



Consumer's Corner

by Barry L. Boneno

Executive Director
High Point Consumer
Credit Counseling

If you want to save money on household cleaners and avoid using polluting chemicals, there's a simple solution: Do it yourself. Make your own household cleaners. A new book, Household Ecology, by Julia Percivall and Pixie Burger (Prentice-Hall, Englewood Cliffs, N.J., 07632; \$5.95), tells how. For example: A solution of salt and water will get rid of soap and detergent from receptacles - salt also helps kill germs. Salt can be used as well as a scouring agent instead of pre-soaped pads or what have you.

To remove black gook from pots and pans, fill them with cold water, a lot of salt and a piece of onion. Let this bouillon sit overnight, then boil it slowly, over a low flame, for five minutes. Let the water cool, throw out the liquid, and the glup will be gone.

Aluminum pots can be shined by boiling any fruit juice in them. To clean a copper pan, scrub the surface with a lemon that's been dipped in salt. Or use a paste made out of hot vinegar, flour and salt mixed together in equal parts. Scrub the copper with a cloth or steel wool, then rinse with hot water.

As for silverware, provided that you're dealing with just the flat kind (no intricate patterns), follow this recipe: Mix together one quart of water, a tablespoon of bicarbonate of soda, and a tablespoon of salt. Bring this vile concoction to a boil in an aluminum pot, then drop your flatware in, a few pieces at a time, and let everything boil for three minutes. Remove the silverware, let it drain on a soft cloth, and polish it with a second cloth.

Food stains in the kitchen can be removed by rubbing them with a damp cloth that has been dipped into baking soda or salt.

As for clogged drains, pour in a handful of bicarbonate of soda, followed by a half cup of vinegar. Let it sit for a

while, and if the drain isn't clogged with something powerful, it should clear.

Toothpaste may make your breath smell sweeter, but it's the actual brushing that counts. The best prescription for keeping teeth white is simple bicarbonate of soda the dentifrice used by Ralph Nader, among others.

To clean chrome and stainless steel, all you need is a dry cloth, white flour, and a little elbow grease.

For an all-purpose furniture polish, mix together a half-cup of vinegar, a half-cup of rubbing alcohol, and a cup of linseed oil. Shake well before using. It's good for polished wood as well as many painted wood surfaces. On the latter, try it on a small spot to make sure it doesn't take the paint off.

To clean marble: Put a freshly cut lemon inside a cloth, and dip the cloth into warm water and then borax. Rub the marble with this, then polish it with a soft cloth.

To clean brass: Mix salt and flour equally, then add enough vinegar to make a paste. Cover the brass with this glop, let it dry, rinse it off, and wipe the brass with a soft cloth.

To clean plastic tile: Use a solution of vinegar and water. To keep spots off glassware, add vinegar to the water you clean the glass with. Crystal is best cleaned with one part vinegar and three parts water. Let it dry in the air.

To renovate leather furniture: Use a cup of linseed oil and a cup of vinegar. Boil the linseed oil if it hasn't been boiled already (since it's flammable, boil it in a pan that's been placed inside another pan filled with water). Let the oil cool, then mix in the vinegar. Apply this stuff to any shabby or stained leather sparingly. On patent leather, just use some milk.

To keep a washing machine from bubbling over, warns Salt - published, naturally, by the Salt Institute - keep a box of salt

handy in the laundry room. Soaking clothes in cold salt water helps remove most stains, including blood. Sprinkling salt along baseboards and in corners of counter bases will keep ants out of the kitchen. Other salt tips: If you're making an omelette or a souffle, always sprinkle salt into the egg whites. It makes them whip stiff or faster. If you've used too much salt in a soup or stew, slice a raw potato or two into the pot to soak it up (don't forget to fish the spud out).

If you do all these things, you'll not only reap the benefits we've already mentioned - savings on costs and protecting the environment - but you'll also benefit by having fewer poisonous concoctions around the house.

For further information, please contact High Point Consumer Credit Counseling, Inc., 142 Church Avenue, or call 885-0041.

Gas Siphoning Is Dangerous

RALEIGH--A person who decides to manipulate a tank of gasoline by siphoning with a rubber tube is risking severe illness and possible death, according to Dr. Robert Neely of the Division of Health Services.

Neely said there are two dangers in siphoning gasoline.

"The possibility of drawing gasoline into the lungs during the siphoning process is very real," Neely said. "Gasoline is a hydrocarbon, volatile and can cause irritation of the small air sacs of the lung - resulting in pneumonia. Less than a teaspoonful is all it takes. Gasoline vomited from the stomach and drawn into the lungs can have the same effect."

Neely said gasoline fumes have the same effect on a person's brain that glue sniffing does. Sniffing

The Division of Vocational Rehabilitation of the N.C. Department of Human Resources is helping the state's disabled citizens become employed and self-supporting through its many services.

Whether the disability be mental or physical, if it is a substantial handicap to employment, Vocational Rehabilitation is concerned.

Under present law, a great variety of services is available to disabled individuals to enable them to become employable.

Job training and counseling are a large part of the program. Classroom education in high schools, colleges or technical institutes is also provided.

Medical Care, including surgery and therapy services, has enabled many physically handicapped persons to return to work.

gasoline fumes continually over a period of two hours has been known to cause death. He pointed out, however, that some individuals can tolerate more fumes than others.

"When gasoline fumes enter the windpipe they can cause bronchial spasms and the victim can smother to death if immediate aid is not given," Neely said. "Aid should consist of mouth to mouth resuscitation and immediate medical care. The patient should never be made to vomit. The gasoline should be removed from the stomach under medical supervision."

