

# The Alleghany Times

H. B. Zabriakie ..... Editor and Publisher  
Mrs. Sidney Gambill ..... Local News Editor

Published Every Thursday at Sparta, North Carolina,  
and entered at the Sparta, N. C., Post Office as  
Second Class Matter.

## Subscription Rate:

One Dollar a Year, Strictly in Advance

Thursday, July 11, 1935.

## Choosing One's Friends When Young Reflected In One's Character In Later Years

The younger people of Sparta and throughout Alleghany county have probably knockde around enough to know that it is very important for them to associate with the right people. Nothing is so contaminating as association with evil companions.

If there are things that you prefer not to do the proper defense is not to associate with the class of people who do them. If there are things that you admire, and would like to do, the proper encouragement is to linger with the doers.

Be careful of the people with whom you run and your habits will almost take care of themselves. Laxness in selecting one's friends almost inevitably results in laxness of character.

## Monotonous Advice, Maybe, but Good Advice Nevertheless

It may be monotonous but our advice continues to be, "kill the flies." People in Alleghany county will find this job less tiresome and less expensive than attending to the first case of typhoid that hits their family.

Screened houses and energetic use of a good fly swatter are health insurance policies. Typhoid is a disease that wears down the patient. It is transmitted through filth. And it can be avoided many, many times by a rigorous slaughter of flies.

## July Is To Be A Big Month for Those Interested In Astronomy

The evening sky in July should attract attention for several events of unusual interest will take place, according to the astronomers.

On the night of Monday, July 15, at about a quarter after ten, our readers will be able to see the first total eclipse of the moon since November, 1928. From 11:09 p. m. until about 12:50 a. m. (Tuesday morning) the moon will be in total eclipse, finally emerging completely uncovered at 1:45 a. m. By watching the shadow of the earth on the moon during the opening and closing hours one can know that the earth is really a sphere for no other figure would cast a circular shadow.

Four planets can be seen during this month. Venus, drawing closer to the sun, is the brightest star, or planet, and is low in the West. Mars is above it and further to the East is Jupiter, the second brightest planet. Saturn can be seen in the Southeast about midnight, fainter than the others.

On the night of Friday, July 12, about 9:45, the moon eclipses the star Antares. It suddenly vanishes behind the moon, demonstrating that the lunar body has no atmosphere.

## Quick-Trigger Action Often Results In Death Of Innocent Persons

An 11-year-old girl died the other day because a farmer was anxious to wound a chicken thief and shot into his field of rye when he saw a crouching figure there.

Unknown to him, the girl, a visitor at his home, had made it a practice to play in the evening in the rye. She was playing happily when he ran out into the field with a double-barreled shotgun and cut loose with both barrels. Her last words were, "If I die, please give my love to my mother."

This sad story merely illustrates what happens all over the country because men are too quick to shoot. Of course, no one likes to have others steal his chickens, or his crops, or anything else. At the same time, there is little excuse for the quick-trigger action that often results in the death of innocent people.

The Citizens Committee on Public School Finance shows that it costs \$100 to keep a boy in school a year and \$300 to keep him in prison.

What a man can't understand is why the house is any cleaner with the bookcase moved where the davenport used to be.—Jefferson Co. Union.

Boys who have finished their studies and have been fermenting in idleness are the tinder lying around this state.

Men watch the clock most when sleeping on the job.

This country is in the position of a hostess who has so much food prepared for her family that she can't get it from the kitchen into the dining room.

Ignorance of the law is no excuse, the courts rule. Of course, anyone should be able to remember the two million or more laws which we are supposed to obey.

Money buys only the cheaper things.

Editing a paper without ruffling anybody's feelings is like fishing without a hook on your line—you get lots of recreation but no results.

What if the critic couldn't do as well himself? You can be a good judge of mules without being a mule.

The town that takes care of the boys and girls in its midst can depend on them to take care of the town in after years.

# THE BOOK

the first line of which reads, "The Holy Bible,"  
and which contains Four Great Treasures

## ACKNOWLEDGED BODY OF BOOKS

Josephus, the great Jewish historian, does not name the books of the Old Testament, but he limits the period of their production to the end of the Persian rule and gives the number as twenty-two, the number of letters in the Hebrew alphabet. This was counting the five books of Moses one, the twelve minor prophets one, and certain other combinations.

The Old Testament books that survived were in the old classic Hebrew. Those that bore a later stamp were received with suspicion, if at all.

