

"CASCARETS" FOR SLUGGISH BOWELS

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now. Turn the rascals out—the headache, oiliness, indigestion, the sick, sour stomach and foul gases—turn them out to-night and keep them out with Cascarets.

Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels or an upset stomach.

Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great.

A Cascaret to-night straightens you out by morning. They work while you sleep. A 10-cent box from any drug store means a clear head, sweet stomach and clean, healthy liver and bowel action for months. Children love Cascarets because they never gripe or sicken. Adv.

Cruel to Cows.

Bill—See Mrs. Addie F. Howie of the School of Agriculture at the University of Wisconsin says cows have souls and respond to music when milked.

Jill—But doesn't Addie think it cruel to pretty milk out of a poor cow like that?—Yonkers Statesman.

SALTS IF BACKACHE OR KIDNEYS TROUBLE YOU

Eat Less Meat If Your Kidneys Aren't Acting Right or If Back Hurts or Bladder Bothers You.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness. Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink.—Adv.

Easy.

"She's the limit at flirting with soda-water clerks."
"How long can she keep up the flirtation?"
"Oh, about five sodas."

IS CHILD CROSS, FEVERISH, SICK

Look, Mother! If tongue is coated, give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sours, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well child again. Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Just One Glance.

Phyllis—She married for money.
Maude—How do you know?
Phyllis—I've seen him.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your eyes young and you will look young. After the Movies Use Murine Eye Remedy. Don't tell your age. Murine Eye Remedy Co., Chicago. Sends Eye Book on request.

But love renders a man color blind to complications.

WATER SUPPLY ON TURKISH DESERT



German well diggers accompanying the Turkish army on its way across the desert discovered that it would be necessary to cache water along the route. For this reason they contrived water boxes, which are "planted" at certain intervals across the desert sands. The photograph shows the great array of boxes at one of the water stations. The water carriers are waiting for the arrival of the troops.

"TOMMY" IS A STOIC

Battle Wounds Fail to Shake British Soldier.

Doctor Gets New Conception of Word Patriotism in Caring for Wounded at the Front—Medical Service Highly Efficient.

Chicago.—"The Miracle of the Fighting Men" suggests itself as a pretty good caption for the following interview, writes Charles N. Wheeler in the Chicago Tribune.

Doctor Chancellor was one of the Chicago unit that crossed over last June to take charge of a base hospital up near the French fighting line. Only English wounded and sick were brought to this hospital.

The doctor had six months of it—not all of the time in the base hospital.

In the sector in which Doctor Chancellor was working they had accommodations for some 30,000 wounded and sick. In his own base hospital, forty miles back from the first line of trenches, they cared for 1,000 under normal conditions.

After one of the "drives" they crowded it up to 1,500.

"The human mind is a wonderful thing," said Doctor Chancellor while resting at his club.

"I don't know just how many thousand wounded we handled. But in the six months I did not hear a single conscious man groan. It was the same with the seriously wounded—not a sound or a protest. Only those who had been rendered unconscious gave expression to the shock. It was involuntary.

"The English boys took their medicine quietly. It was a strange revelation—this modern type of the Spartan. In the six months, working all the time among the wounded and the sick, I didn't hear a single man swear. I didn't hear a single loud voice.

"And there was no fear anywhere.

"I thought I knew what was meant by the word patriotism. I had no conception of it until we got to work behind the trenches.

"Some of the men were badly hit. The wounds made by shells were nasty. But not a whimper out of one of them—except the unconscious.

They asked no questions, offered no protests—simply did what you told them—did it with no thought of the death that was all around them.

"For their country" was the only thought that possessed their minds. The ordinary human thoughts had left them almost entirely.

"I have no idea of how long the war is going to run. I have no means of knowing what the resources of the belligerents are or what the programs are.

"All I know is that the British on this front will fight as long as they get ammunition and food, and they will fight, if they can get ammunition, without much concern about the regularity of the meals.

"The whole world seems to know now about the French. Wonderful people they are. Their inspiration is beyond us ordinary mortals. They die gladly and quietly. Their invocations are all for beautiful France.

