ottie McCiain Heirs 16.86 Legionnaires Map 225 Blk 20 lots No. 61, 62, 63, 64 Childers St. Clifton McCleary 3.80 Set Convention
1.25 acre McCleary Prop.
Will McDeniel William Manning 51.32 the year for the Legion organiza-

Map 217A Bik A lot No. 5 Bel- tion in North Carolina. vedere Cr. W. F. Means 59.09 Map 201 Plk 9 lot No. 14 Ridge day session in Durham come June and make your doctor's job easi 18th, 19th, 20th, 21st. Not only er. Nina W. Meeks 16.10 will Department Officers be elected for the coming year, but im-26 acres Wilson Prop. Annie Lee Ervin Mitchem Map 219 Blk B lot 19B Watter- resolutions will be voted, and tri-

con St. Asriah Mitchem 15.34 12 acre Buttleground Rd. Mitchem Prop.; 3.12 acres Rice Prop.
Helen Grier Mitchem 17.47
6 acre Rice Prop.; 7.49 acres
Dooley Prop. annual Convention of Tre Ameri-

Dooley Prop. Lawson Mitchem

way.

Some 1,500 Legionnaires, mem-

General Chairman James Holmes says that the Jack Tar

Hotel has been booked to capacity

for several weeks and warns that

only a few reservations are still available at nearby motels.

Following the opening cere-monies, a number of distinguish-

Featured speaker at the open-

ing session on June 19th will be

National V ce Commander Dr.

Garland Murphy of El Dorado,

Arkansas. A practicing physician

and surgeon in his home community, Dr. Murphy is a veteran of

WW II with service as a flight

surgeon in the European Theatre. He has served as National Child

Welfare Chairman, and six terms

Banquet speaker will be Charles Vetter, Jr., Washington, D. C., the

Information Coordinator for the

lecturer in the fields of Interna-

tional Communications and Com-

munism, participating in govern-

ment and non-government pro-

fice Manager in Winston-Salem. Department Commanders from

grams throughout the world.

as President of The American Le-

gion Child Weifare Foundation.

bers of the Auxiliary, Sons of The American Legion, 40 & 8, and 8 &

housing is at a premium.

Woodrow & John Mitchem . 20.51 Map 219 Blk 2 lot No. 6 50x150 L. J. Phipps, of Chapel Hill, will preside over the Convention. 1.16 acre Grier Prop. Claude Jr. & Hoyle Morgan . 3.34 .96 acre more or less Morgan Hoyle Morgan & C. A. Allison on .. 40, and other groups are expect-60.46 ed to attend the Convention, and 311 acre lot No. 1 Morgan Prop.

ssouri J. Morgan 25.41 Map 226 Elk D lot No. 3 John William Oates 38.00 3 acres Oates Prop. John William & Summey Oates. 36 acres Johnson Prop. Summey Oates 29.34 Charles Lee Cdum 33.29 ed guests will be presented to the 1 lot Lake Mentonia St. Morgan Delegates. Prop. James V. Parker 69.26 12.89 acres Perker Prop. Sufuannah Patierson6 acre Patterson Prop. John Perkins & Sarah C. Adams 14 acre Gold Mine Tract

Plato Perkins 26.43 1.59 acre Battleground Rd. Mauney Prop. Florence Perry Map 226 Blt E lot No. 5 Wat terson St. Map 226 Blk E lot No. 6 Watterson St. . 53.19 Lawyer Quinn69 acre Brown Prop.; Map 217 A Blk B tot No 13 Ruth J. Rhodes 20.66 Ridge St

No. 8 Rice Prop. Scheduled for appearance be-Jasper & Wirred C. Rice .. 8.20 fore the Legionnaires are Vet-1 acre erans Administration Officials, Pearl Rippy Heirs 16.25 Map 226 Blk D lot No. 24A John D. Alderman, Manager of the Oteen Veterans Hospital, Ar-Cansler St. chie Millis, Manager of the Fay-82.87 chie Millis, Manager of the etteville Veterans Hospital, and A. P. Roberts

Man 217 Bl: A lot No. 3 Belve- J. D. DeRan:us, VA Regional Of-Elbert Ervin Roberts Heirs . 3.65 2 acres Battleground Rd.

our neighboring states are on the Schedule for remarks Nolan S. George Roberts 9.11 Cutler. Commander of the Vir-The "big show" of the Conven-

John Ross 37.76

68 acres Hora Prop.

