

Garden Time

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A regular spraying or dusting program to protect plants from the ravages of insect and disease pests is the best insurance you have against damage.

A good slogan: use the right materials; at the right time; and properly mixed. Do a thorough job of covering all parts of the plant, especially the undersides of the leaves to control sucking insects such as aphids, red spiders and lace bugs.

All insects have a life history or cycle. That is, they undergo changes which may occur in four stages: egg, larva, pupa and adult; or, in three stages: egg, nymph and adult. The larva and the nymph stages are usually the most destructive, although the adult stage may also be destructive in some classes.

In the case of fungus diseases, it is necessary to keep the plants protected at all times. These diseases, represented by various leaf spots of roses, apples, grapes and many other of roses, apples, grapes and many other plants, produce spores. These spores germinate and attack the plant tissues. If the leaf is protected by a fungicide, the spores are killed before they have a chance to enter the tissues. Once the disease gain entrance, they are more difficult to control.

These simple examples should serve to show how important it is to keep your plants protected at all times. Many people seem to think that one or two sprayings during the growing season will be all that is necessary. On the contrary, this battle against insects and diseases is never-ending. For this reason, it is best to follow a regular spray program for all of your ornamentals, fruits and vegetables.

There are many effective spray chemicals available—some for sucking insects, other for insects that chew their food and some combination materials which are effective against both types.

Mix all materials according to instructions given on the containers. This will insure proper concentration. Observe safety measures: by not inhaling spray or dust; by washing hands with soap and water; by storing out of reach of children and pets. Observe residue tolerances permitted on vegetable crops by using the different chemicals as recommended.

Your county agent will have a supply of spray calendars for the different crops or can get them for you.

Mental Health Matters

SOCIAL SEMINAR

The war on drug abuse has lacked in resources and material with which to combat the enemy, but this situation is changing.

An important new resource for drug abuse education, for example, is now being added to our armament.

Called, "The Social Seminar: Drugs, Education and Society," it is a multi-media drug abuse education program designed for educational personal use—teachers, administrators, trainers, school nurses, psychologists, counselors and others.

The core of "The Social Seminar" (TSS) consists of an 18 part multi-media package which includes 15 films. Accompanying the package is an overall descriptive film, and general guidelines.

Also included is a discussion guide for each film, designed to facilitate and encourage participant interaction, because discussion is an indispensable part of TSS.

There is also a programmed text covering factual and pharmaceutical material relating to drugs. TSS is completed with a role-playing simulation program which includes a leader's guide, role cards, and a player's manual for each participant.

TSS approaches the problems of drug abuse and its prevention with the context of total society. The underlying perspective is that there are no simple solutions to complex problems. It is, however, a comprehensive orientation from which communities, schools, and colleges may build drug abuse program to fit their own particular needs.

Purpose of TSS is to help create a healthier society by integrating current knowledge about—and attitudes toward—drugs and their abuse into American life through the family, school and community.

Although it is a recent development, TSS is catching on as a useful and innovative concept and approach and is spreading around the country, with a number of state and local mental health and other agencies having obtained packages of the films and materials and putting them to use.

Any community agency interested in further information about this new resource may obtain it by writing to: Social Seminar, Office of Communications, National Institute of Mental Health, Rockville, Maryland 20892.

