

"IN OUR TIME"



by Rev. R.M. White

The Fourth in a Series on the Ten Commandments.

EXODUS 20:8 -- "REMEMBER THE SABBATH DAY, TO KEEP IT HOLY."

"It was never in my heart,
To play so ill a part--
But evil is wrought for
Want of thought,
As well as for want of heart."

This verse of poetry as well as our text, is a call to remember. It is in recognition of our proneness to forget. In our lives we are constantly bewailing the fact, "Oh, I forgot!"

Now, we know that scientifically we never forget anything. But practically we almost, always forget everything. Over and over again, we hear friends say, "I forgot!"

We are often prone to forget because the remembrance of certain things is annoying. So we just stop thinking about them. We refuse flatly to even look in their direction. Until, bit by bit, we soon forget them entirely. You see how it's done! We forget -- not out of malice -- but out of quiet omission. So it would appear that no harm was really done in these instances, wouldn't it?

Can you discern, in your own mind, what great effect forgetting has on growth? Why, with so much forgetting, the mind is liable to wither away due to inactivity, atrophy.

Our text, "REMEMBER THE SABBATH DAY TO KEEP IT HOLY", is a direct call to remembrance. The fact is there is nothing, however trivial or important, that we do not tend to forget. We forget our responsibilities and our obligations. We forget the vows we've made -- to our God, to our partners in marriage. We forget each others name and faces. We forget our friends. Sometimes, thank God, we forget our enemies.

Being so forgetful, it is not at all surprising that many forget the sabbath day. Some forget it on purpose. They feel that it stands in their way. That it is a "cost" instead of a "privilege". A barrier that contains them -- rather than opens the glorious door of freedom. Freedom to enjoy God in the light of thanksgiving, fellowshiping and communing with others who feel the real spirit of this God-ordained day, sabbath day.

For many this day is hectic because they are in pursuit of gold or of pleasure. But be what it may, this day is forgotten by so many! Therefore, we need this urgent call of the commandment -- "REMEMBER THE SABBATH DAY, TO KEEP IT HOLY" -- wholly for remembrance of God's gift to man. The sabbath was given not for the benefit of God, but for the benefit of ourselves. It is a vital day in the wheel of human need. We are to think of our christian sabbath as a gift -- not a positive command of God. A day set apart under the spiritual leadership of the christian church.

We realize, of course, that our sabbath is not the same day as observed by the Jews. They observe the seventh day of the week; while we observe the first. Now, this point has been in controversy between religious sects for many, many years.

The early christians began to worship on the first day of the week because our Lord and Savior rose on the first day of the week. By and by, this day became a day of rest, a legal holiday. This took place in the year 321. Now, if there are those who wish to argue the validity of this day, let them. That is their right. I, personally, feel that our God would be pleased if, through our sincerity, we simply revered him to the end of all our personal hopes, dreams and aspirations.

Our individual lives should reflect our true convictions as they relate to what we honestly and sincerely believe -- especially about our God.

Blacks Losing Print Media

Stanley Scott, special assistant to President Ford, used the word "tragic" in describing the lack of black correspondents representing black newspapers in the nation's capital.

Scott, who held the same position under the Nixon administration, in a speech to the Clark College media workshop in Atlanta, said that black publications are "missing out" by not having their own reporters in Washington, D.C. to interpret what's happening in the federal government.

In addition to chiding black publishers and editors for not adequately covering the Washington

Continued on Page 8

Those Times You Suffer
**Acid Indigestion,
Painful Stomach Gas**

...this is 'Gasid Indigestion.'
Take DI-GEL for Fast Relief.

DI-GEL® gives more complete relief because it does what plain antacids can't. It reduces excess acid. Also contains Simethicone to get rid of gas, too. Heartburn, gas, bloating go fast. Get DI-GEL.

EDUCATION & RELIGION

Shaw Sponsor Pastor's Conference

RALEIGH - The Shaw Divinity School of Shaw University, Raleigh, North Carolina, will sponsor its Second Annual Pastor's Conference at Shaw University, March 17-19. The conference will begin Monday, March 17, at 7:30 p.m. and end Wednesday, March 19, at 12:45 p.m. All sessions are in Shaw University Church.

The theme of the conference will be, "The Changing Life Style of the Black Church and Pastor: In Biblical Preaching; In the Pastor's Self-Understanding Relative to His Role; and in the Church-Pastor Relationship."

Dr. J. Jasper Freeman, Pastor, Queen Street Baptist Church, Norfolk, Virginia, will be conference preacher. Dr. Freeman will preach Monday and Tues-

day evenings at 7:30 p.m. and the concluding sermon for the Shaw Theological Alumni Association on Wednesday at 11:30 a.m. The public is heartily invited to attend these worship services.

