

CALOMEL IS MERCURY, IT SICKENS! STOP USING SALIVATING DRUG

Don't Lose a Day's Work! If Your Liver is Sluggish or Bowels Constipated Take "Dodson's Liver Tone."—It's Fine!

You're bilious! Your liver is sluggish! You feel lazy, dizzy and all muddled out. Your head is dull, your tongue is coated; breath bad; stomach sour and bowels constipated. But don't take salivating calomel. It makes you sick, you may lose a day's work. Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel crumbles into sour bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping. If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoonful will clean your

DEFENDS POPULAR REMEDIES

Speaker Says Newspapers Should Investigate Merits of Medicines Before Barring Advertisements.

That an organized attempt has been made to blacken the reputation of the popular family remedies of this country, and to mislead the newspaper publishers into rejecting the advertising of such medicines, was the charge made by Carl J. Balliett, of Buffalo, N. Y., at the convention of the Advertising Association at Detroit. Mr. Balliett is a director of the Proprietary Association of America, which includes in its membership two hundred firms which make the popular family remedies of America.

Mr. Balliett pointed out that it is the duty of the newspaper publisher to refuse the advertising of any fraudulent medicine, just as it is his duty to refuse any fake or fraudulent advertising, but it is not right to put down on all medical advertising because there have been some failures. More than it would be right to refuse to publish all department store advertising because certain stores have made a practice of lying about their goods.

Disease and death are mysteries. People who are perfectly well are skeptical. They laugh at the time-worn patent medicine joke, just as they laugh again and again over the many variations of the operation joke. "The operation was a success but the patient died." This so-called humor has perhaps hurt the medicine business with well people, but where the hitherto healthy man feels a severe pain or illness, he immediately seeks medicine, and will believe the doctor, a homeopath, an osteopath, a Christian Scientist or patent medicine. There is nothing more deadly than disease; nothing more profitable than to cure it.

Mr. Balliett refuted the idea sought to be spread about that patent medicines are unpopular by showing that from 1900 to 1912 the amount of patent medicines consumed in America increased from \$100,000,000 to \$160,000,000 annually. He showed that although the American Medical Association is trying to organize to eliminate so-called patent medicines, the family doctor, individually, is fighting them but prescribing them. He estimated that 40% of the prescriptions written by doctors today are for proprietary medicines.

The writings of Dr. Harvey W. Wiley, he said, have also aimed to decrease confidence in proprietary medicines; but that Dr. Wiley's ideas are reliable is shown by cases where analyses were entirely wrong. Mr. Balliett mentioned a case where, with the power of the Government, he had a preparation as being dangerous to health, and was indignantly opposed.

There has been spread the idea that a doctor can mix a few useless ingredients and, by smart advertising, tons of it and win sudden wealth; or, as a matter of fact, the medicine business is notoriously difficult, where there has been one success, there have been a hundred failures. Any medicine which has no effect cannot live, because persons are duped into buying it once will not buy it again, and the profit from selling a medicine can only come from repeat sales to the same, satisfied people. There is no market for a medicine which has been on the market for a number of years, and is still advertised, must have merit behind it to account for its success.

WINCHESTER

THE W BRAND

REVOLVER AND PISTOL CARTRIDGES.

Winchester Revolver and Pistol cartridges in all calibers prove their superiority by the targets they make. Shoot them and you'll find they are the best.

THE KITCHEN CABINET

Be no longer a Chaos, but a World. Produce! Produce! Were it but the pitiful infinitesimal fraction of a product, produce it! In God's name! The utmost thou hast in thee out with it, then. Up! Whatever thy hand find to do, do it with thy whole might.—Carlyle.

FOR THE SWEET COURSE.

There are so many dainty little sweets which make a good finish for a heavy meal when a hearty dessert is out of place that in the following may be found some suggestions: Cream puffs filled with any desired filling, like jam, jelly or preserves, powdered with sugar and heaped in a standard dish make a pretty as well as toothsome dessert.

