



The Kings Mountain Herald

A weekly newspaper devoted to the promotion of the general welfare and published for the enlightenment, entertainment and benefit of the citizens of Kings Mountain and its vicinity, published every Thursday by the Herald Publishing House. Entered as second class matter at the post office at Kings Mountain, N. C., 28086 under Act of Congress of March 3, 1873.

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TODAY'S BIBLE VERSE

And many shall follow their pernicious ways; by reason of whom the way of truth shall be evil spoken of. II Peter 2:2.

New Highway Commission

A new highway commission was sworn into office Tuesday.

It includes a chairman, ex-Legislator Joe Hunt of Greensboro, and 14 members, pared from 18 members by the recent General Assembly on request of Governor Dan Moore. The commission thus reverts in number to the era of Governor W. B. Umstead and several predecessors, Governor Luther Hodges having obtained paring of the commission to seven members, including the chairman, in his plan to have a commission with a "statewide" concept.

It is not unusual for the highway commission to be whipping boy to gubernatorial challengers. As political appointees, it is natural for commission members to endorse the favorite of the governor who honored them. If the challenger wins, the commission faces a change, as, sometimes, is the numerical membership.

But highway commissions naturally find the same continuing problem — insufficient funds to provide all the needed primary roads and insufficient funds to pave every road by everyone's church and residence.

Governor Hodges' wise "statewide" concept was continued by Governor Terry Sanford and undoubtedly will be continued by Governor Moore. Governor Hodges' too rigid (politically) strict point system on secondary roads was modified on Governor Sanford's urging who wanted division commissioners to call the signals, in which there was some merit.

Individual citizens, however, now are particularly interested in the appointees to the new commission.

In the 12th division, which includes Kings Mountain, W. B. (Barney) Garrison, Gastonia bottling company executive, and veteran county commissioner of both Gaston and Mecklenburg, is the new commissioner. He professes to know little about roads, though his experience as a county commissioner will stand him in good stead. Meantime, his business experience will make him knowledgeable in judging the performance of the professionals who do the detailed planning and make the road-building recommendations.

Another member is Commissioner W. Curtis Russ, of the 14th division, a onetime Kings Mountain newspaperman, partner in the Kings Mountain News, circa 1927-29. Mr. Russ edits and publishes the Waynesville Mountaineer and is one of the state's more erudite, able and respected newsmen.

First most important chore of the new commission is working for passage of the November 2 road-building bond issue. Its passage will spell the difference between great and modest success for the Moore commission.

Ray Sisk, Our Loss

While his many friends in Kings Mountain and neighboring communities are congratulating Ray Sisk on his promotion to be an assistant director of South Carolina State Parks, they are expressing regret at the necessity of his residing in Columbia.

Mr. Sisk, as a 12-year manager of the Kings Mountain State Park, a popular recreation spa for Kings Mountain citizens, has endeared himself to all who have availed themselves of his friendly and cooperative kindnesses in arranging reservations for civic and church groups and assuring that the facilities are in tip-top order.

A graduate of the North Carolina State Parks system, Mr. Sisk is graduating again.

Best wishes to him in his new and more responsible assignment.

Judge B. T. Falls, Jr.

Bayard T. Falls, Sr., has long been addressed as "Judge", reminiscent of service many years ago as judge of county recorder's court.

Now his son, newly-appointed resident Superior Court judge of the 27th judicial district, Bayard T. Falls, Jr., qualifies to the same title.

By act of the General Assembly the Gaston-Cleveland-Lincoln judicial district now qualifies for two resident judges, the other being Judge P. C. Froneberger, of Gastonia.

Judge Falls goes to the bench with a long background of legal, legislative, and court experience. He was a six-term member of the House of Representatives, and has served since as district solicitor.

Perhaps most important, his service as solicitor has been marked by a proper balance between his duty to prosecute violators of the law and a tempering knowledge of the fact it is human to err. This is in contrast to some solicitors, a fact making some question the wisdom of elevating prosecutors to the bench, at least from direct service in the solicitorial role.

Judge Falls' appointment is an honor to him personally and to Cleveland County.

The Total Grows

Half-year dividend payments of Kings Mountain's two savings and loan associations continue to escalate, totaling on June 30 over \$215,000 — a sizeable cash melon shared in by a great number of Kings Mountain area citizens.

It means that these citizens are continuing to put away a portion of their earnings for various and sundry purposes. Some save for a new car, some save to build a home, others to assure their sons and daughters post-high school education. Others invest safely for income at the quite favorable current dividend rate of 4.25 percent per year.

