

### With The Farm Women

By VIRGINIA NANCE  
**PAYS TO PLAN**  
 Mrs. Vernon Williams, Kinston, Rt. 4, knows the value of Home Demonstration work. In planning the remodeling of her kitchen, Mrs. Williams made a scaled drawing before work was begun.

According to Miss Marie Penzel, home economics agent in Lenoir County, Mrs. Williams planned her kitchen for more convenience and better storage before contacting the contractor.

**TOMATO GRADING**  
 Recently, tomatoes were graded on Jimmy Williams farm in Burke County.

According to Miss Ostine Warwick, home economics agent, the Williams family is experimenting in growing tomatoes for various commercial companies. They will soon know if the weather and other conditions are suitable for growing tomatoes commercially.

**EDUCATIONAL TOUR**  
 Johnston County Home Demonstration Club women recently made a summer trip to Niagara Falls and Canada.

Miss Sarah Ann Butts, home economics agent, reports that the tour was cultural and scenic and gave the group an opportunity to visit historic areas, industrial plants, and to see agriculture of the northern state and Canada. The women had opportunity to see fruit farms in upper New York State and some commercial flowers growing.

**PINE CONE WREATHS**  
 North Carolina craft ideas are spreading into Virginia. Mrs. Ada Della Poza, home economics agent in Anson County, reports that requests have been received from Virginia for information on making pine cone wreaths.

Direction and other guides have been sent regarding the craft which has proven popular in Anson.

**FAIR BOOTH PLANNED**  
 Pasquotank County is making final plans for their educational booth on "Chasing and Embossing Aluminum." Workshops have been held for the purpose of training leaders to produce chased and embossed articles to be displayed in the booth.

According to Miss Edna Bishop, home economics agent, the leaders are developing their skills and techniques in producing quality crafts.

**FURNITURE DESIGN**  
 "Good Design in Moderately Priced Furniture" was the subject discussed recently at Home Demonstration Club meetings in Buncombe County.

Miss Nancy Crowell, assistant home economics agent, says that a bedside table was used to explain the joints which make a table sturdy. Points were brought out about support for the drawers, ease in opening a drawer, sturdy handles on the drawers, and corner blocks which are used for a more steadfast piece of furniture.

The first fire prevention laws were enacted in Boston in 1630. Today, the nation's four million Fire Marshals act as a "fire prevention brigade", conducting fire hazard inspections in their own homes.

With fire losses highest during winter months, millions of Junior Fire Marshals across the country will conduct special inspections of their homes during Fire Prevention Week Oct. 4-10 to help prevent tragic fire losses.

### Founder Of America Was Good Navigator

Columbus must have been a good navigator to discover America and find his way home . . . even if he was seasick much of the time

With none of the modern luxuries that almost make navigational electronic breeze, he had to rely on "dead reckoning." This means he figured out where he was going on the basis of direction, time and speed, according to The World Book Encyclopedia.

Direction was easy to find with the good compasses available. Time was measured by an hourglass, presided over by a ship's boy, who turned it over the moment all the sand ran out and kept a record with marks on the slate.

Distance was figured by multiplying speed by the time traveled. But there was no way to measure speed, so Columbus estimated it. The records show that the "Admiral of the Ocean Sea" overestimated his speed . . . but because he was consistently wrong, the mistake didn't prevent him from getting back to Spain.

Even with a more reasonable estimate, Columbus made good time. Ships like the Nina, the Pinta and the Santa Maria—called "caravels"—usually made three to five knots in a light breeze. In a strong gale, they made up to nine knots and sometimes hit 12.

Columbus' ships averaged about six knots a day for five consecutive days on the trip to America, and on one day, whizzed along at eight knots. The Nina and the Pinta at times hit 11 knots on the return trip in 1493.

Maybe it was this fast clip that made Columbus seasick. Or maybe that story is just another of the legends that have grown up around the wool weaver's son from Genoa who turned Europe into an "Old World".

### Ellis Named To Church Post

FORT BENNING, Ga. — Specialist Fourth Class Harold D. Ellis, son of Mr. and Mrs. D. C. Ellis, Lackey street, Kings Mountain, was recently elected assistant chorister of the First Baptist church in Columbus, Ga. Specialist Fourth Class Ellis is stationed with the 2d Infantry Division Band, Fort Benning, Ga.

Ellis graduated from Kings Mountain High School in 1956. He is a Master Mason, Fairview Lodge 339.

Sp4 Ellis entered the Army in July 1958 and completed his basic training with the 12th Artillery, 2d Infantry Division.

After completion of his military service Sp4 Ellis plans to enter a Baptist college and study religious music.

Columbus might never have discovered the New World if his name had been Tom, Dick or Harry. The World Book Encyclopedia reports that he was named after Saint Christopher, patron saint of sailors and travelers. He saw in his name a sign that he was destined to carry Christianity to heathen lands.

### Free Wheeling . . .

By BILL CROWELL

One reason traffic authorities are so vitally concerned with plain and fancy drinking is the correlation between "a few snoots" and highway mishaps.

Year after year, right here in North Carolina, roughly a third of our death-dealing traffic accidents involve drinking drivers. Maybe too many people have been influenced by the publicity of distillers and brewers. Publicity which artfully says a little alcohol—like the amount in two or three cans of beer—calms the nerves and eases tensions. And that's right, even doctors agree that alcohol in moderation possesses some beneficial aspects.

But unfortunately, too few drivers realize that even a "light" drink, one highball, say, is enough to seriously impair judgment, vision, muscular efficiency and reduce reaction speed and accuracy.

Dr. Leon Greenberg, director of Yale's famous Center for Alcohol Studies, has said, "A multitude of tests that after two or three cocktails or highballs we react a trifle more slowly to the flash of light or the ring of a bell . . . However, since our center of judgment is depressed, we think we can do every thing better. The chief danger in driving after a few drinks probably lies in the fact that our confidence zooms—and we take chances."

As little as three-and-a-half ounces of liquor can cut reaction time by some 34-per cent. Thus at 40-miles an hour, this slow down of normal reaction time would add 15 feet to the distance required for a safe stop. That's roughly one car length.

drinker is really nothing but lack of appreciation of his shortcomings. These are glossed over self-confidence engendered through paralysis of critical judgment. Even while he thinks he is doing better than his best, he is making more mistakes. Add to this a slowing of the reflexes and impairment of coordination and the dangers of driving and drinking become utterly clear.

**SUDDEN THAWT . . .** The Modern Girl would make a wonderful cook if she had a kitchen run by a steering wheel.

**POEM . . .** Sgt. A. H. Clark of the State Highway Patrol in Wilmington likes this bit of verse: If I were standing to be judged, Before the great white throne; Where I could hear the righteous sing, And hear the sinners moan, I'd want no greater advocate To make my final plea, Than just a boy or girl who'd say "He did a lot for me."

Fire claimed a life in the U. S. every 46 minutes during 1958. Junior Fire Marshals, through their special training, have been credited with saving numerous lives in fire mishaps.

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