

School News

The Student Council of Central school met on Monday, November 26. John McGinnis, president, called the meeting to order. The minutes and roll call were read by Pat Owens, secretary, then business was discussed.

Various assignments were given to committees, after which the council discussed plans for sponsoring a dance on Dec. 6.

The SPO's current project will be the sale of "Home Fire Extinguishers." This project will probably go into effect after the Christmas holidays. Each member of the council will be required to sell at least two extinguishers. Having no further business, the members were adjourned.

J. Ollie Harris, director of the local civilian defense program, was guest speaker at the recent Future Homemakers of America club program. Mr. Harris gave the group timely suggestions on how they could assist in local civilian defense programs and information on set-up of civilian defense in Kings Mountain. Members of the club are now participating in national Future Homemakers Project of Civilian Defense and receive information on local civilian defense from Mr. Harris with enthusiasm.

Future Homemakers are continuing to collect clothes for needy families in Kings Mountain. Clothes sizes six through ten are especially needed. Contact Miss Margaret Harmon or Mrs. Buford Ware if these clothes need to be picked up or send them to Home Economics department of the high school.

Members are looking forward to an informative program on Christmas Decorations to be given by Mrs. W. L. Pressly on December 4 at the regular meeting.

A tribute was paid the teachers of K. M. H. S. by the Future Teachers Club on Teacher Appreciation Day.

Immediately following a chapel program during American Education Week the teachers were escorted by twos to the

stage by the officers of the club where they were recognized for their contributions to the students of K. M. H. S. through teaching and sponsoring various clubs.

After the tribute was paid to each teacher Ellen Baker, and Jeanne Plonk pinned white carnation corsages on the women and white carnations buttonhole on the male members of the faculty.

Reed Attended Charlotte Forum

CHARLOTTE — Dr. Nathan Reed of Kings Mountain was among more than 500 vision specialists from seven states who participated in an optometric forum here.

The professional conclave is known as the "Four Star Forum" because it covers four major fields of optometric activity. Discussions in which Dr. Reed took part included Public Relations, Legal Affairs, Practice Management and Social and Health Care Trends.

The forum, for which the Hotel Barringer was serving as headquarters, was co-sponsored by State Optometric Association and Societies from North Carolina, South Carolina, Georgia, Kentucky, Tennessee, Virginia and West Virginia.

At a buffet supper, the attending optometrists and their wives heard an address by Dr. Rupert E. Flowers of Visalia, Calif., president of the American Optometric Association. Dr. Flower spoke on "The State of the Optometric Profession."

Other authorities who had a leading part in the forum included Dr. P. N. DeVere of Morganton, N. C., second vice president of the AOA; Dr. Don A. Frantz of DeKalb, Ill., chairman, AOA Committee on Practice Management; Dr. Felix A. Koetting of St. Louis, AOA chairman of the Committee on Social and Health Care Trend; Harold Kohn of New York, AOA legal counsel; John C. Patterson, AOA public relations council; and David Sharman, AOA assistant administrative director.

Pedestrians Walk Head-Down To Eternity

RALEIGH — "Don't walk head down to eternity!"

In those words assistant motor vehicle commissioner Joe Garrett advised Tar Heel pedestrians to do their part this week in cutting down pedestrian accidents which killed 238 walkers on North Carolina streets and highways last year.

Garrett is an outdoor enthusiast. He likes to take long strolls and is something of an expert on walking.

"But walking with shoulders hunched up and head down is unhealthy in more ways than one," he said. "Especially when you're walking in traffic. It's one of the surest ways to walk yourself to death."

Garrett pointed out that in order to stay safe in traffic a walker must be aware of what's going on around him, and he can't do this if his eyes are focused on the ground or if his face is buried in his coat collar.

But posture isn't the only thing the commissioner is concerned about. An erect carriage won't do you much good, he said, if it carries you into danger.

"I'm constantly amazed by the traffic antics of some otherwise intelligent people," Garrett said. "They cross streets between intersections, dash out from behind parked cars, and disregard traffic signs and signals."

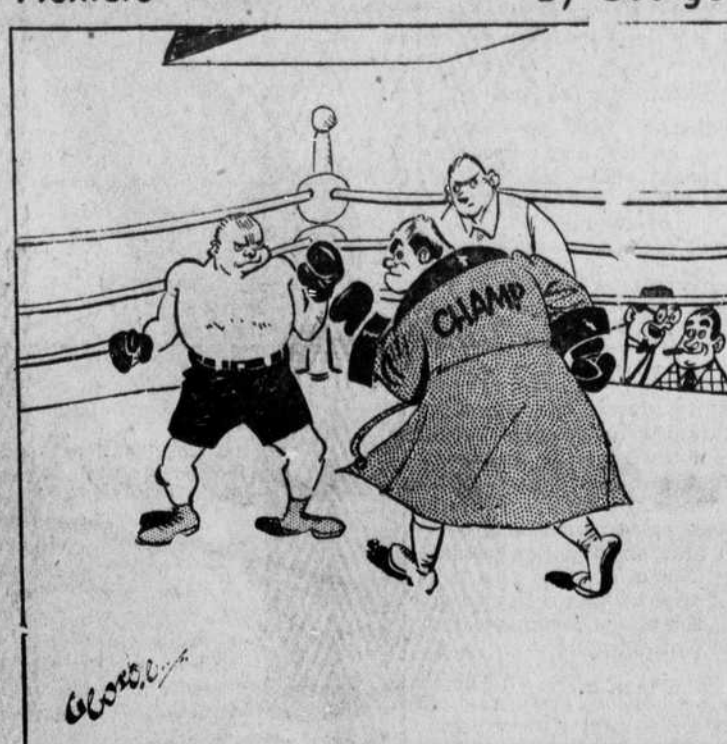
He said that as long as pedestrians continue to act in this fashion the pedestrian death toll will continue to be unnecessarily high.

