

Food Stamp Participation At High Mark

During the past six months, a total of \$562,416 in food stamps was issued to residents of Cleveland county, according to United State Department of Agriculture's Food and Nutrition Service, Charlotte, N. C. Of this amount, \$322,497.75 was the "free" or bonus portion. An average of 4,045 persons participated each month. The cash outlay or purchase requirement totaled \$239,918.25.

Persons desiring information about the Food Stamp program should contact their local department of Social service.

Only authorized stores may accept food coupons. Any store desiring information about authorization should contact the Food and Nutrition Service Field Office, The Mart Office Building, Suites DD 517 and DD 519, 800 Briar Creek Road, Charlotte, N. C. 28205.

Distaff Deeds

By JANICE CHRISTENSEN

Sometimes it takes a keen eye to know the difference between genuine antiques and broken up pieces of junk.

But members of a Columbus County Extension Homemakers club were able to do just that. The women discovered that five chairs, about to be thrown away by a church group, were real antiques that needed refinishing and new cane bottoms.

The women decided to re-do the chairs for the church as a club project. It took "ve work-hops to refinish and cane the chairs, but they are now good as new.

"It's hard to know who is most proud of the chairs, the ladies who did the work and learned to refinish and cane, or the church group that own the chairs," says Mrs. Elaine Blake, home economics extension agent.

GIVE LOTHES

More than 1,050 garments, made by Rowan County Extension Homemakers, have been donated to children living in foster homes.

"The club women worked more than six months to make all the garments," says Edith Hinshaw, home economics extension agent. Fabric was donated by two wills and eleven stores in the county. The club women furnished patterns, zippers and trims and contributed \$223 to a shoe fund.

Garments and shoes were distributed by the Social Services Department.

GOOD STORAGE

Homemakers in Cleveland county recently learned to plan and arrange kitchens and storage areas to save time and energy. Several families have already started putting the information to use, adds Thelma McVea, home economics extension agent.

According to one homemaker, Mrs. Sam Brown of the Compact community, "Having kitchen supplies stored at the point of first use and in an easy-to-reach place sure saves time and work for people of my age."

Gardner-Webb Finals Set

BOILING SPRINGS, N. C.—Rev. C. A. Kirby, pastor of Double Springs Baptist Church will be the speaker at the Summer School graduation of Gardner-Webb College Saturday morning at 10 o'clock.

The 67 candidates include one candidate for associate of arts, 51 bachelor of science and 15 bachelor of arts. The candidates come from six states and two foreign countries.

The graduation exercises will be held outside in front of the C. Max Gardner Fine Arts Center.

Rev. Kirby has been pastor of the Double Springs Baptist Church for the past 11 years. He came to Double Springs from the First Baptist Church, Carthage, N. C. He is a native of Gaffney, S. C.

FRESH FRUIT

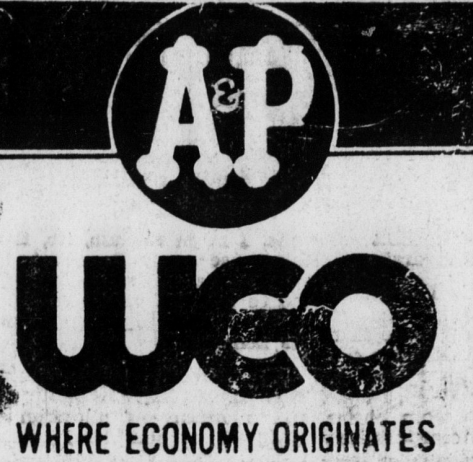
This is the season for fresh fruit on the market. And compared to last year, the picture is good. We can look for a larger crop of sweet cherries, Bartlett pears and apricots, says Mrs. Ruby Uzzle, extension consumer marketing economist, North Carolina State University.

BARBECUE TIPS

Any barbecue sauce containing sugar and tomato will scorch. To avoid this problem, either use a slow fire or wait the last few minutes of cooking to add the barbecue sauce, advise extension food specialist, North Carolina State University.

WEEEO!

Extra-Low Prices! Absolutely No Compromise In Quality!



"SUPER-RIGHT" QUALITY **SMOKED HAMS**

- HAM HOCK lb. 79c
- WHOLE, lb. 93c
- SHANK HALF, lb. 93c
- BUTT PORTION, lb. 93c
- CENTER SLICES, lb. \$1.49
- CENTER PORTION, lb. \$1.49
- SHANK OR HOCK LB. **83c**

