

The Alleghany Times

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Published Every Thursday at Sparta, North Carolina,
and entered at the Sparta, N. C., Post Office as
Second Class Matter.

Subscription Rate:
One Dollar a Year, Strictly in Advance

Thursday, November 21, 1935.

About The Pronunciation Of Names Of Foreign Cities

It is gratifying to learn from the National Board on Geographic Names that the right way to pronounce the name of Addis Ababa, the capital of Ethiopia, is as if it were spelled "Ahdhis Awawa," with the accent on the first syllable of each word.

That goes to show how little most of us know—or care—about the right way to pronounce the names of foreign places. Practically every American pronounces "Paris" the way it is spelled, instead of calling it "Paree," as the French do. Anybody talking about "Mathreeth" would be regarded in these parts as a sissy, but that's how Spaniards pronounce the name of their capital city, Madrid. As far as that goes, most of us are as careless with Italian names as we are with those of Ethiopia. If we've got to say "Ahdhis Awawa," why aren't we under equal compulsion to say "Roma," "Napoli," "Firenze" and "Genova" instead of our slipshod American way of pronouncing Rome, Naples, Florence and Genoa the way we spell them?

Most of us, anyhow, feel like pronouncing this whole Italian-Ethiopian war a mistake.—Selected.

The Real Bogyman In Europe Appears To Be Hitler

From all the reports that come out of Europe about the war situation, it seems to us that the main reason why England, France and a lot of smaller nations are trying to keep Italy from grabbing Ethiopia is not so much sympathy for the Ethiopians as that to let Mussolini get away with it would set a bad example to Germany.

Europe didn't worry much when Japan grabbed off Manchuria. That is a long way from London and Paris, and none of the "Great Powers" toes were trodden on. But Ethiopia is close to home, and Italy is one of the neighbors. If they let neighbor Italy go out and pick up new territory wherever it wants to, how are they going to stop Germany when Hitler's government gets ready to annex a slice of the Ukraine, or take over Czechoslovakia?

German rearmament is giving all the rest of Europe the jitters. Sooner or later, statesmen believe, the Germans are bound to make another armed drive for a "place in the sun." And that's another reason why the other powers are trying to conciliate Mussolini with one hand while trying to curb his territorial ambitions with the other. They want his support when the time comes to make another stand against Germany.

Hitler is the real bogyman of Europe.—A. S.

We Need Sensible Opposition To War Rather Than Foolish Pledges "Not To Fight"

Some three thousand students, in a large city, recently paraded to demonstrate that they do not intend to fight for their country "in any war." Similar gatherings crop up in other places and it is not an uncommon occurrence in the country at large.

Nobody gets excited, however, and least of all those who will have to assume responsibility for national defense in the event of war. They are older than the demonstrators and more experienced. They know that these student gatherings mean little or nothing and that the alleged pledges will vanish like snow on a summer's day once the war drums beat and the bugles play.

What we need in the United States is sensible opposition to war, rather than foolish and absurd pledges "not to fight." Any sane program that gives promise of keeping the United States out of war should have the support of all lovers of world peace, even if the program involves, as often enough it must, the possibility of war with some absolute ruler of a deluded people.

"It is not much honor to the American flag when somebody displays a dirty or ragged one on a pole" says an exchange, and we're wishing that Uncle Sam could see the National Emblem that flies over our local post office. But maybe he'll do better when he moves into his new building next month. Here's hoping.

Men have a lot of characteristics that we may dislike, but we can overlook most of them in a man who shows gratitude.

The idea in some sections is not only that the world owes everybody a living but that the government must make payments promptly.

No one is rich enough to do without a neighbor.

Advertising is what draws away the trade from the small village. Advertising will also keep it at home.

The modern newspaper, large or small, is "contact man" for its community outside its field of publication. Every worthwhile citizen should be as anxious as the publisher himself to make each newspaper truly representative.—Western Publisher.

The Family Doctor

By John Joseph Gaines, M. D.

IF YOU ARE HEALTHY

The fox being chased, or the hunted hare, runs in circles, if left to his own instinct. The big planets above our heads move in circular orbits. It seems to me the human mind also performs in a similar manner—in circles—as I watch the developments of years. Many of us are coming out at the same door where in we went, like the old poet, Omar. Time was when we lifted hands in holy horror, at a diet of fat meat. Today, our calm judgment is, that fat meats, and well-nourished bodies are the best fortification against tuberculosis! I have heard meats, cheese, eggs and other dependable foods condemned solemnly, even for healthy people! If you had a greasy skin, you were ordered off substantial diet immediately. We know better now. Lean meat is not only desirable, it is essential to life and strength! People have looked at me

slant-ways when I have told them that gravy was better for their "kids" than cod-liver oil—and I've been telling 'em that for nearly a half century.

