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 H. B. Zabriskie Editor and Publisher
 Mrs. Sidney Gambill Local News Editor

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Heroes Not All Dead, According To This News Story
 By John Edwin Price

There are probably millions of heroes in the country whose deeds of valor will remain unsung because undone. Opportunities to be valorous may never confront them.

Calamities such as the recent floods in New York state and other parts of the country bring out heroic qualities in people that their friends, nor they themselves, little thought they possessed.

James Daley, Jr., of Binghamton, N. Y., recently had his opportunity and made good. He put his powered rowboat into service at Port Crane. He saw Malcon E. Tobey's rowboat capsize while endeavoring to rescue Mr. and Mrs. O. A. Bartholemew and two others. Despite the dangers in the swirling currents he rescued Tobey and the Bartholemew party. However, not without exceptional difficulty.

According to the news story in the Binghamton Sun:

"Tobey, in his light craft, realizing that the Bartholemews and their guests were trapped in their home, rowed alone to the middle of the swirling current to effect their rescue. Mr. Bartholemew had entered the boat and as he and Tobey were attempting to get the remainder of the party from an upper window, a small cottage, floating downstream, smashed into the craft and the Bartholemew home, overturning the boat and driving the house from its foundation.

"The occupants of the house, which remained upright, managed to crawl to the roof. There, weakened and terrified, they clung until the cottage came to anchor in a clump of trees.

"Mr. Bartholemew and Mr. Tobey, struggling for their lives; clung to the trees for more than five hours before they were rescued by Mr. Daley. Making his second trip, Mr. Daley rescued the other three from their precarious perch.

"Mr. Tobey, who nearly sacrificed his life in rescuing many of the colonists marooned in the river when the boat he was manning was struck by debris and capsized, began his rescue work about 6 o'clock in the morning. Plying his frail rowboat back and forth through the swirling stream, Tobey was successful in rescuing a number of people before being plunged to almost certain death.

"It was reported that Roy Hinman assisted Tobey in his many rescues.

"Mr. and Mrs. Loomis and two remaining children, Ferald, 9, and Jacqueline, 10, and several persons marooned in attempts at rescue were not brought to shore until shortly before 3 o'clock in the afternoon, when Walter Hutchins and Lyle Kelsey, both of this city, in Mr. Kelsey's powerful outboard motorboat, successfully battled their way through the current three times, to bring a total of 12 persons safely to shore after three other motorboats and several rowboats had been lost in similar rescue attempts."

Emerson said, "Heroism feels and never reasons."

A New Feature To Help You "Brush Up" On That Famous Old Document—The Constitution

All of us have been reading much of late that the government of the United States is drifting away from the Constitution; that the New Deal is contrary to many of the fundamentals upon which this great nation of ours was founded. We all know that the Supreme Court found the NRA unconstitutional and we know that there are those who maintain that the AAA is unconstitutional as well as some other of the legislation which has been passed by Congress, since President Roosevelt took office on March 4, 1933.

When we read these things many of us take what is said for granted, not knowing ourselves just what the foundation is upon which this government "of the people, by the people and for the people" rests.

The Constitution of the United States is a wonderful document and it is regrettable that there are not more citizens of the country who have not only read it, but studied it. And, believing that many of the readers of the Times would be interested in knowing what this famous old document contains and learning, also, something of its history, the Times will publish, beginning in an early issue, "The Story of the Constitution."

This is a timely new feature which it is felt will bid fair to receive a great deal of favorable comment from our readers. . . Democrats and Republicans alike. Its publication will enable readers to "brush up" a bit on the history of the old document, why and how it came into existence, and other vital details. It's a non-partisan presentation and will give readers many "forgotten facts" upon which to base possible future discussion.

This new feature will appear in short installments beginning in an early issue. Watch for it!

Our own idea is that Congressmen spill a lot of bunk, although occasionally some member rings the bell.

The girl who marries without knowing how to operate a house ought to be wed to a man who can't hold a job.

Very often it's the trivial trifles that make life so terrible.

