

TESTED TASTIES

YOUR FAMILY WILL ENJOY!

We will publish in this column regularly the very latest recipes and food news, developed and tested by the Kroger Food Foundation. If you have particular problems in buying or preparing food, let us help you solve them. Just write our Food Editor, in care of this paper. We will be pleased to see that your questions are answered helpfully and promptly.

The Language Of The "Flours"

There was a time not so long ago when Grandmother would buy a barrel of flour, and that was that. She made bread and biscuits, pies and puddings from it, and won considerable fame in the town. But the family chooses to forget those tragic days when she had "bad luck," and we all lose sight of the fact that the amounts of butter, eggs, sugar, and lard she used were limited only by her practiced eye and her general rule (especially for shortenings) of, "when you think you have enough, add a little bit more."

Today our baking must take into account the cost of ingredients, and besides we have learned that so far as luck is concerned—"there ain't no such animal." It's all a matter of understanding the language of your flours. If you have been mystified by the different kinds of flour your grocer sells, here is the key to the mystery.

"General," "all purpose," or "family" flours are made of hard winter wheat, and intended to be used for the making of bread, rolls, and such articles, in which yeast is the leavening agent. Their "strength" is necessary to withstand the vigorous action of yeast and kneading. This type of flour is usually creamy in color and slightly granular when rubbed between the fingers.

"Pastry" flour is made from soft wheat, and gives a lighter, more porous dough. Though highly refined, it is no less nutritious than a high grade white bread flour. Its slightly greater cost is partly due to this refining process, but more especially to the fact that it is sold in smaller packages. It is worth the extra pennies, however in making any baked goods in which baking powder or soda is used, as it rises more easily and does not require so much shortening and sugar as cakes made from bread flour. Unless you bake your bread at home, your "best bet" is to use pastry flour for everything. You can generally distinguish it from bread flour by its snow white appearance and fine, almost powdery texture.

Now that we have learned these fundamental rules of "grammar," let us try a few easy sentences and see how this "language" really does work.

PASTRY

- 2 cups sifted pastry flour.
 - 1 teaspoon salt.
 - 1-2 teaspoon baking powder, if desired.
 - 1-2 to 2-3 cup lard.
 - 5 to 6 tablespoons cold water.
- Mix and sift the flour, salt, and baking powder (if used). Cut in the lard with two knives or a pastry blender until the lard is broken into small pieces. Sprinkle the water over the dry ingredi-

See Castevens Motor Co. for radio batteries, tubes and service.—adv.

NOTICE

STATE OF NORTH CAROLINA COUNTY OF ALLEGHANY IN THE SUPERIOR COURT

Oscar B. Andrews, plaintiff, vs. Caroline Andrews, defendant.

The defendant above named will take notice that an action entitled as above has been commenced in the Superior Court of Alleghany county, North Carolina, being an action for an absolute divorce on the grounds of two year's separation.

And the said defendant will take notice that she is required to appear within the time required by law and answer or demur to the complaint of the plaintiff or the relief demanded will be granted.

This the 18th day of February, 1935.

A. F. REEVES, Clerk of the Superior Court 4tc-14AT

FREE BOOK about STOMACH TROUBLE

Explains the mysterious "Willard Treatment" which brings amazing relief. Sold on limited money-back guarantee. PRICELESS INFORMATION—For those suffering from STOMACH OR DUODENAL ULCERS, POOR DIGESTION, ACIDITY, BILIOUSNESS, STOMACH, GASTRIC, NEURAL, HEADACHE, CONSTIPATION, BILIBLIASIS, SLEEPLESSNESS OR HEAD-ACHES, DUE TO EXCESS ACID. Just for a few cents of Willard's Magazine. We are Authorized Willard Dealers.

B. & T. DRUG CO., Sparta.

Washington News For U. S. Farmers

From Times Washington Bureau

PUBLIC LAND WITHDRAWN

Complete withdrawal of all public land from settlement, location, sale or entry has been effected by a recent Presidential order, pending determination of a nation-wide conservation program.

The public domain includes 165,695,000 acres, of which about half will be permanent livestock grazing areas. Land not suited to profitable crops will become forests, grazing districts, game preserves and bird refuges.

It is doubtful if any of the submarginal land will be farmed as this would render useless the present program of buying up such lands. By July it is expected that about 7,000,000 acres of this type of land will have been acquired.

AT PRE-WAR PRICE LEVELS

Price levels of fourteen basic agricultural commodities have about reached the pre-war parity, says Louis H. Bean, economic adviser to the AAA, who attributed this to the drought and adjustment payments.

