

# P.E. Demonstration Centers Complete Year

Statistics recently released by the Department of Public Instruction's Division of Health, Safety and Physical Education show that a total of 1,191 visitors registered at the State's physical demonstration centers during the past school year.

The centers are jointly sponsored by the Department of Public Instruction and the President's

Council on Physical Fitness and Sports for the purpose of offering school personnel an opportunity to observe exemplary physical education programs. They were located in eight schools in the State this year: Balfour Elementary, Henderson County; Ferndale Junior High, High Point; Fines Creek Elementary, Haywood County; Harden Park

Elementary, Boone; Knox Junior High, Salisbury; Lexington Middle School, Lexington; St. Clair Primary, Sanford; and Swift Creek Elementary, Wake County.

Each school serves as a demonstration center for three years, according to Floyd M. Woody, physical education consultant. Balfour Elementary, Ferndale Junior High, and

Knox Junior High completed their three years this year and will be added to the list of Honor Roll Schools that have participated in the program. New schools will be added for the 1976-77 school year.

"The schools were evaluated and selected because they offer sound, comprehensive physical education programs," said Woody, "programs that are worthy

of duplication in the other schools in the State and nation." Guidelines for selection, set up by the State education agency and the President's Council, specify the importance of facilities, supplies and equipment, teaching personnel, and a creative program of activities, Woody emphasized.

Over 5,000 school administrators, supervisors,

teachers, prospective teachers and citizens have visited the demonstrators,

schools during the five years the program has been in operation in North Carolina. The centers will

again receive visitors December through May. Exact visitation dates will be announced in the fall.

**If You Don't Vote--  
You Just Don't Count**

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## Food Prices Drop As Inflation Eases Up

The Division of State Budget's latest cost-of-living survey in the state reveals that while inflation only slowed down from October to April, overall food prices dropped for the first time since 1970.

Substantially lower meat and poultry prices are primarily responsible for lowering the cost of the market basket by 1.3 percent. The 7.5 percent lower meat and poultry prices, however, only served to offset the 18.8 percent they rocketed during the previous six-month survey period, from April to October, 1975.

The Budget Division's semi-annual survey is based on the prices of 132 items in categories including homeownership, food, fuel and utilities, public transportation, medical care, hotels, and restaurant meals. Of these items, 48 percent cost more, 28 percent cost less, and 24 percent cost the same as they did in October, 1975.

Public transportation saw the greatest price hike, with railroad and airline fares up almost 8 percent. Adding to the cost of in-state travel is a 5.1 percent

rise in hotel and motel rates, and a 3.3 percent rise in restaurant prices.

Costs of homeownership rose only 1 percent, with the higher price of new homes balanced out by lower mortgage rates. Fuel and utilities costs rose 1.2 percent, with nat-

ural gas prices up 4.2 percent and electric costs decreasing. Medical care costs climbed 3.2 percent, a slackened rate compared to the 5.7 percent they increased during the previous six months.

## Civitan Of The Week

by Fredrick N. Jones

### Reuben Boyd



present and accounted for.

"I believe in treating everyone like I would want them to treat me," Boyd points out.

A God fearing man, Boyd believes in the "show as you go" method of handling the social problems of one's immediate community. Every member of the Club benefits directly and indirectly from Boyd's experience.

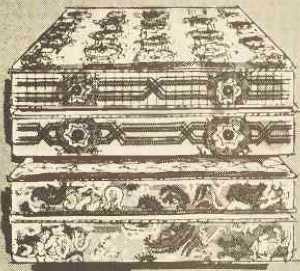
His address is listed as Route 1, High Point, North Carolina. He is the father of seven children, and is married to Mrs. Earline Boyd. After finishing Florence High School in Jamestown, N.C., he has accomplished innumerable feats that greatly molded his strength of character. Boyd doesn't believe in listing all the things one attains in life because it's what you do with what you got that counts. Nonetheless, he attended training seminars in supervisory and merit rating to make his position of Guilford County Building and Grounds Supervisor permanent and rewarding. Serving in this position for seven years, he is responsible for 22 county employees along with the Housekeeping Contract Service. Outside from work, Boyd is a member of Turner Chapel Methodist Church, Rt. 1, High Point where he is the secretary. He also serves as secretary of the Florence Memorial Masonic Lodge. All of this spells commitment, and Reuben Boyd lives a life of commitment; this echoes the ambitions of the Collective Civitan Club.

"Once I make a commitment for good, I'll stand firm and hold out no matter what."

This comment not only depicts Reuben Boyd's individual outlook on life, but represents discipline and control, which is and should be a part of every man's make-up. Whenever meetings are called to order at the Collective Civitan Club, you can count on Reuben Boyd being

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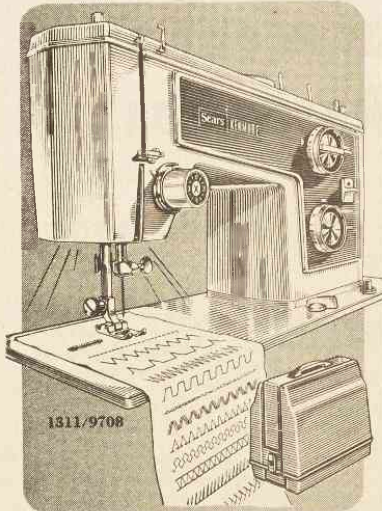
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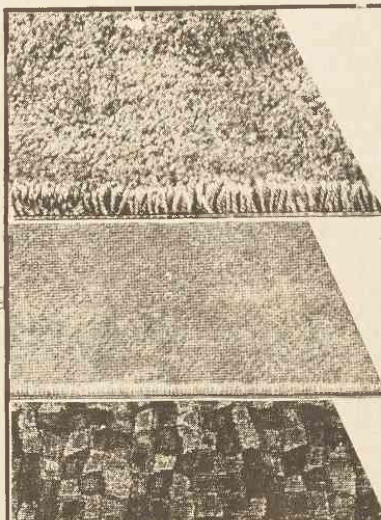


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