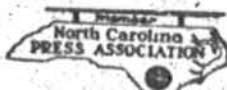




The Kings Mountain Herald

Established 1889



A weekly newspaper devoted to the promotion of the general welfare and published for the enlightenment, entertainment and benefit of the citizens of Kings Mountain and its vicinity, published every Thursday by the Herald Publishing House.

Entered as second class matter at the postoffice at Kings Mountain, N. C., under Act of Congress of March 3, 1873

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TODAY'S BIBLE VERSE

If any man have ears to hear, let him hear. St. Mark 7:16.

Water Can Be Dear

For some years the Herald has made the point that the city would have to spend some more money, in large amount, on its water plant, before paying off the original indebtedness on the present plant built in 1929.

Purpose of the point was two-fold, 1) to encourage attention of citizens and their representatives at City Hall to the water demands of a growing city, and 2) to discourage 40-year financing, which counts up to an awful pile of interest.

At any rate, the need for water plant expenditure is already with us, as was forcefully stated by last week's Herald streamer "CITIZENS ARE ASKED TO CONSERVE WATER."

Water is a bountiful gift of nature, usually available in abundance, until too many people settle in one particular spot. Though housewives are prone to complain about the amounts of their water bills, and though the amount of water which can leak out in a month through a pin-point hole in a pipe is amazing, water, still, is a very cheap commodity, and is required hundreds of times daily for a variety of needs and tasks. Only when there is some question of continued supply, or when the chemical purification formula is changed, is there much discussion about water.

At the moment, the city plant is running three shifts to pump about 900,000 gallons per day. A few weeks ago, the pumpage was at the peak of the plant's rated capacity. And watershed capacity, in seasons with normal rainfall quite adequate, moves dangerously lower in droughts such as the area has known in the past few weeks. Were it early summer, rather than autumn, there would be real cause for alarm concerning the city's water supply.

At the same time, there is no guarantee that rains will come in great quantity, and the city's conservation plea was quite in order.

Also in order is the upcoming proposal to spend a quarter-million dollars to increase both purification capacity and watershed capacity. While it is true that Foote Mineral Company, a firm with an interruptible water contract, uses about one-third of present pumpage, it is also true that Foote's very livelihood here depends on water. In turn, the livelihood of many people depend on whether Foote gets water. Shutdowns are always costly and, with operating costs as high as they are, even moreso today.

Citizens should insure adequate water supply for the future when they get the opportunity at a city bond election a few weeks hence.

Argument is underway on whether to let the law apply and allow the social security tax bite to increase on January 1 to four percent, against the prevailing three percent now nipped out of pay envelopes the nation over. Due to the great surplus in the social security fund, and due to the fact of the government book-keeping practices of putting from the right pocket to the left pocket, many people have long opposed the scheduled increase in rates, which, as originally designed would eventually bite about five percent from the pay envelope. In view of the fact that the social security money is being used, in return for I. O. U.'s by the government in its regular operations, it would seem that the opponents of the increase, in the feeling tax money will have to pay the social security benefit bill anyway, are arrayed on the side of light and wisdom.

Currently underway is the American Legion Auxiliary's membership drive. The Auxiliary, as an important adjunct of the American Legion is an organization devoted to noble ideals and worthy of the activity of those eligible for its rolls. Since World War II and the Korean War, almost every woman is eligible.

10 YEARS AGO THIS WEEK taken from the 1943 files of the Kings Mountain Herald.

The annual Floral Fair will be held tomorrow (Friday) at the Woman's club. Meals are to be served at noon and in the evening.
Kings Mountain's \$5,000,000 United War Fund drive will begin Monday and from all indications the goal will be reached during the week set aside for the campaign, according to Haywood E.

Lynch, general chairman.
Social and Personal
Announcement has been made of the marriage of Miss Louise Wallace to Seaman First Class Ben Hardin in Gaffney, S. C., Sunday night.
Miss Salena Parton, bride-elect, was honored at a lovely party at the home of Miss Mary Frances Gantt at her home on

Gaston st. last Thursday night.
Mrs. W. C. Whisnant of Granite Falls is a guest of Mrs. A. A. Allran this week.
Mrs. I. B. Goforth and Bobby Goforth were dinner guests of Mr. and Mrs. Hazel Crenshaw in Belmont Tuesday night.
Mr. and Mrs. W. I. Jenkins and son were guests Sunday of Mr. and Mrs. Eyrone Keeter.

MARTIN'S MEDICINE

By Martin Harmon

Ingredients: bits of news, wisdom, humor, and comment. Directions: Take weekly, if possible, but avoid overdosage.

Ordinarily today's medicinal offering would hit the news columns, but the subject is different from straight news treatment.

