

Student At Kessler Field

Kessler Field.—Pvt. Harold W. Sharp, son of Mr. and Mrs. William Sharp of 102 Western street, is enrolled as a student this week at Kessler Field's great airplane school, a unit of the Army Air Force Technical Training Command.

Private Sharp has completed his first course. At Kessler he will undergo 17 weeks of instruction on the B-24 "Liberator" bombers, and

at the successful completion of the course will be qualified for active line duty involving and maintaining these big four engine ships.

His course of instruction will include training in aircraft maintenance fundamentals, airplane structures, hydraulic systems, propellers, instruments, engines, electrical systems, fuel systems, engine operation and inspection.

 —JOB PRINTING — PHONE 157—

Table Shows Point Value For Foods

This table shows the ration point values for processed foods in popular size containers and by the pound

	FRUITS AND FRUIT JUICES (Canned and bottled)			
	19 to 22 oz	28 to 32 oz	46 to 48 oz	per lb.
Apples (including crabapples)	10	15	27	8
Apple sauce	10	15	27	8
Apricots	16	24	37	11
Berries — all varieties	14	21	32	11
Cherries, red, sour, pitted	14	21	32	11
Cherries, other	14	21	32	11
Cranberry, sweet	14	21	32	11
Plum and cherry fruit	14	21	32	11
Guava, fruit	10	15	27	8
Grapefruit, juice	10	15	27	8
Grape juice	10	15	27	8
Peaches	14	21	32	11
Pears	14	21	32	11
Pineapple	16	24	37	11
Pineapple, juice	14	21	32	11
Other	10	15	27	8
(Frozen)				
Apples	16	24	37	11
Peaches	16	24	37	11
Pears	16	24	37	11
Other	16	24	37	11
(Dried and dehydrated)				
Fruit	25	38	57	23
Apples	25	38	57	23
Other	25	38	57	23
VEGETABLES AND VEGETABLE JUICES (Canned and Bottled)				
Asparagus	14	21	32	11
Beans, fresh lima	16	24	37	11
Beans, kidney, wax	16	24	37	11
Beans, canned, bottled, dry	10	15	27	8
Beets (including pickled)	10	15	27	8
Carrots	14	21	32	11
Corn	14	21	32	11
Leas	16	24	37	11
Sauerkraut	5	8	12	4
Spinach	14	21	32	11
Tomatoes	16	24	37	11
Tomato catsup, chili sauce	14	21	32	11
Tomato juice	14	21	32	11
Other tomato products	16	24	37	11
Other	14	21	32	11
(Frozen)				
Asparagus	16	24	37	11
Beans, lima	16	24	37	11
Beans, green, wax	16	24	37	11
Broccoli	16	24	37	11
Corn	16	24	37	11
Peas	16	24	37	11
Spinach	16	24	37	11
Other	16	24	37	11
Soups	10	15	27	8

Baby foods, canned and bottled, all types and varieties except milk and cereals: Four to five and one-half ounces, inclusive, one point; over five and one-half ounces, and including 7 oz., two points

To Help Furnish Vegetables For Army

Atlanta, Ga.—Growers in the southeast will have the opportunity to participate in the Army's program this year of procuring 50,000,000 lbs. of fresh frozen vegetables, the Quartermaster Branch, Fourth Service Command disclosed today.

This comparatively new type of Army food is to be used at posts and camps in Continental United States. The tentative requirements for 1943 include 23,000,000 pounds of green peas, 10,000,000 pounds of spinach, 10,000,000 pounds of lima beans, 4,000,000 pounds of snap beans and 4,000,000 pounds of cut corn. This produce will reach the commercial processing plants from the farms through the regular market trade channels.

The use of quick frozen foods in the Army means in substantial quantities to be beneficial in several ways. Quartermaster officers state. Among other things, it makes available the use of larger quantities of fresh vegetables since in quick frozen form, these foods re-

tain all their "fresh" characteristics as well as most of their vitamin content.

From the standpoint of the canning industry there are two potential benefits it is pointed out. Either a large amount of canned food* formerly used in this country will be released for overseas troops, or a substantial amount of raw food will be diverted to the quick frozen process, thereby saving a vast amount of metal and releasing considerable machinery for other purposes.

Because of their compactness and waste-free nature, quick frozen foods provide significant economies in both transportation and storage space. Important, too, is the fact that they give the troops a year-round supply of fresh fruits and vegetables not ordinarily available except during their comparatively short growing season.



