

WINSTON-SALEM NEWS

It's all in the Stars
ASTROLOGY GUIDE
 By
Lauren Hill

Resources

Continued from Page 2

Aries "The Ram" (Mar 21 - Apr 20) You seem to be getting around (in more ways than one) and this seems to be your stock in trade, at least for the moment. Take care that that "one" who has your best interests at heart doesn't get wind of your shenanigans, OK?

Taurus "The Bull" (Apr 21 - May 21) Do try to solve your problems now before things get out of hand. Morning events may disrupt plans or pose minor money problems, but by this weekend you will have reason to have more confidence in your own decisions.

Gemini "The Twins" (May 22 - June 21) You should now concentrate on an important project which has been "on the fire" a long time. Don't let yourself be sidetracked by some trivial issues. Some extra domestic responsibilities may come your way, attend to them cheerfully.

Cancer "The Crab" (June 22 - July 23) There is a turning point in your favor now. Personal wishes, home affairs and love interests are highlighted. Your best days are Monday, Wednesday and Friday. A small token of affection is coming your way, made of paper, perhaps.

Leo "The Lion" (July 24 - Aug 23) You have been worrying and overdoing things... this is the time to rest. If single, a new romance may come your way, bringing much joy and causing some deep thoughts on your part. If married, you will find new happiness with spouse.

Virgo "The Virgin" (Aug 24 - Sept 23) This week there should appear an extra warmth and strength to existing affections. Take notice, you Virgos who have marriage in sight. News connected with a love affair should reach you before the month is out. Lucky number is 5.

Libra "The Balance" (Sept 24 - Oct 23) Discretion is the keyword in that home or family matter and fortunately you do have the talent for conveying an atmosphere of security. Soon you will be able to use all your qualities to work for something you want very much.

Scorpio "The Scorpion" (Oct 24 - Nov 22) You must reach out a helping hand to a friend even though you have worries of your

own. A problem from "away back" is rearing its head again. Your steady hand is needed. Certain changes in your working routine should make life easier.

Sagittarius "The Archer" (Nov 23 - Dec 21) A new interest will take up your time and thoughts... could be a romance, if you play your cards right. If you insist on concentrating more on worldly success, your hopes will be shattered on both counts, so watch your step, Sag.

Capricorn "The Goat" (Dec 22 - Jan 20) You tend to keep your loved ones on a very "short leash". Luv. You have a warm and affectionate nature but sometimes you tend to be over-protective and too possessive; this you should try to avoid in the interest of harmony.

Aquarius "Water Bearer" (Jan 21 - Feb 19) There is an opportunity to co-operate with someone important to you and thus bring about something you have long been hoping for. If you are single, you will thank your lucky stars for this happy co-incident... co-operate, Luv, but don't go too far.

Pisces "The Fishes" (Feb 20 - Mar 20) You will find that personal relationships are a bit strained this week. Try to establish a better understanding by restraining your jealousy and suspicions. Do try to smooth things over... you'll meet with encouragement.

IF TODAY IS YOUR BIRTHDAY you are born to be an "individualist" who leads others forcefully through a maze of projects and adventurous deals. Sometimes you regret these excursions into the business world when you realize you have bitten off more than you care to chew. The regrets are not because of any lack of courage but your attention span is very short and you quickly move on to whatever takes your fancy. You are never content to be the power behind the throne, and once a project is under way you can shift responsibility to others to carry through your original ideas. Although you are far from a model of perfection you are a joy to have "around the house."

Your good humor and exuberance can lift a roomful of people into the clouds.

enuretic child. Rubber sheets or plastic pads must be provided for children under three years of age and for any child who is enuretic. Age and sex of the children must be taken into consideration when grouping in sleeping rooms. A child two years of age or older may not share the bedroom with either or both foster parents. Sleeping rooms must be suitably and comfortably furnished and be available at all times for rest, study and privacy.

As of July 31, 1973, there were 5,572 foster children in North Carolina. They all need love and understanding, but they also need certain basic necessities for a richer, fuller life. It is the responsibility of the Divisions of Facility Services and Social Services to see that these basic needs are met.

A&T Moves

GREENSBORO, N. C. - North Carolina A&T State University, moving into the NCAA's Division I rank after the association's summer reorganization, will again play Marshall University in basketball this season.

The Aggies, who fell to the Thundering Herd last year in Huntington, W. Va., will play Marshall on the road again December 17th. The meeting of the two teams was finalized after Virginia Commonwealth was released from that date on the Marshall schedule because the Richmond college encountered a conflict with exams.

This addition increases the Aggie schedule to 21 games not including the Charlotte Tip Off Tournament at Christmas matching A&T and N. C. Central from the Mid-Eastern Athletic Conference (MEAC) against Johnson C. Smith and Winston-Salem State from the CIAA. A&T must also compete in the MEAC Tournament in Baltimore, Md., Feb. 28 through March 2.

The Aggies will inaugurate the hoop season with a home-and-home encounter with Fayetteville State University, defending CIAA champions, on Nov. 30 at Fayetteville and on Jan. 14 in the Greensboro Coliseum.

A&T is the MEAC defending tournament champion for two successive years.

"FAMILY PLANNING & HEALTH"

by Mrs. Gloria Riggsbee

Continued from Page 2

look forward to the happy event with excitement and anticipation. ***

Dear Gloria:

My husband uses condoms to keep our family the right size for us. Every so often he skips and I get worried, but since he uses them most of the time I don't say anything. Except for this I seldom have a worry. My husband is a wonderful man and we have two lovely children. Do you think I should insist that he use something EVERY time we have sex?

