

**Grow More Roughage
For The Dairy Cow**

If the increased number of cattle and poultry in North Carolina are to receive the quantity of feed needed during the winter of 1944-45, more feed must be grown this summer. Supplies of grain feed have dropped sharply and it is no longer possible to obtain the desired amounts of grain from the West.

John Avery, Extension dairyman at State College, warns milk producers to grow more hay crops and silage for the feeding of their animals. At the same time, he points out that they are in a more favorable position than hog and poultry growers because the cow can make efficient use of comparatively large amounts of roughage.

He suggests soybeans, Sudan grass and millet, which may yet be planted, as good sources of hay, and calls attention to the fact that liberal fertilizer will greatly increase their yields.

In the western part of North Carolina, corn may be given additional nitrogen to good advantage.

"We are faced with the problem of growing more feed or reducing our livestock," says Avery. "We have the soil and a long growing season. It's up to us whether we will adequately feed our growing livestock industry, which last year had sales of more than \$100 million dollars—a record for North Carolina."

He notes that many farmers do not give their dairy cows sufficient hay, grass and grain to enable them to produce as they should. To these growers he not only suggests greater feed production but also a better feeding program for higher yield of milk.

In these busy times no one can afford to spend all day doing housework, or to neglect it because of outside activities. A good manager in the home works quickly and easily, gets the job done and has time left for other things.

Almost everyone can learn to be more efficient. There is a short and easy way to do every task. Unnecessary motions and steps need to be eliminated. Equipment should be arranged so it is stored at the place where it is used.

A bed made carefully once a week should require very little daily care. Covers will stay in place if the corners are fastened right. Each morning the pillows can be smoothed out, the pillows plumped up, and the spreads pulled back into place in a minute's time.

Practice good posture while you

walk. Stand upright, with your weight on the balls of the feet. To prevent stooping, use a long-handled dust pan to take up the dust. Hang up the broom and dust pan when you have finished.

Lots of us have gotten into the habit of throwing away the outer, dark green leaves of lettuce, yet they're good for us. Actually, they are richer in vitamins and minerals than the inner blanched leaves. Shred them into the salad bowl, or serve them wilted with a hot bacon dressing. Another trick is to put these outer leaves into the soup pot. Do you shampoo your hair every week or ten days?

Have you the will power to keep from biting your finger nails?

Tractors now operating on stone wheels will have to stay on steel for awhile longer, says WPA reports. Rear tires of tractors are made with the same facilities as those now used for military equipment.

Lumber requirements for the third quarter of 1944 are greater than the producible supply by almost 112 billion board feet, according to War Production Board estimates.

County agricultural extension committees are making plans to aid returning veterans who wish to become established in farming.

**Record Production Seen
For Oat And Wheat Crop**

RALEIGH.—In the June crop report just released, the Crop Reporting Service of the N. C. Department of Agriculture declared that all crops especially truck crops, were in need of rain. Wheat and oat crops are excellent.

According to the release, the dry hot weather has sharply curtailed the production of commercial early Irish potatoes, and snap beans and has damaged other truck crops.

Peaches—The production of the total farm and commercial peach crop was estimated at 2,200,000 bushels on June 1, compared with 2,600,000 bushels in 1943, and the ten-year average of 2,074,000 bushels. Weather conditions in May were generally favorable for growth and development of the peach crop. Temperatures were unusually high during the latter part of May and rains were infrequent, but the moisture content with wet soil and reports indicated no shortage of moisture.

Early Potatoes—On June 1, growers of commercial early potatoes were anticipating a harvest of 2,600,000 bushels, less than 50 percent of the 5,600,000 bushels produced in 1943 and 76 percent of the 10-year average of 3,474,000 bushels. Estimates are that 6,000 cars will move by rail and boat and about 800 carload equivalents by truck. Yield per acre is indicated at 111 bushels as against 165 last year.

Wheat—Conditions on June 1 pointed to a wheat crop of 9,100,000 bushels, larger than the record forecast on May 1, with the yield of 10 bushels per acre indicated. Last year's yield was 12.5 bushels to the acre.

Oats—Spring weather has been favorable for the growth and development of the fall-sown oat crop, and a record production of 1,812,000 bushels is in prospect—despite the fact that many fields came up to irregular stands. This production, if realized, would be over 1,400,000 bushels more than the record crop of 1942 and 1,835,000 bushels more than the 5,977,000 bushels grown last year.

Hay—Indications on June 1 pointed to a hay crop of about equal to that of last season, but nine points higher than the 10-year (1933-42) average. Rainfall in most areas has been sufficient to provide ample moisture for good stands of hay. Lespedeza hay has been hurt some by the dry, dry weather but can be greatly improved within the next few weeks with favorable weather.

The OPA has authorized local war price and ration boards to issue ration certificates for coal and wood heating stoves to eligible applicants without regard to quota restrictions.

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