

THE BETTER WE KNOW US ..

by Angela Griffin

HIGH POINT--The Rev. G. Ray Coleman, pastor of St. Stephen Metropolitan A.M.E. Zion Church states, "I feel that spiritual life has been strengthened, the economic growth has expanded, and membership has grown" since he came to St. Stephens three and a half years ago.

A native of Albemarle, N.C., and the son of Bishop and Mrs. Clinton R. Coleman, Sr., he was reared in the church all of his life.

Rev. Coleman is a graduate of E.E. Smith Senior High School and

Livingstone College. He holds a bachelor of arts in Sociology and a Master of Divinity degree.

Since Rev. Coleman became pastor of St. Stephens, there has been many changes; the Senior Citizen Organization is provided with transportation to and from church and other church activities; a committee has been appointed to help those in need of assistance with food and clothing in an emergency; also, an emergency line is open to anyone with various problems from 8:20 a.m. to 5:00 p.m.

In the years to come, Rev. Coleman

hopes to provide the community with a nursing home. This home will welcome any members of St. Stephens as well as persons in the surrounding community.

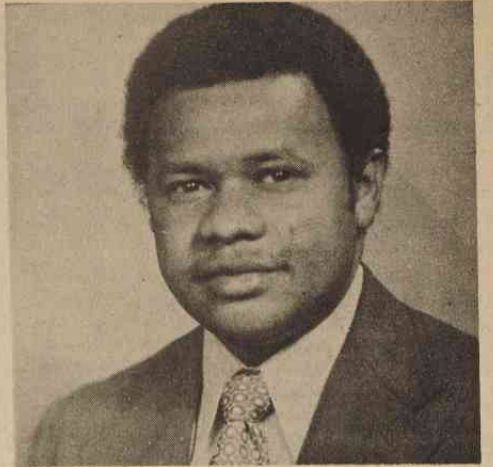
Rev. Coleman has an impressive background in working with unemployed Blacks and assisting in the establishment and rebuilding of minority businesses. He at one time produced a careers festival at various high schools to illustrate the educational opportunities for which young people can prepare themselves.

As pastor of St. Stephens, he has seen a great growth in the church and changes

in the attendance. He is very pleased with these changes but wishes to see more.

Rev. Coleman states, "The black church stands for the whole person--physically, spiritually and economically--and the black church, as much as possible, has an obligation to be positive in all programs as they relate to the community."

The black church has the best position, at present, to exemplify the ideas of the christian faith to its community. St. Stephens opens its arms to anyone in the community. Any person should feel free to enter its doors for help because help awaits you there.



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'World's Best Meats' Comes To Centennial

HIGH POINT - In this capitalistic society, especially when the larger corporations tend to overshadow the smaller, existing alone must be considered an accomplishment. A small business making its way into the consumer market has to be one of many frustrations. Yet, with all the odds stacked against the small, there is always one to weather the storm.

Columbia Food Market is the exception! Located in High Point, the Columbia chain has grown from its humble beginnings with just three employees to the present forty-five.

Mr. Jack Beason, the

owner of Columbia Food Markets, opened the original store at 2112 South Main Street in 1952. Afterwards his decision to relocate at 2401 North Main proved to be successful. From February, 1968, until the spring of this year, Columbia operated with only that one store. Then when the opportunity presented itself, Beason decided to open the second store which is located at the old A&P on South Main Street.

In just one month, opportunity again offered another challenge and Beason accepted. This time he is opening another store at 220 North Centennial Avenue. Again, its replacing a former A&P.

When asked about the apparent success in the same location where another similar business had failed, Mr. Beason answered, "Service"! He went on to say, "When people work hard for their money, they want to spend it only with those who are willing to show appreciation. We have always been known for good service and will always place service as our number one priority. Cleanliness of the store must be maintained."

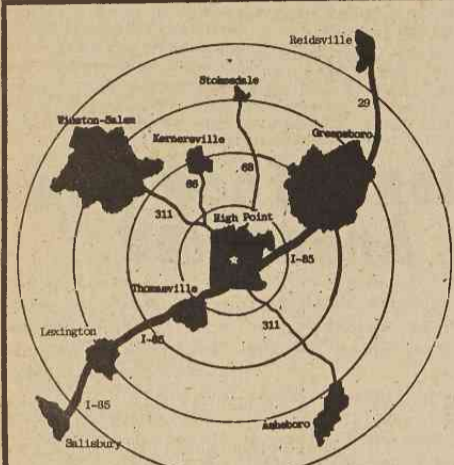
The opening of the Centennial Avenue Store will require a staff of fifteen. That figure excludes bag-boys.