I knew a family who, all of them, were swept away by tuberculosis of the lungs—all but one, the last little daughter. She consulted me a few days after my graduation in medicine—about her lungs! Her three sisters and a brother had died of it. She naturally felt that she was doomed. "Fanny," I said, "you go home and learn to live on fat meats, rich milk and eggs. See that you do that, as many times a day as you sit down to the table." I made it as impressive as I knew how. She promised strict obedience.

Today, Fanny is getting a little old—but she weighs 175, and still enjoys her fat bacon!

If our dieticians would tell us how to avoid the human hog, we would be happier and healthier.

Louisa's Letter

A FAMILY BUDGET IS A VERY GOOD THING

Dear Louisa:

We have to watch our budget very carefully as my husband's salary is small, but when Junior wears shabby clothes and cheap shoes; when I make over hats and coats until they are thread bare; when we have no rug on our living room floor, and when all of us need dental work, how do you suppose I feel when people in our church or on the streets thank me for my husband's generous contribution to this, that, and the other cause. Five dollars for this and ten dollars for that, when his own family is absolutely in need of things. His mother says that it is because he is so good and wants to help the poor and needy, but I am not so sure.

DISGUSTED WIFE

Answer:—I really don't blame you for being disgusted, in the least. A man's first responsibility is his own family and he has no right to let them suffer so that he might appear generous and benevolent to the public. For it is probably the secret of his giving. He wants to feel important and wants people to think well of him. I'll be willing to wager that if no one knew of his contributions he wouldn't make them. Has he given up his smoking or any of his little luxuries in order to contribute generously to these causes? No, he has let you go without a coat and Junior without a top coat. So you see he is not so kind hearted after all.

Now, I certainly think that we should contribute to all worthy causes, but we should give in ac-

cordance with our means. Perhaps fifty cents or a dollar will be more of a sacrifice to one family than one hundred dollars is to another. And don't imagine if the one dollar man gives ten that he is fooling anybody about his finances. Folks are probably thinking how silly he is to give so much when he can afford so little.

I should try to make him budget his salary and put aside a certain amount for charity and promise not to use any other money unless he takes it out of his personal account. When my husband and I were first married we divided our account something like this:

- 1.—Rent.
- 2.—House money, which meant groceries, milk, etc.
- 3.—Insurance.
- 4.—Medical.
- 5.—Fuel.
- 6.—Personal.

Now, in that personal account the same amount was set aside for him as was set aside for me and out of it came our clothes, spending money and recreation. Whatever either of us could save was our own to do with as we chose. If anything was saved out of the house money it did not belong to me but went back into the general fund. Our charity and church dues also came out of our personal accounts.

We really found this a very satisfactory plan which worked. All the money which did not go for necessities was divided in half as our two personal accounts and thus we had two separate saving accounts with no questions asked about how they were to be spent.

Yours,
LOUISA

The Woman's Angle

An amusing bauble on the market: scales that, appropriately enough, have gone musical. The new gadget has a music box attached to the weight register. It automatically plays nursery songs when you weigh in the baby. Ho-hum!

The diet fad for reducing has taken to the woods, and now that we are all a bit more sensible about it, we realize that a slow, sensible, regulated and diminished diet plus exercise is the most satisfactory solution excepting only those who should see their doctors.

Dr. Alexis Carrel, in his "Man, The Unknown," states that children have a contempt for their parents, but willingly imitate their ignorance, vulgarity, selfishness and cowardice. . . . If he's right, what a terrific burden is placed on every parent who would bring up his child to a stature of nobility! No matter how fine the child's heritage back through the ages, so much of his personality and character depends, not on his conscious training, but upon the unconscious examples set by his parents! I wish every parent might read Dr. Carrel's book.

The street-length dress of metal cloth is being seen in fashionable places at the cocktail hour and for semi-formal evenings. The ankle-length dress, on the other hand, doesn't make an appearance until the dinner hour. Rich colors of reds, purples, and purple-blues suggest a jililee note in rich velvets this season.

Easily earned, easily spent.