Apple Trifle.—Make a good, well-seasoned sauce sufficient to make a pint. Put through a sieve and reheat. Have ready half a package of gelatin softened in a cupful of cold water and stir this into the scalding hot sauce. When it is dissolved and the sauce is quite cold, fold in a pint of whipped cream and flavor with nutmeg. Turn into a mold that has been wet with ice water and let stand for several hours in a cold place. Serve with plain cream or a custard sauce.

Orange Cream.—Beat until stiff a pint of cream. Soak a half package of gelatin in a cupful of cold water until dissolved. Beat the yolks of three eggs, add the strained juice of two large oranges and the rind of one. Stir into a cup of boiling water, adding the eggs, and when hot and thick stir in the softened gelatin and a cupful of powdered sugar. Pour into the halves of oranges to mold, or serve in sherbet cups with cream. Kumquats make a good garnish for this dainty dish.

Chocolate Junket.—Bring to a lukewarm heat a pint of milk. Let cool and mix in a half cupful of sugar and a third of a cupful of boiling water, a quarter of a cupful of grated chocolate, and when dissolved add a crushed junket tablet and a pinch of salt. Flavor as desired with vanilla and let stand in a warm place to set. Be careful not to scald the milk or the junket will lose its virtue. Serve with nuts sprinkled over the top or with whipped cream.

Rice is so well cooked in a cooker that it is a favorite dish with many. It may be served with cream and sugar as a dessert or with butter as a vegetable.

All men whom mighty genius has raised to a proud eminence in the world have usually some little weakness which appears the more conspicuous from the contrast it presents to their general character.—Pitkwick Papers.

SOME BEST DISHES.

Here is a dainty dessert which is good enough for the best of companies: Mix together two and a half cupfuls of sugar, one cupful of water and a tablespoonful of flour, boil and strain with the juice of three lemons, three oranges three mashed bananas and a can of grated pineapple, with three cupfuls of water. Fold in three egg whites beaten stiff and freeze as usual.

Marshmallow Cream.—This is a most delicious dessert which may be easily made and takes the place of a frozen dish. Cut half a pound of marshmallow in fourths, add to a cupful of cream beaten stiff, and two stiffly beaten whites of eggs, one cupful of walnut meats broken in bits, a tablespoonful of powdered sugar and a pinch of salt. Flavor with any desired flavoring and serve in sherbet cups. Garnish with cubes of jelly or with candied cherries.

Filled Cookies.—To a half cupful of shortening add a cupful of sugar, one egg and half a cupful of sweet milk in which one teaspoonful of soda is dissolved. Sift three and a half cupfuls of flour with two teaspoonfuls of cream of tartar add a teaspoonful of vanilla and mix well, roll out thin and cut with a cookie cutter. Cook a cupful of chopped raisins with half a cupful of water, a tablespoonful of flour and lemon juice to taste. When thick remove and place a teaspoonful on one cookie, cover with another and bake until brown. A filling of figs and dates may be used instead of raisins if so desired.

String beans either canned or freshly cooked make a most satisfying salad, with a bit of chopped onion and any salad dressing desired.

Nellie Maxwell.
First Field Artillery.
The first field artillery was devised by Gustavus Adolphus. His beaten copper gun, wrapped in leather, could be fired faster than a man could fire a musket. It was due to the proficiency of his artillery, more than any other reason, that he was able to carry on the Thirty Years war.

Put That Pain to Use

The network of nerves in your body, like the network of wires in a burglar alarm system, gives quick warning when anything is going wrong inside. Looking at it in this way a pain is a useful alarm. Now, kidney weakness is a dangerous thing—a condition not to be neglected—and it is wise to know and pay attention to the early alarm signals of sick kidneys.



"I can hardly straighten up."

As to Doan's Kidney Pills, read the following enthusiastic endorsement by one who has tested them.

