

QUANTITY RIGHTS RESERVED

These Prices Guaranteed Thru Saturday, April 13th.

HARRIS

SUPER MARKETS

DIVISION OF **FTN** SUPER MARKETS

HOLLY FARMS USDA GRADE A 10 TO 14 LBS. OR ARMOUR'S STAR GRADE A GOV'T. INSPECT.

8 TO 14 LBS. HEN

SELECTO FULLY COOKED

BUTT PORTION LB. 43c | PORTION SHANK LB. 39c | CENTER SLICES LB. 89c | WHOLE LB. 45c

HORMEL'S

5-LB. AVG. LB. 98c

TURKEYS

LB. 39c

HOLLY FARMS USDA GRADE A CHOICE PARTS FRYING CHICKENS

BREASTS LB. 49c LEGS LB. 47c WINGS LB. 29c

GIZZARDS-- Lb. 29c BACKS and NECKS-----5 Lbs. 49c LIVERS----- Lb. 79c

BRACH'S JELLY BEANS 1-Lb. Bag 29c BRACH'S MARSHMALLOW EGGS 11-Oz. Bag 29c

BRACH'S JELLY BIRD EGGS 1-Lb. Bag 29c BRACH'S TEN COUNT Choc. Marshmallow Eggs Bag 25c

BRACH'S MELLOW CREME PETS 13 1/2-Oz. Bag 29c BRACH'S CHICKS & RABBITS 10 1/2-Oz. Bag 29c

ASSORTED EASTER BASKETS EA. 79c TO \$1.49

PILLSBURY'S BEST PLAIN OR SELF RISING

FLOURS

LB. BAG 49c

MOTHER'S BROWN N' SERVE ROLLS 12 CT. PKG. 23c

PILLSBURY'S BEST WHITE, YELLOW, CHOCOLATE FUDGE OR DOUBLE DUTCH

CAKE MIX

PKGS. 3 \$1.

NUCOA—2c OFF LABEL

Margarine 1-LB. PKG. 25c DURKEE'S SNOWFLAKE Coconut 3 1/2-OZ. CAN 17c 7-OZ. CAN 29c SUNSHINE PICKLED Peaches NO. 2 1/2 GLASS 33c

SUPER COOLA

12-OZ. CAN 5c

HELEN HARRIS FIRST QUALITY SEAMLESS MESH NYLON

60-GAUGE 15-DENIER

HOSE

2 \$1.00 PRS.

Libby's Sliced

PINEAPPLE

NO. 2 CAN 33c

DESSERT TOPPING 7-OZ. CAN 29c

CRISP, SOLID HEADS LETTUCE 2 for 25c

CUCUMBERS EACH 5c

FIRM - RIPE - SLICING TOMATOES EACH 15c

PRIDE OF OREGON — Frozen 10-Oz. Pkg. 2 FOR STRAWBERRIES 39c

BANQUET CREAM PIES 3 for \$1.00

FRESH - RED - RIPE STRAWBERRIES PINT BASKET 3 for \$1.00

VERNEDEALE ASSORTED FLAVORS

ICE MILK

LIMIT 2 PLEASE 1/2-Gal. 39c

VALUABLE COUPON

FREE! 100 EXTRA F.S. GOLD STAMPS

WITH \$10.00 OR MORE GROCERY PURCHASE AND THIS COUPON

NAME _____

STREET _____

CITY _____

Limit One Per Customer. Honored by Adults Only. Good thru Sat., April 13th.

OCEAN SPRAY CRANBERRY SAUCE Whole or 300 Strained 2 Cans 45c

VERNEDEALE FARM

FRESH GRADE "A" LARGE

EGGS

2 DOZEN CARTON 77c

Garden Time

"Is early spring a good time to plant cool season grasses such as tall fescue (ky 31) and bluegrass?"

My answer to this question is no. Late fall is the best time to seed cool season grasses and I believe we have good reasons for this statement.

In the fall we can usually take more time to prepare a good seed bed and get the seed up and growing before cold weather sets in.

In the spring, due to the rush of other work, we are likely to "scratch" the seed in, get a poor stand and give up. There are two other disadvantages of spring planting even if we do prepare a good seed bed. In the first place, we always take a chance on the ground freezing and lifting the tender seedlings out of the soil by their roots. And secondly, if the weather turns dry, constant watering is necessary.

Spring is the best time to plant the warm season grasses, Bermuda, Zoysia, and others, regardless of whether or not you use seed, sprigs, or plugs.

"When is the best time to root rhododendron cuttings?"

Studies have been conducted here at State on this problem. The study began two years ago under the direction of Dr. Thomas Cannon and Mr. Thomas Hall, a graduate student.

Cuttings were taken from Rhododendron carolinianum plants at the first of each month for a 10 month period, excluding May and June.

The cuttings were brought to Raleigh and placed in a rooting medium composed of equal parts of Weibite and peat moss by volume. Perlite and peat moss, volume for volume, was also a good rooting medium.

Results of the experiment indicate that cuttings root more easily when taken during the winter months. About 33 per cent of the cuttings taken in July rooted as contrasted with 98 per cent successful rooting in the winter months.

Indole, 3, butyric acid, in alcohol, at 5,000 parts per million, used as a quick dip, proved satisfactory as a hormone treatment in promoting rapid root initiation.

Someone tried to pin me down the other day about the best variety of sweet corn. There are many excellent varieties of sweet corn and the one chosen may be best suited for a particular use such as fresh or for processing.

For the home garden and general use and enjoyment, Seneca Chief and Golden Cross Bantam are hard to beat.

With The Farm Women

Items from Vance, Alleghany, Davidson, Rutherford, Edgecombe and Wilkes Counties.

START THE DAY OFF RIGHT

A survey of eating habits, with emphasis on breakfast, was recently made in Vance County. Miss Jenny Lou Taylor, assistant home economics agent, says the major problem area seems to be that of not including enough milk in the diet.

The survey, which was taken among junior 4-H girls, showed that over half of those completing the survey had less than a pint of milk daily. They are going to try to improve this situation.

WORKSHOPS ARE POPULAR

"The information I got at the upholstery workshop will last a long time," said Mrs. Dean Pruitt of Alleghany County. Mrs. Pruitt attended a workshop last year and is now covering a sofa while she teaches others.

Mrs. Frances Wagoner, home economics agent, says plans are now being made for a workshop in needlepoint. Mrs. Gene Motzinger will teach the class with 12 already enrolled.

CHAIRS GET NEW BOTTOMS

Homemakers in Davidson County have recently made some useful furniture out of cast-off and bottomless chairs. It cost around \$2 each to renovate them but were worth at least \$7 each after work was completed.

Mrs. Martha Thompson, home economics agent, says the leaders plan to help others in their communities with their old chairs.

BUYING FROZEN FOODS

How do you get your frozen food from the grocery store to your home? Mrs. Henry Miller, Harris, says she really felt guilty the last time she bought frozen food because she did not have an insulated box or carton to carry it home in.

Miss Eugenia Wade, home economics agent in Rutherford County, says they have been studying the changes which frozen foods undergo when not kept at a constant temperature.

FOOD BUYING

Members of the Bassett Home Demonstration Club in Edgecombe County enjoyed a different type of meeting recently. After Mrs. Eugenia Van Landingham home economics agent, discussed the ways and means of stretching the food dollar, the club members toured a super market.

Starting with the meat department, the manager gave a guided tour each department giving them helpful shopping hints.