He reminded Tar Heels that the state suffered 1165 road fatalities last year. The 238 pedestrian deaths, he said, pointed up what he meant about the toll being "unnecessarily high."

"Walkers must learn that staying safe in traffic is a serious matter," he continued. "It calls for complete attention to the job. One false move, one split second of inattention can be disastrous. The wise pedestrian walks as if his life depends on his alertness — and, as a matter of fact, it does!"

Ticklers

By George



"Sometimes I think the champ is overconfident!"

Negro News

By Mrs. Connie Gordon
107 Carpenter Street
Phone 816-1

There will be services Sunday night at Shady Grove Baptist church at 7:30 p. m. Mrs. Zettie Friday of High Shoals will be the speaker. Miss Adair Feensthe and Mrs. Mary Alice White are sponsors. Everyone is invited to attend.

Rev. R. L. Garvin, pastor, and the congregation of Mount Zion church will render services at St. Paul Methodist church Sunday night at 7:30 p. m. Everyone is cordially welcome.

Mr. and Mrs. Marbell entertained at a house warming Friday evening from 7 to 9 p. m. at their new home on the Belvedere circle. Some 25 to 30 guests called during the evening.

The Woman's Society of Christian Service of St. Paul Methodist church will meet Friday night at the home of Mrs. Eugenia Brown at 7:30 p. m.

Miss Kayte M. Cooke, daughter of Rev. and Mrs. S. T. Cooke,

is very grateful to her many friends of Kings Mountain and her out-of-town friends for the lovely flowers and cards she received while a patient at Kings Mountain hospital. She has recovered nicely.

Arthur Davis of Watterson street died Sunday at Kings Mountain hospital after a short illness. Funeral plans are incomplete.

Mrs. Ed Rainey, Mrs. Hazel Brown, and Miss Kathleen Guyton are patients in Kings Mountain hospital.

Mr. and Mrs. Clyde Adams and Mrs. Daisy Smith motored to Charlotte Sunday to visit relatives, Miss Beattie Bryant and Paul Bryant. Mr. Bryant has been on the sick list for some time.

As of November 9, 1956, the dollar value of 1956 Soil Bank Acreage Reserve negotiable certificates reported issued in North Carolina was \$3,093,651, report specialists with the marketing service of the United States Department of Agriculture.

High Producing Milkers Need Plenty Grain

"It pays to feed grain to dairy cows," says George Hyatt, Jr., specialist in charge of dairy extension at North Carolina State College. "This is especially true for the high producing ones," he adds, "for these cows just can't eat enough high quality silage and hay to supply all their needs."

Attention to grain feeding is especially important now, says Hyatt, as this is the time of year many dairymen have cows fresh. Milk is in great demand, making large supplies necessary. These fresh cows need lots of feed to keep them in high production, he warns.

Admittedly, says Hyatt, the cheapest source of feed is plenty of high quality, home grown hay and silage. These high producing cows will eat 90 to 100 pounds of silage a day when little hay is fed. Hyatt points out that even when 10 to 15 pounds of hay is fed daily, they will still consume 40 to 60 pounds of silage.

Even with these large amounts of roughage being consumed, cows producing upwards of 30 pounds of milk daily need plenty of grain too, if they are going to keep up production and not lose weight. Loss of body weight, he warns, will soon mean lowered production. Grain is essential to supply energy badly needed for milk production and body maintenance.

Hyatt says some dairymen feel that feeding grain to dairy cows is dangerous. "They talk about burning out their cows. This isn't likely to happen, he says, for generally it's "Hollow Belly" that ruins most cows.

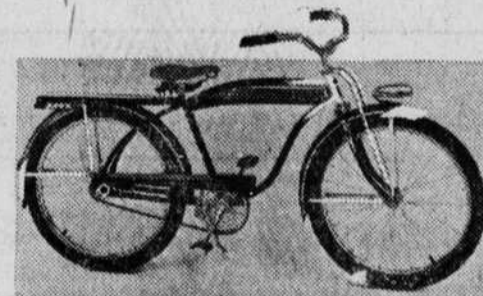
According to Hyatt, many heavy producing cows need 12 to 15 pounds of grain daily, and in some cases even more should be fed to meet their needs. The grain need not be anything fancy. Hyatt says a simple mixture of home grown grains such as corn or barley or milo and oats with a protein supplement such as soybean or cottonseed meal with minerals and salt will supply the badly needed energy and protein.

Get 'Em Now!

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- GUNS
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- BANKS
- AIR PLANES
- TRICYCLES
- POGO STICKS
- CARS
- TRUCKS
- WASHERS
- WAGONS



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BIG VALUE BOX
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QUALITY BOX High styling with gold bronze treatment, burnished and embossed. 25 large size cards, each a different design.
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14 folded cards. **\$1.00**

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Chocolate Pecan Dessert	1.15
Milk Chocolate Pecans	.99
Chocolate Almonds	.99
Chocolate Almond Dessert	.99
Chocolate Cardinal Cherries	.99
Chocolate Cream Brazil Nut	.89
Chocolate Pecan Dessert	.79
Chocolate Peanut Patties	.69
Chocolate Vanilla Butter Crms.	.69
Chocolate Almond Butter Crms.	.69
Chocolate Covered Carmels	.59
Chocolate Thin Mints	.59
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