



SAFE FOOD FRYING PRACTICES — Watch the pan carefully when heating fat. Heat slowly. Never leave a kettle or pan of fat heating on the range unless you remain nearby. Remove pan from heat if it is necessary to leave the kitchen.

Keep pot holders handy and always use a holder to remove pans from the range.

Keep pan handles turned inward rather than outward over edge of stove, table or work unit to avoid knocking pans off the work space.

Wipe up, immediately, any water or grease spilled on floor.

Do not add extremely cold or wet food to hot fat. Defrost frozen foods before frying.

KITCHEN HELPS — Use greased muffin pans as molds when baking stuffed peppers so they will hold their shape.

You will find that cheese grates more easily if it is chilled.

When no baking powder is at hand, a satisfactory substitute can be made by mixing one teaspoonful of baking soda with two teaspoonfuls of cream of tartar.

An empty salt carton with a pouring spout provides an excellent flour dispenser.

Use bottles with screw-on medicine droppers for flavoring extracts, fruit coloring or any liquid you wish to use in small quantities.

Life Insurance Death Benefits Up Over Million

NEW YORK — North Carolina families received \$24,345,000 in life insurance death benefit payments in the first nine months of this year, compared with \$23,662,000 in the corresponding period of last year, the Institute of Life Insurance reported today. The number of policies becoming claims in the first nine months was 22,335, which compares with 19,400 in the corresponding period of 1953.

The tremendous rise in life insurance buying and the increase in ownership since World War II are reflected in these current payments. "Holgar J. Johnson, Institute president, said in announcing the figures. "For the country as a whole, death benefits paid in the first nine months of this year were \$52,671,000 greater than in the corresponding period of last year and 59 percent more than in the first nine months of 1945. The health record among policyholders has actually improved in the nine years since 1945, but life insurance ownership has increased about 115 percent in these years."

Death benefit payments in this state in the first three quarters of 1954 compare with \$13,242,000 in the corresponding period of 1945.

Of this year's nine aggregate death benefit payments in this state, \$15,473,000 was under 5,875 ordinary insurance policies; \$4,833,000 was under 2,450 group life insurance policies; and \$4,039,000 was under 14,010 industrial insurance policies.

For the nation as a whole, \$1,542,734,000 was paid as death claims under 1,168,719 policies in the first nine months of this year, compared with \$1,490,063,000 under 1,185,914 policies in the like period last year. Of this year's payments, \$989,230,000 was under 351,068 ordinary policies; \$363,375,000 was under 162,232 group policies; and \$190,129,000 was under 655,419 industrial policies.

Yule Decorating Tips Are Listed

Have you checked your Christmas lighting and decorations recently? You won't be rushing the season if you take a little time out any day now to make an inventory of the tree decorations you have on hand.

Test last year's bulbs and see how many of them can be used again this year. The United States Department of Agriculture explains that a wide variety of decorative lighting fixtures and light bulbs of many different colors, sizes and shapes will be stocked this year. But this season, don't wait until the last minute to buy your supply. If you do, you may not find what you want.

Sunshine Sue,

star of WRVA's "Old Dominion Barn Dance" says:

"To make my meals a real success I count on Karo"

It's a wise shopper who looks for Christmas ornaments now while the stores are just putting out their 1954 stock.

According to Mamie Whisnant, State College specialist in home management, Christmas is the time of year for joy and happiness, but some of the most tragic accidents of the year happen during the holiday season. Both fires and falls take a heavy toll.

Miss Whisnant recommends that you check and recheck your Christmas lighting fixtures, the wires and the plugs. A frayed wire or a damaged socket can be a hazard and a real source of grief.

She also advises against using extension cords with your tree lighting. Some extensions are designed to carry an extra load, others are not. And besides, cords stretching across the floor are just waiting for someone's foot.

Check your Christmas fixtures now and be certain that Christmas at your home will be a truly happy one this year.

Antibiotic Aid To Bee Colonies

Beekeepers who have been having trouble with weak and unproductive package bees or bee colonies may find the solution to their difficulties in a new antibiotic called fumagillin. Fumagillin is an effective treatment for nosema disease, a common cause of weakness in bees, according to U. S. D. A. reports.

Tests carried out through cooperation between entomologists of the U. S. Department of Agriculture and several State experiment stations have shown that fumagillin controls the protozoan organism which causes nosema. It was also found that fumagillin can be administered in common feeding practices, and it does not harm the bees when fed in quantities required for nosema control.

Fumagillin is obtainable from established bee supply houses, along with directions for feeding it. The antibiotic is packaged in lots suitable for use in treating from one to large numbers of bee colonies.

Nosema is described as the commonest cause of trouble in establishment of productive colonies from package bees. The disease is widespread and restricts production of all classes of bees, but its effects are more conspicuous in package colonies because of the small population and the need for vigorous regeneration to establish an independent colony. Infected colonies have less brood and show lower than normal rate of buildup.

The Navy distributes more than 1.6 million news releases a year to the home town newspapers of men and women in the Naval service.

The U. S. Navy keeps up-to-date some 6,700 nautical charts and 1,000 aeronautical charts, and publishes 8 million copies a year.

Estimated production of North Carolina's pecan crop is currently set at 2,160,000 pounds, 43 per cent below last year's production.

Wage rates paid by North Carolina farmers on October 1, 1954, were somewhat higher than a year earlier.

Seed beds for North Carolina small grains should be firm, with two or three inches of clod-free soil on the surface.