He points out, however, that increased domestic demand is necessary if these prices are to be maintained this year when larger crops are anticipated. The price of the 14 commodities was only 52 per cent of the pre-war level in February 1933, but advanced to 106 per cent by January 15, 1935 and with adjustment payments added, 125 per cent.

The commodities include wheat, cotton, field corn, hogs, tobacco, sugar, peanuts, rye, flax, barley, grain, sorghum, cattle, rice and milk and its products. Processing taxes are levied on the first seven named.

This does not mean, it should be understood, that farm income is up to pre-war levels. The short crops of 1934 are not to be compared with those of pre-war days.

PROCESSING PAYMENTS

Farmers might get as much as half a billion dollars from the government this year in processing taxes, according to figures prepared by government economists.

Since May 2, 1933, when the program began, more than 10,000,000 checks amounting to \$629,614,037 have been distributed by the AAA. For 1935 Secretary Wallace makes the following estimate of benefit payments for five commodities:

- Wheat—\$102,000,000.
- Cotton—\$94,230,000.
- Corn-Hog—\$165,000,000.
- Sugar—\$47,000,000.
- Peanuts—\$4,000,000.

Incidentally, while the government was paying the farmers the \$629,000,000 under the various crop control plans the taxes levied and collected aggregated \$640,871,403.

TO ENFORCE CROP CONTROL

Proposed amendments to the Agricultural Adjustment Act would give the Secretary of Agriculture power to limit the marketing of basic commodities in excess of quotas and allotments prescribed whenever two-thirds of the producers by number or quantity of production agreed

shortening, prune juice, sugar, molasses, and salt. When lukewarm, add yeast which has been softened in warm water. Add graham flour, prunes, and enough white flour to make a stiff dough. Knead until smooth, and let rise until double its bulk. Cut down, shape into loaves, and let rise again until doubled in bulk. Bake in a moderately hot oven, (375 degrees F.) about 1 hour. Yield: 2 medium sized loaves.

If you would like further helpful information and delightful recipes for breads, muffins, cakes, and pies of many kinds, just send me ten cents and ask for the booklet "Bringing Back The Art Of Baking." Address me in care of this paper, or at my office, 125 Government Square, Cincinnati, Ohio.

1935 FORD V-8 DISPLAYED



STREAMLINED YET NOT EXTREME, the 1935 Ford V-8 Fordor Sedan is distinguished by its aero-dynamic lines.



ROOMINESS is a feature of the new Ford. Three passengers can ride in front or back seats with equal comfort.



BEAUTY, a characteristic of all the 1935 Ford models is exemplified here in the 3-window De Luxe Coupe.

Many Changes In New Ford

Beautiful Lines Strike Modern Note

With new, modernistic body lines, the 1935 Ford V-8 is now on display in all dealer's show-rooms. Embodied in the new car are over a hundred changes in body and chassis design, bringing to the motoring public a new conception of the meaning of style, comfort, performance and safety in personal transportation, according to W. C. Patterson, manager of the Charlotte Branch of the Ford Motor Company.

Passenger riding comfort is one of the major features of the 1935 models. All passengers now ride between the axles, the rear seat having been moved eight and a half inches forward of its position in the former model. Seats are considerably wider—from four to five and a half inches in the front seats, and an inch and a half in the rear seats.

A decidedly larger car in looks, the 1935 V-8 actually is longer, measured from bumper to bumper. It not only looks the part but is a big car, almost eight inches longer than last year's, with a spring base (the distance from center to center of springs) of 123 inches. At the same time, retaining the original 112-inch wheelbase gives the new car all the maneuverability of the former models.

Twelve body types are introduced in the 1935 Ford series. The nine De Luxe models are the Tudor Sedan and Fordor Sedan, Tudor and Fordor "touring" sedans with trunks, 3- and 5-window coupes, roadsters, cabriolet and phaeton. In the low price models are the 5-window business coupe, Tudor Sedan and Fordor Sedan.

The 1935 V-8 engine has been materially improved with a new type of crankcase ventilation. Ease of control has been increased by numerous chassis improvements.

Obituary

DR. THOMAS L. ESTEP

Thomas Letcher Estep was born March 1, 1878 and departed life February 11, 1935, age years, 11 months and 10 days.

He was the son of Hiram J. Mary Estep and was the third of seven children, only three whom survive. These are W. Estep, Mrs. Rebecca Irwin and Mrs. Minnie Crouse.

He was never robust in health and for the last several years was feeble.

