

**State College Wins
To Farm Women**

The South Central H. C. State Coll. made the most of every crumb and crust. Show up your state bread by using it in savoury dishes, in puddings, or as French toast. For example, serve French toast just as you might serve waffles and top with a syrup or fruit sauce.

Or, serve French toast for a main dish with creamed meat or vegetables. Remember, too, that dry bread cubes can be used in soups, stews and dressings. They will require a little added moisture. Such cubes also brown nicely for croutons.

And, crumbled dry bread may be used instead of cracker crumbs. Make more soups and stews.

Or, as another idea, bake pastry separately in little squares or diamonds and serve as a topping on sweetened fruits of various kinds. Add the pastry just before serving, so they will be crisp.

If you eat a peeled orange or divide it into sections, you get more vitamin C than if you juice it.

Dust hangs downward, so when you brush walls, brush upward. That prevents smearing and streaking.

An ordinary two-inch paint brush is just the ticket for whisking dust from a bric-a-brac, bookshelves, baseboard crevices, wood carvings, and window sills.

Farm Questions

Q—When is the best time to set strawberries in the home garden?

A—For Western Carolina, March or April. For the Eastern Extension horticulturists, growers should in all cases wait until the period of soil freezing and thawing has passed. The best varieties for the eastern section are Blakemore and Massey and for the western section Premier and Dorsett. Any good local variety can be used. The horticulturists suggest setting from 100 to 300 plants. Full information for handling the crop may be obtained from the County agent.

Q—We have an unusually large supply of sweet potatoes. Where can I obtain recipes for preparing them?

A—Write the Agricultural Editor, State College, Raleigh, for a free copy of "Sweet Potatoes—How to Use Them," Extension Pamphlet No. 79. This publication gives 15 recipes for cooking sweet potatoes, one of the most abundant and best food crops in North Carolina. The Extension nutritionists point out that the sweet potato is one of the richest sources of vitamin A and that it also supplies liberal amounts of calcium, phosphorus and iron.

BY WAY OF MEMPHIS

Let's Eat

Mr. and Mrs. H. E. Chase with to express their appreciation for the many kindnesses shown them during their illness and the following week.

Clarence McDaniel of the U. S. Navy is spending this week with his mother, Mrs. Ella McDaniel.

Miss Della Patterson is spending the Christmas holidays with her father, Mr. Lee Patterson in Rock Hill.

Mr. and Mrs. J. E. Rhodes had as their guest the first part of the week their son, Mr. John Rhodes of Monteville, Ala.

Daddy Rawles of the U. S. Army is spending this week with his grandparents, Mr. and Mrs. Howard Jenkins.

Daddy Deaty of Dallas spent the first part of the week with his grandparents, Mr. and Mrs. D. H. Houser.

Mr. and Mrs. Wright Harmon had as their guest Sunday Mr. and Mrs. T. R. Pogeman of Pow Creek.

Mr. and Mrs. Lloyd Gates entertained Miss Jo Ann Cole with a surprise birthday party on her 13th birthday.

Thomas Cheuning of the U. S. Army was a guest in this vicinity Monday.

NEGRO NEWS

By Mrs. Jessie C. Coe

Mrs. Florence Wade returned home from the Shelby Hospital last Saturday where she underwent an operation. She seems to be improving but is still confined to her bed.

Mrs. Elizabeth McClain returned home near Grover last week from the Shelby Hospital where she has been taking treatment.

Pvt. Jacob Harris returned to home last Saturday after spending a few days with his mother, Mrs. J. Harris.

Pvt. Charles L. Fronsberger has returned to Camp Hood, Texas, after spending a few days with his parents and friends of the city.

The Rev. O. B. Burson of the Compact community preached at the Zion Church in Bessemer City last Sunday morning.

Q—How can I prevent waste of food in the home?

A—State College home economists suggest a proper planning of meals. Purchases of food should be watched closely. Food should be frozen.

The USDA has announced a 1943 program for winter cover crops and which will support prices on hairy vetch, common vetch, crimson clover, and ryegrass seeds at levels from 5 to 60 percent higher than last year.



One hundred and twenty years ago Clement Clarke Moore's jolly poem, "A Visit from St. Nicholas," first appeared. Each year since then it has contributed to the joy of Christmas. We want to say that if we were able to gather up all this joy and wrap it up in one big package it would hardly represent our wishes for your Christmas happiness this season of 1943.

Victory Gin Co.

F. D. Herndon

Christmas with Cheer

As one hands down a good name, Christmas each year hands down its traditions, and all are good. It has been a tradition here to regard the good will of our customers as our most precious asset. In this holiday season of 1943 we extend to you, not as a customer alone, but as a friend, our very best wishes for a . . . Merry Christmas.

Carl Roberts, Manager

Cleveland Gas Company



War or peace, a brave new world is in the making—a world in which better opportunities will be had for all. The Spirit of Progress is on the march, and we may all look hopefully to the future. At this time it is fitting that we count our many friends and recall the happy relationships of 1943. We wish all of you the choicest blessings that Christmastime can bestow.

Bridges And Hamrick

Hardware



WE PAUSE, on the Eve of Christmas, 1943, to contemplate how much we owe the personal character of our customers. With gratitude and pride we scan the list. Some of these customers have been with us for more than a quarter of a century.

To these old customers, to new ones, and to potential ones every member of this organization now joins in wishing "Merry Christmas."

C. J. Gault And Son

C. J. Gault C. J. Gault, Jr.
Rayce Gault Eugene Gladson David Houser
Clifton Wilson



LIGHTS ON THE FIR TREE,
SNOW ON THE WINDOW
LEDGE . . . THE JOYOUS
FACES OF CHILDREN . . .

CHRISTMAS

. . . MAY IT BE A VERY
HAPPY ONE FOR YOU

FLONK MOTOR CO.
F. W. Flonk



TIMES HAVE CHANGED,
but Christmas remains unchanged—the year's outstanding holiday in the timeless cycle of love and good fellowship. In the same old familiar way it gives us pleasure to wish for you in this season of 1943 the most in Christmas cheer and enjoyment.

McCarter's Cash

Grocery
Oscar McCarter