In North Carolina, "proved bulls" used in artificial breeding rank in the top 2 per cent of all bulls proved in the United States.

Artificially bred dairy cows in North Carolina average 268 pounds of milk more than their mothers.

Income from tobacco in North Carolina last year was almost five times the income from cotton and cotton seed.



DIXIE-THRIFTY'S PRE-HOLIDAY SALE OF Thanksgiving FOOD SPECIALS

The three shopping days preceding Thanksgiving will be a very busy period for last minute shoppers. Smart home makers will take advantage of Dixie-Home's Pre-Holiday Sale and get all their festive needs at a savings NOW! You'll have more time to make your holiday plans successful, and . . . if you're wise, you'll order your Dixie-Home Select Turkeys NOW at a pre-holiday price!

- Great Big Tender Flavorful Sweet Peas **GREEN GIANT 2** No. 303 Cans **35c**
- Serve With Chicken or Turkey, Cranberry Sauce
- OCEAN SPRAY 2** No. 303 Cans **37c**
- A Compliment To Any Meal! Mrs. Haynes
- Artichoke RELISH** 10-Oz. Jar **27c**
- Dennis Canned Whole **CHICKEN** 3 1/4 Lb. Size **99c**
- A Thanksgiving Must! Sunshine **Spiced PEACHES** No. 2 1/2 Jar **33c**
- For Tasty Appetizers . . . Libby's **Stuffed OLIVES** 2 Oz. Jar **17c**

Fruit Cocktail No. 303 Can **21c**

That's Good To The Last Drop **Maxwell** HOUSE COFFEE Lb. Bag **95c**

Taste Tempting Dixie-Home **ORANGE Juice 3** No. 2 Cans **37c**

Fresh Frozen Food Value! **SOUTHLAND TURNIP GREENS** 12-Oz. Pkg. **10c**

Dairy Dept. Values **DIXIE-HOME CREAMERY BUTTER** 1/4-Lb. Sticks **Lb. 63c**

FRESH SHIPPED MOUNTAIN VIEW FARM **EGGS** DOZEN **39c**

PALMETTO FARM AMERICAN, PIMIENTO, SWISS **SLICED CHEESE** 8-Oz. Pkg. **25c**

TURKEYS HENS TOMS

Small Hen Turkeys . . . Dressed Drawn & Cleaned **lb. 49c** **lb. 43c**

Dressed And Drawn Long Island **DUCKLINGS** 5 lb. **59c**

Pinky Pig **SLICED BACON** lb. **55c**

Black Hawk Canned **COOKED HAMS** 3 & 1/4 Lb. Sizes **4.49**



GROCERY VALUES

Libby's Fancy Pie **Pumpkin 2** No. 303 Cans **25c**

For Perfect Pastry Every Time **Flako** PIE CRUST 3 10-Oz. Pkgs. **29c**

Start The Festive Dinner With Libby's **Tomato Juice** 46-Oz. Can **25c**

Durand Sugary Sweet **Potatoes 2** No.-2 1/2 Cans **35c**

Red Cross Tender Flavorful **Lima Beans 2** No. 303 Cans **29c**

Fresh Young Leaves . . . Libby's **SPINACH 2** No. 303 Cans **31c**

Dixie-Home Fancy Cream **CORN 2** No. 303 Cans **31c**

For a Hearty Winter Time Dish! Blackeye **PEAS** 2-Lb. Pkg. **31c**

Fruit Juice For Health, Apple Keg **Apple Juice** 46-Oz. Can **36c**

JUICY **Fla. ORANGES 8** Lb. Bag **37c**

DELICIOUS **WINESAP APPLES** 5 Lb. Bag **49c**

PLUMP TASTY TRUE SOUTHERN HOSPITALITY IS OUR RULE FOR COURTESY **RED GRAPES** 3 Lbs. **29c**



Now! It's No Trouble To Save Double

Low, Low Prices

S.A. Green Stamps at No Extra Cost

- Northern **TISSUE** 4 Rolls **35c**
- Quality Grade **MAHATMA RICE** 2 Lb. Cello Bag **29c**
- Deviled Ham **UNDERWOOD** 2 1/4-Oz. Can **22c**
- Lucky Leaf Peach **PIE FILLING** No. 2 Can **34c**

Soft Strong! Pop Up KLEENEX 2 300s Box 43c	Never A Shadow Of Doubt KOTEX 2 Pkgs. of 12s 77c	The Wesson Oil Shortening SNOWDRIFT 3 Lb. Can 90c	For Cloud-Like Cakes WESSON OIL Qt. Bot. 69c	Cloverleaf DRY MILK 2 7-Oz. 29c	Safer For Family Health CLOROX 1/2-Gal. 31c
Cleans Hands Fast BORAXO 8-Oz. Can 19c	Charmin Paper NAPKINS 2 60-Ct. Pkgs. 19c	Fine Complexion Soap DIAL SOAP 2 Reg. Size 27c	Deodorant Soap DIAL SOAP Bath Size 17c	Nabisco Premium SALTINES Lb. Pkg. 25c	Sunshine Graham Crackers Lb. Pkg. 34c

KINGS MOUNTAIN Yates Harbison, Mgr. **BESSEMER CITY** Bill Harrill, Mgr.

My folks dote on the thick, rich goodness of dark Karo Syrup



★ 1/2-POUND AND 3-POUND BOTTLES . . . 8- AND 10-POUND CANS ★