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The Allegha				
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Six Months Entered at the Post Office at Gal Matter under the Act of Congress	ax, Virginia, as Second Class of March 8, 1872.			

Now that the severe cold of the winter seems to have been broken by warmer weather the meteorologists are studying figures that reflect a winter of unusual severity and predicting an era of cold and wet winters.

The cold weather of the first two months of the year broke many established records, with 50 degrees below zero being recorded in North Dakota for the years' lowest. Many sections report consecutive weeks of below normal mercury readings with average temperatures setting new lows during the six weeks ending with the middle of last month.

Heavy snows visited most of the States, with Paradise Inn, Wash., topping all places with 170 inches. Many states had thick snow on the ground for weeks and in many parts of the South small children saw snow this year for the first time in their lives.

## An Ideal Textbook -The Newspaper

A Worthwhile Editorial Reprinted From "Newsdom"

Newspapers are being used as textbooks in Chicago high schools. The new technique is to teach the student with live material. An excellent idea.

Too many of our educational institutions burden the youngster with monotonous lists of dates and names of the past without any reference to their present significance.

The newspaper is exceptionally fitted for timely studies. No matter what the field, be it economics, politics, commerce, labor, agriculture, international relations and a host of others, there will be found in the columns of the newspapers ample material to kindle the youngsters interest and aid him in his studies.

Nor need we fear that the youngster will be duped by propaganda. There is propaganda in every newspaper, but our publishers and editors do their physical and mental best to keep this propaganda down to a minimum. Under the proper guidance the student can be taught to separate the chaff from the wheat.

Chicago's example might well be followed by educators elsewhere. The public confides in the press. The parents of school children cherish their nome newspaper almost as much as the family Bible. Why not make it a textbook ?-Newsdom.

Jnder Th	ne Con	nstitut	ion	
		14	all the set	

A Worthwhile Editorial Selected by the National Editorial Association





try to change your This makes for considerable say That's the advice of ings in time and convenience, as Ellen Claire Couch, prominent well as fewer dishes to be washdramatic coach and teacher of ed. And there are glass match-speech. "You are born with your indi- pans.

vidual voice—soprano, mezzo or contralto—and are likely to in- lotion on a kitchen shelf? A jure your speaking apparatus by quick massage after each washing any attempt to change the timbre will help to prevent redness and or quality. No woman should "chapping" and keep your hands try to force her voice below its soft and white. Some of the natural pitch," says Miss Couch. lotion makers are now offering She also suggests that many large, economy sizes so that their girls make a mistake in thinking product can be used more frethat the rule about speaking quently and, also, so that it may softly means the use of low, be used on the legs, ankles and

throaty tones. Even a high soknees during cold weather. prano voice can be as soft and xxx Spring meant tonic time to an well modulated as a naturally low

older generation. Today it means Care in the pronunciation of greater attention to the importance of vitamins in the diet, for words, and a pleasant natural, un. affected voice that best expresses we now know that most "tonic" one's individual personality, is effects come from the vitamins more important to success than in our foods. Milk, eggs, plus fear him; he also will hear their voice tone, according to Miss sunlight or cod liver oil, plenty cry, and will save them" (Ps. 145: Couch.

tables such as lettuce, celery, en-Silk prints for spring are dive, parsley, cress and spinach sprinkled with stars, vegetables, will help supply your quota of birds, beasts and fish. These are spring tonic vitamins. spattered like polka dots over the XXX fabric and are so tiny that one It's so simple you'd think it must look closely to recognize would have been done long ago, their real form. One effective but a brand new type of metal

creation features white beets on kitchen stool just shown in a wine background. Flowers, too, Chicago's Merchandise Mart has are popular in the microscopic a simple folding back rest that designs, and one can find chessdrops down completely out of the men, flower pots, keys, and even way when not needed and lets the alphabet utilized in the dot the stool slip easily under a kittechnique. chen table. White on dark backgrounds is

XXX favored for daytime, with vivid Handy Kitchen Hint: A damp clear tones and many colored efcloth will enable you to pick up addressing God. Only those who easily, the smallest fragments of are children of God by faith in cloth will enable you to pick up fects in larger patterns for evening wear:

a broken glass. x x x x x x Glass sauce pans with which King Henry, of England, was you can cook right over the flame are among the newer novelties to so pleased with a roast his chef

win favor. They are fitted with prepared that he drew his sword detachable handles so that the and knighted it on the spot. That's food can be served in the same why we ask for sirloin today. container in which it is cooked. King Henry made it Sir Loin!

