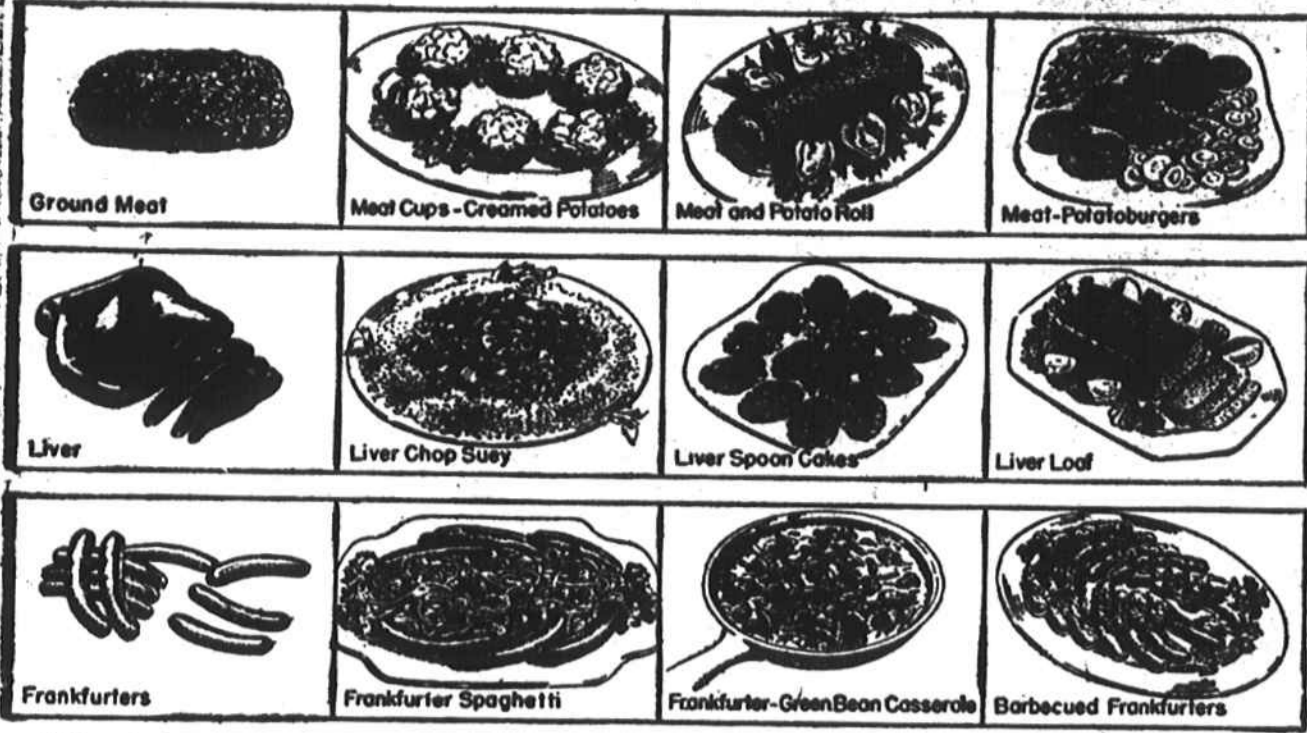


## BUDGET HELPERS FOR THE HOUSEWIFE



Although more meat is available today, Mrs. Housewife can continue to make good use of the meats she reared on during the period of scarcity. There are a number of these which offer many opportunities for variety and at the same time

The meats pictured above are excellent examples. Most housewives include them in their family meals, but more often than not the ways in which they are served are very limited.

most endless possibilities for using these meats in preparing dishes that are different. A few suggestions are given here.

**Meat Cups - Creamed Potatoes**  
Combine 1 pound ground beef, 1/4 cup dry bread crumbs, 1 egg, 1/2 teaspoon salt and 1/2 teaspoon pepper. Line ungreased muffin pans with meat mixture to a thickness of 1/4 inch. Fill with creamed potatoes and bake in a slow oven 45 minutes.

**Meat and Potato Roll**  
Combine 1 1/2 pounds ground meat, 1/2 cup cracker crumbs, 1 egg, 1/2 cup milk and 1/2 teaspoon pepper. Spread on waxed paper to 1/2-inch thickness, making a rectangle about 8 x 10 inches. Spread with 2 cups mashed potatoes (use sweet potatoes if meat is pork). Roll like a jelly roll. Place in roasting pan and bake 1 1/2 hours in a moderate oven.

**Meat-Potatoburgers**  
Combine 1 pound hamburger, 2 cups coarsely grated unpeeled potato, 1/2 cup grated onion, 1 1/2 teaspoons salt and 1/2 teaspoon pepper. Mix well. Shape into 8 patties and broil or panbroil slowly until done.

**Liver Chop Suey**  
Cut 1 pound liver in 2" x 1/2" strips. Cook in 4 tablespoons lard or drippings 5 minutes. Add 1 cup sliced celery, 1 cup sliced onions. Cook 5 minutes. Add 1 can Chinese vegetables and liquid and 4 teaspoons soy sauce. Simmer until meat is thoroughly cooked, about 1/2 hour. Season, thicken. Serve over hot rice.

**Liver Spoon Cakes**  
Cook 1 pound sliced liver in 1 tablespoon drippings in frying-pan about 5 minutes. Grind liver; add 1 teaspoon salt, 1/2 teaspoon pepper and 2 eggs, well beaten. Mix well. Drop by tablespoonfuls into hot shallow lard or drippings. Brown well on both sides.

