at of all, get rid of that barrel old stories in of old stories in which the principals got married at the end of the last chapter. Nowadays they must marry carly and separate, or not marry at

"Throw out this adventure story to which the man who got shot 'fell back-ward with a groan.' 'He crumpled up' is the only form permitted for victims of gunshot wounds."

"Here's a whole bale of MSS. in which the characters are not afflicted with dipsomania, neurosis or hook-How can a healthy person be interesting?"

"One of our editors went color blind and bought that story with a brunette heroine in it. Our specifications always call for 'sunlit coronets,' or 'hair of burnished bronze' or 'a divine little head covered with spun gold." Eyes must be 'azure pools' or the like. Let the asbman read about a black-haired heroine!"

'Out goes this yarn! It wasn't so had except that the heroine, when pro-posed to, acted like a human being. Our heroines have got to 'flee like a frightened wild thing."

ITCHING, BURNING ECZEMA

R. F. D. No. 1, Box 15, Corapeake N. C.-"My baby began with the ecae ma itching and burning. It broke out all over his head and face, legs and arms with little pimples. I did not sleep any in about four months. He eried and itched all night and day for four months until his head and face were matter all over. He was disfigured badly. His clothing would be difficult to remove at times

"I tried two treatments with no success at all and I had almost decided was no cure for it. I was told by a friend that Cuticura Soap and Ointment would cure it. I washed the child with the Cuticura Scap and warm water two or three times a day, then anointed him all over with the He took a great Cuticura Ointment. change and slept night and day used Cuticura Soap and Ointment six months and he was cured complete-(Signed) Mrs. Arma Lee, Mar.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L. Boston."-Adv.

That Whiff of Violets. "My! whilt a flowery whiff! That handkerchief must have been literally steeped in violets," exclaimed one girl to another who had just shaken out from its folds a fragrant square of linen. "Not steeped in violets, my dear," was the answer, "but boiled in orris water. The effect is the same. Oh washing day I supply the washer woman with a good-sized piece of or ris root, and she throws it into the water where my handkerchiefs are boiling. When they come up from ironing they are as redolent of orris be. Then I slip them between the folds of a sachet filled with violet powder, and they never lose their fra Violets and orris scent together make a real violet odor.

To remove soreness use Hanford's Balsam. Adv.

The Same Thing.

Vincent Astor, at a dinner in New York, said of the French evening gowns that have caused so, many shocked women to unite in protest:

heard a story about one of these gowns. A beadstrong girl had pur-chased it in the Rue de la Paix without her mother's knowledge, and she insisted on wearing it, the came home, at Armenouville for dinner and at the opera afterwards for the Russia ballet. Her mother, however, protested. But the girl, in her headstrong way, declared:

"'I'll wear that gown or nothing.'
"With a shrug and a faint smile. her mother answered:

Well, it comes to about the same

Wright's Indian Vegetable Pills put the stomach in good condition in a short time. Try them for Sick Stomach, Billousness and Indigestion. Adv

Saves Money, Too. Scott-How is it that you never go away during your summer vacations; Mott-I don't need to. Most of th ores leave town and in their absence I have a grand, restful time.-Bosto

For poisoned wounds use Hanford's Balsam of Myrrh. Adv.

Envious.

Your wife is very fond of dumb ani-

"Yes," replied Mr. Meekton; "some

imes I almost wish I had never earned to talk."

ures Old Sores, Other Remedies Won't Cure corst cases, no matter of how long standing cured by the wonderful, old reliable Dr or's Antiseptic Healing Oil. It relieves and Heals at the same time. 25c, 5cc, \$1.00

very old maid says she is single olce, but she doesn't tell you whose choice.

To Give Quinine To Children It is the trade-mark name given to an over Quinina. It is a Taxteless Strup, pleases take and does not disturb the stomanh, must take it and never, know it is Online, muscakily adapted to adults who cannot endinger Quinina. Does not necessary more anatyousness nor ringing in the head. Try a most time row need Quinine for any purchase time row need Quinine for any purchase time row need Quinine for any purchase time row.