These savings are doubly beneficial to Kings Mountain for they provide loan monies that enable other citizens to buy cars, construct homes and business buildings.

Those who adopt the savings habit are continually surprised at the speed with which their individual accounts grow, for these accounts grow while they sleep.

Congratulations to John Warlick, Jake Dixon, and Charles Alexander, newly elected directors of the Cleveland-Gaston Tuberculosis association.

A best bow to Devere R. Smith, newly-installed president of the Kings Mountain Rotary club.

'65 Legion Baseball

The progress of American Legion baseball in 1965 through Tuesday finds Kings Mountain one game down to Shelby, best three-of-five series, in the North Carolina Area IV semi-finals.

Most happily, the Otis D. Green Post 155 team eliminated old nemesis Hickory, a particular plauger in the past year both in high school and Legion play, to gain the semi-finals.

Tuesday night's loss to old rival Shelby was both typical of the Shelby-Kings Mountain rivalry and of Legion baseball itself. Anything can happen, and did, as Shelby took a four-run lead, found it pared by two in the next Kings Mountain round, then held on for dear life as Kings Mountain scored another, then loaded the bases in the final stanza.

It was Shelby 5, Kings Mountain 4. Wednesday night's action was in Shelby, and the teams return here for the third game Thursday night.

Good show.

The Independence Day holiday season is now history, but it doesn't mean there should be a surcease to careful driving attention. The traffic toll set a record. With more and more cars on the road, the number, if not percentage of chance-takers increases.

MARTIN'S MEDICINE

Ingredients: bits of news, wisdom, humor, and comments
Directions: Take weekly, if possible, but avoid overdosage.

By MARTIN HARMON

The Herald made an effort to update its picture files of Kings Mountain area citizens last Friday and with some success, some half-hearted dropping by for new model shots.

m-m

Arrangements had been made with Doe Cap Studios, home office in Charlotte, to provide this service—first time the Herald had attempted it in 20 years, at least.

m-m

The gentleman doing the lens work appeared adept at his work and is an interesting personality. At 37, Dan Beckham, native of Lancaster, S. C., has done various and sundry chores. In the navy for three years, he never went to sea, was aboard ship only once to photograph damages to a corvette. He also spent several years in New Jersey, where he owned a night club—duty he does not recommend due to especially long hours. Additionally, he lived 10 miles from his place of business and commuting was tedious, nerve-racking and time-consuming.

m-m

I am envious of able photographers, amateur or professional, for in what little effort I've made in that direction, the results have customarily been blurred or, at best, off-angle.

m-m

If the Governor of North Carolina said to the Governor of South Carolina, "It's been a long time between drinks," most folk find they can say of themselves, "It's been a long time between pictures."

m-m

Among our visitors was Dr. Phillip Padgett. I told Phil I was glad to see him appear as I was sure his Herald file picture was made in 1951—year he joined the board of education.

m-m

And while we feel we never throw anything away, the clutter indicates, there are times when we reach and find the cupboard bare. Recent case in point was the missing engraving of Dr. George Plonk, which we wished to use with the news account of his installation as president of the Lions club.

m-m

Since it was the first time we'd done the picture promotion and since busy folk have a habit of giving their mail cursory attention, we did some reminding via the telephone. Reactions were interesting, with a few being downright suspicious about the whole business. Mrs. Sue Young, manager of Eagle's Stores, asked, "Just what do you want my picture for?" I replied, "Because you're a prominent business citizen."

m-m

Bruce McDaniell had a different view, "Only time you'll ever need mine is for my obituary." "No," I replied. "Let's accentuate the positive along the lines of successes and honors."

m-m

Dr. O. P. Lewis jests, "If the FBI gets after me, I'll know why." And Dr. Bob Baker declared, "I couldn't turn down your invitation, for the ham in me always comes out."

m-m

Some folk are quite camera shy, and William Plonk is among them. He came by on some other business and I said, "William, don't look now, but this is the best time in the world to get your beauty struck." Not on your life, says William, who says he doesn't recall having but two portraits made in his life, the first when he was graduating from Lenoir college, the second about 20 years ago by a friend in Spartanburg. "That one flattered me and I decided to stop with it," he retreated.

