

TEENS HEALTH
Health and Safety Tips
from
The American Medical
Association

Heat and cold—usually exemplified by heating pads and ice packs—play a big role in first aid and in therapy for all sorts of physical ills.

In many cases application of cold helps to minimize swelling, inhibit bleeding, reduce excessive, high body temperature and relieve pain, says Today's Health, the magazine of the American Medical Association.

Cold applications, especially ice, have an anesthetic effect. They may be helpful in case of nosebleeds, bleeding from minor cuts such as razor blade nicks, sprains, bites and stings of insects, minor burns and heat prostration.

When and how can you use cold in first aid?

Cold applications tend to inhibit

bit bleeding by constricting the small blood vessels in nosebleeds and persistently oozing minor cuts.

Applications of ice water alleviate discomfort from insect stings and bites, and may delay the chemical action and circulation of injected poison.

Immediate application of water compresses to sprains lessens swelling. Such applications should be continued for at least half an hour before the sprained limb is taped or otherwise supported.

In case of high body temperature associated with heat prostration, the entire body should be sponged freely with cool water until temperature returns to tolerable level.

Immediate immersion into ice water of a body part that has sustained a minor burn controls pain and possibly diminishes tissue damage.

WEEKLY CROSSWORD PUZZLE

Forest Creature

Here's the Answer

HORIZONTAL

1 Depicted animal, the deer
2 Ensom
3 Oleic acid salt
4 Before
5 Largest river in France
6 Unit of weight
7 Approach
8 Light brown
9 Lease
10 Toward
11 White
12 Encourage
13 Cease
14 Footlike part
15 On time (ab.)
16 Important metal
17 Challenge
18 Drunkards
19 Symbol for silver
20 Hour (ab.)
21 Nevada city
22 Ocean
23 God of love
24 Help
25 Fruit
26 Compass point
27 Its underside and the of its tail are white
28 Swaggar
29 Pentered
30 Gluttid

VERTICAL

1 Song bird
2 At this place
3 Forms nations

4 Symbol for tellurium
5 Lamprey
6 Ripped
7 Malt drink
8 Id est (ab.)
9 Nest
10 Short jacket
11 Indentation
12 Witticism
13 Medical suffix
14 Decay
15 Short-napped fabric
16 Self esteem
17 Her
18 Log float
19 Ireland
20 Leave out
21 Indites
22 Violent stream
23 Genus of shrubs
24 Self esteem
25 Her
26 Log float
27 Ireland
28 Leave out
29 Indites
30 Epistle (ab.)
31 Rough lava
32 High mountain
33 One time
34 Sow
35 Era
36 Bitter vetch
37 Nova Scotia (ab.)
38

This Is The Law

DOUBLE JEOPARDY

Henry Collins was suspected of having committed robbery. The Solicitor drafted and sent to the grand jury a bill of indictment charging Henry Collins with robbery. Numerous witnesses testified before the grand jury. The grand jury found "Not a true bill." Two years later the Solicitor drafted and sent to the grand jury a second bill of indictment charging Henry Collins with the same robbery. This time the grand jury, composed of a different group of jurors, returned a "True Bill." When the case came up for trial in the Superior Court,

Collins plead as a defense "double jeopardy." Is this a valid defense?

No. The presentment of a bill of indictment to a grand jury does not subject the defendant to jeopardy. Collins may be tried and convicted of robbery.

The grand jury is not a trial court, but an investigatory body, and no question of double jeopardy is presented when it repeatedly makes investigations under bills presented to it.

It is fundamental and sacred principle of the common law that no person can be twice put in jeopardy of his life and limb

for the same offense. It is also incorporated into the Constitution of the United States and North Carolina.

At what point in a criminal proceeding is a person put in jeopardy?

The Supreme Court of North Carolina has said: "Jeopardy attaches when a defendant in a criminal prosecution is placed on trial: (1) On a valid indictment or information, (2) before a court of competent jurisdiction, (3) after arraignment (4) after plea, and (5) when a competent jury has been impaneled and sworn to make a true deliverance of the case."

A defendant cannot be considered as put in jeopardy by a court that has no jurisdiction,

because any judgment that might be rendered against him would be void. Hence, an acquittal by a court not having jurisdiction is no bar to a subsequent prosecution for the same offense in a court of competent jurisdiction.

All of the twelve men of a jury cannot agree upon a verdict. The judge orders a mistrial. May the defendant be tried a second time for the same offense?

Yes. A trial court judge may, without prejudicing a future prosecution, discharge a jury where it appears that after a reasonable time for deliberation has been allowed a verdict has not been agreed on and there is no probability of an agreement.

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132 RAILROAD AVENUE

Churchmen Hear Rev. Turnipseed

Rev. Lonnie Turnipseed, missionary to Chinese refugees in Hong Kong, addressed the Gastonia District Mission Rally at First Methodist church in Gastonia Tuesday.

Turnipseed has been a missionary to Hong Kong for five years and for the last fifteen months has been on furlough studying at Union Theological Seminary in New York City and working with the restructuring of the Board of Missions in its mission to 48 countries of the world.

For three years, he was assigned to the Ward Memorial church in Hong Kong as associate to the late Rev. Chester Yang. Methodists in the Western North Carolina Conference helped provide funds for the building of this church.

