

VFW Groups To Hear Program On Drugs

Lt. David Corn, a member of the Detective Division of the Kings Mountain Police Department, will give a program on "Drugs" at a joint meeting Monday night of Frank B. Glass Post 9811 Veterans of Foreign Wars and Auxiliary.

Members of both organizations will meet for a supper meeting at 7 p.m. at the Post Home on Grover road, said Commander Jack Smith.

The VFW Auxiliary will conduct a poppy sale for benefit of its veterans projects Saturday in the downtown area, said President Ruth Ruff. Mrs. Ruff said members of the Auxiliary will conduct the street sale of the memorial poppy.

Leonard Grant Wright, son of Mr. and Mrs. Leonard Wright of route two, celebrated his first birthday, Thursday, February 8th.

A family birthday party was held at the Wright home and a decorated birthday cake was served with party refreshments.

Leonard is grandson of Ted Grant of Chester, South Carolina and Mr. and Mrs. Horace Wright of Kings Mountain.



Field Service Program Topic Of Auxiliary

"Field Service Is Community Service" will be the program topic for Thursday night's meeting of the American Legion Auxiliary at 7:30 p. m. at the American Legion building.

Mrs. Orangel Jolly, unit treasurer, a past president and state chairman of field service in the N. C. Department of the Auxiliary, will be guest speaker. Mrs. Jolly led an orientation course on field service for women attending the recent spring conference of the Auxiliary in Fayetteville.

Mrs. J. W. Gladden, Mrs. Tracy Stewart Sr. and Mrs. Marie Queen will be hostesses. Reports will be given from committee chairmen including Mrs. Robert Ruff, membership; Mrs. Paul Mauney, child welfare; Mrs. Orangel Jolly, scholarship; Mrs. Nancy Dover, field service; Mrs. Stonewall Jackson and Mrs. Charles Hampton, Girls State.

Plans for the March 31 luncheon sponsored by the Auxiliary will be discussed and committees announced.

Duane Brown, Todd Blalock Yarbro Winners

Duane Brown, son of Mr. and Mrs. Jack A. Brown, raced his hand-carved car across the finish line to win first place in the annual Pinewood Derby of Cub Scout Pack 414 of David Baptist church.

Other winners were Todd Blalock, son of Mr. and Mrs. Herman Blalock Jr., second; and Tony Yarbro, son of Mr. and Mrs. Ned Yarbro, third.

Trophies went to the first and second place winners and young Yarbro received a Cub Scout knife at the Blue and Gold banquet of the Pack Friday night at David Baptist church fellowship hall.

Blue ribbons were also presented to Todd Blalock for best workmanship; Dennis Caveny, son of Mr. and Mrs. Sam Saveny, best design; and Ben Carpenter most original.

Awards and trophies were presented following a covered dish supper and the big race in which 12 Cubs participated.

The fellowship hall of the church was festive in blue and white.

Den Mothers for Pack 414 are Mrs. Jack A. Brown, Mrs. Stokes Wright and Mrs. Joe Turner. Jack A. Brown is leader of the Webelos troop.

Allen Child Is Christened

Mr. and Mrs. Arthur Allen Jr. of Charlotte had their daughter, Andrea Elizabeth, christened on Sunday morning at the worship service at Sugar Creek Presbyterian church by their minister, Rev. Horace H. Hilton Jr.

Attending the services were the Kings Mountain grandparents, Mr. and Mrs. Arthur Allen Sr. and Mr. and Mrs. Sam S. Weir. Also attending the service were Mr. and Mrs. W. T. Weir and Mrs. Wilson Shaw of Kings Mountain; Mr. and Mrs. Kenneth Nantz of Charlotte; Mrs. Fred Falls Jr. and children, Theresa and Christopher, of Burlington; and Mr. and Mrs. Charles Allen of Asheville.

Andrea Elizabeth has an older sister, Heather. Mrs. Allen is the former Marlene Weir of Kings Mountain.