the principals will neither deny or affirm anything, it's a pretty Hollywood Star-Lites good sign of marriage. by Chuck Cochard This is meant to reduce any element of surprise within the

next four days if Steffi Duna and Hollywood, Calif., Mar. 7 .-John Carroll decide to tread down Ladies-discover what flower you that narrow aisle peopled with are like and you have solved your bulging eye-balls. xxx

xxx

XXX

fashion problem from then on! Says Omar Kiam, chief costume designer for Samuel Goldwyn pro-THOSE MARQUEE NAMES: A local theatre advertised the ductions and one of Hollywood's following dual bill. most famous stylists:

THE GHOST GOES WEST "Once the smart woman dis-YOU MAY BE NEXT covers her floral type and dresses accordingly-even suiting her ac-DO YOU KNOW: That Ruby tions and personality to that

Keeler was born August 25, in things. type-she will find herself actu-Halifax, N. S. . . . she is five feet, four inches tall and weighs ally blossoming." 105 pounds . . . she is a blue-

Greta Garbo is a "water lily" Greta Garbo is a "water my according to Kiam's method of figuring. The two stars for whom he is at present designing Whom he is at present designing Greta Garbo is a "water my eyed brunette . . . she has only been married once . . . began her career at the age of 13 in but life itself is ours to enjoy be-cause of him and he is able to do costumes are Miriam Hopkins, the chorus of "The Rise of Rosy cause of him and he is able to do the blonde, and Merle Oberen, the O'Reilly" . . . her only pets are for us "exceeding abundantly



Lesson for March 15 JESUS TEACHES HIS DISCI-

## PLES TO PRAY

LESSON TEXT-Luke 11:1-18. GOLDEN TEXT-If we ask any-thing according to his will, he hear-eth us.-I John 5:14.

PRIMART TOPIC-When We Pray, JUNIOR TOPIC-Teach Us to Pray. INTERMEDIATE AND SENIOR TOPIC-What Jesus Says About Prayer.

YOUNG PEOPLE AND ADULT TOPIC-Why Should We Pray?

Prayer is a matter which ought to be of great concern to every believer, for, "The Lord is nigh unto all them that call upon him, to all that call upon him in truth. He will fulfill the desire of them that of fruit, and the new green vege- 18, 19). There was something about the praying of Jesus that so impressed the disciples that they requested him to teach them to pray (Luke 11:1). May everyone

of us enroll at once in the school of prayer with Christ as our Teacher. In response to the disciples' request, Jesus set forth the following principles of prayer.

I. The Right Relationship of the One Praving (v. 2).

1. Fillal-"Father." The suppliant in prayer must be a child of God. God's gifts and blessings are for his children. This relationship can only be entered into through up his answer. regeneration. Not all men have a right to say, "Our Father," when

Jesus Christ can so address him. 2. Fraternal-"Our Father." God has many children. His children

are bound up together in nature and interests. Even in our secret prayer we should address him as "Our Father," which is a recognition of the interest of others alongside of ours.

II. The Right Attitude in Prayer (7. 2).

1. Reverent adoration-"Hallowed be thy name." As children we have certain rights and privileges, yet holy reverence becomes us.

2. Loyalty-"Thy kingdom come." When praying to God we should come with a spirit of loyalty which cries out, "Thy kingdom come." We should not only receive him as the Lord of our lives, but should loyally labor with him in inducing others to submit to his rule.

3. Submission - "Thy will be done." We should have no will of our own regarding the rule of God. We should let him direct us in all

III. The Right Spirit in Prayer (vv. 3-8).

1. Dependent faith-"Give us this



\* . . . There Are Other Worlds have spiritual experiences which A man who has made some never have come to me. When I am in the presence of the best fore thinks he knows everything, of them I have no difficulty in was recently delivering himself on the subject of religion. He dis-ties of human life far and above missed the idea of immortality as mere superstition, the yearning of children afraid of the dark. called Death.

'Of course, there is no other world," he said.

x x . The Show is a Flop To which a friend responded When the tension between Eng-

quietly: "You yourself have al- land, France and Italy was at its eady been a resident of another highest point recently, the French and very different world. The veterans sent an appeal to their world in which we now have our Premier not to make war on existence is a world of alter- Italy. They said that armed connating periods of sunlight and flict with the soldiers who had dark; it is a world wherein hu- been their brave allies was unman beings draw air into their thinkable.

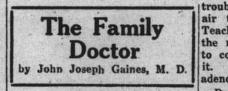
lungs and expel it, eat and drink Now this is a very interesting through their mouths, and walk development in history. In times around on their own legs. For past the veteran use to sit around nine months you lived inside your the tavern, relating his deeds of mother's body, in a world where courage and urging the young there was no light, no air, where men to prepare themselves for no nourishment reached you the day when they too would through your mouth and you fight.

were moved about on other legs The veterans of the World War than your own. Suppose an went back to their respective embryo were endowed with in-countries with no impulse to telligence and imagination. How boast; memories were graven on could it ever form any notion their hearts that never can be of this outside world? Wouldn't erased; modest, quiet, tight-lip-

any description of it seem ab- ped, they have kept their war surd? Wouldn't the embryo say, stories to themselves. In almost as you have just said. 'There can every country they are now leaders in the cause of honorable be no other world'?" The smart man is still thinking peace.

