

## IS YOUR LIVER CRYING FOR HELP

Because of constipation or faulty digestion? If you feel bilious, sour, bloated with gas, headachy, bibe, grouch, you may be putting too big a burden on your liver. Retained undigested food becomes putrefactive, causes toxins, which overload the liver, keeping it from working properly. Then is the time to relieve your tired liver by letting Calotabs help nature sweep the putrefactive and partially digested matter from your stomach and intestines. Nothing acts just like good old Calotabs. Use as directed. 10c and 25c at your druggists.

## Take CALOTABS

## Be Quick To Treat Bronchitis

Chronic bronchitis may develop if your cough, chest cold, or acute bronchitis is not treated and you cannot afford to take a chance with any medicine less potent than Creomulsion which goes right to the seat of the trouble to help loosen and expel germ laden phlegm and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Creomulsion blends beechwood creosote by special process with other time tested medicines for coughs. It contains no narcotics. No matter how many medicines you have tried, tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough, permitting rest and sleep, or you are to have your money back. (Adv.)

### NEED VALLEY NEWS

By H. T. Doh

Hello folks, next week is Christmas. How swift time goes by. So I wish you all the joy and gladness that life gives at the Christmas time. Christmas never grows old to any of us. Its ever new. So I wish you joy complete. Where candles gleam and songs are sweet. And may you follow day by day. His light and never lose your way. Now J. R. Davis is our next County Attorney. You can't keep a good man down for long.

Folks that don't like Kings Mountain, why don't they move. You wouldn't be missed. I like it. Because all the best people are my friends.

I'm wondering what "medicine man" is going to give us for Christmas.

A woman driver stopped for a red light and failed to move when it turned green. When the green light came on for the second time and she still showed no signs of moving, the traffic officer walked over and said politely, "What's the matter lady, ain't we got no colors you like?"

It was a fine old bishop, who years ago, worrying his heart over doomed world, tossing on his bed at midnight, thought he heard the Lord say: "Go to sleep Bishop, I'll sit up the rest of the night."

Meat shortages are so acute that in some states they are eating horse

meat. The Coppers had a grand old first time since the war.

Big and little Coppers come, by car and train, from as far west as Nebraska and as far east as Vermont. They crowded Dee and Jane's house, set up quarters in the barns, or stopped with neighbors—and a jollier gathering you couldn't have imagined!

I was asked to their final Saturday night supper, when they sang old songs, drank beer and cider, reminisced. Dark Coppers and

crowd, which are said to taste like meat. I don't think we knew anything about this bean before 1900. But for 5,000 years the soybean has been the foremost meat in China. The soybean's power to nourish human beings as well as animals is ten to 15 times richer than whole wheat flour in minerals, 5 to 10 times richer in the principal B vitamins.

But this vegetable has had one failing. Western people in general haven't liked its taste and have refused to eat it. I don't live it. I don't like it. I don't care to eat it. I have tried to like it. I rather eat a good fat rat or a jay bird.

Saunders and Davis have a real up to date store. Miss and Mrs. can buy for him the finest in men's wear for Christmas. I had the pleasure of looking over their stock. I had an invitation to call at their place of business. It's one of the best men's get-ups in town and they advertise with the Herald and read the Nebo life sinker.

I'm proud of my friends. But alas I got a very few jealous hearted, high strung head lifters that would do anything against me or the paper. I just let them chatter.

They can't hurt nothing. My column comes out every time, the paper rolls out, so don't worry yourself sick about me. I'll get by somehow. Just take a good dose of martin's medicine. Avoid overdosage. Stay out of a cold draft. If you really get sick, call for a doctor.

Well, the city really is stocking up on new Policemen for Christmas. I've met three or four. All young and good looking. Very nice boys. I hope I can stay on the good side of them. I've had good luck so far. I'd say the dollar is worth about 35 cents. The war is responsible for this change. Sure, there's nothing we

When I was a young gentleman I remember the time I could buy a good dinner at a good restaurant, cost me only 25 cents. In Charlotte, the best heard cost only a bucka per week. I mean they fed good. I believe every negro woman in Charlotte sold whiskey 20 cents a pint.

I never thought I'd be a poet. Old Tony Trees, the man of law, sold his feather bed and lay on straw. Sold his straw hat and lay on grass.

These days are tough about that way.

Fresh milk, frozen with extreme rapidity at minus 20 degrees, may be kept months, and when thawed out is as appetizing and tasty as it was in its original condition.

Refrigerators should never be kept in a damp cellar, it is ruinous to them.



**THE ARTHUR HAY AGENCY**  
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From where I sit... by Joe Marsh

## A Grand American Tradition

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**Dr. D. M. Morrison, Optometrist**  
Eyes Examined Glasses Fitted  
Tuesday and Friday afternoons 1 P.M. to 5 P.M.

# Notice

## City License Tags

FOR 1947

# are Now on Sale

All Kings Mountain automobile owners are requested to buy and display new license plates on their cars by January 1, 1947. Get yours today.

## City of Kings Mountain

THIS GUY WANTED TO DO SOMETHING BIG.....

We want to do a GOOD BIG WASH JOB on your car.....

CENTER SERVICE  
Phone 62  
Everything For the Car

**EXPERT REFRIGERATION REPAIR**

Household - Commercial

Day Phone 317-LW  
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Night: Call 21  
Blacksburg, S. C.  
Collect

McGILL & WALDEN

## Your Money Saved Here

Is safeguarded by sound management policies  
Earns a worthwhile return consistent with safety.  
Makes available to you a fund for future needs  
Optional stock, \$1.00 or more will open an account.  
Full-Paid stock, \$100.00 or more will open an account.

CONSULT US REGARDING LOANS

## HOME BUILDING & LOAN ASSOCIATION

A. E. Pittman, Secretary & Treasurer



## Look who's riding the Southern!

**Sure, it's Santa Claus.**  
He's traveling all up and down the Southern Railway System these days. He may not be a jolly old fellow dressed in crimson red, but we know he's there.  
We see him in the smiles and friendly faces of folks going home for the holidays... in the mail cars bulging with greeting cards... and in the freight cars piled high with holly, mistletoe and Christmas trees.  
We see him, too, in the houses loaded with toys and gifts... in the passenger cars carrying husbands and

other good things to eat... and in the long trainloads of coal to keep homes warm and cozy.  
Yes, jolly old Santa Claus is riding the railroad. And the 50,000 men and women of the Southern Railway System are taking mighty good care of him. Because that's our way of saying "Merry Christmas" to all the boys and girls... and their mothers and dads... who live in the South we serve.

Samuel S. Ferguson  
President

# SOUTHERN RAILWAY SYSTEM