

THE TAR HEEL KITCHEN

By MISS YORK KIKER
Marketing Home Economist
From approximately 400 contestants in North Carolina and Virginia, twelve finalists were selected to participate in the Peanut-Tater contest held in Fayetteville, fourth place—Spike Phillips, Rocky Mount. In the main show is of interest to the peanut industry and to the public. Numerous exhibits in the armory and big tents displayed up-to-date information helpful to peanut growers. The goodness of peanuts was told to consumers. Everywhere the tempting odor of roasted peanuts made everyone want to "munch a bunch."

The peanut cooking demonstrations held periodically during the first day of the Trade Show featured peanuts as fun foods in candies and pies and also in basic vegetable casseroles and main dishes. A highlight of the entire Trade Show was the Cook-A-Peanut contest. In the cook-off, there were three categories—main dishes, desserts, and appetizers—in which four finalists for each basily and intently prepared a dish featuring peanuts. Winning recipes in the appetizers were: First place—Peanut

Erakfast bread, Mrs. Georgia Nichols, Franklin, Virginia; second place—Peanut-Tater Soup, Mrs. Elizabeth Purnell, Winston-Salem; third place—Rainbow Peanut Slaw, Mrs. D. F. Currie, Fayetteville; fourth place—Spike Phillips, Rocky Mount. In the main show is of interest to the peanut industry and to the public. Numerous exhibits in the armory and big tents displayed up-to-date information helpful to peanut growers. The goodness of peanuts was told to consumers. Everywhere the tempting odor of roasted peanuts made everyone want to "munch a bunch."

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PEANUT BROCCOLI CASEROLE

2 packages (10 oz. each) frozen chopped broccoli, cooked and drained
1 can cream of chicken soup
2 tablespoons lemon juice
1 cup chopped salted peanuts
1-4 cup mayonnaise
1-4 cup chopped onion
2 eggs, beaten
1 cup grated sharp Cheddar cheese
Mix together well all ingredients except cheese. Pour into greased 1-1/2 or 2 quart casserole. Sprinkle with cheese. Bake at 350 degrees F. for 30 minutes. Makes 4 to 6 servings.
APPLE-PEANUT CRUSTLESS PIE
2 eggs
1 cup sugar
2 tablespoons melted margarine
4 tablespoons flour

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SYNACLEAR costs a little more (\$1.50 & \$3.00 sizes) because it does more. You're buying relief and not gimmicks.
Try SYNACLEAR as soon as possible — you know — all have to lose on your discomforts.
This little ad has an awfully big job to do — to get you to try SYNACLEAR. So as a bonus, cut me out and send it with an empty SYNACLEAR carton and we'll mail you a check for 50¢ for just trying SYNACLEAR. If you have time to tell us about the results SYNACLEAR gave you, we would be pleased to hear from you.

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JOHN
WED, THUR. SHOWS 3:00 - 4:10 - 5:48 - 7:25 - 9:04

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SAT. 1:10 - 2:15 - 3:59 - 5:42 - 7:16 - 8:59
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COMING NEXT WEEK "JORY" (PG)

45TH ANNUAL ACADEMY AWARDS
10:00PM MARCH 27 IN COLOR NBC 00

1-8 teaspoon salt
1-1/2 teaspoon baking powder
1 cup thinly sliced apples (small pieces)
1-2 cup chopped peanuts
Beat eggs ell. Add sugar gradually, blending thorough, then add melted margarine. Stir well and add other ingredients. Mix well. Turn in greased 9-inch pie pan and bake at 350 degrees F. for 30 minutes. To serve, cut in wedges as a pie. Garnish with whipped cream.

Church Plans Fun Night

A church-wide recreation program is planned by members of Grace United Methodist church on April 1.
John Fulbright, a visiting magician, will entertain the group and a comical Easter parade will also feature the entertainment. Members are invited to dress "in comical fashion" and ladies are also invited to fashion their own hats for the event. Prizes for the best costumes will be presented.
The program will also include refreshments and will be held in the church fellowship hall.

Miss Putnam To Wed Mr. Ramsey

Mr. and Mrs. Lee Putnam of Rt. 2, Grover announce the engagement of their daughter, Shirley Jean, to Morris Winston Ramsey, of Grover, son of the late James W. Ramsey and Thelma P. Ramsey.
The bride-elect is attending Blacksburg (S. C.) High School. The prospective bridegroom was graduated in 1971 from Kings Mountain High School and is employed by Fiber Industries, Inc.
A spring wedding is planned.

