People Share Same Basic Need, To Love And Be Loved; Exceptional Children

By MISS YORK KIKER C. Department of Agriculture— Marketing Home Economist

Often you have sung of the "Merry, Merry Month of May," but it is appropriate to change and sing of the "Berry, Berry Month of May." We start the month with mouth watering strawberries and later other favorite berries will be in season.

Even though strawberries are available in some form throughout the year, they just seem more tempting when they are our own fresh North Carolina berries. The Strawberry Festival in Chadbourn on May 14 will remind us that the season is in full sway and not to postpone enjoyment of the luscious red berry.

According to the N. C. Department of Agriculture marketing specialists, prospects are favorable at the present for a good crop of quality berries. Be on the look out for bright red local strawpernies in your grocery store soon. Pernaps you like to pick your own from the farm. In many strawberry growing areas, signs indicate that you are allowed to pick and pay by the pound. Though frequently we think only of purchasing certain foods by quantity, it is more accurate by

It is hard to believe that any od as delicious as strawberries could be so low in calories. Used plain or slightly sweetened they are wonderful for weight watch. Of course, extra calories are added when berries are combined with other foods. But can you think of anything better than strawberries and cream, shortcake, pancakes topped with cot tage cheese, sliced berries and a dollop of sour cream, strawberry milk shakes, ice cream, pies, and all the other numerous ways they may be served? Several recipes are included for your enjoyment. FRESH FRUIT WITH

COTTAGE CHEESE teaspoon salt

1 teaspoon lemon juice 2 cups creamed cottage

1 culp chopped pecans or peanuts Salad greens

1 pint strawberries melon, cut in round slices

2 oranges, peeled and sectioned bananas, sliced 3 pineapple slices

Add salt and lemon juice to cottage cheese. Fold in part of the chopped pecans or peanuts. Turn into a chilled bowl that has been rinsed in cold water and place in refrigerator to chill. Just before serving, unmold on a large salad plate; surround with crisp ttuce cups filled with fresh ruits — strawberries, melon rounds, orange sections, banana

slices (rolled in lemon or pine apple juice), and pineapple sections. Sprinkle with remaining nuts. Serves 6. NOTE: Use fresh peach or apricot halves, melon rounds, orange sections or slices for variety. Fresh mint leaves may be used

in the preparation of the salad.

Watercress or chopped almonds or other nuts may also be used for variety.

STRAWBERRY CREAM CHEESE PIE

baked pie crust 1 15-ounce can sweetened

condensed milk ¼ cup lemon juice

1 3-ounce package of cream cheese

2 egg volks

2 cups fresh strawberries Combine the condensed Cream the softened cream cheese and egg yolks, then fold into the milk mixture. Gently fold the strawberries into the filling. Pour

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into the baked pie crust. Top with the meringue and bake at

> MERINGUE 2 egg whites

¼ cup sugat ¼ teaspoon cream of tartar Beat egg whites until stiff. Add the sugar gradually and con-tinue to beat until stiff peaks

form. Add the cream of tartar and mix well. Pour over pie fill-STRAWBERRY ANGEL PIE

3 egg whites 1 teaspoon vanilla 1/4 teaspoon cream of tartar

cup sugar 3-ounce package strawberry flavored gelatin 1¼ cups boiling water 1 cup sliced fresh strawberries

1 cup whipping cream, whipped Prepare meringue shell: Have whites at room temperature. Add vanilla, cream of tantar, and dash of salt. Beat until frothy. a time, beating until very stiff, peaks form and sugar is dissolved. Spoon into lightly greased 9-linch pie plate and shape into shell, swirling sides high. shell, swirling sides high. Bake at 275 F. for 1 hour. Turn off heat and let dry in oven (door closed)

Dissolve gelatin in boiling water. Chill until consistency of un-beaten egg white. Fold in strawberries and whipped cream. Chill until mixture mounds slightly when spooned. Pile into meringue shell. Chill' 4 to 6 hours or overnight. Garnish with additional whipped cream and strawberry halves.

STRAWBERRY SLUMPS

pints strawberries 11/2 cups sugar

at least 2 hours.

1 tablespoon butter 1 cup flour cup milk ½ teaspoon salt

teaspoons baking powder tablespoons sugar tablespoone melited butter

Put strawberries in bottom of a well-buttered baking dish. Mix in sugar and dot with bits of butter. Mix remaining ingredients to smooth batter and pour over ruit. Bake at 375 F. about 40 fruit. Bake at 375 F. minutes. Serve with a berry or hard sauce.

COPELAND

with a B.S. degree in psychology. He is plannig to attend Southern Baptist Theological Seminary in Louisville, Kentucky in the fall. The wedding will take August 7 at Wilroy Baptist church

in Suffolk, Virginia. The wedding will take place August 7 at Wilroy Baptist Church in Suffolk, Virginia.

