

TARHEEL KITCHEN

By MISS YORK KIKER
N. C. Department of Agriculture—Marketing Home Economist

You may recall from World War II history the famous reply of "Nuts" made by one of our leading generals when he was asked to surrender during fierce combat when he had no intention of giving up. Sometimes a person is called a "hard nut to crack" or he is referred as being "nutty." There are many expressions referring to nuts but there is no slang or anything derogatory

when it comes time to eat nuts, especially our favorite peanuts. North Carolina is one of the top peanut producing states in the nation. We know that peanuts are not really nuts but legumes in the vegetable family. Years ago viewers at one of our exhibits in New York were surprised to learn that peanuts didn't grow on trees or tall vines but on relatively small plants with the peanuts underneath the soil.

A week is set aside in March to salute "goobers," ground peas, or peanuts whichever you choose to call these favorites. It is a week to be reminded that peanuts are fun foods but have far more importance in our diet than being snack foods only. Perhaps since peanuts are good sources of protein, vitamins, and energy it is significant that the first three letters in NUTRITION spell "nut." Indeed nuts are important in nutritious diets.

When we say "nuts to you" today, we are not indulging in slang but offering you peanut and peanut products as moderately priced, versatile foods high in taste appeal and nutrient content.

KINGS MOUNTAIN and BESSEMER CITY

DRIVE-IN THEATRE

BOX OFFICE OPENS AT 8:00
 SHOW STARTS AT 7:00
 Always \$1.50 A Carload!

THURS, FRI, SAT, 3 HITS!
 NO. 1
 DUNWICH HORROR Color
 NO. 2
 COUNT YORGA VAMPIRE Color
 NO. 3
 DIE MONSTER DIE Color

SUN, THRU WED, 2 HITS
 NO. 1
 MONTE WALSER Color
 NO. 2
 THE REVOLUTIONARY Color

Wed. Movies In Reverse Order

JOY

ALL SEATS ALL SHOWS
 75c SHOWS DAILY 3-5-7-9
 SAT. 1-3-5-7-9 SUN. 1:30-3:30
 9:00
 STARTS WED.

PURR-FECTLY WONDERFUL FUN!
WALT DISNEY
 presents
ARISTOCATS

ALL NEW CARTOON FEATURE
 TECHNICOLOR
 © 1970 Walt Disney Productions

ADULT ONLY LATE SHOW
 FRIDAY & SATURDAY ONLY
 10:30 P.M.
 "AM I FEMALE"
 RATED (X) ALL SEATS \$1.00

Miss Johnson, Bride-Elect Is Honored

Mrs. Clyde J. Bridges and her daughter-in-law, Mrs. Jay Bridges, entertained together Sunday at a 1:15 bridesmaids luncheon honoring Miss Arlene Johnson, bride-elect.

Miss Johnson and Dwight Smith of Dallas will be married Sunday afternoon at 4 o'clock in First Wesleyan Methodist church.

Guests ate at four small tables in the living room of the Clyde Bridges home on North Candler street. A color note of pink and white was featured in decorative details. The bride's table was centered with a bride and bridegroom arrangement and the bride-elect's place was marked by a pink shoulder corsage. Other tables were decorated with white stephanotis and pink carnations.

Guests other than the bride-to-be and her attendants were Mrs. Alphild Johnson, mother of the bride-elect and Mrs. Columbus Smith, mother of the bridegroom-to-be.

until rice is tender and all water is absorbed, about 20 to 25 minutes. Serve with curried foods, shrimp creole, creamed chicken or as an accompaniment to meats. Yields 6 servings.

PEANUT ORANGE CORN MUFFINS

1 1/4 cups corn meal
 3/4 cup sifted flour
 1/2 cup sugar
 1 tablespoon baking powder
 1/2 teaspoon salt
 1 egg
 1 cup milk
 1/2 cup peanut oil
 1 1/2 teaspoons grated orange rind

1/2 cup chopped salted peanuts
 Sift together corn meal, flour, sugar, baking powder, and salt. Add egg, milk, peanut oil, and orange rind. Beat with rotary beater until smooth, about 1 minute. Stir in peanuts. Fill greased muffin cups about 2/3 full of batter. Bake in hot oven (425F.) for 15 to 20 minutes. Yields 1 dozen medium muffins.

PEANUT BUTTER CREAMS

1 cup peanut butter
 1/2 cup sweetened condensed milk
 1/4 cup powdered sugar
 1 cup salted peanuts, finely crushed

Blend all ingredients except 1/2 cup peanuts. Shape into a roll. Roll in the remaining portion of the finely crushed peanuts. Chill. Slice.

Scout Troops Receive Grants

Pioneer Girl Scout Council has announced Community Service Grants awarded to troops with worthy service projects within the council jurisdiction of Gaston, Cleveland, Lincoln, and Rutherford Counties.

The council board of directors appropriated \$200.00 profit from the 1970 Girl Scout Cookie Sale to stimulate troops in worthy community service projects beyond funds normally available in a Girl Scout troop treasury. The grants were open to all age levels of scouts from 7 to 17. Decisions for grants were made upon the need and the involvement of girls in the project.

Troops receiving grants were:
 1.) Brownie Troop 81 of Gastonia, a conservation project for Pleasant Ridge School grounds. Leader, Mrs. Jany D. Kiser.
 2.) Brownie Troop 83 of Gastonia, a conservation project at Woodhill School. Mrs. Jeff Ruddill, leader.
 3.) Junior Troop 169 of Mt. Holly, glue and tile for flooring of Community Center. Leader, Mrs. Robert H. Cross, Sr.

4.) Junior-Cadette Troop 87 of Caroleen, landscape for New Zion Church. Leader, Mrs. Dorothy Surratt.