The young people who come to Just before I feft the house my house tell me that in all colthis morning I held a conver- leges and schools the anti-war sation with a member of my fam- sentiment is very strong. Does ily in the presence of our dog. this mean that modern youth is As we talked, his little head less courageous than its forswung back and forth his round bears? Not at all. It means eyes looking first at one of us that the whole world is coming and then the other, trying so to realize that war as it used to hard to understand. He dwells in be and war as it is are two the same house, eats the same entirely different things. There food, breathes the same air that may have been glory in hand-towe do. But what we say and hand conflict; there is no glory do and think and hope is utterly in long-distance slaughter.

beyond his comprehension. He The age-old road-show called and we are citizens of two differ- War has lost its following. Today the scenery is worn and tat-I have friends who live in worlds which I never have been able to enter. They see values n pictures my eyes cannot see; principals seem to belong to the music speaks to them in a lan-guage I do not understand; they for the show is a flop.



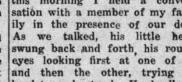
Laryngitis is one of the most the thought of tuberculo

trouble. The change from warm air to cold should be gradual. Teach children to breathe through the nostrils. if suddenly exposed to cold. They will never forget And, be sure there are no adenoids to obstruct.

Prevention is golden here. Keep the child's bowels freely open. Require plenty of drinking water, Laryngitis is one of the most common affections of the throat. It may be acute or chronic. The latter form is rare, I'm glad to say, because it strikes terror to me, the thought of tuberculosis

ent worlds.

THROAT, ACUTE AND CHRONIC



Today certain critics are subjecting the American Constitution to virogous attack. They are saying it is outmoded and unable to cope with modern conditions. And they are suggesting changes and amendments which, in some cases, would amount to complete emasculation of the rights and liberties we now enjoy under Constitutional protection.

Let us not be too hasty about changing this document of which a major portion is devoted to protecting our rights and liberties. The constitution has been amended many times, and may be again, but never in such a manner as to abridge the rights of freedom of speech, freedom of the press, and the other inalienable rights guaranteed within it.

It is usually easier to criticize than to defend, and the critics of the Constitution have found many listeners and not a few converts. Lest we forget the virtues of this marvelous document, let us recall the words uttered in 1878 by England's greatest statesman, William Gladstone:

"The American Constitution is, as far as I can see, the most wonderful work ever struck off at a given time by the brain and purpose of man."

Some things are timeless. Among those things are freedom-freedom of action within the law, freedom of expression, freedom of speech. The Constitution has nothing to do with booms or depressions-nothing to do with partisan politics, nor have those who interpret it, the Supreme Court of the United States.

The Constitution guarantees us those essential liberties for which men fought for thousands of years. How much would the citizens of Germany, Russia, Italy or Poland give for a constitution such as ours? It is our most priceless heritage, and we have a duty to posterity to pass on to them the same liberties which were handed down to us.-Plymouth (Wis.) Review.

Advertising space is what a newspaper sells and it is rarely given away by any newspaper in which it is any good. Neither is it sold "dirt cheap" by any publisher who believes his paper to be worth anything to the advertiser.

They say there are folks who have an insect's-eye-view of life and its problems. (Most insects an't see farther than 6 feet).

There are many nails in a man's shoes but the one that sticks up where it doesn't belong makes him sore at everything in general. So it is with ome ornery little problem.

brunette, are honeysuckle and bullfrogs? wild rose, respectively. XXX

Kiam's list for the ten most distinctive "floral types" of Holly-THROUGH A KEYHOLE: wood stars: Greta Garbo, water Henry Fonda dining with Marlily; Katherine Hepburn, poppy; Merle Oberon, wild rose; Miriam garet Sullivan and Director William Wyler at the Seville club. . Hopkins, honeysuckle; Marion Herbert Marshall lunching daily Davies, iris; Dolores Costello, with Gertrude Michael at the gentian; Princess Natalie Paley, Paramount commissary. . . Henry lilac; Jean Parker, mountain Wilcoxon and Isabel Jewell are laurel; Josephine Hutchinson, being seen everywhere together. forget-me-not; Billie Burke, morn- |. . . Other familiar terms are Sylvia Sidney and Fritz Lang, ing glory. and Marlene Dietrich and Willis

x x x STARLITES: When the color- Goldbeck. . . Bruce Cabot still ful Gloucester schooner, Oretha hopes for a reconciliation with his wife, Adrienne Ames. Spinney, sails out to sea, none

other than Spence Tracy will be XXX stationed at the helm for he has **INSIDE GOSSIP: Last week's** been signed for the role of the young society girl was Patricia captain in Kipling's saga of Lab-rador fishing banks, "Captains Courageous" in which he will co-head of the Don Lee Pacific coast star with Friddie (David Copper-field) Bartholmew. . . Your correspondent is indeed very happy over the good news that Rudolph Friml's tuneful operetta "The Firefly" which launched