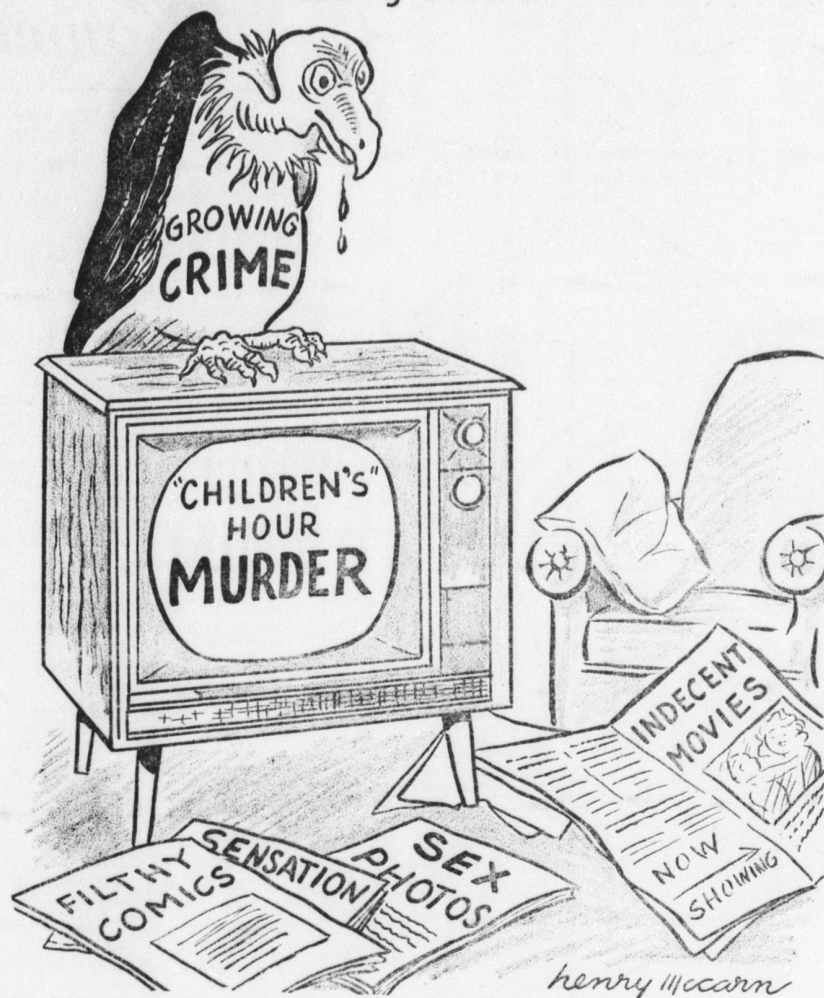
m-m

Grady Howard suggested he'd sit before the camera on condition his current file picture be consigned to the ash heap. George H. Mauney had been unable to get by, but had a recent picture made by Huert Carlisle in Shelby. George said prior pictures of his were both vintage and not too good, then added he looks considerably different—having shed 105 pounds in the past year by keeping shove-away rollers on his chair at the dinner table.

m-m

It was a nice day for the Herald and we await the photographic results with interest.

Feeding Ground



Viewpoints of Other Editors

IS BRAVERY OUT OF FASHION?

It has been written that "bravery never goes out of fashion." The rash of cowardly mob assaults on policemen, however, and the many reports of people falling to go to the aid of their fellow men in distress make one wonder whether bravery is fashionable today.

Cases in which someone does go to the aid of a police officer are so rare in these times that they receive quite a bit of attention. An incident which occurred recently in Miami Beach, Florida, has a number of provocative points to it which should make some of our less courageous citizens feel somewhat ashamed.

Roy Garcia, a slightly built, 22-year-old refugee from Cuba, came upon an officer in plain clothes struggling for his life in a battle with a just-arrested burglary suspect. The suspect was trying to grab the officer's gun while at the same time shouting, "You had better kill me or I'll kill you!" Young Garcia immediately ran to the officer's car and called for assistance on the police radio. He then tried to help the officer subdue the suspect.

Although both of the antagonists were in plain clothes, Garcia knew who the policeman was since the same officer had stopped Garcia just two evenings before and questioned him about his presence in the neighborhood. Not only was Garcia unimpressed about this previous encounter, he actually went to the officer's help. Furthermore, as a Cuban refugee, Garcia is among a minority in Florida. Still he assisted the officer.

He has been honored by his community, and several nights later he was the guest at the Dade County Chiefs of Police Association's monthly dinner. When he was introduced and his story was told, he was given a standing ovation by the veteran policemen in attendance.

There are lessons to be learned here by so-called "good Americans" who have turned their backs on police or assaulted them while they were trying to carry out their duties. Of course, assisting an officer or another person in danger is not without some peril to the good Samaritan, but "courage is the price that life exacts for granting peace."