LOST WEIGHT STEADILY

Nothing Brought Relief Until Doan's Were Used

Levi H. Tickle, Mon College, N. C., says: "Some years ago I was in a train wreck and my kidneys were injured. I had awful pains in the small of my back and when I stooped or lifted the attacks were so bad I could hardly straighten up. My back ached terribly at night and when I got up in the morning there was lameness through my joints. I tried easily, was languid and nervous and had such bad dizzy spells that my sight became blurred. The urinary secretions were filled with sediment and I was obliged to get up three or four times at night to pass them. I had a constant thirst and though I drank large quantities of water, it was not quenched. I lost twenty-five pounds in weight and gave up all hope of recovery. Plasters, liniments and medicines failed and I was told that my case was drifting into Bright's disease. Finally I learned of Doan's Kidney Pills and they relieved the awful misery in four or five days. I kept on using them and three boxes fixed me up in good shape. I intend to keep on using them and I can't be too grateful for the improvement they have made."

DOAN'S KIDNEY PILLS

"When Your Back is Lame—Remember the Name"

Sold by all Dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., Proprietors

LIMITED CHOICE OF VIANDS

Guest Who Didn't Care for Salmon Was in Fair Way to Have Hot Breakfast.

In some parts of the Canadian back country the recurrence of boiled salmon, broiled salmon, salmon cutlets, and salmon steak at every meal becomes, after a few weeks, a trifle monotonous. To the native palate, brought up on it, this constant reappearance of the selfsame dish is a matter of course; but to the newly arrived tourist it grows at last into a feeble joke.

"Is there nothing else for breakfast?" said one such victim of colonial hospitality, as a whole fish and a pot of mustard were laid before him on the table.
"Nothing else!" replied the host, in surprise. "Why, there's salmon enough there for six, ain't there?"
"Yes," responded the guest, mildly; "but I don't care for salmon."
"Well, then, fire into the mustard," was the rejoinder.

Accuracy First.

Far down in the basement is a machine of particular interest to astronomers and scientists. It is the celebrated dividing engine, which makes it possible to the delight of mathematicians, to divide a circle accurately, even to within one second of arc—surpassing the records of all previous dividing engines. This degree of accuracy was accomplished after years of experiments in a room heated to 30 degrees, or as near practicable to the heat of the body of the operator, for even a breath might interfere with the tiny scratches on the silver bands of the revolving disc.—An Afternoon with Ambrose Swasey, by Joe Mitchell Chapelle, in National Magazine.

Preparing for Eventualities.

Shortly after the declaration of war in Germany, the cashier of the largest bank in Berlin received from a stranger the following letter, postmarked Dresden:
"Dear Sir: A few weeks ago, while in Berlin on my vacation, I found myself temporarily in need of money and pawned my diamond ring. I enclose the pawn ticket to you, asking that you redeem the ring, sell it for what you can and turn the proceeds over to the Red Cross fund. It may be that I shall have no further use for jewels."

A REBELLION Food Demanded.

The human body will stand a lot of abuse, but sometime it will surely rebel and demand proper food in place of the pasty, starchy, greasy stuffs on which it has been made sick.

Then is the time to try Grape-Nuts, the most scientific and perfect food in the world.

A lady of Washington says: "Three years ago I was very ill with catarrh of the stomach and was given up to die by one doctor. I laid in bed four months and my stomach was so weak that I could not keep down medicine or hardly any kind of food and was so weak and emaciated after four months of this starvation that my daughter could easily lift me from bed and put me in my chair.
"But weak as my stomach was, it accepted, relished and digested Grape-Nuts without any difficulty the first time that wonderful food was tried.
"I am now strong and in better health than for a great many years and am gradually growing still stronger. I rely on Grape-Nuts for much of the nourishment that I get. The results have certainly been wonderful in my case and prove that no stomach is so weak it will not digest Grape-Nuts."
"My baby got fat from feeding on Grape-Nuts. I was afraid I would have to stop giving the food to him, but I guess it is a healthy fat, for his health is just perfect." Name given by Postum Co. Battle Creek, Mich.

Look in packs for the famous little book "The Road to Wellville."

Wonders of the Shellfish.
Speaking of the wonders of the deep, the most remarkable facts about the shellfish are that they are the only creatures that can live in the water.

Another Sort.

"I gather from what he said that Jim's wife is the gray mare."
"She is more of an old nag."