I refer to Dr. Herbert Spaug's appearance at the Kings Mountain Kiwanis club last Thursday night and his statements of sound advice to any and all about slowing the pace of living below the boiler-bursting point.

Whether Dr. Spaug's advice "look" or not, has not been determined, but at least more than a half-hundred Kings Mountain businessmen let some steam for 20-odd minutes, for the speaker kept 'em chuckling with laughter, all the while getting across his non-medical medical advice.

Dr. Spaug, who serves up a smaller portion of advice daily in his column "Everyday Counselor", lists two major causes of many of the known ailments which doctors try to cure. One of them, he says, is "hurryitis". You could almost hear the Kiwanians breathe out a chorus of "amens" on that one. The next one, he said, is "pressure", which he defined as "inside hurry before the outside starts to move." The two, of course, are interrelated, and the hurryitis causes the pressure.

"What happens," he continued, "is that everyone moves on and on at an ever quicker, faster pace. Then the steam valve sticks or the pressure gets too great, and something, whatever the particular person's weak spot is, gives."

For some people it may be a weak heart. Others may have trouble in their feet, their legs, their back, or in about any other spot. "All of us," the doctors say, have certain weaknesses which are usually inherited. When we go too hard, the weak spot gives," Dr. Spaug continued. He added that he was a minister not a medic, but checked his theories frequently with his friends of the medical profession. "They don't argue much," he adds.

Dr. Spaug listed some remedies, too, which are both simple and costless. Generally, it could be said that the sum-up would be thought, or attention to keeping the pressure low. He suggested kind words at home, in the office, or at the shop, an occasional compliment, to replace frequent complaint. "You'll be surprised," he predicted, "how easy it is and what wonders it works." (Since last Thursday I've given this matter some thought and attention, but that early morning attitude of nail-biting before the first cup of coffee is hard to change, once ingrained.)

Another relaxing mechanism suggested by Dr. Spaug is stopping all activity and lying down in the middle of the floor. He noted that he had written about this method in a column, and credited it with being unusual and different. "But you'd be surprised," he added, "how many people wrote that they had practiced floorboard relaxation for years." That method came from the farm. It used to be the farmer's brief siesta after a big county-style plowman's dinner, before he returned to the arduous task of an afternoon of mule-following in the searing, broiling sun. From the same springs probably flow the medical recommendations to use board-like hard mattresses, for most relaxing rest.

Dr. Spaug himself is rather much of a walking testimony to his own philosophy. A Moravian pastor, with fulltime ministerial and pastoral duties in Charlotte, he also has done much work with Alcoholics Anonymous, makes talks like he did at the Kiwanis Club and, in addition, dictates a half-dozen columns a week for his string of 40 newspapers. He admits he practices often his major theme, "Prayer changes things."

Another recommended tool useful in relaxing is the five-verse portion of Psalm 103, which begins "Bless the Lord, oh, my soul." Dr. Spaug says, "Memorize it and repeat it when you get up in the morning." As a good Psalm-singer ARP, the Spaug dictum should be easy to practice, and I expect to try it.

I am indebted to Dr. W. F. Gerberding for the invitation to hear Dr. Spaug, and after hearing him, find it quite easy to recommend his down-to-earth suggestions for preserving human steam plants.

CROSSWORD By A. C. Gordon

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	32	33						34	
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44	45		46		47	48		49	
50		51	52					53	
54		55	56			57			
58		59			60				61

- ACROSS**
1—Famous artificial waterway
6—Large European river (poss.)
11—On an ocean voyage
12—South American city
14—Island of the East Indies
15—To fit up a ship
16—Articles
18—Debit (abbrev.)
19—Natives of an Asiatic country
21—Weird
24—Unrefined metal
25—Noun suffix equivalent to "eer"
28—Preposition
30—Italian violin city
31—Masculine title
32—Latin abbreviation denoting "that is"
34—One of the world's continents (abbrev.)
35—Watery expanse south of Asia
38—Expanse of land surrounded by water
41—Measure of area
42—Punish with weapons
43—Indefinite article
44—Entireties
- DOWN**
1—Equality
2—A continent
3—South American river
4—Automobile Association (abbrev.)
5—Skill
6—Italian city
7—Internal Belgium (abbrev.)
8—The lowest point
9—Caracas river
10—Feminine relative (colloq.)
13—Abbreviated Latin "that is"
16—Ancient name of the Spanish peninsula
17—French river (poss.)
20—Circle portion
22—Girl's name
23—Northern continent (abbrev.)
25—Mischievous child
27—Ancient Chaldean city
29—Mexico produces most of this metal
31—Island in the Irish Sea
33—City famous for a kind of cheese
34—Destitute of
35—Sea between Greece and Italy
36—Anger
37—Resort city in the Bahamas Islands
38—To pierce with a sharp stick
39—Left side of a ship
40—To lose life
45—English river
46—Small U.S. state (abbrev.)
48—Printer's measure
49—Electrified particles
52—Chinese unit of measure
53—Aerial train
55—Perform

See The Want Ad Section For This Week's Completed Puzzle

Viewpoints of Other Editors

CURSE OF NORTH CAROLINA

For a long time — as many years as the editor has been plodding from place to place — inter-town rivalry in North Carolina has pained us. This state scarcely has a county in which there are two municipalities where bickering and petty jealousy are not conspicuous.

