change in their life.

The club traditionally supports scholarships for high school girls, but Julia Stapleton, one of the co-chairs for the Women In Transition program, said the group wanted to reach out to more mature women as well.

"They may have raised a family and now want to focus on their own education, or they may have a job and want a career in another area," Stapleton said. The other co-chair is Joan Lofhjelrn.

In the past applicants have included a paralegal who wanted to become a lawyer. Another was a woman who had one job but wanted to seek out a new profession. Another wanted to get certified as a physical therapist.

Financial need is one of the things the club will be looking for. The group will also look at character, ability and a good plan for furthering a career or business.

See CLUB, 3

## Main St. honors local group

BY PETER WILLIAMS  
News Editor

Carolina Moon Theater and five individuals and Historic Hertford Inc. were honored last month as Main Street Champions.

There were 32 individuals or groups that were recognized at the awards ceremony in Morganton.

The Perquimans County group was recognized for their part in creating a theater group — Carolina Moon. Historic Hertford Inc. was honored for its role

in fostering the project and eventually giving the theater a permanent home.

The individuals honored were Ray Sawyer, Archie Aples, Dean Hoyt, Tom Loughlin and Chris Garrett.

Carolina Moon was created in 2013 and produced its first dinner theater production that fall to a sell-out crowd. The following year, it also sold out five performances in its permanent home — a space in what was the Perquimans County Senior Center on Grubb Street.

The theater group is now preparing to put on another production "Over The River And Through The Woods" May 1-3.

Lynne Raymond, the head of HHI, said the format for this year's Main Street meeting was different, but the focus was the same. More than 15 workshops were offered during the event so Main Street groups could learn about new trends.

"Main Street Champions recognize the possibilities in their downtowns and strive to make those possibilities a reality," said Liz Parham, director of the N.C. Main Street Center and the Office of Urban Development.

"N.C. Main Street Champions are our communities most valued leaders

See GROUP, 3

## TAEKWONDO COMPETITION HELD



STAFF PHOTO BY PETER WILLIAMS

Gavin Whitehurst performs in front of judges at the Perquimans County Recreation Center Saturday. Hertford hosted a regional taekwondo competition. The winners will advance to a state competition in Charlotte.

