





Bethware

Mrs. David Gibbons and family. ton Sunday afternoon.

Helen's Beauty Salon

announces the dealership for

RelaXaway

"SLIM-GYM"

LOSE A DRESS SIZE

In Just Two Weeks

In Just Two Weeks

"Takes OFF Inches"

"Exercises WHOLE Body"

"World's Easiest Method of Active Exercise"

The amazing RELAXAWAY-SLIM GYM uses the weight of the

body itself for leverage to make active exercise simple and easy.

Thus, the body works for you as a living, vibrant force instead

of as a dead weight working against you. It is this unique leverage principle that makes the "SLIM GYM" such a simple

LOSE TWO BELT NOTCHES

LADIES

MEN

and easy way to exercise.

News

Days Only!

KINGS MOUNTAIN HERALD, KINGS MOUNTAIN, N. C.

was held at David Baptist church Tuesday night, Mrs. Dwight Ledbetter, our associational W.M.U.

Mr. and Mrs. Fred Green days visit. Mrs. Matthews re-vere visitors of Mr. and Mrs. turned to her home in Miami Cyde Tombilin in Spindale Sat. S. nday by plane. Director, was guest speaker. Mrs. Johnny McKinney and Miss Shirley Dianne Southards, barlotte spent Monday with Mers. Johnny McKinney and Miss Shirley Dianne Southards, bride-elect of Boyce Raeford White, Jr., was honored Friday Miss Shirley Dianne Southards, White, Jr., was honored Friday night at a drop-in Bridal Shower held in the Fellowship building

Mrs. Ray Carpenter and Miss Dobbe Carpenter are home aft-er bein, patents in Gaston Memorial Hospital for several "Sweetheart Banquet". The event of David Baptist church. Hostesses were members of the Golden Circle and was decowill be Feb. 14th at 5 p.m. at rated with a central arrangement of pink snapdragons.

Mrs. Charles M. Fisher Jr. the Fellowship building at Dav-vent to Miami, Fla. Mondz, by d Baptist Church. Pink and white cakes were Lane for an overlight visit with Oak Grove Baptist church had served with punch, nuts, and her children, Mr. and Mrs. Jim a W.M.U. Study Course Tuesday mints. F sher and Mr. and Mrs. Glenn night at the church. Mrs. Ray. Werner and children. Mrs. Fish- Carpenter was the teacher. The honoree was given a white houider

Carpenter was the teacher. Mr. and Mrs. Emmett Green and children had supper with her wine party dress. The 25 guests showered the er returned Tuesday and her Mr. and Mrs. Emmett Green sister, Mrs. Edna Matthews, and children had supper with ame home with her for a few Mr. and Mrs. Fred Green Sun, bride with miscellaneous household gifts.

The 12sthware Republican pre-inct meeting was held at the home o. Mr. and Mrs. Charles M. Fisher, Jr. Jan. 31. And the following officers were elected.

Chairman — Gene Hoyle; Vice Chairman — Mrs. Charles M. Fisher, Jr.; Advisory Members— Mrs. Brunson Harmon, Harold Herndon, and Buford Ware. Judges — Mrs. Harold Hern-ion. Assistant Judges — Mrs. Bill Babb and William Wrilght.

Farmers who gross as much as \$10,000 annually are classified in the U.S. Census of Agriculture is commercial farmers.



BOX OFFICE OPENS AT 6:15 SHOW STARTS AT 7:00 Always \$1.50 A Carload!

THURS., FRI., SAT. 3 HITS! -No. 1-HOUSE OF USHER in color -No. 2-DESTROY ALL MONSTERS

in color -No. 3-PREMATURE BURIAL in color

On Sat. Movies Run in Reverse

SUN. THRU WED. 2 HITS -No. 1-THE BABYSITTER

-No. 2-BEDAZZLED in color

On Wed. Movies Run Reverse

day night. A special meeting of W.M.U. Leaders and members, G. A. Leaders and Sunbeam Workers When Buyin When **Buying**

RALEIGH — When shopping for food, do you go about it in an organized way? Or are you an for meat.'

