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This column of questions and pendent care services and the income limitations on the deduction, see IRS Publication 553, are deductible as a medical expense subject to the one per cent limitation on medicines and service and is published as a public service to taxpayers. The column answers questions most frem and claim the first question of treatment of an illness are deductible as a medical expense subject to the one per cent limitation on medicines and the three per cent limitation on general medical expenses. The special food or beverage, prescribed to a physician solely for the alleviation or treatment of an illness are deductible as a medical expense subject to the one per cent limitation on medicines and the three per cent limitation on general medical expenses. The special food or beverage, prescribed to a physician solely for the alleviation or treatment of an illness are deductible as a medical expense subject to the one per cent limitation on medicines and the three per cent limitation on general medical expenses. The special food or beverage, prescribed to a physician solely for the alleviation or treatment of an illness are deductible as a medical expense subject to the one per cent limitation on medicines and the three per cent limitation on medicines and the three per cent limitation on medicines and the three per cent limitation on real medical expenses. The special food or beverage, prescribed to physician solely for the alleviation or treatment of an illness and the three per cent limitation on medicines and the three per cent limitation on medicines and the three per cent limitatio A .- Yes. If you itemize deduc-

to be gainfully employed and you must furnish over half the cost must furnish over half the cost must furnish over half the cost that I take two oz. of whiskey twice a day for relief of pain resulting from a coronary distant includes the dependent.

For more information on the deduction for household and deciver of the sudent because he is attended to the considered a full time student because he is attended to the considered a full to the patients of the year or a full-time student or the definition of the year or a full-time student or the definition of the year or a full-time student or the year or a tending night school and is employed full time during the day.

## Clashires At Conference

The conference, which is the what is known as Humble, Esso and Enco oil services to Exxon. Also under discussion were selfservice gas stations.

meeting, the wives participated in the various resort activities of hair spray or a clear fixative While their husbands were tennis, horseback riding, swim-ming and golf. A highlight of the three day meeting was lunch at he resort's mile-long chairlift.

Kings Mountain Wednesday.

in their forms, add it before 'ak' ing. They can use any kitchen utensil — fork, meat hammer, a. m. to 5 p. m. to anyone wi sieve or grater anything that suspects they have a venere has texture itself. Just press it disease. If there are questions i into the dough:

If the pieces will be hung later, make sure hanging holes are our VD representative.

the thirty-five couples attending the Humble Oil and Refining company's Charlotte distric conference held last week at Sugar Mountein reaches and the children can paint them later.

Paints can be tempera or also encouraging private The conference, which is the yearly business meeting of the Humble Oil distributors had as its main emphasis the conversion what is known as Humble. Esso ing.

creations, have the would be artists cover their works with a could be used instead.

Make three-dimensional plasummit of Sugar reached by ques by gluing a dough figure to a weathered wooden board. Cut Cheshires returned to raw edges with diluted India ink. Then wax the entire plaque for a permanent finish.

# **High Rise Employment**

one withholding exemption to which I am entitled, yet I'm still having too much tax withhold services apply to amounts the pent to care for a teenager?

one withholding exemption to the pour nutritional needs. In such a case, you should submit a baked to make creations that look statement from your doctor with like ceramics. It can be made in your return.

one withholding exemption to the pour disease continues. The two most common venereal diseases are gonorrhea and sphilis. They are lotte, has announced. The survey is taken to make the person to other people by either to mean the person to other people by either the people by eit to mobiles, plaques and stand-sexual relations or close body by the Bureau for the U.S. aid and army history and tradi-versity. Currently Qiana velvet shleves, notes Mrs. Faye Hay-contact. In July 52 people were Department of Labor. The house-tions. A.—You are allowed a deduction of up to \$400 per month for expenses for dependent care and household services provided in your home: 1) if your dependent is under 15 and you are entitled to one "special with to claim an exemption for him; or 2) if your dependent or expense of the dealm of the claim and the claim of the claim and the claim of the claim and the claim of the claim o

> a. m. to 5 p. m. to anyone wl garding venereal disease car 487-8511, and ask to speak wit'

y is held confidential by law d is used only to compile stat-

interviewers who will visit

to iseholds in: this area are: is. Jacqueline II. Geforth, 1301 Mentrose Drive Shelby and Mrs.

Ft.el S. Rockett, 908 South

represents the tip of theice-

alg. Although venereal diseases re reportable diseases to the

wblic Health authorities, a maj part of it is never reported.

The North Carolina State

a half million dollars to assist

ounties in the development morrhea screening programs.

is anticipated that within the ext several months the local

ealth department will be able to

provide culture media to local

screening can be done for gonor-

to et Gastonia.

in venerea! disease the Cleve land County Health departmen Mrs. John Cheshire were among the thirty-five couples attending the Humble Colland attending to the Humble Co patients it examines. They ar

It is felt, after talking several physicians in the county it aysicians so that more routine Now put a soft gloss on their that the number of venerea. dis-

### **Smith Finishes Basic Training**

A number of houheholds in vate Donnie L. Sr ith. son of this area will take part in a na-Mr. and Mrs. Walter J. Smith, tionwide survey on employment Route 1, Blacksburg, S. C., reand unemployment being concently completed eight weeks basic training at Ft. Jack-

> He received instruction in drill and ceremonies, weapons, map gana backing, says Harried gana backing, combat tactics, military Tutterow, extension clothing says

Pvt. Smith received his training with Company C, 6th Battalion of the 2nd brigade.

The soldier, whose wife, Pomala, lives on Route 2. Beise merCity, N. C., is a 1970 graduate of Blacksburg high school.

### QIANA VELVET

Velvet made from Qiana nu. lon fiber will soon be available in fabric ships and in ready wear. The new fabric consists of a Qiana face on a sik fr-

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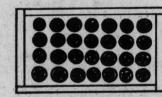
S MODERN STORE

Sizzling summer heat causes you to use more electricity for air conditioning. But don't waste it; use it efficiently by following these simple

Don't cool it too much

Set your thermostat to the highest comfortable temperature. For most people, it's about 76° to 78°. Each degree lower will add about 8% to your air conditioning cost.

Keep filters clean



Clean or replace air conditioner filters once a month. Your unit will run more efficiently, and the cooled air will circulate better.



Windows and outside doors should be kept closed when your air conditioning is on, to keep cool air from escaping outdoors.

**Turn off** the sun

Close blinds, shades and drapes on the sunny

side of your home, to keep out the sun's hot rays.

Give your range a rest

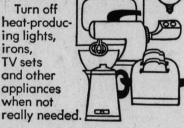


Avoid using your oven and surface units any more than ou have to. Cooking hot meals adds heat and moisture

inside your home. Control the heat-

Turn off heat-producing lights, irons, TV sets and other appliances when not

producers



These simple suggestions will help you use your air conditioning wisely...and reduce your use of electricity.