He was upright, strictly honest and cherished high ideals and defense of these ideals, he was courageous and fearless, disregarding possible inconvenience that it might cause him. He was particularly interested in the who most needed help and was unable to help themselves.

Dr. Estep graduated and held a diploma of Doctor of Medicine and was a Scottish Rite Master of high rank.

Before he passed away, when in conversation with a special friend, he confided to him the belief that after this life troubles would cease and he would be at rest. Those who were with him and observed his change of attitude during his last illness and the patience and humbleness with which he bore his suffering doubt not that the Master was leading him.

Rescue or Raspberry

Maid—"Please, Mrs. White will you come up to the bathroom at once? I can't make out whether Mr. White is scalding to death or singing."—Sydney Bulletin.

SALE OF LAND

North Carolina, Alleghany County.

Under and by virtue of power vested in me in a certain deed of trust executed by R. A. Jones and wife, Agnes Jones, dated November 4th, 1931 and recorded in Book 16, page 217 in the office of the Register of Deeds of Alleghany County to secure certain indebtedness to J. F. Colguardian, and default having been made in payment of said bond, I will offer for sale a public auction for cash at the Court House door in Sparta, North Carolina at 11 o'clock A. M. the following described land:

FIRST TRACT: Containing 82 1/2 acres, more or less, being the land conveyed to R. A. Jones and wife, Agnes Jones by T. W. Landreth by deed dated February 7, 1919 recorded in the office of the Register of Deeds for Alleghany County in Book 30 page 291.

SECOND TRACT: Containing 26 1/2 acres, more or less, being the same land conveyed to R. A. Jones by M. A. Jones and wife, by deed dated August 5, 1919 recorded in the office of the Register of Deeds for Alleghany County in Book 31, page 255.

Also a tract of land conveyed to R. A. Jones by D. J. Jones containing acres, more or less, by deed dated day of 19..... recorded in the office of the Register of Deeds for Alleghany County in Book page..... to all of which deeds and the records thereof reference is hereby made for specific descriptions.

It is agreed and understood by the parties of the first part that this deed of trust is intended to, and does cover all the lands owned by the parties of the first part in Alleghany County, and being the lands upon which the parties of the first part now reside.

This February 14, 1935.

D. J. JONES, Trustee

Nuts and Kernels

Troy Isaiah Jones

I watched them go to the beauty parlor. Like every other institution of culture there were more in the primary grades.

Bob Reynolds says that the government can pay two million dollars for bonus without it costing a cent. More and more am I convinced that he is our "Boob."

General Hugh Johnson says the NRA is dodo. It used to be dough dough for him.

Huey Long would be a thorn in the side of the Democratic party; but he is not sharp enough.

Some man said he could not get head nor tail of what they are doing in Washington. Huey Long represents one end—and not the head.

Strenuous life—a town of 800 people trying to raise a 400 club.

With Huey Long at the head of the government in Louisiana it has become one of our out-lieing possessions.

It has got so the students can't run a school without the faculty butting in.

Business "spotty," says Rogers Babson. That's all right if the "spots" are big enough.

What A Suit!

Mary Jane (as she and Johnny watch the circus parade)—Look, Johnny! See that man standing next to the elephant, in the full dress suit?

Johnny—I see the man, but I don't see the elephant in a full dress suit.

Twin Oaks

Sparta P. O., Feb. 19.—Mr. and Mrs. C. J. Edwards returned to their home in Statesville Sunday after spending a week with relatives here.

Mrs. Terrel Edwards spent last week at Irwin hotel.

Elsie York, of Winston-Salem, spent the week-end here.

"Uncle Joe" Fields has been sick for a few days.

Garfield Wilson, who has been confined in a Baltimore hospital for more than four weeks, is reported to be much improved.

Mr. and Mrs. Harvey Irwin entertained several of their friends Saturday night.

Mrs. Claude Crouse spent last week at Piney Creek with her mother, who was sick.

At Last
Mrs. Scollup—So your daughter has married a doctor. Well, that's great!

Mrs. Crabflake—Yes, I'm so glad. At last I can afford to have appendicitis.

Same Old Story
Burglar (Menacingly) — You don't know what danger you're in.

Householder—Are you selling accident or life?

EXECUTOR'S NOTICE

Having qualified as the executor of Myra Holbrook, deceased, I hereby notify all persons indebted to her to come forward and make payment and all persons having claims against her estate must present them to me for payment within 12 months or this notice will be plead in bar of recovery.

This Feb. 11, 1935.

4tc-7AT G. W. CORNETT, Executor of Myra Holbrook, deceased.

KEEPING UP WITH THE JONESES



Eddie's Ear Is Out Of Step

