America's

## SADIE'S CORNER (Tips To The Ladies)

Sometimes I find it very hard to communicate with my Sometimes I find it very hard to communicate with my parents. I never get a chance to get my points over, I wonder if they understand me at all. They want to know it all and when I speak out, they say my personality is terrible and I have to watch my manners or be put on punishment. How do I get them to understand how I feel about things?

Signed Teenager

Dear Teenager:
Believe me I know what you are going through. I went through the same stage when I was a teenager. One thing you can rest your mind on, is the part of they don't understand you. Most parents do understand their children and their disagreements with you are only to keep you on the right track because they have already been down that track. What will really shock you is to realize as you grow

up that all the things your parents try to teach you, and forewarn you about usually comes true.

Several times, now being an adult I have had to tell my mother that she was so right, about so many things that I thought she was telling me wrong when I was a

Most teenagers feel that their arents are not letting Most teenagers feel that their arents are not letting them be themselve when they show discipline or authority over a situation. But most teenagers must realize that they can be thelselve and still listen to their parents. To listen only enables a teenager to gain knowledge of things to be faced in life. I say to any teenager that feels that his or her parents just don't understand, well try to understand the parents, look at their side and not just your navels. Give your parents credit for having sense too. own views. Give your parents credit for having sense too, and most of all give them respect even when you disagree/ If most teenagers follow the guidance from their parents, then they will very seldom hear the words, "Well I Told You So!!!"

Happiness Through Health

## Fewer Children Dying Of Cancer

More children are being cured of cancer today as a result of better diagnosis and treatment of the disease; says a Milwaukee researcher. Dr. Donald Pinkel, a Medical Col-lege of Wisconsin pediatrician, surveyed recent advan ces in childhood cancer treatces in childhood cancer treat-ment, and concludes that im-proved diagnostic and treat-ment techniques "have led to increasing periods of disease-free survival and probable cure for greater proportions of

Dr. Pinkel stated further that "Although only one per-cent of cancer occurs in children, the potential number of productive years of life to be saved by eliminating childhood and adolescent cancer deaths is nearly equal to that to be saved by eradicating adult cancer mortality."

The American Cancer Soci ety says cancer is second only to accidents as the cause of death for children under 15. While about 3,500 children unwhile about 3,500 children under 15 now die yearly of cancer, the Cancer Society said, this is a "notable reduction" questions in such areas as from the peak of 4,615 who

ILLEGITIMATE BIRTHS:

Illegitimate births are steadily increasing, especially among white teen agers, the National Center for Health Statistics reported recently. The Center estimated that there were 418,000 illegitimate births nationwide in 1974, the latest year for which figures were available. This amounted to an increase of nearly three percent over the previous year.

White illegitimate birth increased for the second consecutive year in 1974 after declining in 1971 and 1972. The Center said the illegitimacy rate decreased for all age and racial groups except 15-19 year-old white women, who showed a four percent in-

For women 40 years and older, the number of illegitimate births dropped nearly 12 percent. A Center official said many states are revising their birth certificates to reflect the martial status of the mother

EPIDEMIC OF HEROIN CONTINUING: The nation's top drug-abuse expert stated recently that heroin addiction is increasing steadily in the country after a temporary 18-month downturn that started in mid-1972.

Admitting he was wrong when he predicted in 1973 that the epidemic of heroin addiction had ended, Dr. Robert L DuPont said it has now spread into small cities and towns across the country from the major metropolitan areas of the East Coast, where it had been centered.

The trend is now for a sening situation in heroi buse, said DuPont, directo the National Institute on I Abuse. "The epidemic is tinuing. It had never ende

He estimated there are 000 to 400,000 daily heroi ers in the country comp with 200,000 to 300,000 du the period of the downt But current heroin use hasn't reached the peak o pre-downturn epidemic -000 to 600,000 in 1971.

The 18-month decline, Du-Pont said, came as a result o Turkey's ban on the growing of opium poppies and related developments . Now, he continued, Mexico supplies 90 percent of the heroin used in the U.S., and the growth of treatment programs has leveled

Dr. DuPont stated further blacks and whites now use it equally, and the number of female addicts is rapidly ap-proaching the number of male addicts, adding that it is spreading from the East to the

### **NCCU** Professor Named To Red Cross Post

Dr. Charles W. Orr, professor of education at North Carolina Central University, has been named to the Southeastern Area Advisory Council of the American National Red Cross.

The three-part appointment was made by Dr. Frank Stanton, chairman of the Red Cross. It is effective

# Program To Reduce Crime

From B-1

systems have been unable to bargaining."

Everyone is guaranteed a "speedy trial" by constitu-tion but Alexander wants to ensure this by trying felony cases within 60 days and misdemeanor cases within 30 days to guarantee this

"I feel we can unclog the dockets and thus speed up the court process by realizing that until the number of judges and district attorneys increases, plea bar-gaining will be a necessary means of administratively relieving the overcrowded dockets. Therefore, guidelines need to be established, probably by a committee of the Bar Association, that will

drunk. "This is a sickness, not departure from the prescribed a crime and should be taken sentence. out of our criminal justice
system." He stated that
Mental Health, with the
money from alcohol taxes.

"The most scientific
with the date characters and that he is
definitely in favor of capital
punishment.
"The most scientific money from alcohol taxes. "The most scientific should be responsible for study to date, shows that it

our court and correctional safeguard the use of plea time for equal crimes." To nothing to lose if they accomplish this, Alexander murder or assault." Alexander also stated proposes limiting the discre-that he feels we need to start tion of judges in sentencing deaking more humanely with convicted offenders, and "criminals" such as the public establishing guidelines for

Alexander said that he is

treating the public drunk.

Alexander also proposes establishing priorities for processing court cases giving first priority to persons who pose a serious threat to society and last priority to first profenders or those in a pretrial program.

The public drunk is, in fact, a deterrent.

Furthermore the alternative to capital punishment would be absolute life with no hope for parole. I think this could be more cruel and unusual punishment than death. Also, inmates who are in for absolute life pose a serious threat to prison staff and other than the public profession and the public provides the prison staff and other than the public proposes. trial program.
"I am a strong believer in to prison staff and other inmates because they have

Alexander also pointed out the tremendous cost of incarcerating life prisoners. The cost for the inmates currently on death row for the next 20 years will exceed \$11 million."I can't see that this can be justified when so many of our citizens who have never done any harm are in such desperate need of assistance

Alexander proposes capital punishment be mandatory for all premeditated crimes which result in the taking of another human life. This would include premeditated murder, premeditated arson, premeditated burglary, and premeditated rape

"Prison overcrowding is the major problem of the correctional system in North Carolina. We are in danger of federal takeover of our prison system, which happened in Alabama, if this problem is

not alleviated." Alexander proposes re-ducing the population by increasing parole for nondangerous inmates, convertunused state facilities such as juvenile centers,

institutions. "The final alternative is construction of more facilities to house dangerous crimi-

hospitals and mental health

facilities for prison hospitals

prison mental helath

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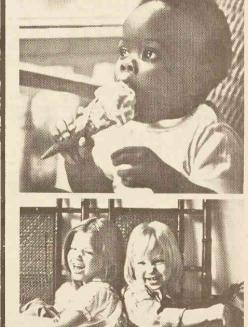
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