"I was educated for a time in Germany and I know something of the great efficiency of the German medical staff. But I don't think Germany outclasses in this war the French and English medical department, for the latter is about as near perfect as human brains can make it.

"We had no typhoid. That is a very important statement at this time. How is it accounted for? Vaccination and patriotism. The men stand in muddy trenches, but they are out in the open. They think only of their country—of the empire.

"That was the big surprise for all of us—no typhoid. The medical organization of the R. A. M. C. is most extraordinary. It is simply efficiency built on common-sense methods. We had no new method, no new aesthetics, no new antiseptics. We used chloroform on the battlefield and ether back in the hospitals.

"But every trench was supplied with pure water, mostly artesian. We used some river water, but it was all filtered.

"No raw vegetables or fruit were allowed.

"Everything had to be cooked. Every pint of milk was boiled before it

got to the soldiers. It was simply the common-sense method of prevention. "The pathetic cases were the 'involuntary cowards.' That's a new mental affliction peculiar to this war of high explosives. When men are brought back from the firing line suffering with concussion due to high explosives they are sent back home as soon as possible. Their fighting days are over.

"I think I saw the real spirit of the fighting men. It is still strange to me in a way. The word panic is unknown, even among the wounded and the dying. There is not the slightest suggestion of fear anywhere."

TRAVELS FAR FOR SKATING

Lure of Winter Sports Too Much for Eleven-Year-Old American Boy in Brazil.

New York.—Moses Speter is a youngster of whom great things may be expected. Already at the age of eleven he has the nerve, the daring and the qualities which many a person of more mature years would desire to possess. Moses will tell you he is a self-made man, and tell it to you with all the pride of an American citizen.



Moses Speter.

When a fellow is only eleven years old, it takes a lot of hustling to get enough money together to make a trip down to Brazil, but Moses thinks nothing of such a mere trifle as the handicap of age when he makes up his mind he is going to get what he wants. A number of years ago his mother, who formerly lived in Brooklyn, married a second time and with her husband went to some "tank" town down in Brazil. The name of the place, which became known only through the efforts of Moses, is Bello Horizonte. When Moses decided that he ought to give his mother a chance to see her son had grown into young manhood, he started off on his long voyage from the home of the relatives with whom his mother placed him in Brooklyn, never for a moment thinking that in Bello Horizonte even the very oldest of the oldest residents does not know what a chunk of ice looks like.

With eleven years' experience in a world of hard knocks he ventured out into the great unknown in search of Bello Horizonte, and arrived there to the great delight and astonishment of his mother. For a while Brazil appealed to him, but when the pictures of the "kids" "bellywhopping" and ice skating refused to be erased from his brain, Moses decided to shake the dust of Bello Horizonte off his heels and started for his home burg, arriving late in December. The authorities at Ellis Island were so astonished at seeing the youngster that at first they did not know what to do with him. It was only after they had an official conference with Washington that they got over it. In the meanwhile they gave him the best on the island until it was decided that being a native-born American citizen, he is entitled to all the dignity and consideration due such a person.

Died After One Hundredth Birthday. St. Augustine, Ill.—Mrs. Mary Rowe, who celebrated her one hundredth birthday last January, is dead. Mrs. Rowe, who was a native of Norwich, N. Y., had eight children, 45 grand children and 38 great-grandchildren.

IS MECCA OF SPIES

Saloniki Swarms With Agents of Central Powers.

Watch Every Train and Vessel With out Molestation—Tasks Performed With Cynical Audacity That Is Really Provoking.

London.—From Saloniki an English press correspondent communicates under date of November 25, the following account of the spy system established there by Germany and her allies:

"Since it became the base of the Anglo-French operations in the Balkans, Saloniki has attained an importance unprecedented in all its history. It has become the gathering place of a heterogeneous assemblage of soldiers representing nearly every race under the sun, and besides it has been infested with such an army of spies that one fairly stumbles over them. Saloniki seems to have become a veritable paradise to these contemptible individuals, who strut about here at their leisure, without being interfered with in the least. They perform their tasks with a cynical audacity which is really provoking.