**Liver Loaf**  
Cook 1 1/2 pounds sliced liver in 2 tablespoons drippings 5 minutes. Grind liver. Combine with 1 cup bread crumbs, 1/2 cup milk, juice of 1/2 lemon, 2 tablespoons tomato catsup, 1/2 cup pork sausage, 1/2 teaspoon paprika, 1 small onion, finely chopped, 1 egg, beaten, 1 teaspoon salt, and 1/2 teaspoon pepper. Mix well. Turn into a loaf pan lined with bacon. Place bacon strips on top. Bake in moderate oven, 1 hour.

**Frankfurter Spaghetti**  
Slice 1 pound frankfurters in 1/4-inch pieces. Brown frankfurters and 1/2 cup diced onion in 1 tablespoon lard or drippings. Add 1 teaspoon salt, 1 teaspoon allspice, 1/2 teaspoon cloves, 1/2 teaspoon pepper, 1 1/2 cups spaghetti. Simmer until thickened. Brown 1/2 pound whole frankfurters. Serve around spaghetti.

**Frankfurter - Green Bean Casserole**  
Slice 1 pound frankfurters, 1/2 inch thick. Brown in 3 tablespoons drippings. Stir 5 tablespoons flour into drippings, add 2 cups milk and 1/2 teaspoon salt. Cook until thickened. Add 1 tablespoon Worcestershire sauce, 1/4 cup grated cheese and 2 cups green beans. Combine with frankfurters. Bake in moderate oven 40 minutes.

**Barbecued Frankfurters**  
Arrange 1 1/2 pounds frankfurters in shallow pan. Pour Barbecue Sauce over them. Bake uncovered for 30 minutes in a moderate oven. To make Barbecue Sauce: Brown 1 medium onion, chopped, in 2 tablespoons margarine or butter. Add 2 tablespoons vinegar, 2 tablespoons brown sugar, 4 tablespoons lemon juice, 1 cup catsup, 3 tablespoons Worcestershire sauce, 1/2 tablespoon prepared mustard, 1/2 cup water, 1/2 cup chopped celery, salt and red pepper. Simmer 30 minutes.

## Cars Now Ready For Handicapped Veterans

Pontiac-engineered driving controls for handicapped veterans and civilians now are available after complete testing. D. U. Bathrick, general sales manager, today reported. The controls can be installed without special tools by any dealer on 1941, 1942, and 1946 Pontiac Streamline models. The 1946 models may be ordered with controls factory installed. They have been so designed as to permit the easy and safe performance of every driving function by persons who cannot perform a particular operation in the normal way. "While these Pontiac controls were inspired by the handicapped veteran, they will prove invaluable to the thousands of civilian crippled who have been timid about their ability to operate a standard equipped automobile or actually unable to do so," Mr. Bathrick said.

An important advantage of Pontiac's Handicap Controls is that they do not affect normal operation of the car and require no change in driving methods of other members of the family. The Pontiac Controls include: No-rol, which automatically prevents the car from rolling backward on a grade and operates as long as the clutch pedal is depressed. Steering wheel with horn blowing ring allows driver to reach horn without removing hand from the steering wheel. Hand-dimmer switch supplements foot-operated

switch to control headlights. Horn pedal extension adds height to horn pedal and shifts to brake pedal for one foot operation or both. Direction signal flashes direction of turn on rear lights and front parking lights eliminating need for hand signal. Starter pedal extension allows hand operation of starter. Hand throttle lever, vacuum power brakes and vacuum power clutch - for a right leg handicap a single lever automatically controls acceleration and brakes, and clutch. This can be switched off by instrument panel control when the car is to be driven normally. Steering wheel grips - a knob is used for one arm steering or for persons with handicap of both legs where one arm is used for throttle, brake or clutch control. Rings for loss of one or both arms. A windshield wiper knob is designed for easy operation by persons with prosthetic equipment.



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**Cutting Blue Grass**  
In attempting to make a blue grass lawn look exceptionally smooth, many people set their lawn mowers so they cut grass too short. This prevents the grass blades from making enough growth to manufacture food; also in hot weather, the sun beats right down on the crown of the grass and damages the plants. Do not cut blue grass lawns shorter than 1 1/2 inches.

**Mystery of Nature**  
Nobody knows why all male white cats with blue eyes are deaf. It is one of the strange sex-linked mysteries of nature.

**Dutch Scientist**  
Johannes Diderik van der Waal was 73 years of age when the Nobel prize for physics was conferred on him in 1910. Van der Waals was born in picturesque Leyden, in 1837 beside the dikes of the Holland canals. His earlier life was that of a Dutch boy who lived deep in books and whose first taste of education was self-instilled. He later matriculated at the university where his continued researches brought forth a new conception of matter and his introduction of the law of "corresponding states" which opened the way to later advances in the liquefaction of permanent gases.

**Man Kills Neighbor in Row After Dog Fight**  
ZION, ILL.—The bulldogs of two Zion boys fought and the fathers of the youths then engaged in a fight resulting, Police Chief Alvin Reusch said, in the death of Howard Moon Sr., 47-year-old machinist. Reusch said that a bulldog puppy owned by Moon's son, Howard Jr., 8, and a full-grown bulldog owned by Harry Christian, 12, fought in front of Moon's home. The elder Moon stopped the fight, Reusch said, slapped Christian. Another neighbor scuffled with Moon, who fell over a bicycle, but appeared uninjured. Meanwhile, Reusch said, Christian's father, Timothy, 43, a steamfitter, was told that the elder Moon had slapped his son. Christian went to Moon's home and, the police chief said, after Moon admitted he had slapped his son, Christian struck him in the face. He fell to the sidewalk and died of a fractured skull several hours later in a Waubesa hospital. Reusch said Christian was arrested on an assault warrant but after the death of Moon, the father of six children, he was charged with murder and manslaughter and held in jail without bail.

More than 200 full-time chaplains are on duty in Veterans Administration hospitals and homes to administer to the spiritual needs of more than 92,000 veterans-patients.



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