The people in such communities are good North Carolinians. They are neighborly, far-seeing, and intelligent. That is, until they deal with their nearest neighbor. Suddenly, many of their fine qualities disappear. They become mean, sometimes bitter. They shed intelligence, vision and neighborliness. They act like kids, or neurotic old women. Their communities, small in size, become even smaller in spirit.

Small towns are the blessing of North Carolina. Small townism is the greatest curse we have and the biggest barrier to progress — and we're not talking about football rivalry, either.

This has been on our minds but what provokes the writing of it is an editorial in the Carteret County News-Times. It is too long for full republication, but some paragraphs should be pasted up in every city hall and chamber of commerce office in this state:

"There is a certain widely-held theory that in our opinion, needs to be exploded and abandoned — that what helps Beaufort hurts Morehead City and what helps Morehead City hurts Beaufort. There is competition to be sure, and the competition is good because it keeps everybody working at their top; but what is involved here is more than business competition.

"The terrible thing about the world we live in is that we are all inter-dependent. It would be perhaps much easier if Beaufort could go its own way and Morehead City its way, and never the twain should meet. There are some in both communities who seem to feel that this would be best. Unfortunately, for these few, it is utterly impossible.

"Furthermore it is not desirable. We must wake up to the fact that business in both towns draw from both towns. That instead of having a business area limited in its pulling power to one community, both communities benefit by drawing customers from each other.

"Instead of being opposed, the interests of both communities in many over-riding fields are identical. They could best be served by a common organization, the Carteret County Chamber of Commerce. We could do worse

VERY DANGEROUS TO WHAT OR TO WHOM?

The Young Democrats in convention at Raleigh squelched Selma Newspaperman Tom Davis' resolution condemning secret sessions of governmental bodies.

Jesse Helms, administrative assistant to Senator Leno, called the resolution "very dangerous" and questioned the propriety of its consideration by the Young Democrats.

Very dangerous to what? Very dangerous to whom? Certainly a condemnation of secrecy in government isn't dangerous to democracy, for the very life of democracy depends on keeping the people's business in the open so that voters may know what their elected representatives think and to, and upon, this knowledge may cast ballots intelligently.

Certainly a condemnation of secrecy in government isn't dangerous to the people generally, though it may be dangerous to the political security of office holders who insist on the right to conduct the people's business behind closed doors.

And why isn't it proper for Young Democrats to consider a resolution on so vital a matter as secrecy in government?

If the YDC is simply an organization to further the selfish political ambitions of its members, we could accept Mr. Helms' view that the Davis resolution was not a proper matter for consideration by the organization. For consideration of the resolution could put the politically ambitious members on the spot and serve, in some instances at least to retard, not advance, their political careers.

But if the YDC is an organization designed to promote the principles of the Democratic party, it could properly be concerned over the growing tendency of public business in the dark. For the great principles championed by the Democratic party from its beginning are based on a firm belief in the ability of the people to govern themselves when they are informed about the workings of government and are familiar with the opinions and the actions of their representatives in public places.

When Democrats, young and old, cease to be deeply interested in the struggle against secrecy in government, their party will cease to be the trust — the people's trust — of the Smithfield Herald.

than learn from the example set by the Dare County Tourist Bureau." — The State.

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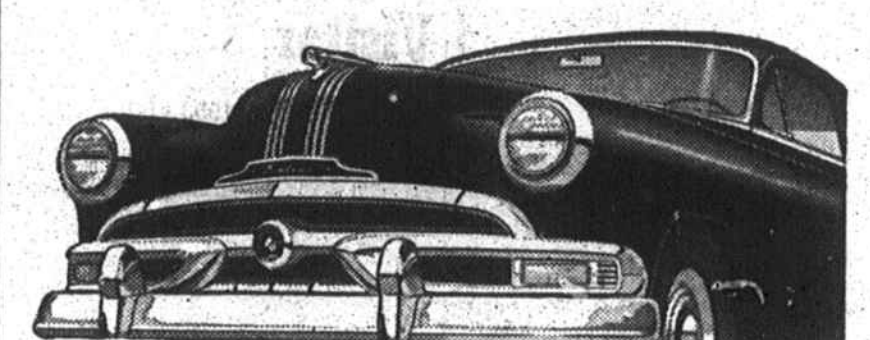
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