Birth Announcements

Clain, Rt. 3 Box 196, announce the birth of a son, Wednesday, April 28, 1971, Kings Mountain

Mr. and Mrs. Stoye B. Lee, 1106 Spencer Ave., Gastonia, anhounce the birth of a Caughter, Thursday, April 29, 1971, Kings

Mountain hospital.
Mr. and Mrs. Kenneth Cook, 717 Meadowbrook, announce the birth of a daughter, Friday, April 30, 1971, Kings Mountain hos-

Mr. and Mrs. Wm. L. Medlin, Rt. 1 Box 57c, announce the birth of a daughter, Monday, May 3, 1971, Kings Mountain hospital. Mr. and Mrs. Paul McCune, Route 1 Box 153 C, Bessemer

City, announce the birth of a

son, Monday, May 3, 1971, Kings Mountain hospital. Mr. and Mrs. Claude G. Sum-

Mrs. Ledford Is Honored

On Birthday

Miss Terry Lynn Ledford, nine year-old daughter of Mr. and Mrs. James C. Ledford, surprised her mother with a birthday party on her birthday Tuesday.

Young Miss Ledford baked and decorated a two-tier cake and served the cake from a table made festive with candles and Ten friends joined in the cele

Mrs. Ledford is the former Oatsie McDaniel.

Sarah Hambright Student Teacher

GREENSBORO - Two Cleveland County students are among the approximately 260 undergraduates at the University of North Carolina at Greensboro who have been engaged in practice teaching this

spring semester.
They are Miss Sarah Hambright, who is teaching chemistry at Pinecrest School in Moore County and daughter of Mr. and Mrs. Myers T. Hambright of Rt. 3, Kings Mountain; and Miss Sandra J. LeGrand, teaching home economics at Davie County High School and daughter of Mr. and Mrs. Richard LeGrand of 503 Peach St., Shelby,



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This is the property Spectrum Textured Fabrics will

(Recorded in the Cleveland County Register of Deeds Office)

19 March 1971 Option Given from:

H. O. Williams to J. Wilson Crawford \$1,000 per acre....40 acres

22 March 1971 J. Wilson Crawford Sells option to:

Goford, Inc.... A Cleveland County Corp. (Officers) J. Wilson Crawford, Agent

> Eloise Crawford, and Carl Goforth

\$1,000.00 per acre..... 40 acres

25 March 1971....Goford, Inc. sells option to: Cardinal Realty....A Union County Corp.

\$2,000.00 per acre 40 acres \$40,000. TO \$80,000.

6 DAYS....\$1,000.00 per acre increase. \$40,000.00 Profit in six days because you ar a going to supply utilities to farm land.

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VOTE...BOB COX

Paid Pol. Adv.

To The Citizens of Kings Mountain:

I entered the race for the office of Mayor of our City because in a democracy there is no election unless there are two candidates. During an election campaign the issues are discussed so that you and I the citizen can have a choice. We all have a civic duty to participate in the government of our country. I did not enter this contest to attempt to buy the office or outbid anyone for the office of Mayor. I have spent 1850.00.. \$850.00 of which was voluntary contributions from many individuals. I spent the 1,000.00 of my own money so that if I should win, I would have no political debts and be free to serve the people of Kings Mountain. I have not paid talkers, partygivers, drivers, published an expensive brochure, nor have I given dinners or dances. The Mayor's salary of \$8700.00, will hardly cover such expenses.

They have attempted to intimidate me by threatening my job. I've seen this in foreign countries where the opposition was locked up the day after elections for having the guts to oppose the political mathine in power. I never expected to have this attempt to pressure a man out of a campaign in my own home town.

I have been told how nice it would be if I would just wait two years. "The Plunger only wants two more years".

In two more years at its present rate of deterioration, all our City's equipment, ditchdiggers, backhoes, etc. will be completely unusable, if we don't stop leaping into contractual size construction jobs and use our equipment for what it was purchased for and take time to maintain it. Two years from now the cost to the taxpayer to replace or repair this equipment and pay to run the government is going to be unbelievable.

Some of you have wondered why I have not been seen around the gates of the industries here. I have been told that I might cause someone to lose their job if they were seen talking to me. I will not jeopardize anyone's job. I have, therefore, been very careful in my handshaking campaign. Not that I don't desire to shake everyone's hand before election day.

I have shown you a few of the slight of hand operations of the Mayor and his political bedfellows.

These industrial park sites are just farm land until they are supplied with utilities. Today's ad gives you an idea of how fast land values increase, once you get city utilities.

I wish to thank all those who have volunteered their time or money on my behalf during this campaign.

I hope that win or lose we can all continue to be friends and neighbors.

I sincerely hope to have the opportunity to serve you as your Mayor. I earnestly ask you to vote, whether you are voting for or against me. Lets demonstrate democracy at work, vote.

Sincerely,

P.S. As an Army Chaplain once told me, . . Keep Smiling, God Loves You.

Paid Pol. Adv.