ANNUAL SPRING CLEAN-UP CORN CLUB BOYS

Governor Craig Sends Them to San Francisco to Represent North Carolina

Raleigh.-More than 350 North Carolina boys, representing every county in the state have just been commissioned by Governor Craig to represent this state at the great convention of members of the Boys' Corn Clubs of the United States at the Panama-Pacific Exposition next year. The list of delegates by countles follows; delegates by counties follows:

Alamance - Roy Zeb Horaday, Rock Creek; S. Lin Homewood, Burlington; Laurence Teague, Burling-

Alexander - Spurgeon Robinson, Bentley: Thomas Keener, a situal Point; R. L. Harrington, Hiddenite. Thomas Keener, 2 Stony

Anson-Roy Stegall, Peachland; Walter Redfern, Wadesboro; Travis Northart, McFarlan. Ashe-Walter Phillips, Fleetwood

Bryan A. Dixon, Grassy Creek; Clyde Barlow, Ashland. Avery-Hariton Clark, Altamont;

Lindsay Stamey, Crossmore: Luther Stamey, Crossmore. Beaufort-M. Brown Hodges, Wash-

ington; J. B. Casey, Aurora; Har-ward Smith, Ransomville. Bertie-Herbert Rhodes, Windsor; Cullen R. Holder, Merry Hill; John

Sumner, Aulander. Bladen-John L. Johnson, Fayetteville; Drewry Brissen, Parkton; Drewry Brissen, Parkton:

Worth Shaw, Elkton. Brunswick-Grover Milliken, Shallotte; Levi Babson, Excelsior; Raleigh Babson, Ashe; Alger Beck, Winnahow.

Buncombe-Perry Gaston, Christian Luther, Candler; Franch Lance, Ar-

Burke-James T. Temple, Hickory G. Lester Clark, Morganton; Thamar Propst, Connelly Springs.

Cabarrus-Bert Fisher, Daniel R. Charlle Connor, Carter, Concord: Harrisburg; Wyatt Moore, Mount Pleasant.

Caldwell-Talmage Smith, Lenoir; Hamilton B. Steele, Jr., Yadkin Val-ley; Clyde Maye Lenoir.

Carteret-Jim J. Sawyer, Thomas Pridgen, Newport: Bill Koonce, Ocean.

Camden-Jim J. Sawyer, Bellcross: Jobe Burgess, Shiloh . Caswell-R. L. Atkins, Pelham;

Willis Shelton, Yanceyville; Dan Mc-Mullen, Corbett. Catawba Ernest Setzer, Newton:

France Little, Maiden; Flake O. Myers, Hickory, Chatham-George D. Harmon, Moncure; Clem Jones, O reHill; Ernest

H. Welch, Bear Creek. Cherokee - Fred Mulkey, Grand try, Roxboro. View; Oscar Wilson, Marble: Marshall Dehart, Webutty.

Chowan-Arthur S. Hollowell, Ty-ner; Roy Winslow, Gliden; Thomas

ner; Roy Winson.
Deans, Hobbsville.
Deans, Rogers. Shooting

Creek; Don Waldorupe, Warne; Les-ley Crawford, Hayesville. Cleveland-William Knight, Kings

Mountain; . Brady McSwain, Shelby; Guy Carpenter, Cherryville, Blanco Smith, Pireway: Jimmy Long, Chadbourn; Joe W. Baldwin, Whiteville

Craven-LeRoy J. Ipock. Vance boro; Vervey Moore, Newbern; L Roy I. Herrington, Winthrop Mills. oy I. Herring Currituck Oats Banner T R. Newbern, Banner, Branch; Powell's

Point; Meddy Midgett, Coinjock. Cumberland—Lettie B. Williams, Byrd Marsh, Fayetteville.