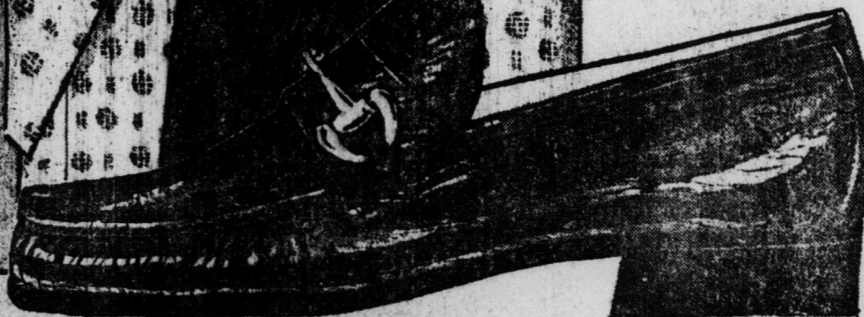
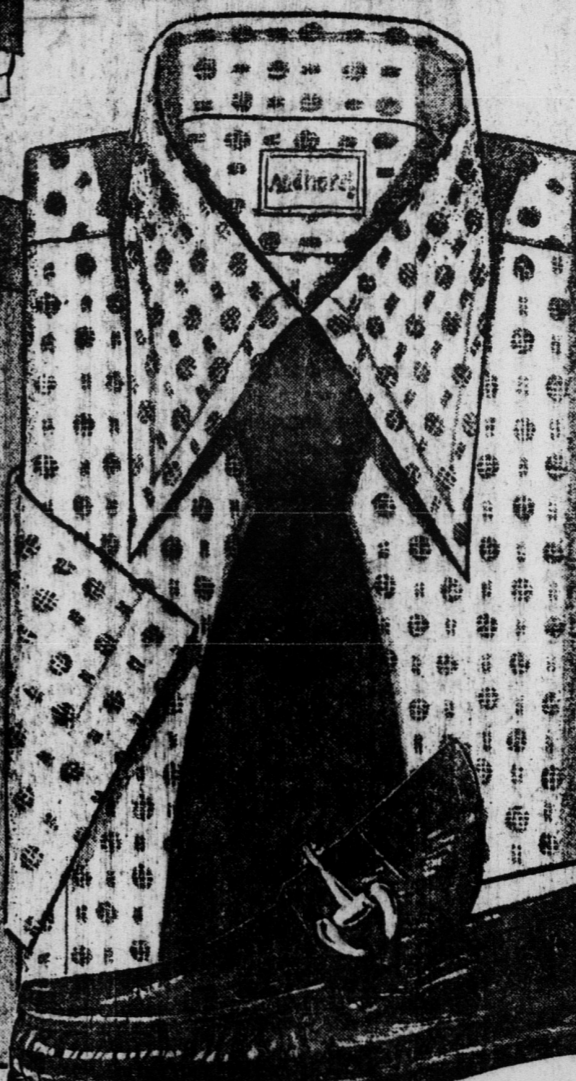
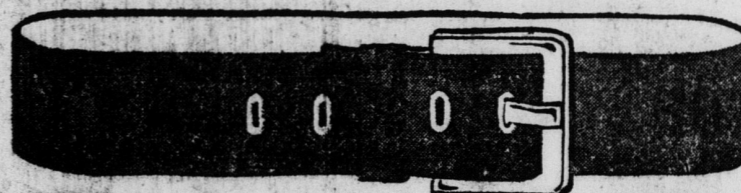
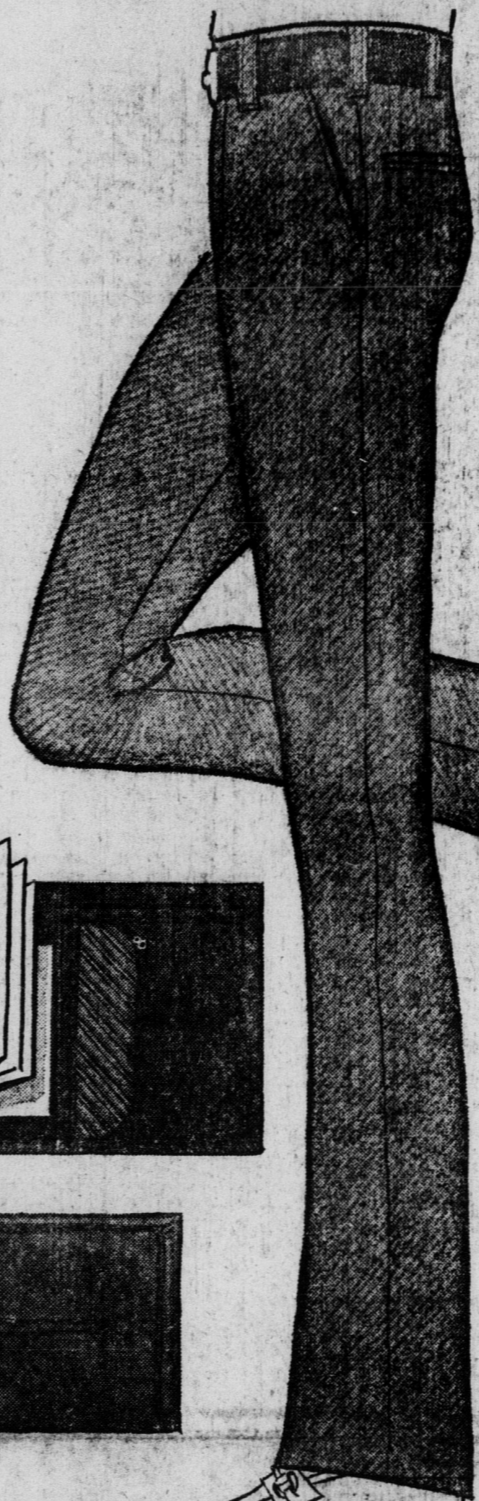
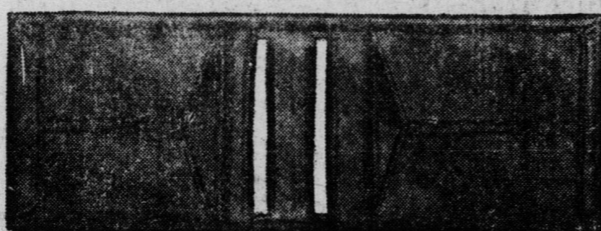
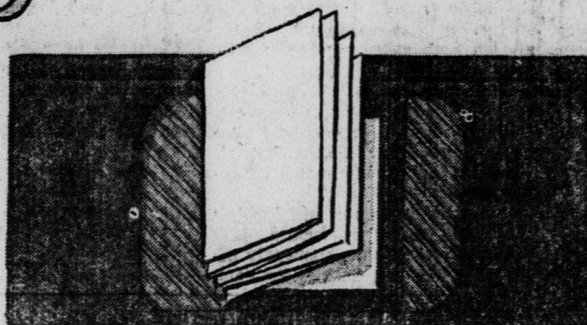
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