

For New Year '65; Budget Food Start Planning Your Menus Now

It may be a little early to start planning menus for 1965, but take a look ahead.

How will your food budget fare next year? According to Miss Gaynelle Hogan, extension consumer marketing specialist, 1965 retail food prices are expected to average only slightly higher than in 1964. There will be more beef, broiler fryers, turkey, eggs, and fruits, but there will be smaller quantities of pork, lamb, and potatoes.

The portion of the family's income spent for food may drop to a record low of 18 per cent in the coming year—reminding us that food is a bargain.

It's estimated that we will eat a record amount of red meat this year — 174 pounds per person. This gain is coming primarily

from beef — expected to set a record high of 100 pounds, up from less than 95 pounds per person last year.

Pork consumption is down about two pounds from the 65 consumed in 1963, while lamb and mutton is down by more than half a pound.

We'll continue to eat more beef in 1965, says Miss Hogan, but at a slower pace than in 1964. Beef prices are expected to hold at present levels through the winter months. On the other hand pork and lamb prices are expected to average higher in response to smaller production last year.

Production of eggs, broilers, and turkeys will be larger in 1965 than in 1964. For eggs and turkeys the production increases

are likely to be large enough to cause a further decline in prices.

The expansion in broiler production, however, may be small during the first half of '65 and prices are expected to average slightly higher during this year.

Milk production will increase and, we'll use more milk and dairy products in 1965 because of population growth—three million new babies born every year—and increased incomes.

However, use per person may be slightly lower. Prospects for 1965 point to a further decline in consumption of cream and fluid milk but an increase in low fat and fluid skim products.

In creased supplies of fresh and processed fruits are in prospect from now until mid-1965. This increase comes mainly from a larger citrus crop and a record apple and pear crop.

The 1964 United States crop of edible tree nuts is expected to be about a third below the record



Listaff DEEDS

by Mildred Morris

News items this week from Columbus, Cabarrus, Alamance, Hyde, Johnston and Yancey Counties.

PUMPKIN PIE FROM SQUASH
Did you ever hear of making pumpkin pie from squash? Well, it happened in Columbus County, reports Tommy Glover, associate agricultural extension agent.

According to Della Freeman, Whiteville, two small "pumpkins" were acquired to make a pumpkin pie. She was informed that the so called pumpkins were really two butternut squash. Following the pie making and eating, Della stated that it was good whether pumpkin or squash.

BUSINESS MATTERS UP-TO-DATE
All homemakers have a business responsibility to become familiar with general business procedures which affect family living.

Homemakers in Cabarrus County have been studying the importance of keeping up-to-date on business matters and are being urged to keep all financial and legal papers in a safe deposit box, metal fire proof box, or a metal box where every member of the family knows its location, reports Miss Mildred Patten, assistant home economics agent.

KNITTING CLASSES
Mrs. W. C. Gregory and Mrs. Richard Smith were in charge of a knitting workshop held in Alamance County. Due to the large number attending, the group was

1963 crop. Total canned and frozen vegetable supplies for the 1964-1965 season are expected to be smaller than last year, but well above average. Retail prices are expected to average slightly above the low levels of a year ago.

divided and several other women assisted in teaching—Mrs. H. M. Patterson, Mrs. G. M. Hinsaw, Mrs. C. M. Aldridge, Mrs. Irene McPherson and Mrs. Barbara Thompson.

Due to special requests, Mrs. Nancy Adams, home economics agent, says other workshops are being planned in crewel embroidery and needlepoint.

USE OF SURPLUS PRODUCTS
To help people use their donated foods to the best advantage, Mrs. Iberia Tunick, home economics agent, has been giving demonstrations in Alamance County on use of the products.

Recipients of the surplus products sampled a chocolate layer cake made from dried eggs, dried milk, donated flour. She also made peanut butter cookies and hot gingerbread.

4-H ELECTRIC CLUB
Study lamps are being made by electric club members in Johnston County. Mrs. Mary Alice Thomas, associate home economics agent, says each member assembled and wired a lamp.

Mrs. Thomas says the study lamps are tested to see that they have been wired correctly. At the last meeting, 18 club members, leaders and parents made lamps.

PINE CONES SAVED
Mrs. Cecil Anglin has been encouraging club members in the Jacks Creek Club to save pine cones and other native products for a workshop.

Mrs. Ruby Corpening, home economics agent, says the Yancey County club member has been gathering this year's crop of pine cones before they open in order to get better color and a new looking product.

White Hears Final Docket As Judge

was aired in Recorder's Court Monday, with Judge Jack White handing down the following sentences in the last session of his judgeship:

Lee Sullens, 40, 106 Wells Street, assault on female, continued to January 4.

Paul Reid, 36, 216 North Candler St., no operator's license, speeding 50 in 35 zone, 60 days suspended upon the payment of \$25 fine and costs of court.

Adrian B. Mulkey, 51, 307 West Mountain St., no operator's license, improper tag, 60 days suspended upon the payment of \$5 fine and costs of court.

Gladys C. Rucker, 39, Route 1, failure to yield right of way, continued to January 25.

James S. Rance, 41, Maple St., assault on female, nol pros with leave.

Douglas M. Lawing, 22, Blacksburg, reckless driving, stop light violation, 90 days suspended upon the payment of a \$15 fine and costs of court.

Seven public drunkenness, two 30 days suspended upon the payment of the costs, and five nol pros.

Submissions included: Flossie W. Evans, 38, Route 1, speeding 50 in 35 zone, half costs.

John Z. Blanton, 28, Ellenboro, speeding 55 in 35 zone, half costs.

Burben Lee Burris, 38, 406 West King, following too closely, half costs.

K. C. Lockhart, 43, Charlotte, stop light violation, half costs.

Francis G. Tessner, 33, Sowe Acree, assault on female, costs of court.

Donald Grigg, 21, Cramerton, improper muffler, half costs.

Bobby R. Conner, 3270 Midpines, speeding 50 in 35 zone, half costs.

Burl W. Blanton, 24, 111 McGinnis St., assault on female, costs of court.

Dan R. Marsh, 26, Cliffside, stop light violation, half costs.



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<p>ALL CHILDREN'S DRESS</p> <p>Coats</p> <p>AND</p> <p>Car Coats</p> <p>1-3 OFF</p>	<p>BOYS' WINTER</p> <p>Jackets</p> <p>Sizes 8 to 20</p> <p>REDUCED TO</p> <p>1-2 Off</p>	<p>SUB-TEEN</p> <p>Skirts</p> <p>WITH MATCHING</p> <p>Blouses</p> <p>1-2 Price</p>	<p>WE HAVE ADDED TO OUR</p> <p>SCRAMBLE Table</p> <p>Lingerie, Other Items</p> <p>REDUCED UP TO</p> <p>1-2 Price</p>
<p>ALL LADIES' FELT</p> <p>Hats</p> <p>Values To \$8.99</p> <p>\$1 \$2 \$3</p>	<p>ONE TABLE CHILDREN'S</p> <p>Shoes</p> <p>Values To \$7.99</p> <p>\$2</p>	<p>LADIES'</p> <p>Sweaters</p> <p>1-3 off</p>	