"SUPER-RIGHT" CORN-FED FRESH **PORK LOINS**

BONELESS BUTTERFLY BONELESS PORK PORK RIB OR LOIN HALF ROASTS OR SLICED INTO CHOPS FREE OF CHARGE

Pork Chops lb. \$1.88 Roast lb. \$1.66 **PORK LOIN** **\$1.34**

U.S.D.A. INSPECTED FRESH FROZEN **FRYER PARTS**

WHOLE LEGS OR THIGHS **5** **\$3.29**

FRYER DRUMSTICKS **5** **\$3.59** SPLIT BREAST **5** **\$4.33**

LAYER PACK—FROZEN **Hake Fish Fillets** lb. 69c

FROZEN **Dressed Croakers** lb. 59c

LOOKS LIKE A FRANK... TASTES LIKE A FRANK **PICNIC STIX** 12-Oz. Pkg. **79c**

HANCOCK SLICED **Country Ham** 8-Oz. Pkg. \$1.49

CLAUSSEN BARREL CURE WHOLE OR ICICLE **79c**

STOCK YOUR FREEZER **FREEZER QUEEN HEAT 'N SERVE**

- BEEF PATTIES WITH MUSHROOMS
- GRAVY AND SLICED BEEF
- GRAVY AND SLICED TURKEY
- SALISBURY STEAK & GRAVY
- CHICKEN A LA KING

4 5-Oz. Pkgs. **89c**

IN THE MEAT COUNTER **A&P DELI DELIGHTS**

- COLE SLAW 14-Oz. Cup **47c**
- PIZZA MEAT SPREAD 16-Oz. Cup **83c**
- CHICKEN SALAD 8-Oz. Cup **63c**
- FRUIT COCKTAIL GELATIN 13-Oz. Cup **45c**

MORTON ECONOMY DINNERS

- MACARONI & BEEF
- MACARONI & CHEESE
- FRANKS & BEANS 11-Oz.
- SPAGHETTI AND MEATBALLS

43c

A&P VACUUM PACKED CHILLED **ORANGE JUICE** 1/2-GALLON BOTTLE **79c**

CHECK AND COMPARE SAVINGS ON **LIGHT CHUNK TUNA**

CHICKEN OF THE SEA 6 1/2-OZ. CAN **53c**

A&P BRAND 6 1/2-OZ. CAN **45c**

STAR-KIST BRAND 6 1/2-OZ. CAN **53c**

SAVE ON PETITE, MEDIUM TALL AND EXTRA TALL SIZES **MELLOWMOOD PANTY HOSE**

EACH PAIR ONLY **59c**

CHECK AND COMPARE SAVINGS ON **A&P PAPER TOWELS**

3 JUMBO ROLLS **79c**

PILLSBURY "BACK TO SCHOOL" \$1.25 REFUND OFFER

Pillsbury Will Mail You 25% Of Your School Supplies Cost (Up To \$1.25) With 5 Purchases Of Any Of These Products

Pillsbury Brand Walnut **Brownie Mix** 21-Oz. Pkg. **79c**

Pillsbury Family Fudge **Brownie Mix** 23 1/2-Oz. Pkg. **63c**

Pillsbury **Pie Crust Mix** 9 1/2-Oz. Pkg. **33c**

Pillsbury Ready to Spread **Frostings All Flavors** 11 1/2-Oz. Can **55c**

HEARTY AND VIGOROUS **OUR OWN TEA BAGS**

100 COUNT PKG. **89c**

BALL MASON JARS

REG. CTN. OF 12 PT. JARS **\$1.55**

REG. CTN. OF 12 QT. JARS **\$1.75**

JELLY GLASSES Ctn. of 12 **99c**

BACK TO SCHOOL SAVINGS ON **A&P Typing Paper** 7 1/2"x11" 29c

BACK TO SCHOOL—WIDE RULE **A&P Filler Paper** 100-Ct. Pkg. **59c**

BACK TO SCHOOL—10 1/2"x8" SHEETS **A&P Ruled Tablet** 150-Ct. Book **49c**

BACK TO SCHOOL—10 1/2"x8" SHEETS **Composition Book** 60-Ct. Book **49c**

BACK TO SCHOOL—8 1/2"x11" SHEETS **A&P Pencil Tablet** 100-Ct. Tablet **29c**

BACK TO SCHOOL—PEARL **ASSOCIATED PAPER** 8-Ct. Pkg. **39c**

U.S.P. 5 GRAIN ADULT **A&P Aspirin** 100-Ct. Bot. **25c**

STOCK UP AND SAVE ON **A&P Vienna Sausage** 4-Oz. Can **25c**

CHECK AND COMPARE—A&P **Spaghetti** 3 15-Oz. Cans **\$1.00**

TRY SOME TODAY **A&P Spray Deodorant** 7-Oz. Can **79c**

REGULAR OR HARD TO HOLD **A&P Hair Spray** 14-Oz. Can **49c**

LEMON-LIME REGULAR & MENTHOL **A&P Shave Cream** 11-Oz. Can **49c**

8-O'CLOCK COFFEE ONE LB. BAG **85c**

JANE PARKER BAKE 'N SERVE **ROLLS**

FLAKY • TWIN CLOVERLEAF **3** 12-Oz. Pkgs. **89c**

JANE PARKER FRESHLY BAKED **CHERRY PIES** 22-Oz. Pkg. **65c**

TRY FROZEN **G-W Pizza** WITH CHEESE 10 1/2-Oz. Pkg. **59c**

GREAT TASTING DISSERT TOPPING—A&P **Handi-Whip Topping** 9-Oz. 8-serv. **39c**

SAVE MONEY ON ALL FLAVORS LOOK FOR **Marvel Brand Ice Milk** 1 1/2-Gal. Ctn. **49c**