Vade: Walter Smith, Hope Mills; Davidson—Hallie L. Miller, Lexing-Charles Leach, Denton; Jessie B. Craven, Lexington.

Crotts, Mockaville Covy Pack, Advance; Daniel Foster, Mocksville.
Duplin—Edgar Taylor, Faison:

James K. Drew, Warsaw; Daniel D. Williams, Rose Hill. Durham-Burk Weatherly, Gorman

Williams, Durham; Vernon Smith, . orman.

Edgecombe-Daniel Worsley, Rocky Mount; Robert P. Cherry, Hobgood; Ernest B. Draughon, Whitakers. Forsyth-Raymond Butner, Betha-

nia; E. Frank Stroupe, Tobaccoville; Willie James, Winston-Salem. Gaston-Fred B. Faires, Belmont; Lawrence Payseur, Crouse: Paul Kil-

ser, Bessemer City. Gates-W. C. Brinkley, Corapeake; Irving T. Matthews, Gates; Autry Johnson, Sunbury.

Granville-Garland Daniel, Oxford; Sidney L. Currin, Oxford; Lawrence Creedmoor; Moss. Bannister Brugg, Oxford.

Green-Benamin S. McKeet, Wal-stenburg: Norman E. Speight, Walstonburg; Jesse Shackelford, Hooker-

Guilford-Charles Groome, Clyde Arthur, Greenaboro; Henry Huffine, Guilford College.

Halifax-James L Weathersbee. Hobgood; Robert Weathersbee, Hob-good; Addison Crawley, Littleton.

Harnett-Henry W. Graham, Jonesboro: Helis B. Hockaday, Kipling: Clarace Holder, Broadway. Haywood—Norman Singleton, Gra-ly Wilson, Thomas H. Wells, Can-

Henderson-George Ward, Brick-

Antonia Comment

ton: ellie Ward, Flat Rock: Barton ohnson, Fletcher. Hertford—Cecil Fairiess, Harrelli-dile; Wallaco Lawrence, Ahoskie;

Paul O. Lewis, Aboskie.
Springs; Victor Blue, Hope Mills;
Jasper L. Swaringer, Timberland.
Hyde-Harvey Harris, Leon Harris and Dallas Brickman, all of Swat

Iredell-Fred Lippard, Statesville; Leland Wooten, Wattsvile; Henry Harris, Mooresville,

Jackson-David H. Brown. Bryson, A. Edwin Brown, Webster, Johnston-Major Williams, Prince ton; Tommle Aycock, Selma: Richard Atkinson, Kenley; J. D. Phillips, Four Oaks. Jones-Lemuel P. Henderson, Tren

Lee-Caleb Sparrow, Marvin F.

Fore. Sanford: Eugene Womack. Swan Station; Luther McDuffie, San Lenoir-J. Ray Cameron, George E.

West, Jr., Kinston; Benamin Dail, La-Grange. Lincoln-Richard Cornwell, Lin

colnton: Austin Sain, Crouse; Grady Carpenter, High Shoals. Macon-Hunter McQuire, Franklin:

Harley Williams, EMiay: Oille Angel, Franklin. Madison-Woodrow Edwards, Mars Hill; McKinley McIntosh, Marshall;

Sherman Sherrill, Big Laurel.

Martin—Ase T. Whitley, Jonesville: Ashley Keith, Everett; Luther Peele, Williamston.

Mecklenburg - Livy Hood, Reld Rea, Matthews; Carson Alexander, Derita. McDowell-Tom Stacey.

Cronje Laughtridge, Dysartville; Ken-Hensley, Nealsville. Mitchell-Eugene Brett, Bakers-ville; Robert Stuart, Toecane; Henry

Masters, Jr., Peppers. More-John M. Wadaworth, Coles Mills; Cornelius C. Monroe, Eagle Springs; David McCallum, Carthage.