1 lot Jamison Prop.

1 lot Trout Club Rd.

4 acre Maurey Prop.

1.55 acre Outes Prop.

1 lot Hardia Prop.

Nannie Bla'ock Tinsley .

Lindheroh ()'Neit Smith ... 22.64

Shirley Mac & Easie Smith Jr.

Roddie W. Stephens 18.38

44 acre Hilliop Dev. Prop.

J. P. Watkins & Maggie Clark

Amanda Whier ant Fet ... 10.17

som off Vork Rd.

.58 wre Moore Prop. Legionnaires can look forward Oakky Schenck 58.67 to some unusual and exciting en-May 226 Pik D lot No. 30, 9, 24 tertainment or Saturday night of Ridge St. 2.74 the Convention, when the "Las Vegas Night" will be staged. Carmie Borders Sealev 2.74 Map 227 Blk A lot No. 24 Watterson St. Seawright

Then add tro dances 40 & 8 you have quite an entertainment package for the Convention. Ad-Verna Slater 9.41 645 acres Newkirk Prop. mission to the entertainment fea-tures will be by registration Brown Smith 15.58 badge only.

The Memoria? Service at 9:00 Margaret E. Smith 5.47 A.M. Sunday, June 21st, will conclude the Convention. All registrat on desks will in the lobby of the Jack Tar Ho-

1.52 Cherokee St James Whitesides 17.32 Man 219 E.k 3 lot No. 13 Tracev St. Prop. Gene Williams 10.77

Map 226 Blk E lot No. 7 Ridge Elizabeth Black Tate 8.50 20.81 Robert L. Williams Heirs .. 31.38

Rd.: Man 227 Blk B lot No. 9 Fearline Jackson Wilson .. 38.24 95 acre Jackson Prop. Mrs. Charlotte Tracev 24.39 George Womic Heirs 12.61 1 lot 1 lot McK-nney Prop.; 2.3 acres No 4 Townshin Corp. Kinge Min. Lithing Corp. .. 1.52

42 99 1 lot Gmone Prop. Man 216 Blk 15 lot No. 9 York Saular's Oil Co 29.92 56 acre No 4 Trumship Discovery 1 lot 100-200 & house

en 200 Rite F lot No 234 Ful. Torene & John W. Foster Jr. . . ton Pron . Ffan 214 Blk 3 lot Inte No. 10. 33 Bile C Lovan J. McDaniel Prop. & 1 lot Broad-m McDaniel Prop.

American Legronnaires throughout the State are now counting Do you know how to be a good

TEENS HEALTH

Health and Safety Tips

from

The American Medical

Association

There's more to it than colorful and significant events of wanting to be well. If you know how to be a good patient, you can receive even better health The stage is set for a busy four- care, get more for your money.

> In a new paniphlet on the subsociation urges that it is imporschedule periodic physical exam-inations. Then, should illness ing you. strike, you'll know where to turn.

Department Commander, Judge to help the doctor arrive at a di- the subject of fees on the first even more serious illness later on. under the same conditions of men. World War II.

agnosis, can be done much better in the office, where everything is

at hand to make it thorough. In phoning the doctor, when a house call is ersential, be prepared to tell him briefly all the facts in the case, the symptoms of illness, temperature and other fac tors. It is impossible for the doctor to carry with him all of the tools of medera medicine, but if he is told what to expect, he can bring along some of the equipment and medicines that might help in your case.

your doctor the whole story. The ject of "How to Be a Good Pamakes it more difficult for his discussion of charges.

tient," the American Medical Asdoctor to treat him. Have in mind The patient seeks the doctor's bute will be paid to the men and women who deserve them.

sociation urges that it is important to choose a family physician nesses, operations, accidents, even health, and he seeks advice on when they are years in the past. the salient facts about past ill- opinion about the state of his cases, a berie always available.)