Prosthetic devices can also be furnished.

Vocational Rehabilitation can also provide tools and equipment for a job or for establishing a small business for a handicapped person.

In summary, practically any good and services necessary to render a disabled person employable can be provided through Vocational Rehabilitation.

Presently, the handicapped in North Carolina are being served through a network of some 170 offices located throughout the state.

The heart of the Vocational Rehabilitation program is the rehabilitation counselor. He is usually the handicapped person's first contact with the rehabilitation process, and the one in close touch with him throughout. Every county in the state is served by one or more rehabilitation counselors. Some counties do not have an office but counselors work in those counties on certain days.

Any handicapped person in need of these services should contact their local office or Vocational Rehabilitation. In counties that do not have an office, the local county department of Social Services will be able to provide the name, address and telephone number of the counselors assigned to those counties.

Any citizen of North Carolina is eligible if he is of an employable age and if it can be established that he has a physical or mental disability which hinders him from being employed, and one which Vocational Rehabilitation Services may reasonably be expected to correct or alleviate to the point that he can become able to engage in a gainful occupation.

For Information Of Your Community And Your People, Read THE TRIBUNAL AID Every Week.

It's A Lot Of Knowledge And Information For Only 15 Cents.

January Clearance Special!

Friday and Saturday only...
You get an extra 20% off our sale prices.

SOME EXAMPLES:	REGULAR PRICE	SALE PRICE	FRIDAY AND SATURDAY ONLY
PANTS	16.00	10.90	\$8.72
BLOUSES	18.00	11.90	\$9.52
SWEATERS	13.00	8.90	\$7.12
GOWNS	10.00	6.90	\$5.52
SLIPS	9.00	5.90	\$4.72
MISSES' DRESSES	18.00 - 250.00	9.00 - 187.90	\$7.20 - \$150.32
JUNIOR DRESSES	16.00 - 60.00	11.90 - 45.00	\$9.52 - \$36.00
PANTSUITS	28.00 - 165.00	18.90 - 110.90	\$15.12 - \$88.72
PANT COATS	30.00 - 85.00	19.90 - 63.90	\$15.92 - \$51.12
FUR TRIMMED COATS	100.00-195.00	74.90-145.90	\$59.92 - \$116.72
UNTRIMMED COATS	60.00 - 180.00	30.00-138.90	\$24.00 - \$111.12

CHILDREN'S WORLD (Westchester Mall Only)
DON'T MISS THE FINE REDUCTIONS IN CHILDREN'S CLOTHES, WITH 20% OFF SALE PRICES FRIDAY AND SATURDAY ONLY

DON'T MISS THIS OPPORTUNITY!
MORE VALUES AWAIT YOU, BESIDES THOSE SHOWN ABOVE.

HIGH POINT, Downtown and Westchester Mall
ASHEBORO, BURLINGTON, SALISBURY

Your Fashion Advisors... **Tobias**

Things You Should Know

Rev. Andrew BRYAN...



A SLAVE, UNDER WHOSE PASTORSHIP GEORGE LIELE BUILT THE FIRST BAPTIST CHURCH FOR NEGROES IN SAVANNAH, GA. IN 1796! WHITES

TRIED TO ABOLISH IT BY WHIPPING ITS MEMBERS AND JAILING BRYAN, BUT IT WENT ON; AND THE SECOND ONE WAS ERRECTED IN SAVANNAH IN 1799!

Continental Features.

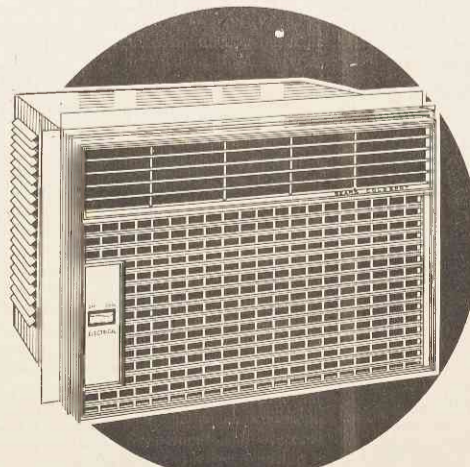
Sears PRE-SEASON COLDSPOT AIR CONDITIONER SALE

SAVE \$11 to \$50.95 NOW!

All Models on Sale...
Wide Selection Available!
Choose from 5,000 BTU to 31,000 BTU Coldspot Air Conditioners, and cool one room or several. Also available are special air conditioners for hard-to-fit windows and high efficiency units.

No Monthly Payment Until June on Sears Deferred Easy Payment Plan. (There will be a finance charge for the deferral period.)

Call Us For a Free Home Survey



7305

SHOP AT SEARS AND SAVE Satisfaction Guaranteed or Your Money Back

Sears

SEARS, ROEBUCK AND CO.

5,000 BTU Cold Spot Air Conditioners

Regular \$100 **\$89**

7305 Economical, uses only 7.5 amps Ideal for bedroom for comfort while you sleep

Operates on regular household current Sturdy zinc-coated, rust-resistant cabinet

Compact and lightweight; only 19 3/8 in. wide
8,000 BTU, Regular \$159.95 ... \$139
14,000 BTU, Regular \$219.95 ... \$189
18,000 BTU, Regular \$259.95 ... \$229
21,000 BTU, Regular \$299.95 ... \$269

LAY-AWAY NOW!
\$5 Deposit Holds Your Air Conditioner in Lay-Away Until April 15 with Small Regular Payments

101 S. Wrenn St. | Retail: 885-4051
High Point, N.C. | Catalog: 885-4181