

# Society

Mr. and Mrs. B. N. Barnes of Lumberton, formerly of Kings Mountain, accompanied Mrs. S. A. Mauney home to Kings Mountain Tuesday and spent the day. Mr. Barnes is a former superintendent of the Kings Mountain district schools.

Kings Mountain National Military Park officials are receiving an average of 10-15 letters weekly from high school students in Saul Paulo, Brazil. Supt. Ben Moomaw reported in the mail Wednesday 32 letters from Brazilian teens, most of them requesting brochures and color postcards of the military park. Many of the young people have Japanese first names and Portuguese last names.

Mr. and Mrs. Tom Trott and their daughter, Libby, spent Sunday in Knoxville, Tenn. visiting another daughter, Anne, student at the University of Tennessee.

David Keith Wilson, son of Mr. and Mrs. J. E. Wilson of 306 E. King Street, has entered the Air Force and is now stationed in Amarillo, Texas. His address is: A/B David K. Wilson, AF 12815148, Ft. 385, 3332 BMTS, Amarillo, Texas, 79111.

Mr. and Mrs. R. W. Hurlbut attended a lieutenant governor's clinic this past weekend at Myrtle Beach, S. C. Mr. Hurlbut is lieutenant governor of the Optimalists of Zone 6.

Mr. and Mrs. Fred Wright, III and son, Lindsay, of Raleigh spent the weekend in the city with Mrs. Wright's parents, Mr. and Mrs. George Moss.

Miss Helen Kay Anderson of Union Mills and Miss Mary Ann Blumke of Horicon, Wisconsin, were guests on Monday of last week of Miss Martha Weiss and Miss Becky Hill. Misses Anderson and Blumke have just returned from Vietnam where they were stationed during the past year as nurses assigned to the 67th Evacuation Hospital.

Martha and Becky became acquainted with their visitors through correspondence while they served in Vietnam and this was their first meeting.

## G-W Players

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ish mother-in-law, a role she played in UNC-G's Parkway Playhouse production last summer. She says the "second time around is much more difficult since Mr. Jones wants much more from me in this performance. I remember the way I played it during the summer and each director sees the role differently."

Miss Whisnant was in OUR TOWN, THE SPELLING BEE and SOUTH PACIFIC at GW last year and in LOOK HOMEWARD ANGEL and FANTASTICS during the summer.

Two freshmen will play the roles of the couple adjusting to marriage, the apartment and a French bachelor who lives upstairs. Katy Duffy of Cleveland, Ohio and Michael Ledford of Rock Hill, S. C. have had drama

experience. Miss Duffey has been in LOOK HOMEWARD ANGEL and Ledford has been in OUR TOWN, TEA HOUSE OF THE AUGUST MOON, CHERRY ORCHARD, and THE DOCTOR IN SPITE OF HIMSELF.

Another freshman, Rodney Burford of Roanoke, Va., will have a lead as the off-beat French bachelor. He has had varied experience in high school, church, and Roanoke summer theater productions.

Ed Solomon, a sophomore from Kannapolis, will be the telephone repairman and Mark Austin, from Greensboro, will play the delivery man. Solomon was in OUR TOWN, THE SPELLING BEE and SOUTH PACIFIC last year at GW and Austin the Soldier from Hell in SAINT JOAN and George Gibbs in the GW production of OUR TOWN.

## PERSONALS

Lt. Col. and Mrs. George A. Osterstock of Moorestown, New Jersey, spent Tuesday and Wednesday with Mr. and Mrs. H. L. Campbell.

### Back To School

(Continued From Page One)  
and beans with sliced apples in a greased casserole. Sprinkle the apples with brown sugar. Bake covered, at 375 degrees for 20 minutes and top with cooked sausages.

### TOPPING FOR GINGERBREAD

Citrus fruit is always on hand if you keep canned orange and grapefruit sections on the shelf. Try folding a can of drained citrus sections and several maraschino cherries into sweetened whipped cream. It tastes wonderful on gingerbread or orange cake.

