

THE ERWIN CHATTER

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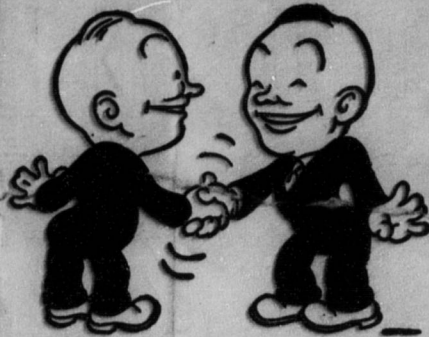
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COOLEMEE REPORTERS

- Carding.....CLAUDIE BOGER, "SAM" BOGER
- Spinning.....VIOLA GARWOOD, THELMA GREGORY, FLOYD BRINEGAR, REBECCA McDANIEL
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- Production Office.....HALLENE BECK
- Community Reporter.....MARGARET SKINNER
- Warehouse, Shipping, Dyehouse and Outside.....HODGE PHIGER, KELLY PAYNE



YOUR REPORTERS

Bleachery and Vat Dye

Reporting: JANICE EATON, JAMES MARTIN SUMMERS

The first shift regrets the loss of "Red" Rogers, who has been transferred to the second shift.

We're proud to have Mrs. Elsie Taylor back with us after having been out for quite a while.

Carl Rives Anderson is back with us after being in the armed forces since July, 1945. Welcome back, Carl!

Our sympathy is extended to Albert Lewis Rogers since the passing of his father.

We understand that we are represented on Radio Station WSTP now. Turn your dial that way and hear our "Big Ben" sing on Thursday afternoon at 5:30.

Anyone interested in buying a good radio cheap, see Vironia Cook. He talks as if his is tops.

We understand that there is to be a column in The Coolemees Journal called "Hayden's Corner." What do you suppose this will consist of???

Production Control

Reporting: HALLENE BECK

On Thursday night, February 27, the Production Control Office members entertained Mrs. Elizabeth Nesbitt by taking her out to dinner, and afterwards a movie. We all regret the leaving of Mrs. Nesbitt.

Another member of our office, Mr. A. L. Cline, left last Friday to return to his home in Hickory. We will all miss him.

A certain cute blonde in our office was somewhat nervous last Thursday morning. It could be because something new has been added—"third finger, left hand."

Miss Mary Hellard, former Cloth Room employee, and Mr. Richard Thomas were united in marriage at York, S. C., on February 16, 1947. They are making their home in Spencer, N. C.

We welcome to the Cloth Room following new employees: Garwood, Cornelia Gibbons, Paul Gibbons, and William ...

We are all anxious to know why Viola Cartner goes to the Card Room every day. Give us a hint, Viola.

T. de ... man Penland, Mr. F ... Miss Kathryn Freeman ... Miss Horner. We ... a number of qu ... those planes which ... so low over the ... which we can't an ... ask Mat-tie S ... Jean De- W. ... ine they c ... ! Frank G ... are all

went shopping in Winston-Salem Saturday. Nathan says there will not be any dark corners in the little white house on the grassy knoll, and we know that he is right from all the lights he purchased.

Mr. and Mrs. Paul Nelson are enjoying their new home. Mr. and Mrs. Ray Smith are about to complete their home, and they plan to celebrate with open doors when finished.

Wesley, what became of all those trucks round the table? We are glad to see our way through again for the time being.

We regret that S. L. Tutterow is still unable to be on his job. We hope he will soon be back working.

It was too bad Mr. Smith had his hand between that truck and post the other day. Mr. Turner was on hand and Mr. Smith is doing nicely.

Cleatus, what about the rest of us?? Maybe we would like the remedy, too. We all notice Mable has a new permanent. Wonder why so long before Easter?

If anyone wants any singing done, see Lois Wilson and Theo Rice as this is the second singing school they have attended in the past six months. They might also get someone out of the Warp Room to help them. How about it, Hazel?

Mrs. Meekie Thompson attended the funeral of Mrs. Cora Benson one day last week. Cpl. William James Wilson, son of Mr. and Mrs. Claude Wilson, has been in the Army Air Base Hospital, Greenville, South Carolina. He was on his way home from Maxwell Field, Alabama, on furlough, and was taken seriously ill on the way. He was transferred to the hospital Saturday morning. At this writing Cpl. Wilson is at home and seems to be much better.

We wonder if Joe Garwood was taking a sun bath during his predicament one recent Saturday. He says it felt more like cold wind than sunshine.

It is funny that Bill has to go to the kitchen so that he can know how much chicken stew to eat. We all would liked to have seen Wesley up on the house top the other day.

Mrs. A. M. Miller is visiting her daughter in New York. Here's hoping she enjoys her trip. Kelly Payne is back at work after being on the sick list for a week. Fred Ijames is on the sick list. Here's hoping for him a speedy recovery.

A. J. Patterson attended a ... (Continued on Page 3)

The smiling little boy above is Everett Eugene Shaver, Jr., 17 months old son of Mr. and Mrs. E. E. Shaver of Rt. 1, Salisbury. "Billy's" father is an employee of the Production Control.

New Slant — Olde Theme

Nebuchadnezzar, the most powerful of the Babylonian Kings lived 600 years before Christ. He lost his health for a time. With his health also went his mind, until he went into the fields and ate greens like the wild beasts. The greens restored his health and mind. He resumed control of his country and ably conducted the affairs of state for the remainder of his life.

For hundreds of years before the discovery of America the people of England and Northern Europe, half sick with scurvy and vitamin deficiencies, rushed to the fields during the first weeks of spring and devoured the leaves of sorrel and dandelions like rabbits. "A necessary spring tonic," they said—"Health requires it."

Early immigrants to America brought the sheep sorrel from Europe in order that a supply would be available each spring to chase away the blues. This sheep sorrel is in our pastures yet.

The old time settlers in America placed great store by such things as Poke Greens and Cress (creesis), which appear very early in the spring. "Spring tonic," they said; "such things purify the blood."

Yes they were right. Medical science and nutrition experts back them up. When long denied green substances, mankind develops a number of vitamin deficiency diseases and disorders. Among these may be listed pellegra, scurvy, rickets, and that well known condition "Old Run Down State." The prevention and the cure are to be found in greens, other fresh vegetables and fruits. If we are too young, or too old to eat these things, then we may let the cows eat them for us and we may get them by drinking fresh milk.

Sorrel and poke greens, and dandelions and cress, and bananas and oranges are less easily obtained in the rural areas these days than good garden vegetables. This is an argument for better winter gardens and early spring gardens. Lettuce, mustard greens, turnip greens, kale, collards, cabbage, endives, onions, leeks, carrots, beets, salsify and radishes. There are a number of these things that do well in all temperate climates. Some of them resist hard freezes. All of them are valuable tonics and far better than most vitamin pills.

Whether Nebuchadnezzar had pellagra and lost his mind in the natural course of this disease, we do not know, but the fact remains that some wise prophet, or Providence guided him to the fields and gardens, where he ate vitamin rich greens of some description. His symptoms subsided and he regained his health. That is pretty much the way we treat pellagra today. In this way some miracles are worked.

Greens and other fresh vegetables lose much of their value if gathered too far in advance or if not properly stored.