

Staff DEEDS

CHEF AND GOURMET

Young people, whose families belong to the Expanded Nutrition Program have their own activities.

In Pitt County, they belong to a youth group called the Chef and Gourmet. There are eight clubs with 201 members, ranging in age from 6-17.

Activities vary from the study of the four food groups to learning how to cook.

The youth are responsible for bringing the equipment and the ingredients for the dishes they make. "Results have been good," Addie Gore, home economics Extension agent, adds.

LONGTIME DREAM

The long time dream of the Jacob Gunn family, Mebane, R. I., recently came true. The Gunns moved into their new three-bedroom house, built by an Extension house plan.

Mrs. Gunn told Mrs. Bonnie Davis, home economics Extension agent, Orange County, "We never fully realized the convenience of a modern and comfortable house and the pleasure it adds to living until the first day the temperature outside dropped to freezing. No longer did all the family members have to gather around a heater to keep warm."

There are seven more families in the Gunn neighborhood who are building or remodeling their

PERSONAL TOUCH

Children of low-income families in Richmond County, are using their personal touch to make their own wastebaskets.

They make the baskets from a giant potato chip, ice cream or popcorn can and decorate it with picture postcards, birthday or Christmas cards, Dorothy Mobley, associate home economics Extension agent, relates.

KLOD KNOCKERS

A garden club, for men only, was chartered in Oxford about a year ago.

Thus far club members have toured the floriculture department at N. C. State, conducted a landscaping workshop, planted a Ginkgo tree on county property and received permission to landscape the new county jail.

In addition they publish a monthly newsletter called "The Klod Knockers."

Extension agents in Granville County were instrumental in starting the club, Aubrey Hardee, county Extension chairman, adds.

SEW BY HAND

Learning to sew by hand has caught the interest of a dozen homemakers in the Fair Bluff community, Columbus County.

During the first two lessons the women learned to buy basic sewing supplies, to do basic hand stitches, and to hem garments.

Twice as many women were at the second class as the first

one. Mrs. Betty Thompson, home economics Extension agent, notes: "There will be six lessons in the series."

GO-GO GOWNS

Patients at McCain Sanatorium will soon receive handmade gowns, thanks to the efforts of the Brush Creek Extension Homemakers Club, Chatham County.

Called "go-go gowns," the garments are made from two yards of outing and one package of bias tape.

A narrow hem is put in the sleeves, back opening and lower edge of the gowns. Bias tape is used to bind the neck opening and front edges, Mrs. Annabel

Powers, Extension home economics agent, says.

SHUCKS — THEY'RE BEAUTIFUL

Perhaps it takes a "transplant" to be impressed with native materials. At least, Mrs. A. J. Bullard, Jr., a North Carolina import, has become interested in the beauty potential of the lowly corn shuck.

The Wayne County Homemaker uses corn shucks to make mats, chair bottoms and Christmas wreaths.

Not content with her accomplishments, Mrs. Bullard is looking for other craft ideas using the corn shuck, Evelyn Raper, Extension home economics agent, points out.

Arbor Day Program Set In Schools

Arbor Day, like other such observances, frequently comes and goes with little hoopla. Elementary schools usually stage plant-a-tree celebrations with teachers and students assembled as the earth is shoveled, the flag unfurled, and Kilmer's famous "I hope that I shall never see..." read aloud.

This year things will be different. Oh, the ceremonies will still be there but this year something has been added—"Birth of a Tree." In fact, North Carolina stands to have 60,000 trees being "birthed" on or about Arbor Day, March 19.

Every fifth grader in the State, including those in Kings Mountain, is going to see a tree, or rather a tree seed, germinated. The State Education Agency and the North Carolina Forest Service have sent "Birth-of-a-Tree" kits, almost 5,000 of them, to every fifth grade in the State. There are

12 seeds in each kit for a projected total of 60,000 trees—if they all live, that is.

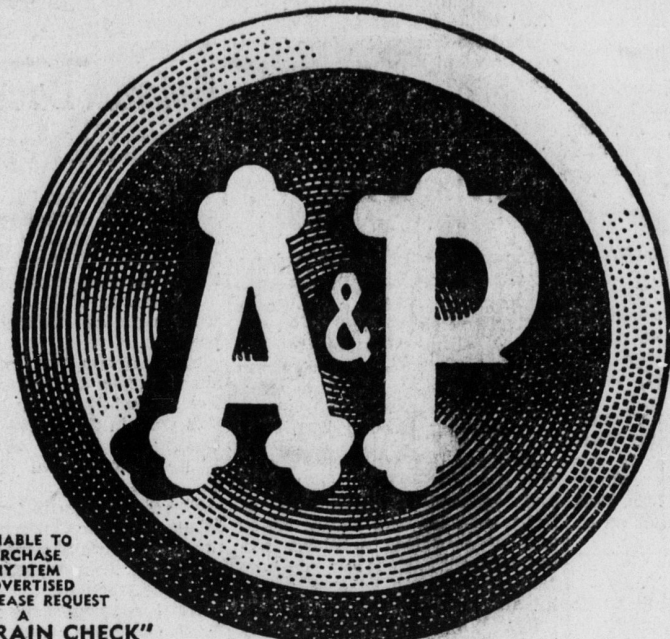
With about 12,000 fifth graders, that's plenty of trees to go around. The tree kit also contains small squares of planting material, directions, and a letter from Governor Robert Scott. County Forest Rangers are delivering them the week of March 15. The kits were prepared at the State Forest Nursery near Clayton.

The seeds included are loblolly pines, and Pine, of course, is the State tree for North Carolina. Children will wet the material, plant the seeds, place them in a warm spot, and wait eight to 10

days for their loblollies to germinate.

On Arbor Day they should have a seedling large enough to transplant outside on school grounds or in local settings. Many school systems are planning beautification and ecology projects in conjunction with the tree "births."

The number of telephones in service throughout the world increased dramatically in 1969. The various companies and administrations added 17,300,000 telephones to their networks, and doing so, contributed to a world total of 255.2 million at the beginning of 1970.



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