One of the Co-managers will be Mr. Arthur Seagraves, of 1512 Graves Avenue. Two of the cashiers will be Mrs. Bernice Burke, of 1040 Barbee Street and Ms. Stephanie Strong, of 816 Willow Place, all of High Point.

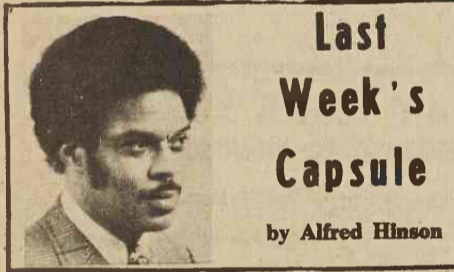
The "World's Best Meats" will be more available to High Pointers.



ARTHUR SEAGRAVES BERNICE BURKE STEPHANIE STRONG



"Tell It Like It Is"



Last Week's Capsule

by Alfred Hinson

NATIONAL

It is almost a certainty that Congress will enact legislation that would finance a \$50 cash payment to every recipient of Social Security benefits and to persons receiving welfare payments for the aged, blind and disabled.

Though Congress did not experience any controversy over appropriating the money for the one-time-only payments, enactment of the aforementioned proposed legislation was delayed because of disagreement over a \$700 million proposal to improve railroad rights-of-way and to provide jobs for maintenance crews.

It is unlikely that anyone would be opposed to an appropriation that would create jobs for railroad maintenance crews. It is utterly disgusting however, when Congress elects to not do its duty because a "pet project" fails to receive the proper endorsements for passage.

About 1,130 refugees have expressed a desire to return to Indochina but United Nation officials are somewhat reluctant to cooperate until assurances are received that the returnees will not be punished.

There is no doubt that the United States will assist refugees, in returning to Indochina. It is depressing however, that the same commitment and concern is not evident when domestic problems are paramount...as is now.

STATE

Many government officials have been informed by the Federal Power Commission that the allocation of natural gas will be reduced for 1975-76. For the State of North Carolina, there is a probability that consumers will experience a 40 per cent reduction in natural gas.

Gov. James Holshouser said that he would probably appeal the federal court ruling that upholds the FPC allocation plan if assurances are not given that the allocation will be greater than now proposed.

The North Carolina Employment Security Commission and Labor Commissioner Billy Creel feel that the recessionary conditions in North Carolina have hit "rock bottom." They feel that the economy is now starting on a gradual upswing. LSC cites a reduction in the number of persons applying for unemployment benefits as an indication of improvement. Commissioner Creel cites the return of 3200 textile workers to their jobs as an indicator of economic improvement.

It is hoped that the predictions of Commissioner Creel and that of ESC officials is sound and is supported by more facts than are presented herein. We are expected to be faced with a gas shortage again this year and one can hardly forget the effects of the shortage experienced last year.

Former North Carolina Governor Terry Sanford is expected to make a formal announcement on Thursday that he intends to seek the Democratic nomination for

Continued on Page 6

Command Change

Rear Admiral Samuel Lee Gravely, Jr., USN, will succeed Rear Admiral Fillmore B. Gilkeson, USN, as Commandant Eleventh Naval District in late August.

Admiral Gravely is currently Commander Cruiser-Destroyer Group Two, homeported in Charleston, South Carolina. Admiral Gilkeson plans to retire and remain in the San Diego area.

Admiral Gravely, 53, is a native of Richmond, Virginia and is a graduate of Virginia Union University. He was commissioned as Ensign in December, 1944 upon graduation from Midshipman School at Columbia University in New York.

During the closing months of World War II he served as Communications and Executive Officer of the

sub-chaser USS PC 1264.

Following this, his duties included Navy Recruiting in Washington, D.C. and instruction in communications at the Naval Post Graduate School, in Monterey, California.

He saw action in Korea aboard the battleship USS Iowa (BB 61) and the cruiser USS Toledo (CA 133).

From 1955 to 1961 he served at Headquarters, Third Naval District, the USS Seminole, and finally as Executive and Commanding Officer of the USS Theodore E. Chandler (DD 717).

Shore assignments have included training at the Naval War College and Coordinator, Navy Satellite Communications Program.

