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Staff DEEDS

by Jan Christensen

(News items this week from Johnston, Cleveland, Bladen and Columbus counties.)

FOR THE BIRDS

Oatmeal boxes and half gallon milk cartons are for the birds, according to Donald and Ronald Langdon, Benson, Rt. 3.

The boys, sons of Mrs. Nancy Langdon, used their imagination to design bird houses out of these discarded containers.

The 4-H'ers cut a hole in the side of the containers for small birds to enter. To make the boxes waterproof and to give them a wood design they used contact paper to cover the boxes.

The Langdon boys are anxious to put up their bird houses next spring to see if any birds make their homes in the boxes. Mrs. Patricia Brown, assistant home economics Extension agent, Johnston County, adds.

57 NEW DRESSES

Fifty seven young Cleveland County girls are wearing new dresses to school, thanks to an Extension clothing workshop.

Only 14 of the 57 girls had made a dress before. The majority of them had never used a machine or cut out a garment, Jessie Ann Wingo, home economics Extension agent, notes.

The girls, and their mothers, too, were proud of the results, the agent observed. Most of the girls were 10 and 11 years of age.

MATRESS ON MAIN STREET

August 20 may well be remembered as the day a mattress fell on main street in Elizabethtown. Here's the story:

Following an Extension mattress making workshop Mrs. Louise Tyson, tied the mattress she had made on the top of her car to carry it home.

It blew off the car in the middle of town creating quite a stir. Many Bladen County women have been calling our office for more information about the mattress making program as a result of the accident, Dorothy Boone, home economics Extension agent, observed.

ATTEND CAMP

Three girls from Columbus County low-income families were given a chance to attend 4-H camp in the mountains, with 66 more boys and girls from the Whiteville area.

The three joined in all activities, just as the other 4-H'ers did and enjoyed themselves very much, notes Sheila Burnette, assistant Extension home economics agent.

PRESBYTERIAN

Dr. Paul K. Ausley will use the sermon topic, "Live With A Purpose" at the Sunday morning worship hour at 11 o'clock Sunday at First Presbyterian church.

Social Security Whitener Criticizes Opponent's Inactivity

BOONE — Former Congressman Basil L. Whitener, addressing the Watauga County Democratic meeting held at the Boone Elementary School on Saturday, struck out at his Republican opponent's silence on important issues during recent months. Whitener was a Member of Congress for twelve years and is now a candidate for the 10th District seat occupied by James T. Brohill of Lenoir.

Referring to a recent appearance by his opponent in Watauga County, Whitener noted: "Last Saturday, here in Boone, my opponent said that he had fought for 'urgently needed changes in government' including inflation and deficit spending."

"I ask you, where has he been in the past 20 months while deficit spending is rising to an estimated \$13 billion—the highest in years? Where has he been during the rise in the cost of living and inflation which has been galloping for the past 20 months? What has he done to halt the interest rate increase to the highest level since the War Between the States?"

"I'll tell you where he has been," Whitener continued. "He has been sipping tea at tea parties and embassy social events as the people of our district have been deafened by his silence on the important issues of the day. He has been busily engaged in buying lithographed billboards, expensive campaign vehicles, and gimmicks of a public relations firm in an attempt to delude the public."

"My opponent says that he is concerned about the problems," the veteran lawmaker went on. "Can you name one suggestion that he has made to lighten the burdens of unemployment, high interest rates, inflation, or cessation of the war in Southeast Asia?"

"Are you satisfied with his allegation that the press in North Carolina 'buried the story' of an address made by the President, and his statement that I support the Nixon policies one hundred per cent? I am sure that the people of our district expect more than this from a person in a leadership role."

Whitener served in Congress for twelve years and is facing Brohill in the General Election November 3.

Social Security

Q—I am still working but I will be 65 years old in three months. I want to apply for Medicare but I cannot get off from work to go in to the social security office. What can I do?

A—Call your local social security office. They will be happy to complete your application by telephone. It is not necessary for you to go in to the office to apply for social security benefits.

Q—My address recently changed. Can I report my new address by telephone, or must it be reported in person or by letter?

A—The best way to make this report is by telephone. A change of address should be reported promptly to avoid unnecessary delay in receiving benefit checks, and for most people the quickest and most convenient way to make this report is by telephone.

Q—I receive social security benefits for my daughter who was recently married. Can I report her marriage by telephone or must I report this in person or by letter?

A—The marriage of your daughter can be reported to the social security office by telephone. Events which a beneficiary is required to report can be reported in person or by letter as well as by phone, but the phone call is usually the quickest and easiest way to make these reports.

Cattle Feed Tips Given

North Carolina farm animals may find their food fare slightly on the exotic side this winter. Ragweed hay, for example, may be one of the offerings. Crabgrass will be on the menu and johnsongrass, too.

Just how much of this unconventional-type feeding will be done depends on the final outcome of the blight-struck corn crop. The feed supply is expected to be shorter than usual, but experts won't be sure just how short until the corn crop is harvested.

North Carolina State University extension specialists have come up with some recommendations and reminders that farmers can use in extending the feed supply. These include making use of plants which have some nutritional or filling value but aren't normally extensively used.

The NCSU specialists point out that "considerable weed type growth has occurred in many areas" as a result of late summer rainfall. "Johnsongrass, crabgrass, even ragweed if harvested early, makes acceptable feed for beef animals and some dairy animals."

These plants should be salvaged when needed for hay or silage or used for temporary grazing. Here are other suggestions:

—Salvage all feed possible even though quality may be down.

—Glean harvested fields of corn and soybeans. An acre of corn and soybean gleanings can provide up to one month's feed for a 1,000-pound cow.

—Fertilize cool season pasture grasses to obtain maximum fall growth.

—Don't overlook lespedeza for hay, either for home use or for sale.

—Seed ryegrass and small grains for grazing.

—Seed ladino clover with tall fescue or orchardgrass. The relatively new and high producing Tillman ladino variety is recommended. Seeds of this variety will be harvested on the West Coast in the next few weeks and should be available in fairly large quantity in North Carolina later this fall. Royal is also a recommended ladino variety. Potomac and Boone are the favored orchardgrass varieties.

—Alfalfa is a good choice on the well drained soils of the Piedmont and mountains.

—Blueboy wheat is first choice for spring silage. It can be planted in a mixture of other small grains or in pure stands.

—Consider expansion of small grain crops to be harvested for grain. Producers participating in the feed grain program are cautioned to check acreage restrictions.

The NCSU specialists urged farmers to consult with local county extension agents for further details on these and other suggestions for coping with the feed situation in the coming months.

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Although we have literally thousands of different drug products available and prescribed for, there are only approximately fifty that account for over one-third of all prescriptions. Another one hundred and fifty account for another third.

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