Marcia Ware Student Teacher

DUE WEST, S. C. — Marcia Ware daughter of Mr. and Mrs. Franklin L. Ware, Jr., 815 W. Mountain St., Kings Mountain, N. C., is among 26 Erskine College seniors currently engaged in observation and directed student teaching in area schools.

Miss Ware, a biology major, is applying her knowledge in that field at Belton-Honea Path High School. She is a 1969 graduate of Kings Mountain High School.

Student teaching for the Spring Term began February 19 and will continue through March 30.

Mrs. Edwards Club Speaker

Mrs. Charles Edwards gave the program, "Growing House Plants" at Tuesday morning's meeting of the Magnolia Garden club at the home of Mrs. Raegan Harper.

Mrs. Edwards, wife of the minister of Boyce Memorial ARP church, exhibited African Violets and offered suggestions on how to grow them.

Mrs. Howard Lutz presided over business of the meeting. Arrangements suitable for a child's room were displayed by Mrs. Larry Allen and Mrs. Thomas Baker.

Mrs. Harper was assisted in serving a dessert course with tea.



MISS CYNTHIA KAYE ALEXANDER (Bride-Elect of Larry Wayne Wood)



MISS PAMELA RENEE HUMPHRIES (Bride-Elect of William Jay Greenstein)

Two Couples Announce Their Wedding Plans

Kings Mountain Postmaster who resides here with his grand- and Mrs. Charles L. Alexander announce the engagement of Wright, is a 1972 graduate of Gardner-Webb college and holds a Bachelor of Science degree in the Management Development Program of Wallace Business Forms, Inc., in Gastonia.

The bride-elect is a sophomore student at Gardner-Webb college.

The prospective bridegroom, of May 26th.

Miss Pamela Renee Humphries are the parents of the prospective bridegroom. The bride-to-be attended Kings Mountain high school and is a graduate of fashion merchandising at Draughon's Business college in Memphis, Tennessee.

The announcement of their engagement is made by her grandparents, Mr. and Mrs. T. W. Shible of Kings Mountain. Miss Humphries is the daughter of Mrs. Faye Henson of Boliver, Tennessee and Ferris Humphries of Charlotte, Mr. and Mrs. Martin Greenstein of Chester, Penn.,

The bridegroom-to-be is a graduate of Penn State University and a member of Sigma Alpha Mu fraternity. He is employed by Travelers Insurance Co. of Wilmington, Delaware.

Society News

SECTION B THE KINGS MOUNTAIN HERALD, KINGS MOUNTAIN, N. C. Thursday, March 1, 1973

The Tar Heel Kitchen

By MISS YORK KIKER

Marketing Home Economist Man's basic drive is for food to satisfy hunger, but food is more than nutrition. Dr. Neige Todhunter, a renowned nutritionist reminds us that food is intimately woven into the physical, economic, psychological, intellectual and social life of man. Certain foods seem to have more status than others when served by the so-called "upper class." All of us at times have demonstrated this status concept about food in varying degree for we serve certain foods for family meals, for different days of the week, and different foods when we have guests. For instance, there are foods thought of as "Sunday" foods.

The so-called prestigious foods do not necessarily have more food nutrients or taste better than others. The pendulum has swung in the other way now with prestige being given to "soil food" such as collards, turnip greens "pot likker," black-eyed peas, corn bread, buttermilk and other simple foods that are favorites in North Carolina.

The simple and well-prepared "soil foods" deserve all the praise being accorded them. In addition to appealing to the taste, they appeal to the smart shopper. Dry beans and peas are food "argains." They are substantial foods, good for energy, contain B vitamins, iron and protein. Beans and peas are often used as meat alternates, and you get the most good when used in the same meal with some meat, cheese or other protein from an animal source. One outstanding restaurant uses dry beans rather than meat in its Brunswick stew.

North Carolina's wonderful collards, turnip greens, mustard and other greens furnish much pleasant eating. They are low in calories, if you remember to season with small amounts of fat. Even though the "pot likker" is tasty, do remember for the best flavor and retention of vitamins,

cook in as small amount of water as possible until tender.