Our society can never stand with pride and fulfill the destinies left for it by our forefathers when it is corrupted by lack of courage and an attitude of "let George do it."

Louis Adamic once said, "There is a certain blend of courage, integrity, character and principle which has no satisfactory dictionary name, but has been called different things at different times in different countries. Our American name for it is 'guts.'"

Our civilization is in for a bad time if Americans don't learn that we didn't get where we are today by being afraid. — Quinn Tamm, Executive Director, in the Police Chief magazine.

TV WITH A PRICE ON IT

In the most extensive survey yet made of pay-television, according to TV Guide, culture laid an egg.

This appears to be a setback for the hopes that pay-TV might provide an enlightened alternative to free commercial television. Instead of programs trying to anticipate mass taste, pay-TV was going to bring first-rate cultural events to audiences willing to pay much for aesthetics. What the largest percentages do pay some might suggest, going away for is movies and ball games.

It turns out that pay-TV audiences, so far, are not willing to pay for them.

with the BEC's high-level Third Programme because only a small percentage of Britons listen to it.

But another view is possible if not probable. Why not put all the supposedly sure-fire diversions on pay-TV and let people pay for them? Reserve to the non-pay networks the news and documentary shows, plus the best that artists can imagine, and offer it all free.

It is a wild idea. Sponsors would never buy it. Outraged tycoons would say: "Are profits without honor in their own country? Who is to decide what is good or bad for the people?"

Let the people decide, of course — but as individuals, not ratings. Some prefer James Bond to Shakespeare. Some prefer Shakespeare. Some enjoy Bond and Shakespeare alternately. But if both are to be presented to the people — one free, the other to be paid for — can anyone doubt which should be without price? — Christian Science Monitor.

SCIENCE MARCHES ON

Take heart. Your innermost secrets may be secret still.

Word comes from the Dale System, Inc., in New York that it is now offering a device which will tell you whether your telephone has been tapped or whether other hidden listening devices or bugs are around.

A sort of anti-bug bug, you might say.

Soothing thought, but for the moment only. For, surely, the next dispatches will tell of an anti-bug bug.

And next . . . — The Charlotte Observer.

10 YEARS AGO THIS WEEK

Items of news about King Mountain area people an events taken from the 195 files of the Kings Mountain Herald.

William G. Jonas, manager of the personal loan department of First National Bank, was promoted to the position of assistant cashier by the board of directors in session Monday.

SOCIAL AND PERSONAL
The Kings Mountain Council of Churchwomen is asking all area church congregations to participate in a world-wide call to prayer at church services Sunday.

TEENS HEALTH Health and Safety Tips from The American Medical Association

What are amino acids?

Amino acids, says Today's Health, the magazine of the American Medical Association, are the basic building blocks of protein.

Every living organism depends upon protein made up of amino acids and therefore amino acids are essential for life.

Man obtains amino acids from the food protein he eats. Meats, fish, milk, eggs and cereals are among rich dietary sources of protein.

Protein found in the foods we eat cannot be utilized directly by our bodies, as the molecules are too big to "get through" the delicate structures of our absorptive mechanisms. Thus, the proteins are broken down into amino acids by enzymes in the digestive tract. These tiny amino acids are able to pass through the walls of the intestine into the blood stream and are then distributed in the body where they are needed. The amino acids are "put back together" in almost unlimited varieties of combinations to construct the required body proteins.

The many kinds of food proteins commonly eaten are made up of different combinations of these amino acids. At the present time 22 distinct amino acids have been defined, all but eight of which can be synthesized by our bodies from other intermediates as we need them. The other eight must come from foods and are thus known as the "essential amino acids." The body needs a certain balance of these to maintain proper protein nutrition.

The nutritive and biological values of a protein are terms used to describe protein quality or the proportions in which these essential amino acids are found in a food. In other words, since animal proteins (as in eggs and milk) have a better balance of these essential amino acids than do most vegetable proteins (such as in corn and rice), they are said to have a higher biological value than do the vegetable proteins.

Poor protein nutrition in the body can result from a deficit of a single essential amino acid in the diet. For without the reasonable proportion of every essential amino acid to build up a complete full protein where it is needed in the body, the protein cannot be constructed. If the body is called upon to build a needed protein at a time when one of the essential acids is missing, it is much like trying to make a soufflé without egg whites. It just can't be done.

The best way to be sure you are providing your body with all of the essential amino acids is to eat a good variety of protein-rich foods each day. This means that such foods as meats, milk, poultry, eggs, nuts, cheeses, cereals and fish should be consumed regularly.

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