The other factor which tended to fix a canon, or acknowledged body of books, was the translation of the Old Testament into Greek by a group of scholars whose work began under Ptolemy, King of Egypt, about two centuries before Christ. In this translation, called the Septuagint, or work of seventy scholars, was included a body of sacred literature already in Greek, the books known to us as Apocrypha. These were a part of the Bible of Jesus and the apostles and were, of course, held sacred, as were also certain books from which the New Testament quotes, but which have not come down to us. The Apocalypse of Enoch is an example. Jude quotes it in the first chapter of his little epistle, the fourteenth verse.

Thus, while certain books from

the ancient Hebrew had come to be accepted before the time of Jesus as entitled to special reverence, the fringes and margins of that collection were still open to dispute and were, in fact, disputed vigorously for two hundred years. For instance, a very early bishop of Sardis who made a journey to Palestine for the express purpose of learning, if he could, precisely what books the Jews accepted as canonical, omitted Esther, Ezra and Lamentations from his list. And the question of whether the two books, Ecclesiastes and the Song of Songs, should be accounted sacred was not settled until the Council of Jamnia, about 90 A. D.

We may sum it all up by saying that the ancient books which were most used and gave most inspiration survived and, by being translated, secured a place for themselves in the canon. These include an out-and-out love song which has no religious motive; a book which does not mention the name of God, and another, Ecclesiastes, which is very contradictory. But the selection, made by the process of survival and on the basis of those books which were best beloved, is probably much finer than it would have been if a group of men, however devoted, had set themselves at any one time to assume the whole responsibility.

So much for the Old Testament. How were the New Testament books selected? Again, by the process of use.

# The Family Doctor

By John Joseph Gaines, M. D.

## THE DIETARY PROBLEM

I believe the time will come when DIET is reduced to an exact science, as it surely is destined to become. But not yet.

You will read all sorts of theories by men with differing ideas all of which expressions are based on varying experience. It is in that frame of mind that I am writing you this letter. More than forty years of experience and observations are behind what I shall say here. Hence I am more practical than technical in these remarks.

Formerly the doctor cautioned his patient against "dark meats" of any kind. In this ancient custom I am a reformer. If my weak brother can dispose of a dry lump of asbestos, like breast of fowl, it seems to me he can digest a cedar shingle!

I advise wing of chicken instead of breast, when I want my invalid to have real nourishment. To me there is no more real food

in the breast of fowl than there is in so much brown paper!

I have heard much of war against the use of pork and in favor of the flesh of the ox. I prefer mutton to either, for the invalid. If well-prepared I have been a substantial advocate of ham and bacon when my patient needed strength.

There are very few cases where I permit half-rare beef-steak. There are indeed times when actual blood must be introduced into the veins to sustain life. But that is not a strictly dietary procedure.

I have much of praise for crisped bacon; in certain cases of debility I believe in meats being thoroughly cooked if the sick man be entrusted with them.

I am a friend of that easily-prepared, readily-digested, highly-potent dish, boiled bacon with spinach or other "greens" for "average cases" in weakened, run-down conditions that cry for strength.

## The Woman's Angle

Learning to wear some of these big, new broad-brimmed hats is something of a test of maneuvering. Better practice going through doors, sitting down in chairs and so on. For if you forget and sit too far back, plumping down the way you might in a beret, you're apt to get a drunken tilt to that hat and a hearty laugh.

If you're not a raving beauty, and are set definitely on marriage, better keep away from New York, even though you're under thirty. For there are only sixty-six men to every hundred girls in their twenties, according to the statistical sharks.

And if you're just too brilliant be even smarter and play a little dumb. 'Cause the sociologists say that men are sufficiently egomaniacs so that they prefer their intellectual inferiors.

Among the most obvious don'ts of the table: hold a cup by the handle; don't hold it with both hands above the top. Spread bread in small pieces just before eating; don't spread a whole piece at once and take great bites from it. Hold glass stemware by the stem; don't hold the body of the glass and mark it with fingerprints.

Have you a long face? Then touch the ears and the chin with a little color, and the optical effect is to shorten the face. And a center part in the hair will help the face look round—provided your features are quite regular. Apply rouge quite high on the cheek bones, and make the color on ears and chin ever so subtle.

To keep rugs from slipping on a polished floor, sew a strip of oilcloth under each end.

