



PRICES EFFECTIVE, SATURDAY, MARCH 19TH.

Depends on "Super-Right" Meats!

"SUPER-RIGHT" QUALITY 7 TO 8-LB. AVERAGE
SMOKED PICNICS Whole Lb. 49c Sliced Lb. 55c
 TURKEY, CHICKEN OR BEEF—FROZEN
Morton Meat Pot Pies --- 4 8-Oz. Pkgs. 65c

"SUPER-RIGHT" SLICED
1/4th Fresh Pork Loin --- Lb. 69c
 IMPERIAL BRAND FROZEN
BEEF DINNER STEAKS 1 1/2-Lb. Pkg. 79c

TOP QUALITY, Fresh Frozen FOWL
CHICKEN HENS Lb. 39c



"SUPER-RIGHT" QUALITY FRESH
FRYER PARTS

THIGH OR DRUMSTICKS Lb. 49c
 FRYER BREASTS Lb. 59c
 FRYER WINGS Lb. 35c
 FRYER GIZZARDS Lb. 35c
 FRYER LIVERS Lb. 65c
CHOICE PARTS Combination Package Lb. 55c

ALLGOOD BRAND SMOKED FLAVORED SLICED
BACON 1-Lb. Pkg. 69c
 2 Lb. Pkg. \$1.37

MILD AND MELLOW
EIGHT O'CLOCK
 1-LB. BAG 3-LB. BAG
 SAVE 4c 65c SAVE 10c \$1.89

U. S. NO. ONE ALL PURPOSE
POTATOES
 WHITE 10 LB. BAG 49c
 SWEET 3 LBS. FOR 29c

JANE PARKER FRESHLY BAKED
 • 1-LB. 1-OZ. CAKE CUSTARD ANGEL FOOD EACH ONLY 39c
 • 1-LB. 8-OZ. APPLE PIE

GOLDEN CARROTS 2 Lb. Bag 25c
 PINEAPPLES LARGE SPANISH 39c
 CAULIFLOWER HEAD 39c

ANN PAGE SPARKLE
GELATINS
 4 3-Oz. Pkgs. 35c
 2 6-Oz. Pkgs. 33c

Nabisco Vanilla Wafers 12-Oz. Pkg. 33c
 Nabisco Fig Newton Cakes 1-Lb. Pkg. 33c
 A&P Sliced Pineapple 1-Lb. 4 1/2 Oz. Can 31c
 IONA GREEN PEAS 3 1-Lb. 1 Oz. Cans 40c
 Iona Brand Tomatoes 2 1-Lb. Cans 29c
 A&P Light Meat Tuna Solid Pack 6 1/2-Oz. Can 25c
 A&P Instant Rice 14-Oz. Pkg. 33c 1-Lb. 8-Oz. 55c
 CHEESE SLICES MEL-O-BITE PASTEURIZED 2 6-Oz. Pkgs. 47c
 MARVEL ICE CREAM 2 1/2-Gal. Cans 95c
 GARBAGE CANS 20-GALLON GALVANIZED Ea. \$1.99
 Sunnyfield Waffles FROZEN VALUE 3 3-Oz. Pkgs. 25c

ANN PAGE, CREAMY, CONDENSED TOMATO RICE
SOUP 3 10 1/2 OZ. CANS 35c

Store Hours Thursday 8 a.m. to 6:30 p.m. Friday 8 a.m. to 7:30 p.m. Saturday 8 a.m. to 7 p.m. CONVENIENT PARKING

Staff DEEDS
 by Mairred Morris

News items this week from Hoke, Yancey, Greene, Chatham, Perquimans, and Durham counties.

PENCIL HOLDERS
 Since the J. W. McLaughlin School, Raeford, burned last fall, about 500 children have been attending classes in three churches.

When the children's new desks arrived, they had no groove on the top for pencils or pens, Josephine Hall, home economics extension agent, Hoke County, observes. The shelf beneath the seat was fine for book storage, but not for pencils or crayons.

Members of three Home Demonstration Clubs saw the plight. They got together and made pockets or bags about 6 by 8 inches for each child. These pockets are large enough to hold a child's pencil, box of crayons, and lunch money, Miss Hall says.

The children are grateful and so are teachers. Now they don't have to collect pencils at the end of the school day and distribute them again the next morning.