YOUR CHILD AND THE SCHOOL

Future Dads, These Boys
What seems to be unnecessarily slow progress in public health education is sometimes very discouraging to health workers. But now and then something occurs to bring us cheer and we go on with new hopes and a conviction that all is well.

Such an experience was mine recently, while spending a day at Rutgers University. Finding it necessary to remain over the noon hour I decided upon lunching at the University cafeteria. And what a delightful luncheon it was! Tasty, attractive, & nourishing! Thinking of my own college days I rejoiced at the good fortune of today's student.

But the experience that cheered was this. Having been first in line when the doors opened and finding a seat near the serving counter I was in a position to observe the selections of the boys as they passed through. What caught my eye was the milk. The first six took milk, the first ten, and then I forgot my own meal in order to count. Forty-six persons passed before there was a break in the line, and of that number forty-five had purchased milk.

And these were college students, remember. Again I recalled my own college days, and I knew that progress had indeed been achieved. All our work was worth the effort if this was the result. I left that cafeteria in good cheer.

To get rid of your temper always keeps it.

Improved Uniform International SUNDAY SCHOOL LESSON

Lesson for November 24
THE MESSAGE OF HAGGAI AND ZECHARIAH

LESSON TEXT—Haggai 1:3-5; 2:1, 9; Zechariah 4:1-10.

GOLDEN TEXT—I was glad when they said unto me, Let us go into the house of the Lord. Psalm 121:1. PRIMARY TOPIC—A New House of Worship. JUNIOR TOPIC—Building a House of Worship. INTERMEDIATE AND SENIOR TOPIC—Why We Build Churches. YOUNG PEOPLE AND ADULT TOPIC—Building Adequate Churches.

After the returned captives had settled down in the towns surrounding Jerusalem, the people were called together for the purpose of establishing the worship of the Lord God. This movement was led by Joshua the priest and Zerubbabel the governor. In view of the fact that the clearing away of the debris of the old city and temple and the erection of the new temple would take a long time, an altar was erected where sacrifices might be offered at once to God.

1. The Laying of the Foundation of the New Temple (Ezra 3:3-13). This was an auspicious occasion and was impressively celebrated.
1. The priests in their official apparel (v. 10). These garments symbolized their consecration to the Lord's service.
2. The priests with trumpets (v. 10). Trumpets were used in calling the people together.
3. The Levites with cymbals (v. 10). This was according to the arrangements made by David (1 Chron. 15: 16-21).
4. They sang together by course (v. 11). This means that they sang to one another responsively. The one company sang, "The Lord is good." The other responded, "For his mercy endureth forever."
5. Mingle weeping and singing (vv. 12, 13). Some of the older men who had seen the magnificent temple of Solomon wept when they saw how far short the present foundation came of the former temple. Others were glad because of the favor of God which had brought them back and that an encouraging beginning had been made in the new house of worship.

II. The Building of the Temple Hindered (Ezra 4). The leading adversaries were the Samaritans, a mongrel people, the offspring of the poor Jews who were left in Palestine and the foreign people who were sent into Palestine after the Jews were taken captive. The three perils which delayed the building of the temple for about fourteen years reveal the persistent methods which the enemies of God use to hinder the building program of God's people in every age.

1. An unintelligent pessimism (3: 12). Because things were not as promising as they should be, some were not disposed to go forward with a constructive program and even hindered those who possessed a hopeful outlook. Under the circumstances, a glorious beginning had been made which had promise of great things in the future.
2. Worldly compromise (4:2, 3). The adversaries said, "Let us build with you: for we seek your God." This is Satan's most common and effective method. The help of the unregenerate in forwarding the Lord's work should not be accepted by the Lord's people.
3. Open opposition by the world (4:4-24). When refused a part in the work, open and violent opposition was resorted to. Intimidation and political scheming were used to divert the building plan of God's people.
- III. Assurance of the Completion of the Second Temple (Zech. 4:9-10). By means of the golden candlestick is represented the restoration of the Jewish nation and the fulfillment of its divine purpose. It was to be a light in the world. There were insuperable difficulties in the way of accomplishing their restoration, represented by the great mountain, but assurance was given that God by his Holy Spirit could easily accomplish their restoration. The mountain would be displaced by a plain. The two olive trees represent Zerubbabel and Joshua. The Holy Spirit was to accomplish this work through them.