# Wit and Humor

Gals who coo and purr and fawn Men shower with gifts that they can pawn.  
While gals with manner brusque and shy  
Their own doodads are forced to buy.

Unkind  
Gerald—I am painting a picture of a man who is always drunk.  
Geraldine—I have heard that you were a booze artist.

Too Bad  
"I suppose you have had your share of doubtful bills on your books?"  
Merchant—"I only wish they were. There's no question about most of them."—Border Cities Star.

Cheap  
The pompous judge glared sternly over his spectacles at the tattered prisoner who had been dragged before the bar of justice on a charge of vagrancy.

"Have you ever earned a dollar in your life?" he asked in scorn.  
"Yes, your honor," was the response. "I voted for you at the last election."—Grit.

And Then She Said  
Mrs. (sternly to husband arriving at 3)—"What does the clock say?"  
Mr. (genially)—"It shay 'tick-tock,' an' the li'l doggies shay 'bow-wow,' an' the li'l peh-y-cat shay 'meow-meow.'"—Bystander (London).

# RAMBLING 'ROUND NEW YORK

The chewing gum industry has made work, not only for jaws, but for the men we saw in the Fourteenth Street station of the Independent subway—scrapping gum from the platforms. . . And Wall Street sidewalks are carefully groomed by scrapers employed by the money magnates, too!

There are 2900 members of the New York police who have had their blood classified, and stand ready to donate it for transfusions whenever called for. Two hundred and three were called on during 1934.

Add to your list of poseurs, the people who drive up in one of those town cars priced in five figures, and only pretend that they own them. They may have come from the Rolls Renting Company—which seems to be making a bid with greater swank, for some of the business that the sixteen cylinder Cadillacs have been getting.

One of the funniest of this crazy New York's neurotics is the husband of a newly famous actress, an artist. He got the idea so thoroughly fixed that he had a bad heart, that he developed the habit of reading obituaries, and nearly fainted each time he read of anyone near his own age dying of heart failure.

A billious attack sent this New York artist to the doctor. Three days of highly scientific tests showed him physically perfect. Then he realized he had forgotten to tell the doctor something. Having mixed the yolk of eight eggs with his tempera colors, he couldn't bear to see the whites wasted, so drank them all at once!

The doctor nearly knocked him down.

Diamond Dan O'Rourke who used to run the biggest and best saloon in the Bowery is considering reopening for business. He hasn't sold a drink there since the long dry spell set in. But before that it was the rendezvous of James J. Jeffries, Bob Fitzsimmons, William A. Brady, Tim Sullivan and Steve Brodie, who won the saloon of O'Rourke's rival, Chuck Connors, when he jumped off Brooklyn Bridge—if he did jump!

# Louisa's Letter

## WHY NOT TRAIN FOR HAPPY HOME-MAKING

I wonder how many of the lovely June brides know how to cook a meal, keep a house or manage a family budget.

It is a really appalling fact that the success, perhaps, of the most important career a girl can choose is left to chance.

The girl who studies to be a physician or nurse, school teacher or musician prepares for this work by long years of intensive study and practice. She reads innumerable books on her chosen subject and she tries to absorb every new thing that has been found out about it.

But she never thinks it necessary to study the art of being a perfect mother or wife. She seems to expect, in some miraculous manner to know what makes a balanced meal and how to prepare it expertly and economically without ever having a moments study, without listening to a single lecture or without any experience, whatsoever.

And when her new husband's indigestion, caused by half done or burned up food, turn him into an irritable human being instead of an adoring mate, the young wife who does not know how to budget her strength or finances, is unable to cope with the situation which inevitably arises.

It takes a lot of loving and patience to overcome these inefficiency handicaps. If a girl is well trained in this manner of house keeping and managing, her chances are many times better for matrimonial happiness than is that of her hit-or-miss sister.

Goodness knows there is enough adjustment to be made during the first few years of marriage without having to work on food which leaves one with that half starved feeling or the sense of having feasted on brick bats. Even if one can afford a maid, she should know how to cook, for a maid will do much better work if she realizes that her mistress knows what it is all about.

Every school should, I think put in a home course for boys

# THE WORLD OF GROCERIES



# Sunday School Lesson

by Henry Radcliffe

## NAOMI AND RUTH

International Sunday School Lesson for July 14, 1935

GOLDEN TEXT: "A woman that feareth the Lord, she shall be praised." Proverbs 31:30.