EASY WAY TO CLEAR BAD COMPLEXIONS

Pimples and blackheads disappear, red, rough, blotchy complexions become clean, clear and velvety, and hair health and beauty are aided by the regular use of Resinol Soap and a little Resinol Ointment. They do their work easily, quickly and at little cost, even when other methods fail.
Resinol Ointment and Resinol Soap stop itching instantly and speedily heal skin humors, sores, wounds and chafings. Sold by all druggists.—Adv.

A mouse scares a woman almost as badly as a milliner's bill scares a man.

Made since 1846—Hanford's Balsam. Adv.

A youth always wants to marry; a pretty girl because his parents want him to marry a sensible one.

For sprained wrist rub on and rub in Hanford's Balsam thoroughly. Adv.

Occasionally a man's sense of humor may head off the doctor.

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Irritated Eyelids. No Stinging—Just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

It takes a lot of confidence to enable a man to enjoy hash.

Objected to the Statement.

"We all make fools of ourselves at times, your worship," said a man who was charged at the Lambeth police court with insulting behavior.
"You can only speak for yourself," retorted Mr. Biron.—London Tit-Bits.

SPECIAL TO WOMEN

The most economical, cleansing and germicidal of all antiseptics is

Paxtine

A soluble Antiseptic Powder to be dissolved in water as needed.

As a medicinal antiseptic for douches in treating catarrh, inflammation or ulceration of nose, throat, and that caused by feminine illis it has no equal. For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women, which proves its superiority. Women who have been cured say it is "worth its weight in gold." At drugstores. 50c. large box, or by mail. The Paxton Toilet Co., Boston, Mass.

SAVE YOUR MONEY.

One box of Tut's Pills cures many dollars' worth of doctor's bills. A remedy for diseases of the liver, sick headache, dyspepsia, constipation and biliousness, a million people endorse

Tut's Pills

RHEUMATISM CURE—A PREPARED FORMULA. Tut's Pills. Formula No. 1. F. B. STONE, TRIANGLE, N. C.

W. N. U., CHARLOTTE, N. C. 46 15 1.

Weak Heart

Many people suffer from weak hearts. They may experience shortness of breath on exertion, pain over the heart, or dizzy feelings, oppressed breathing after meals or their eyes become blurred, the heart is not sufficiently strong to pump blood to the extremities, and they have cold hands and feet, of poor appetite because of weakened blood supply to the stomach. A heart tonic and alterative should be taken which has no bad after-effect. Such is

Dr. Pierce's Golden Medical Discovery

which contains no dangerous narcotics or alcohol.

It helps the human system in the constant manufacture of rich, red blood. It helps the stomach to assimilate or take up the proper elements from the food, thereby helping digestion and curing dyspepsia, heart-burn and many uncomfortable symptoms, stops excessive tissue waste in convalescence from fever, for the run-down, anemic, thin-blooded people, the "Discovery" is refreshing and vitalizing.

In liquid or tablet form at most drug stores or send 50 cent stamp for trial box to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y.

Read Chapter VII on Circulatory Organs in the "Medical Adviser"—A French cloth-bound book of 300 pages sent on receipt of 21 one-cent stamps, address as above.

Rheumatism Muscle Colds

"It is easy to use and quick to respond. No work. Just apply. It penetrates without rubbing."

Read What Others Say:
"Have used your Liniment very successfully in a case of rheumatism, and always have a bottle on hand in case of a cold or sore throat. I wish to say I think it one of the best of household remedies. I would not have used it only it was recommended to me by a friend of mine who, I wish to say, is one of the best boosters for your Liniment I ever saw."—J. W. Fuller, Denver, Col.

"Just a line in praise of Sloan's Liniment. I have been ill nearly fourteen weeks with rheumatism, have been treated by doctors who did their best. I had not slept for the terrible pain for several nights, when my wife got me a small bottle of the Liniment and three applications gave me relief so that I could sleep."—Joseph Tomlyn, 618 Commerce Street, McKeesport, Pa.



SLOAN'S LINIMENT

Good for Neuralgia, Sciatica, Sprains and Bruises.

All Dealers 25c.
Send four cents in stamps for a free TRIAL BOTTLE.

DR. EARL S. SLOAN, Inc. Dept. B Philadelphia, Pa.