5.) Junior Troop 307 and Brownie Troop 303 of Shelby, erecting street name signs in Dover community. Leaders, Mrs. Hoyt Bailey and Mrs. Billy Greenway.

W. G. Causby's Rites Conducted

Funeral services for William Gold Causby were to be conducted at 3 o'clock Monday at Buffalo Baptist Church by the Rev. Sam Snyder and the Rev. Julius Slisk. Burial was in Cleveland Memorial Park.

Causby, 77, of Rt. 1, Shelby, died Saturday at 1 p.m. in Cleveland Memorial Hospital. He had been in declining health for five years and seriously ill two years.

A native of Rutherford County, he was the son of the late Julius Alexander and Sarah Louise Patton Causby. He was a veteran of World War I, a member of Mull's Memorial Baptist Church and a retired employe of Dover Mill.

Survivors include the widow, Vergie Porter Causby; two sons, James Causby of Shelby and Lewis Causby of Rock Hill, S. C.; three brothers, Ben Causby of Rt. 3, Kings Mountain, Ed Causby of Shelby and Charles Causby of Rock Hill, S. C.; two sisters, Mrs. George Stringfellow of Rt. 5, Shelby and Mrs. Ora Reese of Gastonia; and six grandchildren.

Birth Announcements

Mr. and Mrs. Jerry L. Rockholt, 113 Center St., announce the birth of a son, Thursday, February 25, 1971, Kings Mountain hospital.

Mr. and Mrs. John P. Jordan, Route 3, Box 452, announce the birth of a son, Friday, February 25, 1971, Kings Mountain hospital.

Mr. and Mrs. Charles Floyd, announce the birth of a daughter, Friday, February 26, 1971, Kings Mountain hospital.

Mr. and Mrs. Herschal Davis,

Jr. Route 2, Bessemer City, announce the birth of a daughter, Friday, February 26, 1971, Kings Mountain hospital.
 Mr. and Mrs. Thomas H. Gibson, 525 S. Maple St., Dallas, announce the birth of a son, Monday, March 1, 1971 Kings Mountain hospital.

Mr. and Mrs. Steven L. Brooks, Route 1, Dallas, announce the birth of a son, Monday, March 1, 1971 Kings Mountain hospital.
 Mr. and Mrs. Wilbert Aldrich, Route 1 Box 449, announce the birth of a daughter, Tuesday, March 2, 1971, Kings Mountain hospital.
 Mr. and Mrs. Wayne Haney, 104

Mrs. Staton's Rites Conducted

Mrs. Mary Staton, 49, of 422 E. Georgia Ave., died at 5:30 p.m. Sunday in Kings Mountain hospital.

She is survived by her husband, Richard E. Staton; one son, James E. Staton of Rocky Mount; three daughters, Mrs. David Robinson of Kings Mountain, Mrs. Richard W. Gold Street, announce the birth of a daughter, Tuesday, March 2, 1971, Kings Mountain hospital.

Hyman of Tarboro and Mrs. Ruth Denton of the home; and her parents, Mr. and Mrs. R. B. Modline of Tarboro.
 Funeral rites were held Tuesday.

LODGE MEETING

Fairview Lodge 339 will hold a stated communication Monday, March 8th, 1971 at 7:30 p.m.

T. D. Tindall



Belk
 Your Happy Shopping Store

'Heiress' Hosiery Sale

CONTINUES THROUGH SATURDAY

PANTY HOSE	STOCKINGS
1.58	88¢
3 FOR 4.50	3 PAIRS 2.34
USUALLY 1.99	USUALLY 1.00

Height proportioned to insure perfect fit. Choice of Agilon® stretch mesh or Cantreco® seamless. In all the new key fashion shades. And you save!

Wonderful fitting Cantreco® and Agilon® — plus all the other great-fitting "Heiress" everyday stockings! Plain, mesh, demi-toe, teenage styles!

*'HEIRESS' SEAMLESS STRETCH PANTY HOSE
 USUALLY 1.59 SALE 1.38 3 FOR 4.00

SUPPORT STOCKINGS 1.68 | 2.88
 USUALLY 2.99 and 3.99

Welcome kind of comfort with a sleek fashion look that lets you wear them every day for every occasion. Thank Lycra® spandex for the way you feel.

3 FOR 5.00 | 3 FOR 8.00

*HEIRESS LYCRA SUPPORT PANTY HOSE
 USUALLY 4.00 SALE 3.50 3 FOR \$10.



Q. Who's got the inside track on car financing, Cale?

A. First-Citizens Bank.

Before you buy a new or used car... before you sign anything, see a First-Citizens Bank loan officer for special Can-Do financing. Here's why: Right now, you'll find all the First-Citizens people going all out to make low bank rate car loans to help you get the car you want. And with monthly payments you can handle. The service is fast. And you just can't beat the Can-Do folks anywhere for personal attention. See them now while the bank's financing rates really work to your advantage. So, join me in the winner's circle with low cost First-Citizens Bank financing.

Cale Johnson

P.S. Whenever you drive, remember to obey every speed limit. In town, in school districts, and on our public highways.



We're here on your account. We believe in you!

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'Heiress' Shoe Sale

CONTINUES THROUGH SATURDAY

9.88	10.88
LOWER HEEL	MEDIUM HEEL
USUALLY \$13	USUALLY \$14



Now, more than ever, the perfect plain-toe pump completely re-designed to achieve a superbly-smart balance between slimmed ankle and over-the-knee skirt lengths. Toes are slightly squared and completely natural. Tricot-covered foam linings. Sizes 4-10, AAA through B. Fit's a joy!

USE YOUR BELK CREDIT CARD—IT'S CONVENIENT