Summer motto: Kill all the flies you can hit.

THE BOOK
 the first line of which reads, "The Holy Bible," and which contains Four Great Treasures
 by **BRUCE BARTON**

THE NEW TESTAMENT

The first books of the New Testament "read in churches" with the Old Testament selections, were apostolic letters, notably those of Paul, and including generally, though not invariably, the longer epistles of John, Peter and James. When the Gospels appeared they were immediately used in like fashion, and at once assumed a place of priority, not because any one in authority said it must be so but because they were so important and so interesting. For a good while there was no attempt to make complete collections. Few churches had all the New Testament books and many had other books, as the Epistle of Clement and the Shepherd of Hermas, which were loved.

When discussion began as to which books ought to be read regularly, there was immediate agreement on the most important ones, the four Gospels and the larger epistles. There was a good deal of doubt about Revelation and Second Peter and the two short epistles of John, which were relatively unimportant, as was then acknowledged and is still evident. But gradually there came to be agreement, not by authority but by the test of general usage, and the translation, and later the printing of the Bible, finally fixed the list.

If any one asks whether we know absolutely that every book in the Old and New Testaments is holy above all other books, the answer is, We do not. No one can say that Esther, which is in the Bible, is nobler than Ecclesiasticus, which has been dropped out; certainly it is not so religious or so sweet in its spirit. No one can say that the Epistle of Jude is more inspired than the Epistle of Clement. The mountain range of the Bible shades off into foothills, and we do not know just where the range begins or ends. But the range is there, towering magnificently above all other literature. Scholars may discuss its measurements and limits; the theologically minded may battle over its "inspiration." Let them argue. What the world needs is more folk to read.

We come now to the second question. How were these chosen books preserved through the ages and passed down to us?

Until the invention of printing, which was desired mainly that the Bible might be published, copies were made by hand, and errors inevitably crept in, no matter how scrupulous the copyists' care. Hence in making translations it became desirable to have as many of them for comparison as possible. The earliest manuscript copies that have survived to our time date from the fourth century A. D., and the story of one of them, the Sionaitic, will illustrate the vicissitudes through which they have passed.

Jonathan braved the wrath of the king upon several occasions in an effort to point out the injustice which was being done to David, and while his efforts to preserve friendship between the two succeeded to some extent, they ended in failure.

As Saul continued steadfast in his efforts to kill David it was necessary for the latter to flee. Strangely, he was helped by two of Saul's own children, his wife, Michal, and the son, Jonathan, both of whom loved David and realized the wrongs being attempted by their father, and king. In parting, Jonathan and David renewed their covenant of friendship by which David promised life to Jonathan and his household.

Jonathan deserved considerable credit for the friendship which existed between him and David. He was the prince and naturally would have inherited the crown. He realized that this would not take place but that the kingship would descend upon David's head. Notwithstanding, his unselfish nature and his friendship for David were sufficiently powerful that he was willing to step aside without a struggle and rejoice in the promotion that would come to his friend. David likewise trusted Jonathan for he made a covenant that when he came into power he would not kill Jonathan or his children, the usual barbaric custom of kings in that day to remove all possible rivalry to their throne.

David's character also stands the test of friendship well. As long as Jonathan lived, David treated him deferentially in recognition of his position. David even extended this attitude to Saul, regardless of the latter's efforts to have him murdered. Then, when Jonathan was killed in battle with the Philistines and Saul had committed suicide, David magnanimously remembers only the noble traits of his enemy, Saul and the wonderful friendship which existed between himself and Jonathan.

The world now needs increased practice of the art of friendship, the ability to understand, appreciate and help others. It needs men and women who, in their affections and loyalty, will be worthy of friendship of the highest type. We should realize more the values of genuine friendliness and be more careful and thoughtful in attending to the little things which are necessary to maintain affection. Friendship has two sides, that of helping others, and reaping the rewards and benefits which come with it. At the base of all true friendship lies the ideal Christian brotherhood, inspired by that love which should exist between all of God's creatures.