GREAT SAVINGS ON ALL FLAVORS 1 1/2-Gal. Ctn. **Marvel Brand Ice Cream** **79c**

TRY SOME TODAY—FROZEN **A&P Asparagus Spears** 10-Oz. Pkg. **75c**

TRY SOME—FROZEN LEAF OR REGULAR OR CRINKLE CUT **A&P Chopped Spinach** 10-Oz. Pkg. **19c**

A&P Frozen Potatoes 2-Lb. Bag **45c**

SAVE MONEY ON SMOOTH OR CRUNCHY **Peanut Butter** 2 1/2-Oz. Jar **89c**

TRY ANNY PAGE BRAND PURE **Ground Black Pepper** 8-Oz. Can **95c**

YOU SAVE MONEY ON NO-CALORIE ANN **Liquid Sweetener** ALL FLAVORS ANN PAGE **59c**

Cheeri-Aid Drink Mix 6 1/2-Oz. Pkg. **39c**

GREAT FOR HOT DOGS **Salad Mustard** 1-Lb. Jar **25c**

STOCK UP ON SOME RICH, ANN **Tomato Ketchup** 20-Oz. Jar **35c**

GREAT FOR TOSSED SALADS, ANN **French Dressing** 8-Oz. Bot. **29c**

GREAT WITH A&P CRACKERS, RANDOM WEIGHT, A&P **Mild Cheese Wedges** lb. **\$1.09**

IN RANDOM WEIGHT PACKS: 5-14 OZ. AVG. A&P **Swiss Cheese Chunks** lb. **\$1.35**

SAVE MONEY ON 11-13 OZ. AVG. PKG. A&P **Swiss Cheese Slices** lb. **\$1.48**

STOCK UP AT A&P WEO ON PLASTIC **A&P Sandwich Bags** 50-Ct. Pkg. **25c**

GREAT TASTING MONEY SAVING VALUE, A&P **Ham and Dumplings** 24-Oz. Can **65c**

TRY SOME FROM A&P WEO, A&P **Beef and Dumplings** 24-Oz. Can **65c**

GREAT MEALTIME DELI—A&P **Chicken and Dumplings** 24-Oz. Can **61c**

8-O'CLOCK 100% BRAZILIAN INSTANT COFFEE 10-Oz. Jar **\$1.39**

SAVE MONEY ON 8-O'CLOCK INSTANT **Freeze Dried Coffee** 8-Oz. Jar **\$1.85**

CUSTOM GROUND—TRY SOME **Bakar Bean Coffee** 1-Lb. Bag **\$1.07**

STOCK UP ON NON-DAIRY **A&P Coffee Creamer** 16-Oz. Jar **65c**

WITH LEMON AND SUGAR—INSTANT **OUR OWN Tea Mix** Poly Bags in Pkg. **99c**

JANE PARKER FRESHLY BAKED **LEMON BUNS** 3 3-Oz. Pkgs. **\$1.00**

JANE PARKER FRESHLY BAKED **CINNAMON DONUTS** 12-Oz. Pkg. **29c**

JANE PARKER GOLD **POUND CAKE** 25-Oz. Pkg. **59c**

JANE PARKER REGULAR SLICED **WHITE BREAD** 3 24-Oz. Loaves **\$1.00**

SAVE MONEY AT A&P WEO ON TENDER FRESH **YELLOW CORN** 10 **79c**

GREAT TASTING—FRESH **Larae Cucumbers** 3 For **25c**

A&P WEO SAVINGS ON FRESH **Russett Potatoes** 5 LB. BAG **99c**

California Red Plums JUICY **39c**

LG. HEAD LETTUCE EACH **29c**

AP VALUABLE COUPON 40c

SAVE 40c OFF REGULAR SHELF-PRICE WHEN YOU BUY A 3-OZ. JAR **NESTEA INSTANT TEA**

GOOD AT A&P THRU SAT. AUG. 18. LIMIT ONE COUPON PER FAMILY.

AP VALUABLE COUPON 50c

SAVE 50c OFF 10-OZ. JAR—INSTANT **MAXWELL HOUSE COFFEE**

GOOD AT A&P THRU SAT. AUG. 18. LIMIT ONE COUPON PER FAMILY. WITH COUPON YOU PAY \$1.47.