Mrs. Cornwell Returns Home

Mrs. Giles Cornwell has returned to Euclid, Ohio after visiting her mother, Mrs. J. Deck Fulton.
Mrs. Fulton had spent the past three and a half months in Euclid with her daughter and family and Mrs. Cornwell accompanied her back home last week.

Wedding Music Workshop Set

A workshop on wedding music is free to interested brides-to-be and choir directors and the interested public Saturday afternoon at 2:30 at First ARP church on Chester street in Gastonia.
Panelists for the program will be Gastonia area pastors and organists who will discuss music suitable for church weddings.

CLEAN WINDOWS

To brighten the outlook at your house, try this window-washing tip: Wash windows with a solution of warm water plus a few tablespoons of vinegar or ammonia. Use crumpled newspapers to wash and dry the windows. It's a nixpensive way to make your home sparkle.

April Will Be Fun-Filled Month For Tourist In North Carolina

There is nothing for the traveler to do in North Carolina during the month of April.
April Fool!
According to the North Carolina Travel and Promotion division, there is so much to do that one might have a hard time making a choice.

The traveler in the Tar Heel state will discover that April is truly one of the fun months.
It has been called the month of flowers and festivals. Historic homes are opened for tours. The thumper of hoof beats is heard at steeplechases, and the twang of the guitar is prevalent at a place called Union Grove.

The 23rd annual North Carolina Azalea Festival at Wilmington April 5-6 mixes festivities and flowers in a delightful event that has long been one of North Carolina's premier events.
Salisbury will host the 14th annual National Sportscasters and Sportswriters Awards program April 23, and this gathering also draws some of the world's top sports stars.

Spring and steeplechases go together like salad and salad dressing. One without the other is just a part. The 27th annual Blockhouse Steeplechase on the 7th at Tryon gets the season under way. This race is unique because it is run on a course that reaches into two states and three counties. Southern Pines will host the 26th annual Stoneybrook Race meet on the 14th. This spectacular draws 20,000 or more spectators. The Tanglewood Steeplechase is the 21st at Clemmons near Winston-Salem. This race is run at the Tanglewood complex, one of North Carolina's recreational beauty spots.

Home and garden tours are held throughout the month. The Biennial Pilgrimage of Colonial Edenton and Countryside is scheduled for April 13-15, the Historic Hillsborough House and Garden tour April 14-15, and the Chapel Hill House Tour April 14-29. The 25th annual Southern Pines House and Garden Tour will be on the 18th.

The small town of Union Grove will come alive with old time music during the month. It's fiddler's time, and the 49th Old Time Fiddlers' convention will be held April 19-21. The Ole Time Fiddler's and Bluegrass Festival is scheduled at Fiddler's Grove at Union Grove April 19-22.

Running back through the month: the Mid-South Junior Championship Horse Show is on the first at Pinehurst. The Dogwood Festival Trapshoot is scheduled April 6-8 at Pinehurst. The fifth annual Carolina Dogwood Festival will be held at Statesville April 11-15. The Open Carolina Dogwood Festival Horse-shoe tournament is also scheduled at Statesville April 13-15.

The Kerr Lake bass tournament will be April 14-15 at Kerr Lake near Henderson. A sailing regatta, sponsored by Carolina Sailing club, will be held at the same time.

Two super amateur golf tournaments either start or take place during the month. They

are the 71st annual North and South Invitational Golf championship for women April 23-27, and the 73rd annual North-South for men April 28-May 5. Both events will be played at Pinehurst.

The 201st annual Moravian Easter Sunrise Service at Old Salem in Winston-Salem will be held on the 22nd.
April is a month of many activities. And that's no April Fool statement.

Tax Filing Deadline Near

GREENSBORO. — Spring is the final day for filing federal income tax returns.

So far, thousands of Tar Heels have put off the yearly chore, which means that the traditional last minute crunch to comply with the law will survive for another season.

Taxpayers who want to avoid the pressure, frustration, and long lines generated by the last-minute madness can still do so, according to Harry Wise, acting chief of Collection and Taxpayer Service at the Internal Revenue Service's District Office in Greensboro.

Says Wise: "We're now in a period of low activity between the early and late phases of the filing season. Taxpayers couldn't pick a better time to seek IRS assistance. In another week to 10 days we'll be swamped."

What kind of assistance can the taxpayer expect from IRS?

This year, IRS offers a variety of services, at no charge. All IRS offices in the state have trained taxpayer service representatives to provide personal assistance, beginning March 31, most offices will be open on Saturday from 8 a. m. to noon.

