

### Drop-In Honors Bride-Elect

Mrs. Martin Bridges and Mrs. Ruth Ramsey entertained together Saturday night at a drop-in party honoring Miss Frances Dean Styers, whose wedding to Vance Bridges will be an event of July 4th.

Guests called from 7 until 9:30 p.m. at the fellowship hall of Long Creek Presbyterian church and showered the bride-to-be with miscellaneous household gifts.

Overlaid with white cloth, the bride's table was decorated in traditional green and a white. Punch, cake squares, nuts and mints were served tea-fashion. The gift table was covered with a floor-length cloth of pink tulle over taffeta.

The hostesses gave Miss Styers a pink carnation corsage which she pinned to the shoulder of her party dress.

### Padgetts Honor Engaged Pair

Dr. and Mrs. P. G. Padgett honored Miss Carol Plonk and William Mitchell Fenimore, Jr., at dinner - bridge Thursday evening at their home.

Couples were present for six tables of bridge.

Dinner was served buffet style. When scores had been tallied, prizes went to Mrs. Hal Plonk who scored high for women, Miss Beth Houser, second-high, and Mrs. Jacob Cooper, low. George Houser placed high for men, Hal Plonk was second and Dr. Sam Robinson held low.

Tables were arranged with magnolia blossoms and yellow candles. A yellow and white theme was predominant in decorations throughout the home.

Dr. and Mrs. Padgett presented Miss Plonk a corsage of white carnations which she pinned to the shoulder of her party dress. They also took the occasion to present the engaged pair a wedding gift.

Miss Plonk and Mr. Fenimore will be married June 26th in Resurrection Lutheran church.

### MORE ABOUT Parties

Continued From Page 3  
Finger and Mr. and Mrs. S. R. Suber.

Held Friday in Shelby were a registration tea for debts and their mothers and a late afternoon tea dance for debts and their dates.

Friday morning, debts' mothers were entertained at a coffee while their fathers played golf at Cleveland Country Club. Debts and their escorts danced at a North Lake Club "beachcombers' brunch."

Activities reached a glittering climax at Saturday night's formal ball at which 94 young women were presented to society. The affair was sponsored by the Shelby Junior Charity League.

Each debutante wore an elegant white ballgown and carried an arm bouquet of two dozen red roses. For most of the debts, their fathers were chief marshals.

### DECORATING TIPS By GENE TIMMS SOLID WOOD VERSUS VENEERS

Many people have a misconception about the desirability and durability of solid wood furniture as compared with veneers. Actually, there are so many advantages in using veneers

that the great majority of fine furniture is made with laminated veneers today.

First of all, the beautiful grains of many fine woods which you see on bedroom, dining room and other furniture can only be accomplished with veneers.

Wood veneer is a thin cross slice or lamination of beautifully grained woods and this art has been going on since ancient times in Greece, Egypt and elsewhere.

Very often, three, five or more layers of these lovely veneers are cross grained and glued to a solid wood base, and this process makes the furniture more durable than the solid wood furniture.

This does not mean that all veneer furniture is better than all solid wood furniture since it all depends on the quality of furniture referred to. But the only way you can get the advantage of the really exquisite grains of wood is with veneered furniture.

We brought you this discussion today because so many folks have asked us about veneers vs. solid wood. We hope you found it interesting. And, don't hesitate to stop in anytime and discuss furniture with us. We're here to serve you - whether you're ready to buy or not. And remember too, you always get a discount at our store whether you buy on our easy payment plan, or pay cash.



## Library Corner



Among the choice new titles for summer reading, now offered by the Public Library, are books by both new and familiar authors.

Night of Camp David is by the co-author, Fletcher Knebel, of Seven Days in May. The request that Jim MacVeagh stop by the White House when he leaves the Gridiron Dinner, begins a course of events that leads to intrigue and startling decisions. In Jane Aiken Hodge's The Adventurers, a spirited young girl and her English governess find themselves thrown by the turbulent wake of Napoleon's retreat into a world of high adventure, romantic suspense and political intrigue.