"Soil foods" probably don't require recipes for North Carolinians, but a mere reminder that they have prestige all their own. A few recipes are given, however, for old favorites.

BLACK-EYED PEAS WITH HAM HOCK

1 pound dry black-eyed peas
5 to 6 cups water
1 small ham hock
1 large onion, whole
Salt if needed.
Place peas in heavy 6 to 8 quart kettle. Cover and soak 12 hours or overnight. The next day, add ham hock to kettle (add more water if water does not cover peas) and bring to a boil. Reduce heat. Add whole onion. Cover kettle and simmer about one hour or until peas are tender. To avoid excessive breaking of peas, do not stir during cooking. Add more salt if needed. Yield: 6 (3-4) cup servings.

POT LIKKER

Southern "pot likker" is the liquid, or liquor, in which greens are cooked. Those who like to have a quantity of liquid will need to add additional boiling water as the greens are cooked. A favorite way of serving the "pot likker" is over corn bread.

CRACKLING BREAD

2 cups plain corn meal
1-2 teaspoon salt
1-2 teaspoon soda
1 cup sour milk or buttermilk
1 cup cracklings, diced.
Sift corn meal, salt, and soda together. Add milk and stir in cracklings. Form into oblong cakes and place on greased baking sheets. Bake at 450 degrees.

Note: Cracklings are the pieces of pork remaining after the lard, or fat, has been rendered. Many grocery stores carry cracklings in the meat counter.

LIMA BEAN AND SAUSAGE CASSEROLE

1 cup large dry lima beans
2-2 cups water
1 teaspoon salt

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Mission Study Begins Sunday For Methodists

Local Methodist churches will participate in four Sundays of mission studies beginning Sunday evening at 6:30 at Central United Methodist church.

A covered dish supper at 6:30 in the fellowship hall of the church will begin the series. Members of Grace United Methodist church and El Bethel United Methodist church will join with the Central Methodist congregation in the program.

Youth of Central church will present a play and Jacob Frye will speak on "Faith and Justice" to feature the program beginning at 7:15.

Miss Janet Falls is mission study chairman.

Alumni Drive Going Well

GREENSBORO.—Kings Mountain area alumni are continuing their support of the 1972-73 Alumni Annual Giving Campaign of the University of North Carolina at Greensboro, according to the latest report by Mrs. L. Arnold Kiser, P. O. Box 28, Kings Mountain, area chairman for Cleveland county.

The first phase of the campaign has now been completed, and Kings Mountain alumni have contributed \$5 through Feb. 5, the report reveals. An additional letter will be sent to alumni who have not yet contributed by members of their classes urging them to give to the fund. The alumni annual giving year will continue through June 30.

The Alumni Annual Giving Program is now in its 11th year at UNC-G, and the 1972-73 goal is to raise \$150,000. During the past 10 years, UNC-G alumni have contributed a total of \$1,093,466 to the Alumni Annual Giving Program. Money contributed by alumni is used to support university programs not provided for by state appropriations. Where the fence ends visitors

Can Spring Be Far Behind? 16 Live Gardens, Room Settings Show Feature

CHARLOTTE.—If you're anticipating springtime and working outdoors or if you're thinking of redecorating your house, go to Charlotte this week.

There, inside the Merchandise Mart, the Southern Living Show will transport you into an early Carolina spring with 16 live gardens, a dozen freshly designed

TICKETS ON SALE

Tickets are available locally from Griffin Drug company or from any member of the Town and Country Garden club at reduced rates. Mrs. Mary Wade Smith is ticket chairman for the local club.

room settings, plants and shrubs for sale, all kinds of lawn and garden equipment to inspect and compare, experts to answer individual landscaping and horticulture questions, and exhibits of interests for everyone in the family.

The heart of the show, though is the garden area, long recognized as one of the best horticultural displays in the country. The gardens in this year's show range from a simulated national forest and quiet residential back yards to a greenhouse filled with orchids and a mountain garden.