Emma Trentini to fame, has just been purchased by M-G-M for screen production. Maybe I'm I mentioned a few weeks back I mentioned a few weeks back taking in too much territory, but as playing the lead in a musical I would almost bet my life that that gave a girl stardom over-

Jeanette MacDonald and Nelson night) is now being seen places Eddy will co-star . . . nothing with a brunette star? Here's a could be sweeter. Because of hint. Two weeks ago Hollywood their success together in "Petti-coat Fever" Robert Montgomery blooming when he was being seen and Myrna Loy will again play the leads in "Love on the Run" of his present picture (she is which is the story of the adven-

tures of an American news cor-respondent. stationed in London, all for today. Wait till next

and a duchess who is seeking time. escape from an unwelcomed mar-riage. . Due to a change in set-

up, Robert Taylor, ( a new sensation among the screen's male heart breakers) has been cast in the role of the quick-witted American in P. G. Wodehouse's told me th

Prisoner-Three years ago h American in P. G. Wodehouse's told me that I had better con-"Piccadilly Jim" in place of Rob-sult an alienist.

ert Montgomery.

In Hollywood, when a ro-mance comes to the point where

above all that we ask or think." 2. Penitence and love-"Forgive us our debts" (v. 4). We should acute form only. come to him realizing that we have sinned, and cry out to him for forgiveness. Our heart should be so filled with love for others that we profound illness, with loss of will forgive those who sin against voice and dangerous temperature. us, as God has so willingly forgiven Diphtheria and croup are the us.

his bed and gave him as many as he needed. Prayer pleases God and

IV. Encouragement to Pray

1. God's promise (vv. 9, 10). True prayer cannot fail of answer, be-cause God definitely promises that, "Everyone that asketh receiveth; and he that seeketh findeth; and to

him that knocketh it shall be op

most formidable of throat ailments of childhood. An old S. Holiness and caution-"Lead us not into temptation" (v. 4). Beauthor once said that croup is attended by loud, rasping cough, cause we are God's children, and realizing the depravity of our naseldom a cough in diphtheria. That tures and the consequent tendency to practice that which displeases was when diagnosis depended en-

tirely on physical signs. him, we should shrink from that The first symptoms of laryngitis which, if indulged in, would disin any of its forms is loss of honor him, and earnestly cry unto voice. This tells us that the dishim to lead us not into the place ease is in the larynx-in the vocal where we would likely fall. "box." It is the signal for im-mediate action. Get the physician 4. Intercessory (vv. 5, 6). The man who asked for bread did not at once. ask for himself, but for a friend. Prayer which pleases God is un-selfish in its requests.

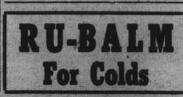
Mouth-breathers are by far the nost likely to be attacked. To ake young children suddenly out

5. Perseverence (vv. 7, 8). Though the friend refused at first and ofof a warm house into zero temperature without warm muffler or fered excuses, because of the one making the request would not take "No" for an answer, he arose from woolen wrap placed lightly over the breathing-passages is to invite

of the larynx. My purpose in this sketch is to deal with the acute form only. and inhalations of turpentine This varies from slight hoarse-tess with no fever, to the most ing lime, until the doctor arrives. This varies from slight hoarse-

> Singer-Did you note how well my voice filled the great hall? Friend-Yes, people were kind enough to leave so, as to make room for it.

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For Digestion's Sake\_smoke Camels

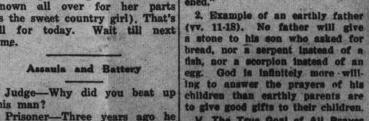
MELS Costlier Tobaccost

GLE BOUND! "I always smoke Camels for digestion's sake," says Frank Buck, famous wild animal collector. "I rec-ommend Camels for flavor," he contin-V. The True Goal of All Prayer God's best gift is himself in the person of his Holy Spirit. All those who practice the principles which Jesus taught in this model prayer shall experience the bless-ing of the Holy Spirit.

ues. "They are rich and mellow. And they are a delightful help to digestion."

CAMELS SET YOU RIGHT! They are a friendly aid to digestion. No matter how many you smoke, Camels never get on your nerves.

Judge-Then why did you wait until today to hit him? Prisoner-This morning I hap-pened to find out what an alienist was. THE TIP OFF ON CUPID:



(7. 18).

gets results.

(vv. 9-12).

ened."