Montgomery — Clay L. Britton: lount Gilead; Clyde Harris, Eldora-Mount do; Reid Johnson, Harrisville. Nash-J. Hocutt, Jr., Nashville; Alfonso Chamblee; Pascal Chamblee,

Middlesex New Hanover-Clarence Dempsey Thomas O. Murray. Melzer Johnston. Northampton-Elfred R. Outland George: Lewis Camp, Johnny Allen. Garysburg.

Onslow — Joseph Cox, Richlands; Troy W. Humphrey, Verona; Otto Simmons, Dixon.

Orange-Eugene Berry, Rouge Clifton Blackwood, mont: Chapel Hill: Noah B. Wilkinson. Cedar Grove

Pamlico-John Burch, Florence; Frost Hardison, Arapahoe; Ralph

Pasquotank—Herbert Chapel, Pas-quotank; Carlyle F. Stanton, Eliza-beth City; John T. Baker, Pasquo-Pender-Edwin Wells, Willard: Do

zier Murray, Burgaw; James D. Page. Willard. Perquimans-Noah D. Ferrall, Win-

fall; Lloyd Sawyer, Durant's Neck; Murray F. White, Belvedere. Person - Otho J. Snipes, McCoy Bowles, Timerlake; Talmadge Gen-

Pitt-Samuel O, Whittington, Winterville; Lloyd Chappan, J. A. Collins, Grifton.

Polk-Walter Green, Mill Springs; Ernest Jones, Landrum, S. C.; Jones Honeycutt, Melvin Hill.

Randolph-Graham D. Monroe, Sea grave; Ralph Cox Ramsour; Ernest

Macon, Climax. Richmond-McKay Dillon, Jackson Springs; J. Duncan McLean, Ellerbe; Guiton Lomax, Jackson Springs. Robeson-Wilbur Britt, Fairmont:

Clarence Gracey, Rowland; Leroy Townsend, St. Paul; Roy Lewis, Pem broke.

Rockingham-Sam Alson, Lester Jarrett, Reidsville; Dewey Hudson Wenthworth.

Rowan-Ledford Hall, Walter L Garris, Salisbury; J. Yorke Peeler; Rockwell.

Rutherford-Joney Honeycutt, Henrietta; Adolphus Murray, First Broad; Matt Stroud, Ellenboro; Harvey Tate Union Mills.

Holland, Salemburg: George Britt, Moltonsville; Carle Ta tum, Jerry. Scotland--William T. Loviner, Lau-

rel Hill; J. Walter Jones, Jr., Laurinburg; Thomas Steele, Laurel Hill. Stanly-J. D. C. Pickler, New Lon don: Lonnie Smith, Bridgeport: Adam Ferr, Albemarle.

Surry-J. Frank Johnson, Mount Airy; Harvey Key, Rusk; R. D. Denny, Pinnacle. Swain—R. Connor, Judson; Horace Smiley, Almond; Norman Shuler, Bry-

son City. Transylvania-Frank Woodfin, Bre-William Collins, Brevard; Fleming House, Balsam Grove,

Tyrrell-Leslie Spruell, Columbus, Union-Houston Helms, Waxhaw; Lonnie Baker, Jr., Monroe; James

H. Helms, Unionville Vance-J. H. Lambeth, Henderson: Carey A Green, Dabney.
Wake—Paul M. Stevens, Holly

Springs; Joe Chappel, Cary; Julian Hawton, Knightsdale. Warren-Vance St. Sing, Wise

Wallace M. Mustian, Ridgeway; Mark D. Finch, Macon. Wayne-Allen D. Whitfield, Prince-

ton; Donnie Newsome, LaGrange; Herman Aycock, Kenly,
Wilkes—David Wright, Hunting
Creek; Dennis Nichols, Pudear: Claud Settle, Benham.