Actually, the show begins before you ever enter the doors. On the lawn in front of the Mart are three mobile homes, two single units and one double. Each is fully furnished and landscaped to give you an idea of what is available to put on your second piece of property.

Inside the show entrance the U. S. Forest Service has developed a mini view of the three national forests in North Carolina, Croatan, Uwharrie and Pisgah. Behind a split rail fence is a coastal bog planted with venus flytraps and other poccasin (swamp) plants, sand pines, palmettos and broom sage. Where the fence ends visitors

SOCIAL CALENDAR

Thursday: 7:30—American Legion Auxiliary at the American Legion Building. Mrs. J. W. Gladden, Mrs. Tracy Stewart Sr. and Mrs. Marie Queen, hostesses.

Saturday: 7:00—Circle 1 of Dixon Presbyterian church at the home of Mrs. Robert Wilson in Grover.

Sunday: 6:30—Mission Study at Central Methodist church with members of Grace Methodist and El Bethel churches participating in covered dish supper and program.

Monday: 10 a. m.—Circle 1 of First Presbyterian church in the Ladies Bible class room. Hostess: Mrs. Hall Goforth.

3:00—Circle 5 of First Presbyterian church in the Ladies Bible class room. Hostess: Mrs. F. A. McDaniel.

7:00—Joint dinner meeting of Frank B. Glass Post 9811 and Auxiliary at the Post Home on Grover Road.

7:30—Circle 4 of First Presbyterian church at the home of Mrs. B. W. Gilchrist, 133 South Piedmont avenue.

Tuesday: 7:30—Circle 2 of First Presbyterian church in the Ladies Bible class room.

Wednesday: 10 a. m.—Circle 3 of First Presbyterian church at the home of Mrs. Henry Neisler, 403 Neisler Drive.

Library Notes

YOUTH - Wish Again, Big Bear—Margolis. Mouseskins ABC—Miller. The Sly Old Cat—Potter. Doodle and Go-Cart—Burch. How The Moon Began—Reeves. Your Bird Is There, Tom Thompson—Wood.

FICTION - The Distant Laughter—Forbes. Necessary Objects—Gould. Now Walk Gently Through the Fire—Elwood (Science Fiction).

Roads To Liberty—Mason. The Hunter's Moon—Benchley. Standard Dreaming—Calisher. Time Gate—Jakes.

The Flowering—Turnbull. Girl From Storyville—Yerby. GENERAL - The Complete Book of Home Decorating—Grosset.

Contour in Time (Plays of O'Neill)—Bogard. Your Future as Dental Assistant—Frost. Your Future In Law Enforcement—Gammage. Your Future in Photography—Kepler. I Never Had It Made—Robinson.

Introducing Macrae. The Camper's Bible

IT'S A GIRL

Mr. and Mrs. Roger Putnam of Salisbury announce the arrival of their first child, a daughter, Laura Elizabeth, Friday, February 23.

The baby weighed seven pounds, eight ounces.

Grandparents are Mr. and Mrs. Jim Alexander and Mr. and Mrs. Russell Putnam, all of Kings Mountain. The baby's mother is the former Libby Alexander of Kings Mountain.

IT'S A BOY

Mr. and Mrs. Hugh Allen Evans Sr. announce the birth of a son, Hugh Allen Evans Jr., February 24, 1973, at Cleveland Memorial Hospital.

Grandparents are Mr. and Mrs. Charles Owens and Mr. and Mrs. Daniel Evans Sr., all of Kings Mountain. The baby's mother is the former Carolyn Owens.

The other member of the Evans family is Haydon Annette, who will be four years old Saturday.



Mrs. I. W. Ledford entertained family members representing a fifth generation at her home on York road for a family reunion recently.

In the photo, members of the Fifth Generation in her family, from left to right: Mrs. M. A. Hinson, great-great grandmother; Mrs. Ruth Ledford, great grandmother; Mrs. Margaret Chaney, grandmother; Michael Chaney, father, and Patrick Chaney, son.