After promotion to flag

Continued on Page 2

Black U.S. Defense Official Pushes Better Roles For Women

GREENSBORO - Will the U.S. tolerate women on the battlefield?

Maybe not, but the young ladies are pushing their request for equal treatment in the military, according to the nation's highest ranking black official in the Defense Department.

"Women are looking for full acceptance as qualified soldiers, sailors and marines," said G. Minton Francis, assistant secretary of defense for equal employment. They are looking for more equity in promotion, higher training

and attractive assignments."

Francis was in Greensboro recently to participate in the annual ROTC ball and banquet sponsored by the A&T State University Army and Air Force Detachments.

Francis said right now the standards for entry are higher for women, "but we won't be able to get away with that much longer."

He said the secretary of defense has emphasized that his policy of "absolute

Continued on Page 3

A&T Receives \$2 Million Grant

GREENSBORO - A&T State University received notification for approval of a \$2 million development grant awarded by the Office of Education of the Department of Health Education and Welfare.

Approval of the grant, largest individual development grant in the university's history, was announced by Dr. Lewis C. Dowdy, chancellor. Dr. Willie T. Ellis will administer the program.

"We view this grant under the Advanced Institutional Development Program (AIDP) as a significant role as one of the Southeast's fine universities.

Dowdy said the grant will be used to effect improvements in the areas of faculty and administrative development, counseling and career advisement for students, the development of an ultra modern management information.

He said new academic programs have been planned in the areas of transportation, architectural engineering, manpower, urban problems, environmental planning and natural resource management, cooperative education.

Dowdy said the funds will also assist the

university in gaining national accreditation for the university's school of business and the teacher education program, the last two programs to need such accreditation.

One component of the

grant will enable A&T to install a computerized management information system to aid in administration and decision making.

He said an urban development center will be established to study recrea-

tion, housing, schools, social problems, the aged and police problems.

Administrators of A&T will be given periodic fellowships to attend management seminars at Harvard University.

Bill Submitted By Rep. Michaux On Sickle Cell Trait Attacked

It is apparent that there has been a break in the political action of Durham, brought about by the introduction of a bill by Rep. H. M. (Mickey) Michaux, Jr. The introduction is believed to have brought the wrath of the North Carolina Mutual Life Insurance Company down on the head of the

solon.

The legislation is designed to prevent discrimination in the sale of life and health insurance to people with the sickle cell trait.

A spokesman for N.C. Mutual told a legislative committee hearing recently that it would be a "bad precedent" for the General Assembly "to start telling us that we must insure anyone."

Michaux explained in an interview that many people who might carry the trait need genetic counseling. To obtain this counseling, Michaux said, a person "must be free from the worry that he will be discriminated against if an employer or insurer knows he carries the trait."

The problem, Michaux said, is that employers and some insurance companies confuse the trait with sickle cell anemia itself.

nothing wrong with you if you have the trait. There is no health problem."

Dr. Charles Watts, a black Durham doctor who is a vice president and medical director at N.C. Mutual, disagreed with Michaux at a recent legislative hearing. In a telephone interview Friday, Watts said there is "still some doubt" that the sickle cell trait itself won't affect a person's health.

Watts said supporters of the legislation have overstated the medical aspects of the debate. But N.C. Mutual's main opposition, Watts said, is centered on whether the General Assembly can "tell us we must insure everyone."

"It's a matter of principle and precedent," Watts said. At the legislative hearing, Watts and N.C. Mutual does not charge higher premiums for persons with the sickle cell trait, and added that "we share the goals of the presenters of these bills."

But Watts added, "We are opposed to this legislation...because we feel that it is unnecessary. Surveys have shown that very few companies are making any difference in their underwriting practice with regards to people with the sickle cell trait..."

Watts said attitudes about

the sickle cell trait "have changed recently as a result of educational efforts, maybe partly because of this legislation, but we feel with more education or effort, we can achieve the same benefits that we would achieve by legislation."

Michaux disagreed with Watts' statement, that very few insurance firms have higher rates for persons with the sickle cell trait.

Reading Guide	
	Page
Business & Finance.....	2
Capsule News.....	1
Classified.....	8
Editorials.....	4
Education.....	5
Entertainment.....	7
Ladies.....	3
Notes & Reminders.....	2
Obituaries.....	6
Religion.....	6
Sports.....	7
Youth.....	8

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