IV. The Temple Finished (Ezra 6:15-15). Through the ministry of the prophets, Haggai and Zechariah (Ezra 5:1; Hag. 1, 2), the people were encouraged to resume the work of the building of the temple. When the temple was finished, they solemnly dedicated it to God (Ezra 6:16-22).

V. The Blessedness of Dwelling in God's House (Ps. 84:1-4). 1. The longing of the soul for God's house (vv. 1, 2). It is most refreshing when people have a longing desire to meet God in his house. 2. The sparrow and swallow find protection in the sacred precincts of God's house (v. 3). 3. At home in God's house (v. 4). Those who have a heart for God and their chief delight in dwelling in his house.

WORLD'S GROCERIES



IN THE DAYS OF THE AZTECS, COCOA BEANS WERE USED AS MONEY!

THERE ARE MORE THAN 456 DIFFERENT VARIETIES OF CHEESE IN THE WORLD! THIS YOUNG GUY BELONGS TO 11 SEPARATE AND DISTINCT CHEESE FAMILIES. © 1935 World Groceries Company

RAMBLING 'ROUND NEW YORK

Between the acts along Broadway, youngsters entertain theatre goers with dancing and singing, and scramble for the pennies the audience throws. Theatre managers object only because the kids are too good, sometimes, and the audience stays and stays outside, and frequently hold up the second or third act curtains.

Way back in 1865 a store for fat men was established on Third Avenue in New York, and it's still going. A complete wardrobe for a 450 pound man is a simple matter for them, what with sixty and seventy-inch belts, underwear, shirts and things, and a clientele that extends all over the world.

Great stir at a recent night club rendezvous when Ina Claire appeared with a fur trimmed hat. They named her "Mrs. Daniel Boone."

Approximately enough, Columbia University Press chose Armistice Day as the publication date of the book of an eminent economist, John Bates Clark, "A Tender of Peace." It expounds the terms on which civilized nations can, if they will, avoid warfare.

Street names in New York are just as amusing as any other city. To wit, Luster Street which used to be Dark Street until residents objected and had it changed. Since there was already a Light Street nearby, they chose the next best.

New York's National Republican Club took in a black cat in March 1935, lean and hungry. Sleek and fat now, they named it New Deal. Soft drink stands are glassed in for the winter, and selling hot

Wise and Otherwise

Ain't It So? Nothing gives a girl a more natural charm than a graceful carriage, says a beauty authority. But for a boy to have charm he needs a sporty coupe.—Atlanta Georgian.

Against Heavy Odds Florida Supreme Court holds that the slot machine is not a lottery. Certainly there is little of the element of chance about it.—Norfolk (Va.) Ledger-Dispatch.

Prosperity's Comin'? Add signs of returning prosperity: The gangsters have begun killing off each other again to get at the take.—Norfolk Virginian-Pilot.

No Room Left Goebbels says the responsibility for the future prosperity of Germany rests on Hitler's shoulders. It shouldn't leave much room for a chip.—Detroit News.

Look Out Il Duce is certainly burning his bridges. The African go will be without League approval or the sanction of the New York State Boxing Commission.—The Detroit News.

dogs. One of them turns into a florist shop each fall, which seems a strange masquerade.

Up in Harlem is the most crowded single block in New York. It houses 3,871 persons, all negroes. A population larger than many a thriving community, that block is anything but thriving, with broken old dumb waiter shafts used as garbage chutes, and many people to the room. Not a pretty thought.

See Castevens Motor Co. for radio batteries, tubes and service.—adv.

Time Lost is Money Lost

It costs money to be sick. You see it directly if your pay envelope is short. You lose out on some important work if you live on a farm or if you are one of the few who are not docked for lost time. You can't afford to show up on the job unless you are feeling fit. The boss wants results—not excuses.

How many times do Gas on Stomach, Headache, Sour Stomach, "That Tired Feeling," That "Morning After" Feeling, Neuralgic, Rheumatic, Sciatic, Muscular or Periodic Pains keep you at home or interfere with your doing a full day's work?

ALKA-SELTZER

The New Pain Relieving, Alkalizing, Effervescent Tablet. It is called Alka-Seltzer because it makes a sparkling alkaline drink, and as it contains an analgesic (Acetyl-Salicylate) it first relieves the pain of everyday ailments and then by restoring the alkaline balance corrects the cause when due to excess acid. Alka-Seltzer is pleasant to take, effective, non-laxative.

Why don't you try it? Get a drink at your drug store soda fountain for a nickel. Buy a package for home use.



Large Package 60 cents
Small Package 30 cents