E. M. Nathenson's Dirty Dozen is the spine-tingling story of twelve, bearded, filthy American soldier-prisoners in a hidden, isolated barbed-wire camp in England in the spring of 1944. These doomed prisoners of different ethnic and religious background are offered a last chance at pardon, or at least honorable death.

### 4-H's Hear Park Historian

Frank Pridemore, historian at Kings Mountain National Military Park, showed slides he made on a recent trip to Mexico at Tuesday night's meeting of the Dixon Community 4-H club at Dixon Presbyterian church.

Prior to the program, Gloria Diane Greene gave a demonstration using ice cream which she will present in the Cleveland County 4-H Dairy Foods contest in Shelby Friday morning. Miss Greene will represent her club in the competition.

At refreshment time Misses Greene and Anita Montgomery served ice cream cake they had prepared.

### Mrs. Gilstad Honored At Going-Away Party

Mrs. Walter Harmon, Mrs. Charles Blanton and Mrs. Jim Ducky entertained together last Friday morning at the Country Club at a going-away party for Mrs. Harold Gilstad.

The Herald last week inadvertently listed the name of one of the hostesses as Mrs. Charles Neisler.

The Herald apologizes for the error and is happy to make the correction.

The Gilstads moved last week to Salt Lake City, Utah where Mr. Gilstad was transferred by Lithium Corporation of America.

## PERSONALS

Mrs. Basil Francis of Blacksburg, S. C., Mrs. Earl Wells and Harley Wells were dinner guests Sunday of Mr. and Mrs. Wayne Wells. Harley Wells has recently moved into the Dixon community from Washington, D. C.

Carveth Wells is spending two weeks in Fort Bragg as a member of the local Unit of the Army National Guard. The local Unit is commanded by Capt. Humes Houston.

Mr. and Mrs. Ken Baity and family of Charleston, S. C. spent last week with Mr. and Mrs. Jim White and other relatives.

Mrs. L. B. Barnes and Mr. and Mrs. Max Barnes and daughter, Teresa of Lumberton were guests of Mr. and Mrs. B. N. Barnes for the weekend. Mrs. L. B. Barnes is the mother of Mr. Barnes.

Mr. and Mrs. E. L. Marston, Jr. of Hartsdale, New York, are here for a visit with Mrs. Marston's parents, Mr. and Mrs. George W. Moss. Mrs. Marston is the former George Anne Moss.

### Birth

#### Announcements

Mr. and Mrs. Charles P. Scism, 1417 Shelby road, announce the birth of a son, Wednesday, June 2, Kings Mountain hospital.

Mr. and Mrs. Jessie Van Putnam, P.O. Box 27, Bessemer City, announce the birth of a son, Thursday, June 3, Kings Mountain hospital.

Mr. and Mrs. William David Brown, Route 1, Kings Creek, S. C., announce the birth of a daughter, Tuesday, June 8, Kings Mountain hospital.

Protein needs of the body are more likely to be met by meat consumption.

## Women's Health

"Who's that boy I saw you with the other day?"  
"That's no boy, that's my pop!"  
If it's your impression that fathers are younger these days, you're right, and a survey by the Institute of Life Insurance bears you out.

In 1940, the average number of babies per 1,000 fathered by men in their late 40's and early 30's was higher than the fatherhood rate of men in their late teens and early 20's. By 1962, the reverse was true.

In 1940, reports the Institute, young men between the ages of 15 and 19 fathered only 7% of every thousand babies. By 1962, the rate had almost tripled to 21 per thousand. In 1940 men between the ages of 20 and 24 fathered 91.2 of every thousand, as compared with 195.6 in 1962.

The percentage increases are correspondingly high through age 34, and then the number of children born to older men begins to fall sharply. This due, in part, the Institute believes, to more effective birth control methods.

