



IN CHARLOTTE — Eddy Arnold, one of the most popular and requested entertainers in show business history is coming to the Charlotte Coliseum this Saturday night, November 23rd at 8 p.m. Arnold has been set for practically every facet of the amusement industry: records, one-night concerts, college dates, television and state fairs, just to mention a few.

### Gaston College Pre-Registration Is Beginning

All students who are not currently enrolled in evening classes at Gaston College may take advantage of the following pre-registration schedule.

Pre-registration — November 25, 26, 27.  
Registration and payment of fees — December 3.  
Evening classes begin at 5:30 p.m. Wednesday, December 4.  
Christmas holidays are scheduled for December 23 — January 3, 1969.  
Classes resume Monday, January 6, 1969.



#### Weekly Health Tip

By WILSON GRIFFIN

A proper diet is necessary to good health. The four main groups of food essential to a good diet are: 1) milk and other dairy foods; 2) meat, fish, poultry, eggs, beans and nuts; 3) fruit and vegetables; 4) cereals and bread. Those who require a low-fat diet should drink skim milk, which still retains the healthful nutrients and vitamins in milk.

Health is precious... let us help protect yours...

**Griffin's Drug Store**

### Col. KM Saver Says...



CONSCIENTIOUSLY save 10% of your earnings, and enjoy that good feeling of a growing savings account. Save for a generous Christmas — then save for a delightful vacation — meanwhile you have funds for an emergency. Your insured savings earn the high 4 1/2% dividend at Kings Mountain Savings & Loan Association.

**Kings Mountain Savings & Loan Association**

P. O. BOX 746 KINGS MOUNTAIN, NORTH CAROLINA 28086

**we care**

ALL GOOD BRAND NO. ONE SMOKED FLAVORED  
**SLICED BACON**  
1-Lb. Pkg. **49c** 2-Lb. Pkg. **95c**

CAP'N JOHN'S FROZEN, PRE-COOKED  
**BREADED FISH STICKS**  
10-Oz. Pkg. **33c** 1-Lb. Pkg. **49c**

READY TO SERVE, FROZEN CAP'N JOHN'S  
**SHRIMP COCKTAIL** 3 4-Oz. Jars **89c**

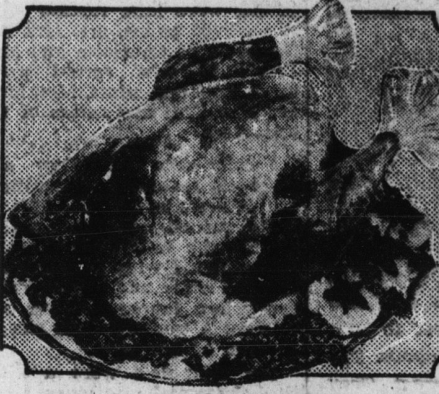
JANE PARKER  
**Stuffing Bread** 1 1/2-Lb. Loaf **29c**  
**Stuffing Mix** 8-Oz. Pkg. **30c**

**SHOP EARLY — A&P WILL BE CLOSED THURSDAY THANKSGIVING NOV. 28TH**  
PRICES EFF. THRU SAT. NOV. 23

**Grade 'A' Eating! A&P Turkeys!**  
GOVERNMENT INSPECTED "SUPER-RIGHT" — U.S.D.A. GRADE 'A' HOLIDAY PRICED

# YOUNG TURKEYS

10 to 14-LB. AVG. **Hens lb. 35<sup>c</sup>** 18 to 22-LB. AVG. **Toms lb. 33<sup>c</sup>**



**Small Under 10-Lb. Turkeys** Lb. **39c**  
"SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF  
**OVEN READY RIB ROASTS** Lb. **89c**  
**PORTERHOUSE or T-BONE STEAK** Lb. **99c**  
**Sirloin Steaks** Lb. **95c**

"SUPER-RIGHT" FANCY, BONELESS, SHANKLESS  
**Fully Cooked Ham Halves** 3 1/2 to 4 1/2 Lb. Avg. Lb. **\$1.19**

GOVERNMENT INSPECTED "SUPER-RIGHT" QUALITY — HOLIDAY PRICED

# SMOKED HAM

8 to 10 LB. AVG. HAM. **Shank Half Lb. 49c** 14 to 18 Lb. Avg. **Whole Ham Lb. 49<sup>c</sup>**  
6 to 8 LB. AVG. HAM. **Butt Half Lb. 53c**



TOP QUALITY 10 TO 14-LB. **Fresh Pork Hams** Lb. **55c** GOVERNMENT INSPECTED **Selecto Canned Ham** 3-Lb. Can **\$2.55**  
"SUPER-RIGHT" 4 TO 8-LB. **Smoked Picnics** Lb. **39c** GOVERNMENT INSPECTED **Agar Canned Ham** 5-Lb. Can **\$3.99**  
GOVERNMENT INSPECTED **Agar Canned Picnic** 3-Lb. Can **\$1.99** TOP QUALITY 4 TO 6-LB. **Young Duckling** Lb. **55c**