"Here one will find the elite of the German, Austrian and Bulgarian world of espionage. As soon as a traveler alights from a train at Saloniki some sly-looking person is sure to be on hand, sizing up not only the new arrival himself but also his baggage, etc. If possible, the watchful person will try to get a peep at the newcomer's passport, too, when this is presented for inspection. The trail is followed to the hotel, where subsequently the clerk will be pumped for all the information he may be able to supply.

Then the waiters are enlisted in the service of the spy, and if they cannot pick up enough satisfactory news through bits of casual conversation with their patron some outsider will be hired to occupy the nearest table in the dining room, in order to try to draw out the stranger by the approved 'ball fellow well met' method.

"If the goings and comings of ordinary private persons are observed so closely, one may rest assured that not a single transport arrives, or a soldier disembarks, without that fact being reported immediately to Sofia, Constantinople or Berlin. Nor can the Greek government be blamed for not intervening in the nefarious business. Greece maintains its neutrality, and on the whole this neutrality is benevolent to the allies. On the other hand, the English-French military authorities have their hands tied in this matter and are quite impotent to take any efficacious measures for protection against the spies.

"The problem, however, is one which calls for a prompt solution."

BLINDNESS NO AFFLICTION

"A Handicap Which Can Be Overcome," Says British Soldier Who Lost Sight in Battle.

London.—Visitors to the Blinded Soldiers and Sailors' hotel, St. Dunstan's, Regents Park, see squads of sturdy men in spotless white ducks and vests leading the new life. They may be giving an exhibition of physical drill before an amazed audience of their relations and friends interested in the work of the hotel.

Blinded in battle, these late soldiers—many of them youths of nineteen and twenty—have been taught to be the cheeriest men in the kingdom instead of being cast adrift in helplessness and misery, a burden to themselves and their kindred.

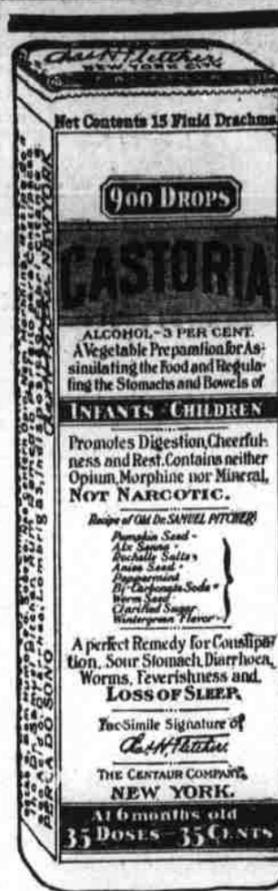
"I used to think blindness was an affliction," said one of the men. "Take it from me, that's all nonsense. Blindness is just a handicap which can be overcome. A blind soldier comes here and in a few weeks the handicap is removed and he can give points to the sighted. St. Dunstan's is an eye-opener!"

FAMOUS TOWER OF SKULLS



This tower was erected at Nish, Serbia, by the Turks in 1809 to celebrate their victory over the Serbian rebels. It was built of rock and skulls of Serbians alternately cemented together, hence its name.

Big Country Schoolboy. Fremont, O.—F. I. Gahn of Rich township is perhaps the biggest country schoolboy in Ohio, if not in the United States. He is sixteen years of age and weighs 260 pounds. Gahn attends the Glaser school, north of Fremont, and is one of the brightest pupils in his class.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature

of

In Use For Over Thirty Years CASTORIA

Nature Work. "Why do you take a camera when you go fishing?"

"Why, old chap, the fish are such slow biters I can take a time exposure of them swallowing the hook."

"Money Back" Medicine. Our readers never risk a cent when they buy Hanford's Balsam of Myrrh because every dealer in this liniment is authorized to refund the money if the Balsam is not satisfactory. Adv.

Much Harder. "There is nothing harder than getting out of a bad habit."

"Yes, there is—getting into a good one."—Boston Transcript.

Piles Cured in 6 to 14 Days. Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, Bleeding or Protruding Piles. First application gives relief. 50c.

Men learn more as they grow older, but it is of less importance.