Mrs. F.

Dear Mrs. F.:

If you and your husband don't want another child anytime soon, you should use birth control EVERY TIME you have sexual relations.

Studies have shown that it is not just couples who do not ever use birth control who have unplanned and unexpected babies. In many cases, unwanted pregnancies occur to couples who know something about birth control and who usually use some method of contraception. The trouble is that these couples don't use birth control EVERY time. And as many people could tell you, you only have to be careless or forgetful one time!

So, if you don't want to get pregnant, use the method of birth control you prefer, and use it every time. If you think your husband doesn't particularly like to use condoms, you might want to consider consulting a doctor about taking birth control pills or having an IUD inserted.

If you and your husband are sure you do not want any more children, I suggest you talk to your doctor about a permanent method of birth control—a vasectomy for your husband or a tubal ligation (tying

Helps Shrink Swelling Of Hemorrhoidal Tissues

caused by inflammation
 Doctors have found a medication that in many cases gives prompt, temporary relief from pain and burning itch in hemorrhoidal tissues. Then it actually helps shrink swelling of these tissues caused by inflammation. The answer is Preparation H[®]. No prescription is needed for Preparation H. Ointment or suppositories.

Talent Laden

Continued from Page 1

Ga. a "natural ballhandler" and one possessing a "deadeye" for shooting. He averaged 16.6 points per game as a college All-American while playing in the back-court with guard William Harris now of the Seattle Super-sonics.

So naturally Harris, chosen as Associated Press (2nd team) All-American as a senior last year, earned himself recognition in Black Sports this past July as having led the Aggies to their second straight Mid-Eastern Athletic Conference (MEAC) basketball tournament championship.

But the basketball players weren't to grab all of the glory. The chief

ALL WINSTON-SALEM NEWS, PICTURES, ARTICLES, etc., SHOULD BE TURNED IN TO MRS. VELMA HOPKINS, AT 1228 HIGHLAND AVE. NO LATER THAN WEDNESDAY NOON

FREE SICKLE CELL TESTING
 741 Highland Ave.

VOTE

Stomach Upset by Gas and Acid?

Di-Gel[®] with Simethicone quickly relieves both acid and gas. This unique discovery breaks up and dissolves trapped gas bubbles. Your relief is more complete because Di-Gel takes the acid and the gas out of acid indigestion. When you eat too well, demand Di-Gel. Tablets, liquid. Product of Plough, Inc.

INTRODUCING NEWS IN THE MOTHER TONGUE

For Black people, the mother tongue is the same all over the country. It's the unique way we have of expressing ourselves. That's one of the reasons the National Black Network saw the need for a national Black news service.

What do we call Black news? It's simply news reported by Black people, edited by Black people, and affecting the lives of Black people.

That's the National Black Network—a vital communications link between Black communities everywhere.

It's a bet that when you listen to an NBN station, you'll know where it's coming from. After all, it's carrying your news.



ANNOUNCING

business & professional research associates

(B.P.R.A., inc.)

329 N. Main Street Suite 250 High Point, N. C. 27260
 Phone: 882-2551

All men are entitled to succeed. But, success/failure oftentimes depends upon help from a friend. Let us be that "friend".

SERVICES OFFERED:

- PUBLIC RELATIONS
- MARKET RESEARCH
- ADVERTISING
- PERSONNEL RECRUITMENT
- MANAGEMENT CONSULTANT
- MOTIVATION RESEARCH
- PRINTING & MAILING
- LAYOUT & DESIGN
- TRAFFIC BUILDING SERVICES
- EMPLOYER/EMPLOYEE RELATIONS
- TENANT RELATIONS

We offer our clients the following services, in our own facilities, as a courtesy... at reduced rates:

- CATALOGUES
- PROGRAMS
- BROCHURES
- CUSTOM AD LAYOUT & DESIGN
- NEWSPAPER
- CIRCULARS
- MAILERS
- COMPLETE FACILITIES FROM LAYOUT TO CUSTOMER DELIVERY

Country Furniture Company Inc.
 607 IDOL DRIVE • P. O. BOX 5085 • HIGH POINT, NORTH CAROLINA 27262
 PHONES 882-3016 • 882-8956 • 882-4612 • 882-3511

Representing over 300 nationally known manufacturing companies. Everything sold at a discount. Large display of furniture for your shopping pleasure.

Four Interior Decorators To Serve You!

COOLIDGE MURROW Owner
FRED MOON Store Manager

STORE HOURS
 Monday Tuesday Wednesday Thursday
 8:30 a.m. til 6:00 p.m.
 Friday 8:30 a.m. til 9: p.m.
 Saturday 8:30 a.m. til 5:30 p.m.

WE SHIP ANYWHERE

FOR SALE VA HOMES
 READY FOR OCCUPANCY
EQUAL HOUSING OPPORTUNITY

3685 YALE AVE., WINSTON-SALEM - 6 rooms, Frame, Price \$14,250, cash down payment \$550, balance payable in 360 monthly installments of \$105.35 each including principal payment plus interest at an annual percentage rate of 8½%.

4852 MONTE VISTA, WINSTON-SALEM, - 9 rooms, Frame, Price \$11,000 cash down payment \$300, balance payable in 360 monthly installments of \$82.28 each including principal payment plus interest at an annual percentage rate of 8½%.

SEE ANY LICENSED BROKER OR CALL
 VETERANS ADMINISTRATION
 WINSTON-SALEM, NC
 723-9211 Ext. 226