David "is 'the man after God's own heart,'" says A. P. Stanley, "not in the sense of a faultless saint, far from it, even according to the defective standard of Jewish morality; still further from it, if we compare him with the Christianity of a civilized age; but in the sense of the man who was chosen for his own special work, the work of pushing forward his nation into an entirely new position, both religious and social. But the hold which David has fixed on the memory of the church and the world is of a deeper kind than any which he de-

The Family Doctor
 By John Joseph Gaines, M. D.

HEART AND MENTAL STRAIN

Some men endure mental strain and worry better than others; but, it still remains a fact that the over-taxed brain, in any man, affords one of the most certain routes to "death from a heart attack."

The case of former President Wilson may be cited. His was a brilliant mentality which was worked to more than capacity limit. I never have known of a man who endured greater strain, till the collapse and the crash. His circulation gave way to cerebral hemorrhage. The strain was the real cause of death.

Then Warren Harding. A man not fitted for bearing heavy mental burdens that were his. He stimulated, laughed, struggled, and steadily weakened. It was the heart. He dropped almost as from a gun-shot.

President Coolidge. I could not

call him either a physical or mental giant, rather a plain, honest little fellow, capable within certain limits. The big fellows did his figuring, while he wondered what it was all about. Sensing catastrophe he announced, "I do not choose to run." Self-preservation warned—he heeded the message, maybe not knowing exactly why. At least he never explained. His heart, it was—and the end.

I could name many others, if space permitted, where men simply strained themselves into the most certain of deaths from heart disease. Yet men keep on doing it. My object in this letter is, to urge YOU to avoid worrying over affairs that you cannot alter to suit yourself.

An old farmer near me has lived to 105; I never knew him to worry over anything.

RAMBLING ROUND NEW YORK
 with **MUSH KERRY**

Twenty years ago or so, Mary Malloy was sent to North Brothers Island in the East River. In her seventies now, she seems contented with her lot, though she's been virtually forgotten as the "Typhoid Mary" who was the model cook who quite unknowingly started epidemics because she was a typhoid carrier. She'll probably stay there till she dies, watching more and more changes in the Manhattan Skyline.

Wit and Humor

Barely A Chaser
 A Chelsea pensioner reported sick one morning, complaining of indigestion.

The M. O. asked him several questions regarding his diet, one of them being "How much beer do you drink a day?"

The pensioner replied, "Six to eight pints—if I can get it."

"Gracious!" said the M. O., "enough to have a bath in."

"Enough to have a bath in, sir!" replied the old warrior.

"Why, when I was soldiering it wouldn't be enough to wet a good soldier's moustache!"—Sporting and Dramatic.

What He Found
 "Archimedes," read the schoolboy, aloud, "leaped from his bath shouting, 'Eureka! Eureka!'"

"One moment," interrupted the teacher. "What is the meaning of that?"

"Eureka! Eureka!"

"Eureka means 'I have found it,'" said the boy.

"Very well. What had Archimedes found?"

"The soap, sir!"—West London Observer.

me spellbound, breathless: window washers, trusting to ribbons of leather, jutting out from window ledges twenty, thirty floors from the street! . . . Accidents, now and then, too!

The report of the New York police department for 1934 says that nearly \$660,000 were lost on the streets and elsewhere by citizens—and returned!

A sight that invariably holds

Sunday School Lesson
 by Henry Radcliffe

GREAT-HEARTED DAVID

International Sunday School Lesson for July 21, 1935.

GOLDEN TEXT: "Not looking each of you to his own things, but each of you also to the things of others." Philippians 2:4.

(Lesson Text: 1 Samuel 26:5-12; 2 Samuel 1:23-27.)

Our lesson today considers one of the greatest figures in Old Testament records. His life was full of so many important events that it is difficult to condense the study of it for one lesson. David was the son of Jesse, a descendant of Boaz, who married the Moabitess Ruth.

When Saul was king, David, the young shepherd, undertook and completed a perilous task of bravery and skill in killing Goliath, winning the admiration and love of Saul. As a result of this feat, David was raised to prominence and honor in his kingdom, much in the same manner that Colonel Lindbergh became a popular and praised figure over night by the success of his daring in crossing the Atlantic.