**Farm-Fresh Holiday Produce!**

FLORIDA SWEET 'N JUICY **ORANGES** 5 Lb. Bag **49<sup>c</sup>**  
FLORIDA WHITE MEAT **G'FRUIT** 5 Lb. Bag **55<sup>c</sup>**  
OCEAN SPRAY FRESH **CRANBERRIES** 1-Lb. Pkg. **35c** LARGE FULL-C-MILK **COCOANUTS** 2 For **49c**  
**Fresh Celery** Lg. Stk. **19c** **Fresh Slaw Mix** 8-Oz. **19c**  
**Fresh Salad Mix** 8-Oz. **29c** U.S. NO. ONE WHITE **POTATOES** 20 Lb. Bag **89c**  
SWEET RED **EMPEROR GRAPES** Lb. **19c**  
SHOP A&P FOR FRUIT BASKETS OF YOUR CHOICE MADE TO ORDER FOR SPECIAL OCCASIONS

A&P PURE FRESH **Instant Coffee**  
10-OZ. PRE-PRICED JAR **99c**  
A&P PURE, FRESH 97% CAFFEIN FREE COFFEE  
8-Oz. Jar **\$1.19**

ANN PAGE GUARANTEED TO PLEASE  
**TEA BAGS 16 Ct. Pkg. 23c**

**Grocery Values For Happy Feasting!**

**A&P CREAM CHEESE** 2 3-Oz. Pkgs. **27c**  
PASTEURIZED PROCESSED 16 to 20-OZ. SIZE—MEL-O-BIT  
**AMERICAN CHEESE SLICES** Lb. **65c**  
EQUAL TO THE BEST—YET COSTS YOU LESS  
**dexo Shortening** 3 Lb. Can **59c**

**Bakery Buys!**

**FREE!** BUY TWO 29<sup>c</sup> PKGS. GET ONE PKG. FREE!  
JANE PARKER BROWN 'N SERVE **TWIN ROLLS** 3 12 COUNT PKGS. **58<sup>c</sup>** Save 29<sup>c</sup>

JANE PARKER FRESHLY MADE **Glazed Donuts** 8-Ct. Pkg. **29c** JANE PARKER FRESHLY BAKED **Pecan Ring** 9-Oz. Pkg. **39c**  
WHEAT, CRACKED WHEAT, VIENNA OR RYE  
**Jane Parker Variety Bread** 4 1-Lb. Loaves **89c**  
VANILLA CREME ICED SPICE AND RAISIN  
**Jane Parker Spanish Bar Cake** 3 1-Lb. 3-Oz. Cakes **\$1.00**  
FRESHLY BAKED HOLIDAY VALUE  
**Jane Parker Pumpkin Pie** 2 24-Oz. Size **89c**

EXTRAORDINARY EVENT!  
**PORCELAIN FINE CHINA**  
YOUR CHOICE OF PATTERNS  
BONUS VALUE THIS WEEK!  
CUPS  
each with every \$5 grocery purchase, no limit  
**33c**  
BONUS VALUE THIS WEEK!  
GRAVY BOAT  
**\$1.99**  
no purchase required, no limit

WISCONSIN WEDGE STYLE **SHARP CHEESE** Lb. **79c**  
GOLDEN RISE BRAND **BISCUITS** Sweet Milk or Buttermilk 15-Ct. 11-Oz. Pkg. **10c**  
GOLDEN RISE WAGON **WHEEL BISCUITS** 2 9 1/2-Oz. Pkgs. **29c**  
A&P BRAND **FLAKE COCOANUT** 7-Oz. Pkg. **23c**  
PACKER'S LABEL DRIED **PINTO BEANS** 2 Lb. Pkg. **23c**  
ALL FRUIT FLAVORS DRINKS **JUICED-RITE** 3 57-Oz. Jugs **85c**  
SUNNYFIELD SWEET CREAM **BUTTER** 1/2-Lb. Pkg. **43c** 1-Lb. Ctn. **83c**  
FROZEN WHOLE LEAF OR CHOPPED **A&P SPINACH** 10-Oz. Pkg. **10c**  
**MARVEL ICE MILK** 1/2 Gal. Ctn. **43<sup>c</sup>**

Your Greatest Value — **JANE PARKER FRUIT CAKE**  
Over 2/3 Fruit and Nuts — "Ideal for Gift Giving"

1 1/2 lb. Loaf **\$1.79** 3 lb. Ring **\$3.29** 5 lb. Ring **\$4.59**

Only at A & P can you buy America's favorite Fruit Cake!