Wilson-David Pool, Clayton: Rey Oliver, Paul Carner, Pine Level. Yadkin-Marvin A. Holcomb, Boon

ville; Tommie Adams, Yadkinville; Clunette Sprinkle, Louisville. Yancey-Carle Honeycutt, Wilhita.

TALKS OF INDEPENDENCE

AMERICANS SHOULD MANAGE THEIR OWN AFFAIRS IN WAY TO HONOR FOUNDERS.

CRITICIZES THE KNOCKERS

Facts, or Alleged Facts, Being Given Out Do Not Always Tally, Says President Wilson.

Philadelphia Pa -- Advocating the nodernizing of the Declaration Independence by applying its principles to the business the politics and the foreign policies of America, Pro-Wilson thrilled a huge crowd unly to clean asembled in Independence Square within a few feet of where the original nal declaration was signed.

president touched on Mexico. the Panama tolls repeal controserry. his anti-trust program, business total ditions and his ideas of modern pa triotism. Pounding his fist on the table on which the Declaration of in dependence was signed, he declared Americans today must manage their affairs in a way to do honor to the Greater this founders of the nation. There are along this lit. men in Washington today, he de-clared, whose patriotism is not showy but who accomplish great patriotic things. They are staying in Washington, doing their duty, keeping a quorum in each house of Congress to do business, "And I am mighty glad to stay there and stick by them," he added

Touching on business conditions of the country, President Wilson said a great many allegations of facts were being made, but that a sreat many of these facts do not tally with each other.

"Are these men trying to serve their country or something 'smaller than their country?" the president asked. "If they love America and there is anything wrong it is their business to put their hands to the task and set it right."

Eighty-five per cent of the Mexican people, the president said in touching on Mexico never have had a right to have a "look-in" on their government while the other 15 per cent were running it.

"Now, the American pople have heart that beats for them just as it beats for other millions," Mr. Wilson continued. "I hear a great deal about the property loss in Mexico, and I regret that with all my heart, but back of it all is a struggling people. Let us not forget that struggle in watching what is going on in front.

"I would be ashamed of the flag if we did anything outside this country which we would not do in it," the president declared.

Speaking of Panama tolls. the president said the treaty with England might be a mistake, but its meaning cannot be mistaken and he believed keeping the nation's obligations He believed in keeping the name of the United States unquestioned and

unsullied. Before the president got his speech well under way the crowd surged forward in such confusion that a panic was threatened. Two companies of marines and sailors stood before the speaker's stand and the president was forced to stop several times but finally got the crowd under control.

TROOPS MOVE TO CAPITAL.

Federals Are Recruiting and Prepar-

ing to Attack Mexico City.
Eagle Pass, Tex. — Information
brought by messengers from Saltillo was that troops from the division of the East have been ordered by Gen eral Pablo Gonzales to proceed in-demiately to Queretaro. This move is sarded as significant of the part th division of the East intends to pla n the final assault on Mexico City the final stand of the Federals prot

will be made at Queretaro. The movement to Queretaro, here, also was precipitated by the withdrawal of Federal troops under General Pascual Orozco from the Queretaro garrison to reinforc the Muxico City garrison.

Want \$10,000 to Fight Plague. Atlanta, Ga.—The State Board Health, is was announced a few days ago, has asked the General Assem bly, through Governor Slaton, for an appropriation of \$10,000 with which to fight possible entrance of bubonic plague into Georgia seaports. In requestiong the appropriation the health officials announce they wish to make an investigation, following the mendation of Surgeon General Rupert Blue, of the United States Health and Marine Hospital Service now at New Orleans

Killed by Dynamite. Dayton, Penn.—An explosion

dynamite here killed William Clever. aged 2, and so seriously injured Fred Clever, age 6, and his sister, Grace, aze 4, that physicians said they could not live. John Wargney lost his right hand. A friend had taken four sticks of dynamite to the Clever home to preparing the charge, William picked up one of the caps and bit it. The explosion that followed instantly kills him and set off the dynamite.