Makes Hard Work Harder

A bad back makes a day's work twice as hard. Backache usually comes from weak kidneys, and if headaches, dizziness or urinary disorders are added, don't wait—get help before the kidney disease takes a grip—before dropsy, gravel or Bright's disease sets in. Doan's Kidney Pills have brought new life and new strength to thousands of working men and women. Used and recommended the world over.

A North Carolina Case

J. G. Cochran, Biltmore, N. C., says: "I was all down from kidney complaint and my back was so lame and sore, I couldn't work. The kidney secretions were irregular in passage, too. Doan's Kidney Pills drove the trouble out of my system and for two years, I have had no sign of it."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

WE WANT A LADY representative in every town to sell NEVATUM, the greatest nerve tonic for women. 100% profit. Deal with your own sex. Agents easily make \$15 a week. Full sized bottle for sample 50c with instructions. RUSH MEDICINE CO., 181 WARETTA ST., ATLANTA, GEORGIA.

Mitchell's Early Duetts Frolics Cotton seeds boot-weep insects, disease, frost and unfavorable seasons with greatest profit and fields on record. The profit sent free. 100 lbs. seed \$5. Sugar Loaf Farm, Youngville, N. C.

Her Notion.

"Mandy, you seem to have a mighty one husband."

"Yes, indeed. Ah has, mum, but sometimes Ah can't help wonderin' how fine he would a-been of he'd been unfortunate enough to have married a woman who wasn't strong enough to work."

SAGE TEA DARKENS GRAY HAIR TO ANY SHADE. TRY IT!

Keep Your Locks Youthful, Dark, Glossy and Thick With Garden Sage and Sulphur.

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use tonic called "Wyeth's Sage and Sulphur Hair Remedy." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant. You will also discover dandruff is gone and hair has stopped falling.

Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur and look years younger.—Adv.

Close Figuring. Boarding-house Keeper—Susan, will the strawberries go around? Susan (the servant)—Hardly, mum; there's one strawberry short.

Ec-Zene Kills Eczema. Let us prove it. Accept no substitute. If your Druggist does not have it, write to Ec-Zene Co., St. Paul, Minn.—Adv.

Some men want to make hay in February and cut ice in August.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

A girl who has loved and lost boasts of her indifference for the men.

One remedy with many uses—Hanford's Balsam of Myrrh. Adv.

The moral of a dog's tail always points to the past.

Bolivar Women Endorse "Outside" Treatment For Children's Colds

Instead of Dosing Delicate Little Stomachs They Recommend the External Treatment—Vap-O-Rub.

Mrs. M. J. Porter, and Mrs. J. Jacques, of Bolivar, Mo., and Mrs. M. E. Ferrel, on Rural Route No. 2, like all intelligent mothers, believe internal medicines are bad for children, and yet could not find any other kind of treatment. When Vick's Vap-O-Rub was introduced here from the South last season these ladies found it filled the need exactly. Vap-O-Rub is a salve, which, when applied to the warmth of the body, is vaporized by the body heat. These vapors, inhaled with each breath, carry the medication through the air passages to the lungs, and, in addition, Vick's is absorbed through the skin, relieving the tightness and soreness. This two fold action makes Vap-O-Rub useful for a wide variety of inflammations—from inflammations of the air passages and lungs, such as head colds, catarrh, asthmatic troubles, bronchitis and deep chest colds—down to inflammations of the skin and tissues, such as

burns, bruises, stings, piles and muscular soreness.

Mrs. Porter says—"Vap-O-Rub is very fine for sore throat, rheumatism, etc. I take pleasure in recommending it."

Mrs. Jacques says—"I have used several bottles of Vick's Vap-O-Rub, and have found it better than internal medicines."

Mrs. Ferrel writes—"We have given Vap-O-Rub a fair trial and find it excellent for croup, colds, sore throat, etc. It is certainly fine for children. We have also found it very good in cases of sunburn, fever sores and muscular rheumatism." Three sizes, 25c, 50c or \$1.00.

NOTICE:—Last winter, in order to acquaint their customers with Vap-O-Rub, a number of druggists throughout the state presented complimentary jars to a few of their customers, on condition that they give this preparation a thorough trial and report the results. By kind permission these reports are now being used in this series of advertisements.

The Genuine VAPORUB This Trade Mark