The Alleghany Times

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If There Ever Were Excuses For Uncleanliness They Were Removed Long Ago

There is no "sure sign" of spring, but spring should be a "sure sign" of the arrival of that time for the community to clean up. There is no super-stition or prophesying about this clean-up sign.

When warm weather has come to stay (until cold weather returns in the autumn) every owner of property and tenant should instinctively feel it his duty to remove the evidences of winter's ravages and to aid and augment nature in her work of rebeautification.

Every spring clean-up program should include disposal of winter's accumulation of litter and decayed vegetation, repairing and repainting of buildings, and landscape gardening. Landscape gardening is no longer associated with large estates alone.

Cleanliness about the person or the home costs nothing. A community clean-up need involve no expense, except of a moderate amount of labor on the part of the householders. If there ever were excuses for uncleanliness they were removed long ago.

What is the compensation of a communitywide clean-up campaign? It improves the general health of the community by removing deposits that are breeding places of disease germs and disease carrying insects. A clean town is a better place in which to live than one that is unsanitary and unsightly. And the best community advertising is the appearance of being "cleaned-up, painted-up and planted-up."

And every word that has been said here applies equally to farm communities and to individual farms. Spring is a good time to remove unsightly and dilapidated buildings that can serve no further use. And to clean up generally about the premises. Try it and see how much more pride you'll have in your property. And if you'll use some paint here and there it will make things look brighter,

Think How A Smile Just In Time Sets Everything Right By John Edwin Price

John E. Price

In far off Hindustan a man was joggled by another in a crowd. He felt a pin-prick in his arm. No, it wasn't a pin-prick. His arm had been punctured with a hypodermic needle charged with septic-poison pneumonia germs. The crime has been described as "Unparalleled in the Crime Annals of Hindustan."

What is there in this event for

us? Much!

The scientist will see how criminals distort and abuse things which their long patience has devised for human good. School teachers and preachers

will realize a-new how much good they are doing in saving many lives from cracking up in criminality and how much their work

needs to be redoubled. Parents will sigh and wonder if there isn't something else they can do to make sure that the fresh new souls intrusted to their care do not get

distorted views concerning their relation to life and others. But to the philosopher, (and aren't we philosophers all) many thoughts arise. As the

methods of the murderer are no longer confined to guns and knives but are growing more and more subtle just so are the ways in which we may help ourselves and others.

The hypo-needle carrying septic pneumonia germs was sly, sneaking, cowardly—revolting in its unfairness to the victim. He had no chance to fight back, not the least fighting chance. And yet, the suffering of this victim was comparatively short.

Think of the sly, insidious crimes going on all about us. Think of the mental anguish, sometimes ending in death, of those who are teased, constantly criticized, belittled, word-whipped, browbeaten until their heads whirl and their spirits are crushed. Think of the insidious work of the gossip who undermines a woman's fair name until her husband becomes suspicious and deserts her. Think of the sneering lies that break some man's business career and rob his children of an education and sometimes drive him to despair. But enough of that.

Think, on the other hand of how easily a kind word, a word of commendation may set a person on top of the world. Think how a smile just in on top of the world. Think how a smile just in time sets everything right. Think how a little help makes a man or woman want to dare and do and become. Think how a friendly invitation to a slipping one into a place or organization of wholesome influences may cheer and change a life. Think of the hundreds of changed lives that one changed life sets in motion a-down the years. We can each carry a hypodermic needle of right words, friendly deeds and good examples. These do wonders when they get under the skin.

Only a fool argues with a fool.

What's the matter with Americans? Can't somebody equal the Dionne record?

Pretty soon, now, it will be warm enough to take a bath whether one needs it or not.

Don't take yourself too seriously but, just as important, don't underrate your own ability.

People who wait for more money to begin savings accounts rarely have savings accounts.



JOHN THE BAPTIST

If one were to seek out the most unselfish hero of history it would be difficult to name another worthy to stand even as close second to John The Baptist. He inaugurated a great movement which he might very easily have utilized for his own use; just how great it was we can imagine from the fact that St. Paul, coming to Ephesus a full quarter of a century after the crucifixion of Jesus, found a little group of men who were still disciples of John and knew hardly anything about Jesus. We find the same situation existing in far-away Aexandria, and we know the potency of John's name from the fact that Jesus used it in the last week of His earthly life for His own protection. The priests, His hecklers and baiters, were silent when He spoke it, fearing the people "for all held John as a prophet."

John's and wild honey; and there he began to announce the coming of the kingdom of heaven and to call upon men to depart from mism. How did he know that the kingdom of heaven was at hand? Who told him to proclaim the kingdom of heaven was at hand? Who told him to proclaim the kingdom of heaven was at hand? Who told him to proclaim the dawn of a new day?

John's success was almost instantaneous. Crowds went out from the city to attend his meetings; he became a sort of fashionable fad. attracting not only the leaders of the smart set but a sufficient number of thoughtful and important people so that even the Pharisees began to give respectful attention.