### MOTHER'S FAVORITE TOMATOES

Tired of serving the same vegetables? Then look for something different on the grocers' shelf. Cook some bacon until crisp, drain and crumble. Then cook a sliced onion in the fat until tender. Drain off the fat and add the crumbled bacon and a can of okra and tomatoes. Heat and serve, it will soon become your favorite.

## Variety In Breakfast Diets

For that all important meal of the day—breakfast—a little variety may be in order. These "APPLE FRITTERS" will give variety to the menu and provide some very important nutrients that everyone needs.

Apple Fritters are really quite simple to prepare, yet they give an air of something special to the meal. Served with Scrambled Eggs, Sausage Balls, Apple Juice, and Milk, they round out a meal fit for a king. Break that breakfast skipping habit at your house by making the morning menu so tempting it will be impossible to turn down!

### APPLE FRITTERS:

**BATTER:**  
1 1/2 cups flour  
2 tablespoons sugar  
2 eggs, separated  
1 tablespoon lemon juice  
1/4 teaspoon salt  
1/2 cup milk  
2 tablespoons melted butter  
Sift flour, salt and sugar into mixing bowl. Combine milk with egg yolks, stir into flour and beat with a wire whisk until smooth. Blend in butter and lemon juice, then gently fold in stiffly beaten egg whites. Let mixture stand 15-20 minutes before using.  
**PREPARATION OF APPLES:**  
Peel and cut 2-3 large apples into wedges. Sprinkle with sugar, lemon juice and cinnamon. Dip in fritter batter and fry in deep hot fat (365 degrees) until lightly browned. Remove with slotted spoon and drain on paper towels. Sprinkle with confectioners' sugar.

## Home Drug Safety Tips Are Offered

Concerned that many families may not be following safe practices in storing and using drugs, Dr. Z. P. Mitchell of the Cleveland County Health Department outlined several basic suggestions for improved home drug safety. He cautioned that many drugs and medicines lose their potency in time and may even become dangerous. Buying and storing them in large amounts could invite trouble, he said, and urged that the date purchased be written on the label of all non-prescription drugs. He explained that they then can be regularly checked for age along with all prescription items which by law are dated.

Dr. Mitchell emphasized that medicines and drugs should always be kept away from children and strongly recommended that all such items be stored out of their reach, even under lock and key if necessary. He pointed out, too, the importance of keeping drugs in original containers. This practice prevents a drug from being mistaken for another medicine which may resemble it. "If a label should come off," the doctor said, "stick it on with transparent tape and don't rely on color, type of bottle, shape of pill, etc. for identification."

"When giving and taking medicines," Dr. Mitchell cautioned, "keep your mind on what you are doing." He warned against using medicine in an unlabeled container, against using medicine whose label cannot be clearly read and against trying to use a drug in the dark. He then added, "Satisfy yourself every time that you have the medicine and the dosage prescribed by the doctor and that you know directions for use before you administer it."

Dr. Mitchell urged area residents to check their home drug safety habits now and regularly in the future. Questions about storing, handling and disposing of drugs can be answered by the prescribing physician, a registered pharmacist, the Poison Control Center at Durham, and by your health department. "With the safety of all in mind, we will cooperate in every way with our citizens in helping them establish safe drug-use practices in their homes," Dr. Mitchell concluded.

Area residents may call the health department at Shelby 487-8311 for further information. Inside — STAMP DAYS. . . . The ringing of school bells this fall not only signals the opening of classrooms throughout the country but heralds the 28th year of the Treasury's School Savings Program.

medicine cabinet be inspected and old, outdated drugs be thrown out, especially those prescribed for specific illnesses or conditions which have been cured. Drugs may be disposed of by flushing them down the toilet, but in no case should they be put into the trash, he said. Also, empty drug containers should not be discarded where inquisitive children or

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