USING SURPLUS FOODS
 Homemakers in Yancey County who are receiving commodity foods are getting instructions on how to use them. One meeting was devoted to making muffins, cornbread, and yeast rolls and bread, Alice B. Hopson, extension home economics agent says. Each homemaker was given samples of the baked goods, topped with butter and preserves.

FASHIONABLE HOMEMAKERS
 "Green County Home Demonstration Club members look as though they stepped from the pages of a fashion magazine, after attending the Alice Bell Charm

and Fashion School," Mrs. Elizabeth Jones, home economics extension agent, reports. The ladies were taught wardrobe coordination, the Hollywood method of makeup, and how to make the most of themselves.

TREES FOR SHADE, NUTS, AND FRUIT
 Growing trees for shade, nuts, and fruit and producing strawberries and blueberries for home use is being encouraged in Chatham County. Flossie Whitley, home economics extension agent, says.

As a result, 7,200 strawberry plants and 287 pecan trees have been planted within six months. The project was started in 1962, when extension home economics agents trained Home Demonstration Club leaders about trees and small fruit. "Interest has been high ever since," Miss Whitley adds.

PLAN FAMILY FOOD SUPPLY
 The right foods make a difference in how we look, feel, and act, Mrs. M. B. Taylor, home economics extension agent, Perquimans County, believes.

Families who have resources to produce and conserve foods often eat better with less cash outlay, she says. To help Perquimans County families improve their food supply, workshops were held throughout the county. The result: Families will have the right foods in the right amounts at the right time.

TEENAGE NUTRITION
 Teenage nutrition is important, believes Effie Lee Cherry, assistant home economics extension agent, Durham County. Research findings show the teenage girl is the poorest fed family member. Six out of ten girls have diets very low in iron, ascorbic acid (vitamin C), and calcium. Four out of ten teenage boys have poor diets, with ascorbic acid the lowest nutrient.

Many teenagers are working through the Youthpower program to create awareness of their own inadequate diets and food habits.

Gail Mize, president of the New Hope 4-H Club, is conducting a "good nutrition" campaign. She has given talks on the importance of teenage nutrition to her club, home economics class, and other organizations. She had appeared on radio and television.

Ask Gail her secret for loads of energy, a bubbling personality, good appearance, smooth complexion, glistening hair, and sparkling eyes, and she'll assure you they all stem from good nutrition.

BOX OFFICE OPENS AT 6:30
 SHOW STARTS AT 7:00

Bessemer City - Kings Mountain Drive-In Theatre
 Always \$1.00 A Carload!

THURS.-FRI.-SAT.—3 In Color

— No. 1 —
"MOONSHINE MTN."
 — No. 2 —
 ELVIS IN
"TICKLE ME"
 — No. 3 —
 BIG JOHN
"MCLINTOCK"

ON SAT. MOVIES RUN IN REVERSE ORDER

SUN. thru WED. — 2 HITS

— No. 1 —
 CAROL BAKER
"HARLOW"
 IN COLOR
 — No. 2 —
 BURT LANCASTER
"THE TRAIN"
 ON WED. MOVIES RUN IN REVERSE ORDER

Orr Attends Religious Retreat

SEOUL, KOREA (AHTNC) — Army Specialist Four Clyde A. Orr, 23, son of Mr. and Mrs. John Orr, Route 2, Box 304-D, Bessemer City, N. C., attended a religious retreat at the Eighth U. S. Army Retreat Center here, Feb. 21-25.

The retreat was one in a series held for all faiths at the center. Specialist Orr, overseas since July 1965, is a radio repairman in Headquarters and Company A of the 7th Medical Battalion.

He entered the Army in May 1961 and completed basic training at Fort Jackson, S. C.

Orr is a 1961 graduate of John Chavis High School in Cherryville.

JOY
 KING MOUNTAIN, N.C.

FRI.-SAT.

Child Brides
 WAS SHE TOO OLD AT 15?
SHOTGUN WEDDING
 IN COLOR

NIGHTMARE IN THE SUN
 COLOR

WATCH FOR

- "The Night Of The Iguana"
- "Thunderball"
- "Boeing Boeing"
- "Kid Rodelo"

SUN.-MON.-TUES.

The story of what they did to a kid...

Natalie Wood
CHRISTOPHER PLUMMER
 IN A FULLY MULTICOLOR PRODUCTION
INSIDE DAISY CLOVER

MUSIC BY JOHN WILLIAMS
 PANAVISION • TECHNICOLOR • FROM WARNER BROS.