Hone Town

P AND GROWING CLEANING

Possible

operty. Cleaning limited in meaning. hrough housecleaning, ay clean streets and Homes mat householde move every rubbish buildings strenuous sidewalks v efforts may de, will be made, to of litter carted away. That is a ! ning.

ery One to Plant a Flowers on Their

be made beautiful by The city is nature's wor Plants respond to ev ery little car Flowers bloom when simost negled it. Is it not right not unly to clean but to start the habit of growing posts bearing flowers? of growing p

It is not cult and almost inexreat concern in this city, with human eds of windows in the building, whe a thousand work, has potted plants on every sill. Trailing vines he way cover the brick walls, though hey are artistic. In factory is a joy to midwammer these who lik to see evidences of nature's handingk.

Greater this can be accomplished A space two yards wide and ten irds long in front of a will yield abundantly factory or stq. The window iges bear flowers, the ve earth and they will vacant spots satisfy the ey with a charming mixgiven half a chance. ture of color famed in story and One prison song, had not joy. Through a crev ice in the da wall there came the

flower. He nurse and gave it couragement with a ater from his limited few drops of supply. He well rewarded, as the ambitious flo wanted to grow. And they want to row on every vacant every city has acres foot of land in the aggreg Clean-up proper rallying cry, but add to a desire to see na

grow, and the city

e a city beautiful.-

rcial Tribune. INVITED PLANT TREES

ture's mary

clean also

Cincinnati C

Park Commi er Ingersoll of Brook lyn Urges tematic Beautify-

Park Comr ner Raymond V. Ingersoll of the ough of Brooklyn has phiet entitled "Tree Streets," which is to published a Planting on rty owners whose be went to trees are ren as dead or danger ouis. "Citizens

rged to plant tree property," the comin front of the missioner Still better individual p is co-operative planting by method secu uniformity of treatment and has in several se successfully Fuller particulars will be The departme ares for the pruning and spraying o treet drees and the It has no ap treet planting. The trees in Brooklyn is propriation 6, number of atgrowing less ,y bout fifteen hundred

Commission ingersoli recommends the Oriental camore, the Norway maple, and the red oak for city streets The poplars, silve maple, catalpi and willow are classed by him as unestrable.

Some Cardening Advice. When he beins gardening the amaseur calls a sade a spade. After the third blister his vocabulary expands. Don't expec your heliotrope blosoms to smell like the cologne named

after them. Trailing Arbutus should be hunted. not planted. Wistaria grows well, but it takes its

own time about it. When introducing tomato plants to their summer home be gentle and courteous. A little kindness at this time will make them happy all the

eason through Cultivating , hedge is like acquirng an accent. You always prefer the way the native, do it.—New York Telgraph,

Keep on Cleaning Up. Gratifying results followed the tituclean-up f little impo ance if the spirit does ot continue filladelphia icker, and i now in its best bib and ould remain so. Much arily depend upon the s we neces uthorities fo the Leavier part of the vork, that w ch is most essential is useholder shall make up his mind to maintain existing con ditions. It is the bits of paper and clusters of dir. They are eas y removed and ought ed to accumulate. Let a clean-up week.—Philevery week b

"Bush ens st be picking up with ou," said th own a bur

postman, as he threw of letters. business," the man at ed, with a sigh. "My away at college now, ands for more monay." No. It isn he desk rep wo sons are heza are de

SAYS GET BACK TO YOUTH

Advice of Physical Director to Tired Business Men About to Take Va-cation Worth Heeding.