One day an impressive committee went down the long winding road from Jerusalem to the Jordan, and after putting up at the most reputable tavern in the vicinity and removing the traces of their travel they waited on if John in solemn array and asked him to declare whether he was the Christ, and, if not, what

By the preaching of John.

As it is written in the prophets, Christ.

John as a prophet."

Go back to the very beginning the Christ, and, if not, what of the Gospel: how did it start? honorable title they might confer

By the preaching of John. upon him.

The beginning of the gospel And he confessed, and denied of Jesus Christ, the Son of God: not; but confessed, I am not the

As it is written in the prophets, Behold, I send my messenger before thy face, which shall prepare the way before thee.

The voice of one crying in the wilderness, Prepare ye the way of the Lord, make his paths straight.

John made his camp by the banks of Jordan, clothing himself in skins and eating locusts

Christ.

And they asked him, What then? Art thou Elias? And he sayeth, I am not. Art thou that prophet? And he answered, No.

He had his chance to claim the great place for himself and he refused it. He was only a "voice crying in the wilderness." he said, the forerunner of a Greater One to follow.

The Woman's Angle

navy blue is a new smart com-bination for spring. It is being made up in gloves, belts, berets Friday afternoon with Mrs. W. and scarfs.

customary for young men to carve wooden spoons for their girl friends during courtship. So carve wooden spoons for their girl friends during courtship. So much so, in fact, that courtship Joe Combs Saturday night were Misses Cecil Combs. Lillie Ruby Higgins and

Housing Administration has the job of creating discontent among women and urging them to change their homes—modernizing. adding rooms, modernizing kitchen, build-

and a pinch of salt. Stir con-stantly while adding a cup of Misses Thelma and Melva scalded milk gradually. Cook in Carico are spending some time a double boiler, stirring until a coating is formed on the spoon.

Strain immediately. Chill it. Flavor with quarter teaspoon of vanilla.

Coating are spending some time in Galax.

Mr. and Mrs. Onnie Andrews spent the week-end with Mr. Andrews' parents, Mr. and Mrs. Alec Andrews' parents, Mr. and Mrs. Alec Andrews' parents, Mr. and Mrs.

A change in the silhouettes is foreshadowed by Paris designers. Chanel sponsors slim daytime skirts eased by pleats, 12 to 13 inches from the floor. Lanvin permits petticoats to peep from under the lower hem for afternoon. Molyneux eliminates bias cuts by using gatherings and shirrings. Evening dresses shorter in front. Patou sponsors amber shades and shirred bodices. Maggy Rouff—Grecian lines, front Maggy Rouff—Grecian lines, front fullness, bloused bodices, loose sleeves. Vionnet shows width at top with silhouettes slim or irregularly full. Worth shows full skirted evening gowns.

Sparta P. O., March 26.—
News was received Sunday that Frank Bennett, Jr., of Wadesboro, had been killed in an automobile accident, No particulars were received. Young Bennett has been spending a few weeks with the Hawthorne's here each summer.

Frank Point

each summer. Frank Poindexter, Winston-Salem, was here on business last

week.

The party given by Mrs. Terrii
Edwards in connection with her
Home-Making class at Irwin
hotel Thursday night was pronounced a success. About thirty
were present. After games were
played refreshments were served.

A very severe wind and hail
storm struck this section late
Saturday afternoon. No serious
damage has been reported.

Mr. and Mrs. Troy Irwin and
Mr. and Mrs. Sidney Gambill
visited friends here Sunday afternoon.

Sparts, on Saturday, March 23,
by F. N. Roupe.

Little Tommy was in a rebellious mood. "I don't want my
face washed, Granny," he pouter severely. "Why, I've washed
my face three times a day ever
since I was a little firl."

"Yes," said Tommy, "an' it
shrunk so bad that now it wants
to be ironed out."—The Presbyterian Advance.

Ennice

Ennice, March 25.-Misses Marie and Mabel Evans spent Natural colored chamois against Tuesday night with Miss Gwyn-

C. Wilson.
Misses Cecil Combs and Ruby From the beginning of the eighteenth century to the middle of the nineteenth in Wales it was Miss Opal Greene spent Saturday.

Mrs. Meta Fay, assistant to the chief of speakers of the Federal Porter Tompkins.

Marriages

JONES FERKINS
Miss Chioe Perkins and Mr.
Hoyt Jones, both of Scottville,
were married in Sparta on Tuesday, March 19.
The knide in the second secon

ependence, Va., were married in sparts, on Saturday, March 23,

The Family Doctor

by John Joseph Gaines, M. D.

PEPTIC ULCER

I notice in the various col-umns, medical writers discussing different diseases very much as if they were addressing a medical society. I purposely avoid tech-nical terms and disputed theories as far as I can. The newspaper is not "wedical journal"

is not a "medical journal."

