

With The Farm Women

REMODELING PRACTICES to give their 60-year-old house a "face-lifting." Mrs. Gayle Gray, home economics agent in Jones County, and Mrs. W. C. Warrick, agricultural en-

gineering specialist from State College, helped the Banks in planning for the work. "I know the visit from Warrick saved me several thousand dollars," said Banks.

BIRD FEEDERS SEND FIVE TO BUFFALO
At the Woman's Exchange in Pinehurst you will find pine cone bird feeders hanging in the rustic log cabin. Suet holds the bird seed in the gigantic longleaf pine cones. They are wrapped in plastic bags for handling purposes.

Mrs. Bertha Adams, assistant home economics agent in Richmond County, says the Cecil McCalls of Elberta started the project. And the profits have financed a trip for the five-member family to New York.

CRAFTS PROJECT
Youth leaders are always looking for new ideas to use in craft workshops for young people.

Mrs. Doris Teeter, assistant home economics agent in Iredell County, says Mrs. W. H. Johnson, Sr., of Statesville made pin cushions by snipping off the end of the plastic liquid detergent containers and inserting a piece of styrofoam or foam rubber in the hole after it was covered with velveteen.

FROZEN FOOD PROTECTION
"Protecting frozen food en-

route" has been the subject discussed recently at Home Demonstration Club meetings in Clay County.

Mrs. Justine Rozier, home economics agent, says the problem of keeping food frozen from the store to their home is serious and the women were shown an insulated container which could be used for transporting the food.

NASH LOAN FUND
"Had it not been for the E. V. Gordon Loan Fund, I could not have gone to college," wrote one borrower to the Nash County Loan Fund chairman recently.

Mrs. Agnes Safy, home economics agent, says nine girls have used the loan fund which the local club women support.

LIFE INSURANCE
What kind of insurance do you have? Home Demonstration Club women have been discussing the four basic kinds of life insurance policies in Orange County.

According to Miss Jessie Trowbridge, home economics agent, they are planning to have a community program on insurance so young couples can get the information.

The School of nursing is the most recently established school in the Division of Health Affairs of the University of North Carolina located in Chapel Hill.

Fair Season For Livestock Almost Here

With the county and state fair season coming up soon, Tar Heel farmers are planning to safeguard the health of the livestock they'll take in the show rings.

And the fair officials are taking steps to see that the animals stay healthy at the fair. Swine must be vaccinated against cholera; cattle must be pruced free of tuberculosis and brucellosis. Barns and other fair buildings where livestock will be, must be cleaned out and disinfected.

"The job of sanitizing buildings and lots and even vehicles would be a lot simpler if people would clean and disinfect them several weeks before the fair," says Dr. H. J. Rollins, state veterinarian. "The the sunlight would keep them clear of infectious bacteria."

Dr. Rollins suggests that fair cleanup be done at least ten days before fair opening. "And folks should be very careful to see that none of the bedding for the animals is contaminated with disinfectant," he adds.

are epic and span well before animals start coming in. And the state's inspectors are waiting to check each animal's health.

"The inspectors check each animal's health certificate," says Dr. Rollins, "concentrating on cattle, swine and sheep."

With only eight inspectors, it's about all the state can do to handle the State Fair and spot check a few big regional fairs in other sections. The job of insuring animal health at the small county fairs is left up to the local county agents, veterinarians and others helping at them.

Here are a few pointers for farmers and their children:

1. Get the animals to be shown at the fair vaccinated against diseases they may pick up there. And get a veterinarian's certificate which will clear the animal for the show ring.
 2. Give animals plenty of rest and water in taking them to the fair.
 3. After arrival at the fair, let the animal rest before bathing or grooming it.
 4. After livestock return home from a fair, isolate them for a time — to give any latent diseases a chance to show up.
- Any person in doubt about animal health restrictions at the fair should get in touch with fair officials for information on the regulations.

About 35 per cent of all cardiovascular deaths, says the North Carolina Heart Association, are in the age groups under 65.

Fire Never Takes Holiday

NEW YORK—Fire never takes a holiday. Yet it may in Kyoto. The residents of that city — the fifth largest in Japan — are determined to put an end to fires.

Five years ago, the fire department there organized a "fire bureau" to facilitate fire prevention activities. Since then the incidence of fires has decreased dramatically from 756 in 1955 to 394 in 1961 among its 290,000 households in a population of 1,284,818.

The International Association of Fire Chiefs points out that in Tokyo, the world's largest city, with a population of over 10,000,000, there were only 7,797 fires among its 2,681,222 households and places of business and industry.

By comparison, in New York there were 61,644 fires last year, regardless of its excellent home and commercial buildings inspection program.

"What's the secret of Kyoto's success? Organization and determination. I firmly believe reported Chief Sukeshiro Shima, director Kyoto's Fire Bureau, "that the activities we have developed are effective because of the fact that the number of fires has diminished year after year. However, the result still is not com-

pletely satisfactory. The major purpose of our activities is to make Kyoto a fire free city."

Inspections of homes for fire hazards is an international program sponsored by the IAFC and last year more than half the households in the United States were checked for hazards by the nation's Fire Service.



John Warlick or Wesley Bush

ABOUT THIS QUESTION:
"Our home will be locked up several weeks while we are away on vacation. I am worried about fire or theft while we are gone — it wouldn't be discovered until too late. Will you check our fire insurance to be sure it is up to full value, and add theft coverage to our fire policy?"

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