David enjoyed the favor of the king and was thrown much in the company of the young prince, Jonathan, who rejoiced in the success of his friend. Quite different was the attitude of Saul, who became jealous and sought to kill David.

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THE WORLD OF GROCERIES
 ALICE LOUISE KEOGH

BUTTER
 IS ONE OF THE WORLD'S OLDEST FOODS!
 IT WAS MADE BY HAND IN BABYLONIA ABOUT 4,000 YEARS AGO!

IMPORTATIONS OF MAJOR FOOD PRODUCTS INTO THE UNITED STATES LAST YEAR TOTALLED \$391,881,000

PICTURED HERE ARE OUR TWO GREATEST EGG PRODUCING STATES.
 IOWA
 MISSOURI

IN 1929 EACH OF THESE STATES PRODUCED OVER 180 MILLION DOZEN!

The Woman's Angle

Half the deaths that now occur in childbirth are preventable, according to Mrs. John Sloane, vice president of New York's Maternity Center. The statement is based on statistics by the Federal Children's Bureau in fifteen states and by other qualified organizations. The first rules for the expectant mother: see a competent doctor every three or four weeks for checks of blood pressure, temperature and pulse. Consult him at once in case of discomfort.

Summer days, when you feel like eating nothing but cold meats, are hard on the whole system if you give in to that inclination. At least one meal of the day—preferably dinner—should include one hot course. Let it be a well-cooked portion of meat or fish with a hot vegetable to go with it. Without this one substantial meal, you and your complexion are likely to suffer.

A filling summer salad suggestion: flaked crabmeat and cucumber, mayonnaise and a little Worcestershire sauce. Mix the crabmeat with the seeds of the cucumbers after slicing them lengthwise and scraping out the seed trough. Heap the crab mixture in the cucumber hollows and arrange on a bed of lettuce.

Crabmeat delight: Beat one egg and add to two cups mashed, cooked summer squash, a half-cup flour and a half teaspoon baking powder, beat in a can of flaked crabmeat, drop from large spoon on a hot, buttered griddle and cook brown on both sides.

One of the coolest outfits for summer motoring consists of a three-piece play outfit of shorts with attached halter top and a separate dress, one piece, which buttons down the front. Hundreds of comfort-minded women are wearing them this summer for motoring, unbuttoning the dress when it's sizzling hot.

A little more formal, and almost as comfortable, is the two-piece dress of loosely woven, natural colored linen. It's porous, cool and uncrushable.

rives even from the romance of his life or in the attractiveness of his character. He was not only the Founder of the Monarchy, but the Founder of the Psalter. He is the first great Poet of Israel. Although before his time there had been occasional bursts of Hebrew poetry, yet David is the first who gave it its fixed place in the Israelite worship.

In A Tough Spot
 The taxi came to a halt. The fare descended a trifle uncertainly and proceeded to search his pockets slowly.

"Sorry, old man," he said, finally, "but I haven't a bean!"

Seeing that the driver was not taking it too well, he added:

"That's the position, old man, and you know you can't get blood out of a stone."

"No," agreed the driver, rolling up his sleeves, "but what makes you think you're a stone?"

—Vancouver Province.

See Castevens Motor Co. for radio batteries, tubes and service.—adv. ttc.

CAMELS DON'T GET YOUR WIND

CAMELS HAVE FLAVOR, PLUS MILDNESS... A RARE COMBINATION. THEY NEVER GET MY WIND OR RUFFLE MY NERVES.

I'M NO ATHLETE, BUT CAMELS ARE MY CIGARETTE TOO. I AGREE WITH CARL HUBBELL THAT CAMELS ARE MILD. THEY NEVER IRRITATE MY THROAT.

CARL HUBBELL, star pitcher of the New York Giants

SO MILD! YOU CAN SMOKE ALL YOU WANT!

CAMELS COSTLIER TOBACCOS!