Women of childbearing years, and especially pregnant women, should avoid contact with anyone who has German measles (rubella)—even infants who might have contracted the disease before they were born and show no symptoms after birth. (Rubella may cause heart disease, deafness, cataracts, mental retardation, and other defects if contracted by an unborn baby.)  
Doctors at New York University's School of Medicine and Baylor University, Texas, report that such infants may harbor the virus for months after birth without showing any symptoms. They may, nonetheless, be carriers capable of infecting others.

Eight nurses and one resident pediatrician who had been in close contact with the infants developed rubella symptoms. The roommate of one of the nurses and the wife and child of the pediatrician also contracted the illness.

It's just not true that poor, uneducated women don't care how many children they bear. When some 2600 women attending public health maternity clinics in Florida were asked whether they wanted more babies,

70 per cent said they did not. Of those who wanted additional children, 90% said they wanted to space their pregnancies.

Two experts confirm what most of us have long suspected: We can diet faithfully, but calorie cutting alone is not enough. Exercise plus sensible diet is a must for effective weight reduction.

Harvard researcher Jean Mayer, Ph.D., studied motion pictures made of 56 high school girls at a summer camp. Half the group were overweight, half were not. Yet the overweight girls ate 300 to 400 less calories a day than their slim friends. What made the difference? Exercise, says Dr. Mayer.

The movies show that the heavy girls spent only one-third as much time being physically active. Playing volleyball they ran around about 20 per cent of the time, while the slim girls raced about some 60 per cent of the time. The overweight girls were even more inactive in the water and on the tennis court.

That sedentary life and obesity go together is also documented by Frank Konishi, Ph.D., of Southern Illinois University, Carbondale, Ill. Noting in a recent study that it would take 18 minutes of brisk walking to burn off the 96 calories in two strips of bacon, 15 minutes for a slice of bread and butter, 667 minutes for a hamburger, Dr. Konishi concludes:

"It is apparent that physical activity should be a major factor to consider in preventing or treating obesity. However, the prevalence of obesity in the U.S. suggests that many individuals fail to appreciate the value of physical activity."

### Bridge-Luncheon Set For Wednesday

The regular monthly ladies' bridge luncheon at Kings Mountain Country club will be held Wednesday morning at 10 o'clock. Reservations are asked by 3 p.m. Tuesday.

Family Night, with buffet supper at the poolside, is set June 18th. A Father's Day buffet is on the calendar for June 20th. Stag Night is planned June 30th with dinner to be served at 6 p.m.

## FUNNY BUSINESS



"O.K., so I'll buy you a new fur coat!"

## Lewis Completes Special Courses

man First Class Bruce G. Lewis, son of Mr. and Mrs. Bruce W. Lewis of 22 Albion St., Lumberton, N. C., has been graduated from the advanced aeromedical vacation course at the United States Air Force School of Aerospace Medicine at Brooks AFB, Tex.

Airman Lewis, now highly skilled for aerial evacuation work, is being assigned to the Air Training Command's (ATC) Gunter AFB, Ala. ATC trains airmen and officers in the diverse skills required by the nation's aerospace force.

The airman attended Littlefield High School. His wife, Carol, is the daughter of Mr. and Mrs. George R. Barber of Kings Mountain, N. C.

NEW!

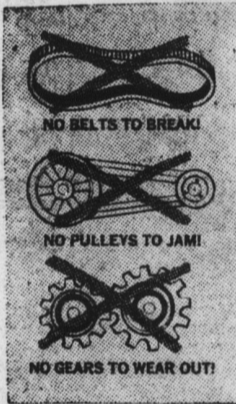
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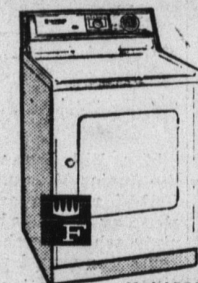
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