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#### Thursday, January 18, 1968 SQUARE DANCE

Grover Rescue Squad spon-sor dancing every Saturday night from 8 until 12 p.m. at the Grover Rescue Squad Build-ing. Admission is \$1 and music by the ravelors, featuring Dan Padgett.





FIRST UNION NATIONAL BANK

a shovel, the North Carolina effort. Heart Association warns. Each Added to the unaccustomed Heart Association warns. Each winter the first snows are follow-ed by reports of men succumbing to heart attacks from over-exer-tion due to snow shoveling. The warning about over-exer-tion is simed at all men of mid-tion is simed at all men of midtion is aimed at all men of midbecome chilled and invite trou ble as their tiring bodies strug-gle to complete the snow-clearing dle age and beyond, the Associa-tion adds; but it particularly applies to those who have a history job. Others overdress and add un of heart disease. They shouldn't necessarily to the weight their touch a shovel until they have bodies are moving around.

obtained their doctor's approval. However, even those who hae shown no symptoms of heart dis-ease should proceed with caution in shoveling snow—take frequent rest periods and quit when they

First Snow Pretty, Dangerous Too

CHAPEL HILL—The first snow-fall of the season can be a love-but it isn't. The wetter it is, the ly sight. It also poses a danger to heavier it is to lift; and the size

some of those who rush at it with of the shovel may compound the

physical activity can quickly ov- manding physical activity, such erdo it and place an undue strain as shoveling snow.

#### Bowling

(Continued From Page Three, 109, and 102 for a total of 313. The American Legion team took four from Griffin Drug. Lib Gault was high for the wigners as she rolled lines of 93, 121, and 105 for a total of 319. Kay Hawkins paced the losers with a total of 256, with lines of 83, 85, and First-Citizens

past wek was fairly heavy. In the first match the team of Bob the first match the team of Bob Herndon lost to Strounes 66, 3 to 1. Culbertson was high for the winners as he rolled lines of 125, 120, and 122 for a total of 367. Fred Wilson was high for the los-ers with a total of 322. He rolled ines of 119, 107, and 106.

res with a total of 322. He rolled ines of 119, 107, and 106. Thomas Blanton defeated Plonk Oil company this week (3 to 1) Rathbone was high for the learns, of 91, 116, and 119. Plato Ware lead the winners with lines of 113, 98, and 114 for a total of 325. Albert Brackett tied Ronnie Culbertson at 2 to 2. Albert Brack kett was high for the team of Al-bert Brackett as he rolled lines of 131, 124 and 164, for the very high total of 419. Ronnie Culbert-son lead his team with lines of

son lead his team with lines of 124, 141, and 112 for a total of

#### **Resolve To Live During New Year**

CHAPEL HILL - The origin of the custom of New Year's res olutions may be cloudy, says the North Carolina Heart Associaion: but the need to resolve that 'n 1968 each adult will take every crecaution to reduce his risk of heart attack is crystal clear.

With each passing year, in creased evidence indicates that a erson's life patterns are vital factors in contributing to the in-cidence of heart disease. Many of these life patterns are ingrain ed in the traditions and customs of North Carolinians.

However, the North Carolina Heart Association suggests that each adult resolve that he will: (1) under a doctor's guidance, re-duce if overweight; (2) eat less fat; (3) see his doctor for reg-

## KINGS MOUNTAIN HERALD, KINGS MOUNTAIN, N. C. SWEETIE PIE



"Making her sit in the corner only gives her time to sit and think up more mischief!"

#### ELECT TEACHERS Two new faculty members were elected Monday afternoon by the board of education. Mrs. Reta Harmon of Gaffney, S. C. will replace Mrs. Joyce M. Bow-man, resigned, at Grover. Mrs. Dianne Randolph of Blacks-burg, S. C. will replace Mrs. Florence C. Floyd, resigned, at Central. The new teachers are recent college graduates.



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**Play It Safe** 

conscious.

**Use Seat Belts** 

Traffic accidents are respon-ble for 50,000 deaths a year. This great toll makes it imperative

that everyone be traffic safety-

The wise motorist knows that

the seat belt represents the best

available equipment in reducing critical or fatal injuries, accord-

ing to the American Insurance Association. All occupants of a vehicle should wear seat belts — at all

times. It is a fact that over half of the accidents causing injury

or death occur at speeds less than 40 miles per hour, and that three

out of four traffic deaths occur within 25 miles of home.