Centiphone, a toll-free telephone system, is operational from 8 a. m. to 6:45 p. m. on week days, and from 8 a. m. to noon on Saturdays. By simply dialing 1-800-822-8800, taxpayers anywhere in the state can contact IRS personnel in the Greensboro district office for answers to their questions.

In addition to Centiphone, IRS has installed a toll-free telephone recording service so taxpayers can obtain needed tax forms. Orders placed via the recording service are handled promptly, and forms are mailed the following day. The number to call is 1-800-822-8822. The service, available on a 24-hour basis, is for individual requests only. Bulk requests from firms and tax practitioners are processed by the IRS Center in Memphis, Tenn.

Although taxpayers are encouraged to prepare their own returns, IRS stands ready and willing to lend a helping hand.

But don't wait until the last moment. File now, for everyone's sake.

Cadet Joe Hoyle Wins School Honor

Cadet Joseph C. Hoyle, son of Mr. and Mrs. Gene Hoyle of Rt. 2, Kings Mountain, has been named to the Superintendent's List a the U. S. Air Force academy.

Cadet Hoyle, a member of the class of 1974, was selected for his outstanding achievement in both academics and military performance. He will be granted special privileges to wear a silver star and wreath designating the honor accorded him by the academy superintendent.

The cadet will be commissioned a second lieutenant and awarded a B. S. degree upon his graduation from the academy. He is a 1970 graduate of Kings Mountain high school.

NEW PRODUCTS

The number of new products introduced is declining to the Progressive Grocer, from 860 in 1967 to 736 in 1971. New colors, varieties and flavors also showed a decline. "Two possible causes," speculates Mrs. Ruby Uzzle, extension consumer marketing economist, North Carolina State University, "are the recent economic recession and improved new product research which weeds out failures before they reach the market."

TENSION?

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IRS Advises Choose Help Carefully

SPENT MONEY

Consumer expenditures amounted to \$721 billion in 1972, an increase of 84 per cent over the previous year. Residential structures, mobile homes and services led the advance, says Mrs. Justice Rozier, extension home management specialist, North Carolina State University.

HORSE SELECTION

Most horses are bought by persons who lack experience in judging and evaluating horses. If you are an amateur, North Carolina State University specialists suggest that you get the help of a competent horseman before you buy a horse.

Here's one tip: a horse should be the right size and weight for the rider. A small child should have a small horse or pony, and a heavy adult needs a large horse. Also, a tall person should have a tall horse.

GREENSBORO. — Taxpayers who seek the assistance of a commercial income tax return preparer should choose one of the many reputable preparers who will provide honest and forthright assistance, Robert LeBaube, IRS acting district director for North Carolina advised taxpayers today.

Even if someone else prepares the return, the taxpayer is still responsible for the accuracy of the information entered on the return and the full payment of any additional tax, penalties, or interest charges, LeBaube said.

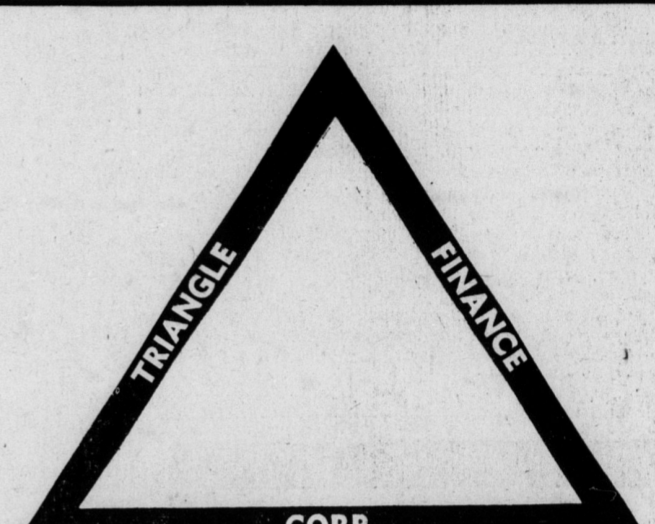
Most tax return preparers are competent and honest, but tax-

payers should be on their guard against unscrupulous preparers, emphasized LeBaube.

Here are some tips:
Never sign a blank return;
Do not sign a tax return prepared in pencil because it can be changed later;

Do not allow your refund check to be mailed to the preparer;
Avoid the advisor who "guarantees" refunds, wants a percentage of the refund, or supposedly knows all the angles; and
Avoid the preparer who advises a taxpayer to overstate deductions, claim fictitious dependents or omit income, he said.

A reputable tax preparer will sign the tax return he prepares on the line provided and enter his tax identifying number. In fact, the taxpayers should insist on this, LeBaube said. And the taxpayer, should record the preparer's name and address for future reference.



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