Later, Turnipseed was assigned to Asbury Village, a Methodist resettlement village of 600 people in which there is a full program of social, educational and religious work. In addition to this he has been assigned to work with the refugees in resettlement houses built by the government. These large apartment buildings house as many as 3,000 refugees. On the roofs of these buildings, churches and other agencies are permitted to provide programs of social, educational and religious work. Turnipseed has worked with Rooftop X in this work as well as other areas of the city.

Hong Kong, hard up against Communist China, is the center of hundreds of thousands of refugees escaping communist China. It is a British crown colony and a major shipping and commercial center of Southeast Asia. It is in this setting that the mission of the Methodist Church is carried on by Turnipseed and a number of other missionaries and Chinese workers.

Leaders of Methodist churches in Cleveland, Lincoln, and Gaston counties attended.

City Of Kings Mountain

Audit Summation 1963-64

The following information is published in compliance with G.S. 160-410.7.

John Daniel, Jr.
City Clerk

RESULTS OF OPERATIONS

	Year Ending		Increase (Decrease)
	6 - 30 - 64	6 - 30 - 63	
Revenues:			
General Fund	\$587,969.76	\$524,599.80	\$ 63,369.96
Capital Outlay	179,430.64	159,917.21	19,513.43
Debt Service	40,650.03	51,566.25	(10,916.22)
Cemetery Perpetual Care	5,992.91	2,829.01	3,163.90
Recreation Fund	7,068.95	6,280.29	788.66
Total Revenues	\$821,112.29	\$745,192.56	\$ 75,919.73
Expenses:			
General Fund	\$578,540.83	\$554,282.56	\$ 24,258.27
Capital Outlay	236,040.25	118,987.26	117,052.99
Debt Service	45,322.86	46,128.66	(805.80)
Cemetery Perpetual Care	1,043.77		1,043.77
Recreation Fund	7,068.95	6,280.29	788.66
Total Expenses	\$868,016.66	\$725,678.77	\$142,337.89
Revenue Over Under Expenses	(\$ 46,904.37)	\$ 19,513.79	(\$ 66,418.16)

FINANCIAL POSITION

	ASSETS		Increase (Decrease)
	6 - 30 - 64	6 - 30 - 63	
Current Operating:			
Cash	\$ 39,707.53	\$ 91,673.20	(\$ 51,965.67)
Securities	35,000.00	33,500.00	1,500.00
Accounts and street assessments receivable - net	53,135.59	51,174.61	1,960.98
Taxes receivable - net	13,406.50	15,175.23	(1,768.73)
Total Current Operating	\$ 141,249.62	\$ 191,523.04	(\$ 50,273.42)
Cemetery Perpetual Care:			
Cash	\$ 2,683.88	\$ 1,748.39	\$ 935.49
Securities	39,000.00	35,000.00	4,000.00
Total Cemetery Perpetual Care	\$ 41,683.88	\$ 36,748.39	\$ 4,935.49
Capital:			
Physical properties	\$2,745,821.43	\$2,516,015.16	\$229,806.27
General Bonded Debt:			
Amount to be provided for payment of bonds in future years	\$ 490,000.00	\$ 520,000.00	(\$ 30,000.00)
Total Assets	\$3,418,754.93	\$3,264,286.59	\$154,468.34
LIABILITIES			
Current Operating:			
Due to Recreation Commission	\$ 441.26	\$ 491.25	(\$ 49.99)
Consumer deposits	33,095.50	31,416.50	1,679.00
Accounts payable	88.43	151.00	(62.57)
Total Current Operating	\$ 33,625.19	\$ 32,058.75	\$ 1,566.44
General Bonded Debt:			
Bonds payable	490,000.00	520,000.00	(30,000.00)
Total Liabilities	\$ 523,625.19	\$ 552,058.75	(\$ 28,433.56)
Surplus and Investment in Capital Assets	2,885,129.74	2,712,227.84	182,901.90
Total Liabilities, Surplus and Investment in Capital Assets	\$3,418,754.93	\$3,264,286.59	\$154,468.34

BONDED INDEBTEDNESS at JUNE 30, 1964

Designation	Date	Rate	Maturity	Amount of Issue	Amount Paid	Balance 6-30-64
Water and sewer	10-1-23			\$100,000.00	\$100,000.00	
Water and sewer	4-1-50			18,000.00	18,000.00	
Recreation facilities	5-1-54	5-¾%	\$10,000.00 5-1-65	60,000.00	50,000.00	\$ 10,000.00
Recreation facilities	5-1-54	2-¼%	10,000.00 5-1-66 to 1968	30,000.00		30,000.00
Recreation facilities	5-1-54	2-½%	10,000.00 5-1-69 to 1974	55,000.00		55,000.00
Recreation facilities	5-1-54	2%	5,000.00 5-1-74	5,000.00		5,000.00
Water and sewer	5-1-54	5-¾%	10,000.00 5-1-65	90,000.00	80,000.00	10,000.00
Water and sewer	5-1-54	2-¼%	10,000.00 5-1-66 to 1968	50,000.00		50,000.00
Water and sewer	5-1-54	2-½%	20,000.00 5-1-69 to 1974	120,000.00		120,000.00
Water and sewer	5-1-54	2%	20,000.00 5-1-75 to 1984	190,000.00		190,000.00
Water	6-1-28	4-¾%	10,000.00 6-1-65 to 1966	250,000.00	230,000.00	20,000.00
Total				\$968,000.00	\$478,000.00	\$490,000.00

(Exh. "A")

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