Dr. David Shannon, Dean of Faculty, Pittsburgh Theological Seminary, Pittsburgh, Pa., will deliver two lectures entitled, "The Changing Life Style of the Black Church and Pastor in Biblical Preaching," on Tuesday, March 18, at 9:30 a.m. and 2:00 p.m.

Dr. Samuel Gandy, on Sabbatical Leave from Howard University, Washington, D.C., will deliver two lectures entitled, "The Changing Life Style of the Black Church and Pastor in the Pastor's Self-Understanding Relative to His Role," on Tuesday, March

18, at 11:15 a.m. and 3:45 p.m.

Dr. Melvin Watson, Chairman of Religion and Philosophy, Morehouse College, Atlanta, Georgia and Pastor, Liberty Baptist Church, Atlanta, will deliver a single lecture entitled, "The Changing Life Style of the Black Church and Pastor in the Church-Pastor Relationship," on Wednesday, March 19, at 9:30 a.m. Devotion leaders for the conference will be Dr. George A. Sellers, Pastor, Jerusalem Baptist Church, Hartsville, South Carolina, and the Reverend J.E. Arnette, Pastor, Metropolitan Baptist Church, Rocky Mount, North Carolina.

Registration for the conference will be conducted. Continued on Page 8



RECRUITING FOR FSU - Gerald Winfrey, [third from left] chief recruiter for Fayetteville State University [N.C.] chats with prospective students in the FSU booth at the CIAA Tourney in Greensboro, N.C. recently. The students, from Elizabethtown [N.C.] Jr. High School, were attending the CIAA tournament. The students are [L-R] Lesia Moore, Lonnie Willis, and Lorrise Pridden. [FSU Photo by John B. Henderson]

DEATHS

[TRINITY]

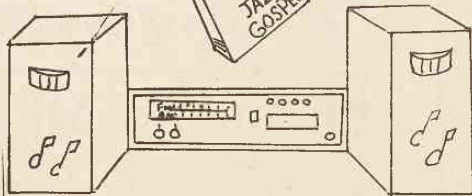
EUGENE WATTS, 66, of Route 2, Trinity, died in his home. Funeral services were conducted at St. Matthew's Holiness Church, the Rev. A. G. Garlington officiating. Burial was in the Hopewell Cemetery. HAZLIP'S FUNERAL HOME was in charge of all arrangements.

**PATRONIZE
YOUR
ADVERTISERS**

We care...
HAZLIP FUNERAL HOME, INC.
206 4th St. - High Point - 882-4131
108 Church St. - Thomasville - 476-7472

SOMETHING NEW IN TOWN

THE SOUND STUDIO



Featuring..

- 45's
- LP's
- Stereos
- 8Tr. Blanks
- Tapes 2 for 4.95
- Gifts
- Cass. Blanks

LET US PUT YOUR FAVORITE RECORD ON TAPE
**Down Town, 608 1/2 N. Trade Street
Winston Salem**

**CAMEL CITY
WINSTON-SALEM**

**For Your Auto Needs
New Or Used
See Your Black Salesmen
At The Following Locations
In Winston-Salem**



LARRY DUCK CUNNINGHAM
Cloverdale Ford



WILLIE JONES
Modern Chevrolet



ARCHIE KINDLE
Cloverdale Ford



JOHN 'NIGHT TRAIN' LANE
Cloverdale Ford

**Their Survival
Depends On Your Support**

705 N. Trade
Grocery Dept. 732-2491
Meat Dept. 732-2492
Trade at 7th St.

BIG FREE PARKING
We Accept Government Food Stamps

WINSTON-SALEM **DISCOUNT** WINSTON-SALEM
SOUL FOOD STORE
"The Only Real Soul Food Store in Town"
HOURS: MON.-SAT. 8:30 TO 6:00 • FRI. 8:30 TO 7:00
WILSON'S PRICES IN THIS AD GOOD THRU WED. MARCH 12th

CHIT'LINS 3.99
10 Pound Bucket
NO LIMIT

FRESH LEAN PORK SPARE RIBS	69¢ lb.	FRESH LEAN TENDER CHUCK BEEF ROAST	59¢ lb.
TENDER LEAN BEEF RIB STEAKS	89¢ lb.	FRESH LEAN PURE GROUND BEEF	59¢ lb.
UNITED, BORDENS, SEALTEST FRESH MILK	1.37 GAL.	FRESH LEAN TENDER BONELESS BEEF STEW	89¢ lb.
FRESH DRESSED WHOLE FRYERS	4 PER BAG 39¢ lb.	LIMIT 4 PER CUSTOMER	

BRING COPY OF THIS AD WITH YOU SHOPPING
GIVE TO CASHIER GET A FREE GIFT