Business men about to start on their summer vacations are advised to read dime novels, smoke cornsilk cigarettes and act like "kids" again, by Dr. Louis R. Weismiller, physical director of the West Side Y. M. C. A. of New York, His prescription for the rejuvenation of business-worn members of the association has been posted all over the association's building. It reads:

"Forget your dignity, throw away your staidness, and be a kid againwholesome, fun-loving, boisterous, dime-novel-reading kid—during your vacation. Many of you men, when youngsters, used to think it great fur to sneak out behind the barn, with a cigarette made of cornsilk and rown wrapping paper. It won't hurt you to try the same thing again. You won't be able to smoke enough to hurt your self, and there's no danger of contract-

ing the cornsilk habit,
"Dime novels make good summer reading. They are next to the lible vacation reading, but take the Bible along, of course. Many great men read Nick Carter, Jesse James and like writings for relaxation. Most of you men have come to New York and have made good. Help yourselves to make good again next winter by being a boy agalu on your vacation

Tetterine Cures Itching Piles.

Again I am calling for the best saive I ever used. Enclosed find \$2.50. Send me one-half dozen boxes of Tetterine Cures Ecsema. Tetter, Ring Worm. Boila. Rough Scaliy Patches on the Pace. Old Itching Sores, Itching Place.

Tetterine Cures Eczema, Tetter, Ring Worm, Boila, Rough Scaly Patches on the Face, Old Itching Sorea, Itching Piles Cankered Scalp, Chilbiains, Corns, and every form of Scalp and Skin Disease. Tetterine Sc. Tetterine Song 26. Your druggist, or by mail from the manufacturer, The Shupririne Co., Savannab, Ga. With every mail order for Tetterine we give a box of Shuptrine's 10c Liver Pills free, Adv.

LAUGH ON OLD CAL CLAY

Jack London Makes a Comparison in Story That Has the Elements of Humor. Jack London said in Vera Cruz,

correspondent: "Some of these young war correspondents whom I see about me are as ignorant of war correspondence-ship as old Cal Clay was ignorant of

where he was sojourning as a war

"I found old Cal Clay sitting in his shirt eleeves on his front stoop one day, puffing like mad on his pipe, and never getting a puff of smoke from it. "As I drew near he struck three matches and held them to the bowl;

he sucked and sucked till his cheeks seemed to meet inside; still never a puff of smoke. "And burnt matches lay all round

his chair. There must have been a

"Why, Cal,' said I, 'what on earth are you doing?" That chump of a Wash White's been tryin' to fool me, I expect,' said he, and he took another futile puff and put his pipe down in disgust. That chump Wash told me if I smoked a piece of glass I could see the spots on

the sun. For Warm Days. "Why do you call so often on Miss

Haughty these evenings? You never did it before." "I know, but she has such freezing

A desirable thing to know is how best to sweeten the bitters of life with mirth.

HIT THE SPOT.

Postum Knocked Out Coffee Alls. There's a good deal of satisfaction and comfort in hitting upon the right thing to rid one of the varied and constant ailments caused by coffee

drinking. "Ever since I can remember." writes en Ind. woman, "my father has been a lover of his coffee, but the stomach that he could scarcely eat at "Mother had coffee-headache and

dizziness, and if I drank coffee for breakfast I would taste it all day and usually go to bed with a headache. "One day father brought home a pkg. of Postum recommended by our grocer. Mother made it according to directions on the box and it just "hit the spot." It has a dark, seal-brown color, changing to golden brown when cream is added, and a snappy taste similar to mild, high-grade coffee, and

we found that its continued use speedily put an end to all our coffee ills. That was at least ten years ago this, been a standing order of father's

When I married, my husband a great coffee drinker, although he admitted that it hurt him. When I mentioned Postum he said he did not like the taste of it. I told him I could make it taste all right. He smiled and said, try it. The result was a success, he won't have any-thing but Postum."

thing but Postum."

Name given by Postum Co., Battle Creek, Mich. Rend "The Road to Wellville," in pkgs.

Postum now comes in two prins: Regular Postum—must of well belied—150 and 25c packages.

Instant Postum—is a soluble powder. Made in the cup with hot we term no boiling—30c and 50c tins.

The cost per cup of both kinds about the same.

"There's a Reason" for Postum.

There's a Reason" for Po -sold by Gros