Impulse buyer who meanders up and down the aisles, buying what-foods department, check the numimpulse buyer who meanders up ever catches your fancy? ber of ounces and the price. You

money you spend for food. The ft. 5 1/8 in. high.

price per pound does not tell the Here Are Tips the amount of fat and bone in each meat cut. "Don't overlook To Plant Roses By ARTHUR BILTCLIFFE

groups — meats, milk, fruits and vegetables, and breads and ce-choose fresh fruits and vege-roots, if extra long roots, don't

groups
vegetables, and breads and convegetables, and c tables for quality — keeping in cut them off—just slit a trench your mind that those in season will in order to accompany the rout. foods probably have lower prices than a for depth, it is a hundred times formed. If the soil is damp do NOT water. Roses have water,

SEE OR CALL DOUG YARBRO OR MICKEY BELL FOR A D. D. DEAL IN THE

Special Engine Tune Up For:

This Includes Spark Plugs, Points, Condenser and Labor, By One of Our Factory

Trained Technicians, James Rikard, Harold Allen, Winnie Etters, Charles

"Whitey" Bowen and We Welcome Wayne Self Back To Our Service Depart-

ment. Wayne Wants To Invite All of His Customers To Come By Dixon Chev-

Now! It Costs Less

To Go First Class

SERVICE DEPARTMENT.

6.48

Uzzle concludes. Washington Monument is 555 ed or hosed off and kept clean Wilmington spent the week end

YOUR SAVING

rolet, Inc. For Any of Their Automotive Needs.

How to plant a rose bush or back to normal ground showing any other plant: There's only one the graft (clean) in the sun. thing you can do with anything you plant and that is to put it in the ground right the "first" on the trunk base. The white

ever catches your fancy? Mrs. Rubby Uzzle, extension con-sumer marketing economist, North Carolina State University, suggests you start your shopping at home by planning menus. "Be sure to include foods from the four food grouns — meats milk fruits and

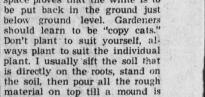
more important to put the plant More next week about pruning roses.

of soil, mulch, and grass if you with Miss Fanny Carpenter.

Thursday, February 12, 1970

expect it to break out in branches, and turn into a bush. When first planted, mound it like a pyramid leaving the top most in the sun.

About April 1st. each week re-move a little of the mound till



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INCLUDES all LP's and 45's

NO GIMMICKS

Choose from Roses Complete Inventory None held back...

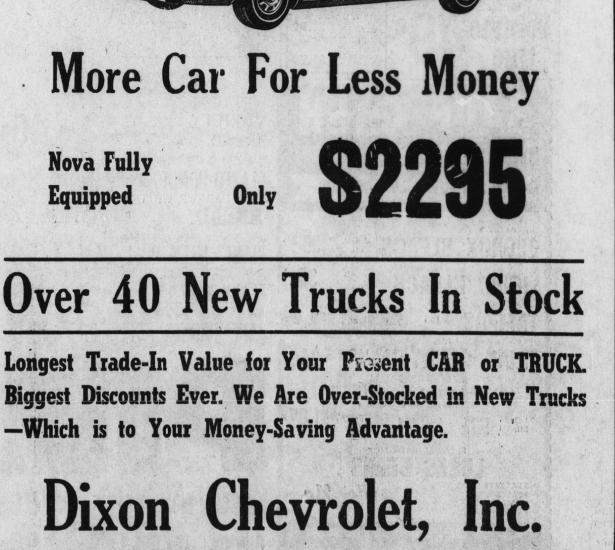
All Less 20% **3 DAYS ONLY**

Thur., Fri., Sat. Only Feb. 12th, 13th, 14th. **Hurry For Your Savings**

SES



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