(Lesson Text: Ruth 1:14-22; 4:14-17.)

The Book of Ruth was one of the five "rolls" or short writings, which were read in the synagogue on five great days of the Jewish calendar. Ruth was read at the Feast of Pentecost, the harvest festival.

The time of the story goes back nearly twelve centuries before Christ. The date of authorship is not known positively. Some think it was written during the time of Ezra, and was intended as a protest against his harsh policy towards foreigners.

A reading of the Book shows very plainly its tendency to encourage friendliness with those of other races. Its attitude is a long stride from that practiced by the early Israelites, who believed that God wanted them to kill all the Canaanites. Not only does Ruth, the Moabitess, marry the well-to-do Boaz, but she is accepted as a member of a Jewish community and is the ancestress of David, the great king, and the even greater Jesus, the Messiah.

The story given us in the Book of Ruth is simple, yet very powerful in its portrayal of understandable human motives and characteristics. While the Judges ruled Israel, a Jew by the name of Elimelech, with his wife, Naomi, and two sons, migrated to Moab.

An old legend says that the head of this family was wealthy and moved away to avoid having to care for the less fortunate during the distress of the family, probably originated to justify the misfortune which later came to this group in their new land. However, it is just as probable that Elimelech had to leave for a more fertile region in order to keep alive, just as other well-known Biblical personages had done.

In Moab, the two sons marry, Mahlon to Ruth, and Chilion to Orpah. These young women of Moab were worshippers of the regional god, Chemosh, for at that time even the Hebrews recognized that other lands and peoples had their own gods. In the course of time Elimelech died and the same fate overtook his two sons, leaving Naomi and her daughters-in-law widows. It seems that Naomi regarded the deaths, partly at least, as the punishment for having left their own native land. Naomi decided to return to her

people in Bethlehem, her home town, and the two other widows accompanied her on the journey, as was the custom towards a departing guest. The older woman finally told Orpah and Ruth to return to their homes, notwithstanding their expressed willingness to go with her, but while Ruth refused to leave Naomi, Orpah did so, and we hear no more about her. When Naomi again advised Ruth to stay in her own country the younger woman uttered the well-known passage contained in the sixteenth and seventeenth verses. Ruth realized that her position among the Jews would be difficult, for they would regard her as a heathen and accursed, but her love for Naomi was such that she faced this ordeal rather than desert her at the time.

When the two women arrived at Bethlehem the city was interested considerably. The people could hardly believe that this was the same Naomi who had left only ten years before Ruth seems to have conducted herself so as to gain the admiration and esteem of her neighbors. In order to secure food for herself and mother-in-law Ruth gleaned in the fields of Boaz. The Hebrews had the kindly habit of leaving some of the grain from their crops for the poor and needy and Ruth was taking advantage of this. She attracted the attention of Boaz, who finally married her. The Book throws some interesting lights on the social customs of that time.

"No more is said of Ruth," says Rev. Robert F. Horton. "She was only introduced into Scripture to mark a link in the descent of the distant Messiah. For her foreign extraction and the improbability of a worshipper of Chemosh becoming an ancestress of Messiah, and not for her gentle ways of love, and the charms which won the heart of Boaz, does she figure among women of the Bible. But the hand of inspiration is opulent and delicate in its drawing; and introducing the tale of Ruth for another purpose, it draws the portrait of Ruth in this memorable way, to win the love of the ages, and to be the model for girls to imitate. Her grandson was Jesse, and Jesse was the father of David. Beautiful to us must be every strand of goodness and beauty which made the stock from which according to the flesh, Jesus came."

## NOTICE

STATE OF NORTH CAROLINA,  
COUNTY OF ALLEGHANY.  
IN THE SUPERIOR COURT  
BEFORE THE CLERK

The Federal Land Bank of  
Columbia, Plaintiff,

-vs-  
S. F. Upchurch et al, Defendants.

The Brown Fence & Wire Company, one of the defendants in the above entitled action, will take notice that an action as above entitled has been commenced in the Superior Court of Alleghany County for the foreclosure of a mortgage. The defendant will further take notice that it is required to appear at the office of the Clerk of the Superior Court of said County on or before the 23rd day of July, 1935, and answer or demur to the complaint of the plaintiff, or the relief demanded will be granted.

This 22nd day of June, 1935.  
A. F. REEVES,  
Clerk of the Superior Court.

46-1847