The Veterans Corner

to questions from former servicemen and their families:

Q-Where should I send a At home or in his office, tell change of address notice for my cian applie; for admission which Atlantic Fleet's Service Force. uncommunicative patient merely visit. No one should mind a frank is forthcoming if he is eligible

personally, have your medical Have your questions ready, too, money of both doctor and patient history on file in his office and and never hesitate to ask the doc- may be wasted if you don't follow tor about anything that is puzzl- the advice. If you decide to stop taking the prescribed pills after Most patients are embarrassed a day or two, or if you don't bo-Map 226 Elk D lot No. 14 King Carolina, wil: efficially get under ing to the doctor's office, rather they first go to a doctor. The ed at all, or if you head for the ble for VA benefits? than insisting that he come to best thing for both the patient golf course when the doctor oryour home. Preper examination, and the physician is to bring up dered rest, you may be facing eligible for the same benefits and Supplies and Accounts during

compensation check? It come from some place in Chicago.

A-You should mail your change of adoress notice for any VA payments to the VA regional Office where your records are maintained. This is the VA office which authorized your payments, prentice, USN, son of Mr. and Here are authoritative answers your records to this new regional C, is a crowe-ember of the reby the Veterans. Administration office after you report the move.

into a VA hospital?

A The veteran or his physi- ships feeding over 300 men in the need hospital care and a bed is available. (In service - connected folk, Va., based ship in competi-In case of a sudden emergency, the veteran may be taken directly to the hospital but someone acting cate with the VA hospital by tele- outstanding preparation and serphone or telegraph before hand to facilitate admission.

Q Are women veterans eligi-

McAbee Isl Aboard Ship USS Vulcan

USS VULCAN (FHTNC) Dennis B. McAbee, seaman ap-If you move to another regional Mrs. William B. McAbee of \$25 office area, the VA will transfer Second St., Kings Mountain, N. Q-How do you get a veteran pair ship USS Vulcan which has who requires medical treatment been selected as having the outstanding general mess among

This selection places the Nortion with the finalists from other commands for the 1964 New Award. The award is given annualfor the veteran should communi- ly to the ship or station with the vice of food. It is given in honor of the late Captain F. F. Ney. who served as head of the subsis-

Sticking Waffles? When a waffle iron starts to stick, it's past time to take

Best procedure to remedy the situation is to wash the grids thoroughly and re-treat your iron, just as if it were new. (Before you do this, check directions in the in-struction book that came

struction book that came with the appliance.)

Some irons need a non-salt fat for treating, others do not. Once you've heated the waffle iron with the fat, be sure you use a recipe that has plenty of fat in it.

Be sure, also that the iron is thoroughly heated before you pour in the batter.

If you don't have an indicator light, sprinkle a few drops of water on the grids and see if the drops dance around.

around.

SLICED

Lb. 29



SO 290 GREEN STAMPS With This Coupen & Purchase of Half Lay's Cry-O-Vac 5-6 lb. Avg. SMOKED HAM

This Certificate Entitles You To JOSE GREEN STAMPS pon & Purchase of One 2-Lb. Pkg. Extra Lean GROUND SEEF

HAT GREEN STAMPS
HAT This Coupen & Purchase of
Two 1-Lb. Pkgs. Lay's
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Vish This Coupon & Purchase of One 14-oz. Bottle LISTERINE od At Your Local Winn-Dixle Void After June 13, 1964

This Certificate Entitles You To 50 Jeff GREEN STAMPS With This Coupen & Purchase of Byron's (5-Sandwich Pack) EAR-8-Q SANDWICHES void After June 13, 1964

This Certificate Entitles You To This Coupon & Purchase of 2-Lb. Pkg. Trade Winds FANTAIL SHRIMP ood At Your Local Winn-Dixie Void After June 13, 1964

50 200 GREEN STAMPS With This Coupen & Purchase of 19-oz. Pkg. Lee's SANDWICH STEAKS Good At Your Local Winn-Dixie Void After June 13, 1964

This Certificate Entitles You To 25 200 GREEN STAMPS With This Coupen & Purchase of One Can Glade Assorted Fragrants ROOM DECOURANTS void After June 13, 1964

This Certificate Entitles You To This Coupon & Purchase of One Giant Blue Dart LOW SUDS DETERGENT Void After June 13, 1964

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BLUE BAY PHE

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No. 21/2 Cans

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TO 6 LB. SIZE

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Limit 1 of your choice with a \$5. order

ASTOR MAXWELL HOUSE 6-oz. 6-oz. Jar Jar

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CANTALOUPES

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Limit 1 of of your choice with a \$5. order

DEEP SOUTH Miracle Whip Salad Dressing

79c

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FROZEN FRENCH FRY

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MORTON'S APPLE, PEACH, CHERRY OR COCONUT

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