Any ulcer is a broken spot in otherwise normal tissue—a diseased spot. PEPTIC ulcer lies within the stomach or within a few inches below it. The cause paries with the individual. varies with the individual. Most of my sufferers give histories of chronic over-acidity and nervous strain. Some are inveterate to-

bacco-chewers—wasted saliva. The symptoms vary . . . but, if you have marked distress from two to three hours AFTER meals -and, if the distress is relieved temporarily by eating food, the chances are that you have ulcer. See your physician. You can be set right in diagnosis by X-ray, if it be available. The distress of ulcer differs in nature, owing to its location and extent. It may be nausea and vomiting; more often it is a burning sensation with pain—always at the

same point. This pain is caused by acid coming in contact with the "raw" surface of the ulcer. If you eat something which picks up the acid much as a blotter takes up ink, the pain is relieved.

Sometimes an ulcer is quiescent

over varying periods of time; it may give no trouble at times from a week to a month or more. But it usually recurs with renewed severity, often after the patient has believed himself cured. One may live and eat as he is accustomed to do-and work as usual-with chronic ulcer, yet not without distress two or three hours after meals.

In my next letter I will try to advise as to general principles of treatment of gastric or peptic

Nutsand Kernels

saps run up the street.

A woman and an elephant are both afraid of a mouse. Strange as it seems, the woman is the biggest coward.

History repeats itself. I read the other day about the earth once being flat.

The trouble about sprouting wings is that there are too many blights in nature these days.

Some people don't have a light at work, but somehow they have a way of slighting it.

The world will be flat until the people learn to round out matters better.

Justice 1s Cockeyed
"What terrible crime has this
man committed?"
"He has done nothing. He was
merely an innocent bystander
when Tough Jim tried to kill a
man, and we are holding him as
the witness."

"And where's Tough Jim?"
"He's out on bail."—Bosten

Dr. J. A. Somers

of Independence, Va, will be at the Clerk's office in the Court House, Sparta, every Saturday, 9 A. M. to 4 P. M. Eyes examined. Glasses fitted.



Louisa's Lette

TWO LETTERS TO LOUISA ARE ANSWERED

Dear Girls:

My Dear Louisa: I am engaged to a fine young to deny your own child the samman whom I expect to marry this privilege? man whom I expect to marry this summer. There is only one thing that makes me hesitate. I despise his family. There is not one single member of it whom I care for. But I am not marrying his family and I don't see why I should be bothered with them after I am married, if I don't like that it will mean more happiness not only to him but to you in the end. Think of the enjoyment you will have in your grand-children and in your daughter-in-law. If you welcome her into your family and make an honest effort to gain her love, instead them, do you?

MABLE B.

The time of year has come to put up the screens to keep the files in.

Answer:

You are certainly hunting trouble if you begin your matrimonial career with such an attitude to your in-laws. It is sometimes

Your son's marriage. Sign of spring: I saw some husband's or wife's people, when one uses all the tact and affabil-The reason some people go down the hill so fast is that they have been too lazy to go up the intend to have anything to do

him from his family, he will never forgive you for it. You will be the loser instead of the gainer.

It seems to me that your attitude

This 6th day of March, 1935. You can kill two birds with one stone, but there is nothing smart about that, for that is the way a lazy man does things.

History repeats itself. I read the other day about the county of the county

the other day about the earth once being flat.

Huey is no longer a subject for this column; he is a nut already cracked.

Dante and Beatrice met daily for twenty years on the same bridge. They were the most famous lovers in history, yet they never spoke. They were afraid.

The trouble about sprouting

Dear Louisa:

My only son is planning to be married in a few weeks. I have tried to make him understand how I feel about it but he just won't. My son and I have been everything to each other since his father died. I have just devoted my life to him and now when I probably shall be here only a few more years he is planning to leave me for this gifl. Don't you agree with me that he might give her up until after I am gone? DEVOTED MOTHER

Answer:

I. think that you would sign your letter more appropriately as Super-Selfish Mother rather than Devoted. It is such mothers as you who rob their children of the normal companionship and happiness of marriage and leave behind them lonely old bachelors

and single daughters to face life alone in their old age. You mar-ried and left your mother, didn't you? Well, what right have you

effort to gain her love, instead of losing your son you will gain a daughter.

See Castevens Motor Co. for radio batteries, tubes and ser-vice.—adv. tfc.

comes, modernizing kitchen, building play rooms to make work and life easier—with the help of FHA money.

Cover the sections of four cupcordates in half, putting oranges with a third of a cides in half, putting orange sections between and on top, and serve with cold custard. A simple custard is made by beating the custard.

Combs and Hoyt Combs and Hoyd Combs and Hoyt Combs peak, and keep him away from lands of taxpayers of said Town of Sparta to satisfy said amount of tax set opposite the names him from his family, he will nev-

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AUCTION

On April 1, at 12 o'clock, will sell at the courthouse door to the highest bidder, rent for six months time on a house and garden and 152 acres of grazing.

P. C. Collins Glade Valley, N. C.

Dance! - Irwin Hotel

Twin Oaks-3 Miles West of Sparta THURSDAY, APRIL 4th

Music By HESS' MARION ORCHESTRA-7 PIECES

9:00 'till 1:30

\$5.00 Cash Prize To Best Dancing Couple. Judges from Galax, West Jefferson, Elkin, Independence and Sparts.

Chaperones-Spectators 25c-Script \$1.00