It has been estimated that if all motorists used seat belts,

	how Starts At 7:10	Contract.
ALW	AYS \$1.00 A CARLOA URS. FRI. SAT. 3 HITS	
	"LIVELY SET"	
	"BORN LOSERS"	
	"RARE BREED"	-
ON	SAT. MOVIES RUN I REVERSE ORDER	ľ
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No. 1

"BANNING"

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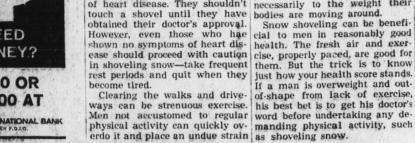
	Current Expense	e Outlay	Total
Cash Balance 7-1-	66 \$123,594.51	\$316,292.66	\$439,887.17
Receipts	393,161.13	197,830.12	590 <b>,991.25</b>
Receipts and Begi ning Balances		\$514,122.78	\$1,030,878.42
Disbursements:			
General Control Instructional	9,741.20		9,741.20
Service Operation of Pl Maintenance Fixed Charges Transportation	73,842.53 26,429.10		$\begin{array}{c} 171,527.20\\ 10,717.49\\ 73,842.53\\ 26,429.10 \end{array}$
Pupils Auxiliary Agen	39.74 cies 66,372.78	7,772.11	39.74 74,144.89
New Buildings Grounds Old Buildings a		166,500.31	166,500.31
Grounds	ing	8,216.80	8,216.80
	\$358,670.04	\$182,489.22	\$ 541,159.26
Cash Balance 6-30-67	\$158,085.60	\$331,633.56	\$ 489,719.16

cal year ended June 30, 1967 was taken from the audit made by Hamrick and Redding, Certified Public accountants.

KINGS MOUNTAIN CITY SCHOOLS

# Now! 5% Golden Passbook Savings gives the highest interest rate.

Page 5



**HOW MUCH ARE YOU** 

**PAYING FOR INSURANCE?** 

Probably a sizeable amount. It is possible that we can save

- SEE US TODAY! -

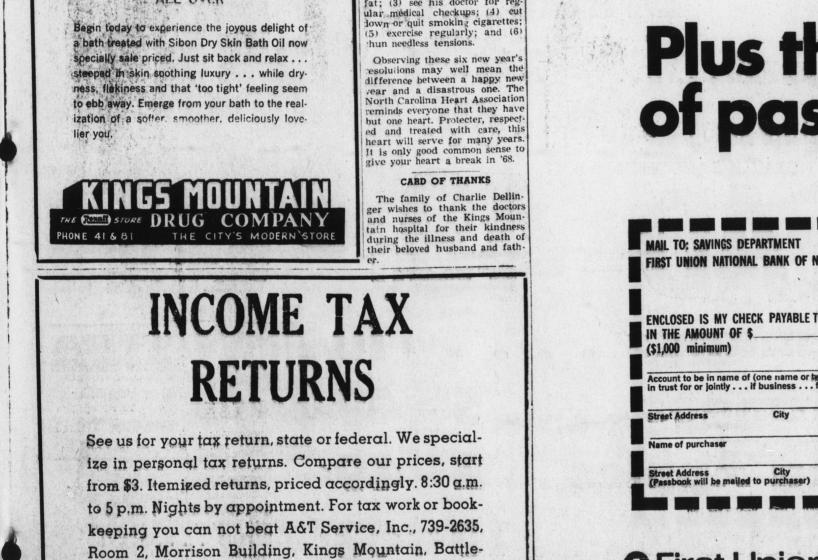
INSURANCE IS SECURITY

THE ARTHUR HAY AGENCY

you money on a comprehensive insurance plan.



### Action in the Men's League this Wins Award Official confirmation has been



ground Ave., over Cate's in Kings Mountain.

## Plus the convenience of passbook savings.

#### RST UNION NATIONAL BANK OF NORTH CAROLINA. , N. C. City ENCLOSED IS MY CHECK PAYABLE TO FIRST UNION NATIONAL BANK FOR MY NEW GOLDEN PASSBOOK SAVINGS. lecount to be in name of (one name or two . . . Mr., Mrs., or Miss, n trust for or jointly . . . if business . . . firm name.) Social Security # State Zip Zip State

**O** First Union National Bank

Now earn more than ever before on your savings, with new Golden Passbook Savings.

Start with \$1,000 minimum deposit. And add deposits of \$100 or any amount above at any time.

You may make withdrawals without prior written notice during the first 10 days of each calendar quarter if the money has been on deposit 90 days. Additional withdrawals can be made any time with 90 days prior written notice.

Come in soon and let us tell you more about our exciting new 5% Golden Passbook Savings. Or clip out the coupon and save!