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GARDEN SCHEDULE FOR CLEVELAND COUNTY

Vegetables	When to Plant	Plants for 100 sq ft of Row	Depth of Planting Inches	Days to Come Up	Distances Between Rows	Plants in the Row	Mature or Ready for Use in—	Five Persons Should Use Annually
Beans (Snap)	April-Aug.		1 1/2 to 2	6 to 10	2 1/2 to 2 ft	3 to 4 in	40 to 65 days	75 lbs.
Beans (Pole)	April 15		1 1/2 to 2	6 to 10	4 ft.	2 to 3 ft	50 to 80 days	50 lbs.
Beans (B Lima)	May 15		1 1/2 to 2	6 to 10	3 ft.	6 to 10 in	60 to 90 days	25 lbs. shelled
Beans (P Lima)	May 15		1 1/2 to 2	7 to 10	4 ft.	2 to 3 ft	60 to 90 days	25 lbs. shelled
Beet	Feb. 15		1 to 1 1/2	6 to 10	2 to 2 1/2 ft	4 to 5 in.	60 to 80 days	65 bunches
Cabbage	Feb. 15	65 to 90	1-2	6 to 10	2 1/2 to 3 ft	14 to 18 in.	90 to 130 days	250 lbs
Cantaloupe	May 15		1 to 1 1/2	6 to 10	5 to 6 ft.	Drills 18 in.	120 to 150 days	
Carrot	Feb. 15		1-2	12 to 20	2 to 2 1/2 ft	3 to 4 in.	75 to 110 days	65 bunches
Celery	Mar. 15	200 to 250	1-8	6 to 10	3 to 4 ft.	4 to 6 in.	120 to 150 days	
Collard	May 1-15	65 to 100	1-2	7 to 10	2 to 2 1/2 ft	12 to 18 in.	100 to 120 days	200 lbs
Corn (Sweet)	April 15		2	10 to 12	3 to 3 1/2 ft	30 to 36 in	60 to 100 days	300 ears
Cucumber	April 15		1 to 1 1/2	10 to 14	4 to 5 ft.	15 in.	60 to 80 days	30 lbs
Egg Plant	April 15-30	50 to 70	1-4	6 to 10	3 ft.	18 to 24 in.	100 to 140 days	
Kale	Mar. & Sept.		1-2	6 to 8	2 1/2 to 3 ft	8 to 10 in.	90 to 120 days	100 lbs.
Lettuce	Feb. 15	125 to 200	1-2	4 to 5	2 to 2 1/2 ft	8 to 10 in.	60 to 90 days	200 heads
Mustard	Mar. - Sept		1-4	15 to 20	2 ft.	2 to 4 in	70 days	
Onion	April 15		1 to 2	8 to 12	4 ft.	2 ft.	90 to 140 days	50 lbs.
Onion (seed)	Feb. 15		1-2 to 1	6 to 8	2 ft.	3 to 4 in.	130 to 150 days	
Onion (sets)	Feb. 15		1 to 2	18 to 24	2 ft.	3 to 4 in.	90 to 120 days	
Peas	Feb. 15		2 to 3	10 to 14	3 to 4 ft.	1 in.	40 to 60 days	40 lbs
Peppers	May 15	50	1-2	15 to 25	2 to 3 ft.	15 to 18 in.	100 to 140 days	
Potato (Irish)	Feb.-Sept.		3 to 5		2 1/2 to 3 ft	12 to 18 in.	80 to 140 days	
Potato (sweet)	May 1	75 slips	2 to 3	4 to 6	3 to 4 ft.	14 to 18 in.	140 to 160 days	
Radish	April 15		1-2 to 1	12 to 14	2 ft.	1 in.	20 to 40 days	
Spinach	Feb. 15		1 to 2	14 to 16	2 ft.	1 to 2 in.	30 to 60 days	
Squash (vine)	April 5		1 to 2	6 to 10	7 to 13 ft	2 to 3 ft. drills		
Tomato	April 15	35 to 50	1-2 to 1	4 to 7	3 to 4 ft.	2 to 3 ft.	120 to 160 days	40 lbs
Turnip	Mar. & Sept.		1-4 to 1-2	8 to 12	2 ft.	2 to 3 in.	100 to 140 days	500 lbs
							60 to 80 days	50 bunches

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